Dear Parents,

One of the basic tenets of Lent is to focus on prayer. Pope Francis spoke of this in his recent Lenten homily. “Prayer is the strength of the Christian and of every person who believes. In the weakness and frailty of our lives, we can turn to God with the confidence of children and enter into communion with him. In the face of so many wounds that hurt us and could harden our hearts, we are called to dive into the sea of prayer, which is the sea of God’s boundless love, to taste his tenderness. Lent is a time of prayer….” There are many sorts of prayer and in “diving in” Francis gives us permission to try to pray more. There is no right or wrong way. It might be an opportunity to just begin a conversation with God.

Tomorrow letters will be sent home with each child giving you the results of the Mathematics Assessment Interview that was carried out at the beginning of the year. The interview assessed the conceptual development of all children in number. It checks their understanding of strategies and content in mathematics. Each letter will provide a description of what your child can do and some strategies for working on the next level.

Congratulations to all the students who represented Peninsula Catholic Schools at Mingara last night. Well done to Jasper M and Alana R who will swim for Broken Bay at Homebush.

Today a note will be attached to this newsletter with entry forms for our school Cross Country. A note will also go home this week asking for parent volunteers to work with Steph Munro next term on a Thursday afternoon sport session for all senior students. Mrs Munro will fill Mrs Kerr’s position when she goes on maternity leave. We will begin with Years 4-6 and include Year 3 at a later date.

Tomorrow evening all staff will attend the Diocesan Schools Mass. It will also be the final farewell by Bishop David Walker to Diocesan staff.

Congratulations to Saint Joseph’s Narrabeen who will this week celebrate their 75th anniversary of the school opening.

Yesterday myself, Mrs Wheen and Mrs Williams attended a Diocesan literacy leaders day where we were addressed by Dr Lyn Sharratt. Dr Sharratt’s work has been in Canada where she has been very influential in transforming schools at a system level. Our focus on literacy and writing in particular is on track with Dr Sharratt and the Diocesan expectations.

Today we held a Whole School Behaviour Meeting. The children were congratulated on settling into the school year well. The SRC spoke about being more vigilant about rubbish in the playground and the Liturgy Captains spoke about their Lenten fundraising initiative. We reminded the children about appropriate play between boys and girls, being fair and being even tempered in their dealings with others on the playground.

This Friday is our Open Morning for new (prospective) families for 2015. Year Six are looking forward to engaging with our new families on Friday.

Yours sincerely,

Julie Caldwell

PRINCIPAL
A Lenten Prayer
Loving God,
You call us back to you with all of our hearts.
I feel your call for me deep in my heart and I know
You want me back as much as I want to return.

Please, Lord,
give me the wisdom to know how to return.
Make my journey back to you this Lent
one of grace, forgiveness and gentle love.

1st Week of Lent
Project Compassion, Week 1, brings you the story of Maristely.

An advocacy program in São Paulo, Brazil, enables favela (city slum) residents to gain legal deeds for their land, as well as securing access to basic services. A youth empowerment program is enabling young people from the favelas, like Maristely, to work for justice so that peace, rather than violence, rules the streets where they live.

Your donation to Caritas Australia’s Project Compassion provides young people like Maristely with the opportunity to become leaders for justice.

www.caritas.org.au

Dates to Remember:
Tuesday, 18th March - Year 6 Cluster Mass at Forestville
Wednesday, 19th March - Year 5 Class Mass at 9:15am
Sunday, 23rd March - Year 5 Soul Mass with Mater Maria at 6pm
Wednesday, 26th March - Year 6 Class Mass at 9:15am

If you have any Good News or if you need our prayers, please see me at school or contact me through the office.

Christine McBryde – Religious Education Co-ordinator

<table>
<thead>
<tr>
<th>Positive Behaviour For Learning</th>
<th>Respectful Relationships</th>
</tr>
</thead>
<tbody>
<tr>
<td>Our PBL focus for this week is:</td>
<td>Our Respectful Relationships focus for this week is:</td>
</tr>
<tr>
<td>“Be in the right place at the right time.”</td>
<td>“Understand the need to be on time.”</td>
</tr>
</tbody>
</table>

Bus Timetable Change - Forest Coach Lines

Effective from Monday, 24th February 2014 there will be an alteration to the AM School Bus Route 162 - Service from Terrey Hills to Mater Maria College, Pittwater High School, Mona Vale Public School and Sacred Heart Catholic Primary School as follows:

School Service 162 - scheduled departure from Terrey Hills will be at 7.40am (this is 0.05 minutes earlier than it currently timetabled departure). Students should anticipate the service should therefore arrive at their current stop five (5) minutes earlier.
KidsMatter is a framework that we are implementing at Sacred Heart that is concerned with supporting the mental health and well being of the children in our school. We are looking to build up a library of resources for parents and school community members to borrow from. The books and resources we would like to include are those that address parental strategies or information in regards to the emotional, social and mental well being of children (eg Raising Boys, Chicken Soup for the Soul etc). If you have any such resources that you no longer use, we would love to have them for our library. Please bring the books to the library and see Mrs Harrison if you are able to contribute.

As you know, KidsMatter is all about looking after the mental health of our children and our school community. A big contributor to positive mental health is having time to connect with each other. Each term, we will hold a WELL-BEING WEEK at school to allow some time for us to connect with each other and enjoy each other’s company.

Next week, Week 8 (Monday, 17th to Friday, 21st March), will be WELL BEING WEEK at Sacred Heart in Term 1. This will be a week where students, families and staff all take a breather in our busy lives and be kind to ourselves and each other. It should be a time where all families make time for each other and reconnect. To help families do this, there will be NO HOMEWORK in Week 8 for any class. We hope that you will spend the extra time this frees up perhaps having a BBQ or picnic together, playing some families board games, going for a bike ride or walk together, or just sitting down together to have a chat. Another idea has been to make WELL-BEING WEEK an ‘e’ free week (electronics free!) – now there’s a challenge!

We have some fantastic activities planned at school for the children to celebrate Well-Being Week as follows:

ALL WEEK – No homework
WEDNESDAY (19th March) – Odd Socks Day
Students and staff are to wear ONE colourful odd sock with their school uniform to promote that everyone has an odd day every now and then, and to highlight the importance of talking to someone when they do. Even though we might all be A BIT different, we still all have a valued place in our positive school community.

WEDNESDAY – Friendship Lunch
Children are to bring a picnic lunch with one small item to share (no nuts please). Children will be grouped together into their new Respectful Relationships Group for 2014 for lunch and take this time to make new friends and get to know each other.

DURING THE WEEK – Free play activities – each class will enjoy a session of free play games and activities with their teacher.

DURING THE WEEK – Social and emotional learning in the classroom – teachers will focus on the particular social and emotional needs of their own classes and plan some fun activities to explore these.

MONDAY and THURSDAY – Lenten Bracelet Making – Our Mini Vinnies team will be running lunch time activities where students make the popular loom bracelets in Lenten colours. Students will be allowed to wear these bracelets at school during Lent. Children will need to bring a gold coin donation to participate and all money collected will be donated to Caritas. More information will be provided about this activity shortly.

We have some fun activities planned for teachers too and encourage all teachers to also go home early next week and spend much needed quality time with their families.

We hope that Well-Being Week will provide us all with the opportunity to appreciate the important people in our lives and consider how important companionship, family and free time are in fostering good mental health.

Mrs Williams - Pastoral Care Co-ordinator
Peninsula Swimming Carnival Results

Well done to all the students who represented Sacred Heart at last week's Peninsula Swimming Carnival. It was great to see our students competing and doing their best. Thank you to all the parents for supporting our swimmers and especially Raylee Kelly (mother of Lachlan, Dominic and Eliza) for volunteering to do our duty all day.

Congratulations to the following children who gained places and were selected to compete at the Broken Bay Swimming carnival last night:

- Alana R 1st 8 years girls 50m Freestyle
- Jasper M 1st 13 years boys 50m Freestyle
- Rosie N 2nd 11yrs girls 50m Backstroke
- Junior Boys Relay 3rd place (Joel S, Kaleb G, Jonathan T, Luka M)
- Senior Boys Relay 3rd place (Nathan S, Jasper C, Joshua S, Corey D)

Well done to the following students who were awarded ribbons in their events:

- Hayley M 4th 11 years girls Backstroke
- Nathan S 4th 12 years boys Backstroke
- Chelsea S 4th Junior Girls 200m Medley
- Luka M 4th 10yrs Freestyle and 4th Junior Boys Breastroke

Michele Kerr - PE Teacher

Mark Gerrard’s Visit

Mark Gerrard came to our school and talked to Year 4 about sportsmanship and his life playing rugby union. He told us how to sort out our teams fairly and don’t say “the girls can’t play” because you never know how good they are. He also said there is no “I” in team, if there was an “I” you would be very individual and won’t learn to pass the ball, you will just be a lonely hog! When your team mate gets a little bit hot headed go over and repeat “banana split” that will take all the anger away and make him happy. After listening to some pretty cool stories we went and played some team sports together. We learned how to cope not having our best mates on the same team. Thanks Mark Gerrard we learnt a lot. By Hayden B, Markus G

P & F News

We have our second Annual Golf Day approaching, have you got your team together? This promises to be a day full of fun and laughter and we hope you can join us.

Please complete the form below and hand it to the office with your payment to secure your place.

Lynette Suchanek - P&F Secretary (shpandf@gmail.com).
2nd Annual Sacred Heart Golf Day
Bayview Golf Club
Friday 4th April 2014
11:30am arrival for briefing and lunch - 12:30 tee off.

Don’t play golf? Doesn’t matter… this is less about golf and more about having a hit, chat and drink with other Sacred Heart folks and friends.

$125 per person gets you 18 holes, shared cart and lunch with all profits from the day going to Sacred Heart Catholic School.

Get a group of 4 together or just send your individual entry and we’ll team you up. Please get your completed forms in ASAP to help us organise the day and book the appropriate amount of carts and tee offs.

***entries close 28 March 2014***

Complete the following and return with payment:

Team enquiry (tick):  
Individual enquiry (tick):  

<table>
<thead>
<tr>
<th>Golfing ability (tick):</th>
<th>Bad</th>
<th>OK</th>
<th>Good</th>
<th>Really Good</th>
</tr>
</thead>
<tbody>
<tr>
<td>Name 1: _________________________</td>
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<td></td>
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<tr>
<td>Name 2: _________________________</td>
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<td>Name 3: _________________________</td>
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<tr>
<td>Name 4: _________________________</td>
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</tbody>
</table>

Team Name: ______________________ (if completing team enquiry, please make up a name)

Team Captain: ____________________ Captain’s ph: ____________________________

The day will be an Ambrose event – so each team member plays from the best team ball position of each previous shot. This is a team game, so individual brilliance or atrocity is not so important.

Payment Individual - $125  
Team of 4 - $500  

☐ Cash  
☐ Cheque (make cheque out to Sacred Heart Primary School P&F)

☐ Credit Card  
Name on card: ____________________

Card number: ____________________ Exp: ____/____

*Please email this form to the school office either drop off, email: shmv@dbb.catholic.edu.au or fax: 9979 8603.*
Message from the Premier

“We all know that children’s reading skills are important to their success in school and work. What we sometimes forget is that reading is also a fun and imaginative activity for children; an activity which opens doors to all kinds of new worlds and enables them to explore the unknown.

CS Lewis said - Through literature 'I become a thousand people and yet remain myself'. Through reading books we can learn about different things and we can meet interesting people. “Turn the pages of a book and you can listen to the voice of someone who lives or even someone who lived in another time and another place.” Barry O'Farrell

We are very excited to be part of the NSW Premier’s Reading Challenge again in 2014. Last year more than ½ the school completed the Challenge and we are aiming for an even higher number this year. Starting NOW is the key! Each Grade is set a certain number of books, to read by 22nd August, 2014.

<table>
<thead>
<tr>
<th>Grade</th>
<th>Number of books needed to complete the Challenge</th>
<th>Minimum number of PRC books for your Challenge</th>
</tr>
</thead>
<tbody>
<tr>
<td>K-2</td>
<td>30</td>
<td>25</td>
</tr>
<tr>
<td>3-4</td>
<td>20</td>
<td>15</td>
</tr>
<tr>
<td>5-6</td>
<td>20</td>
<td>15</td>
</tr>
<tr>
<td>7-9</td>
<td>20</td>
<td>15</td>
</tr>
</tbody>
</table>

Some children have already started... its easy. Each student will be given a login name and password, once a book is read, it can be entered into the student’s account. Alternatively, students/parents can make a list of suitable books read, and give the list to me. My amazing Library Monitors will help me enter the books for you. A personal certificate is presented to all children who complete the Challenge later in the year, and your name will be displayed for all to see in the Library. Book Lists are found on the official NSW PRC website.

NSW Premier’s Reading Challenge app
We are delighted to announce the Department of Education and Communities has been working in association with Microsoft and Avanade to create a NSW Premier’s Reading Challenge app. The free app will assist students to search for books on the NSW Premier’s Reading Challenge booklist, record the books they have read and track their progress in the Challenge. The app is currently available on Windows 8 devices. At this stage it is not available on Apple or Android devices.

Let the Challenge Begin!

Melonie Harrison - Teacher/Librarian

Happy Birthday from all at Sacred Heart to the following students who celebrate a birthday during the coming week:
Canteen News

Canteen Roster (start 9.30am - finish 1.45pm)

<table>
<thead>
<tr>
<th>Mon. 17/3</th>
<th>Margaret H, Louyse M, Wendy S, Di M</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thur. 20/3</td>
<td>Kammi B, Juliana J, Linda M, Clare B</td>
</tr>
<tr>
<td>Fri. 21/3</td>
<td>Jo H, Diane R, Elizabeth H, Jo B, Jackie D</td>
</tr>
</tbody>
</table>

Hi everyone,

Lunch Orders: If you are placing a lunch order as well as a drink item or extra items, please remember to include a second bag with your child's details. When there is no extra bag we have to either place drinks with hot food or separately in the lunch baskets with no name. We have had many occasions where loose items go missing and children are disappointed.

Kay and Marie

School Awards - Term 1 Week 6

<table>
<thead>
<tr>
<th>KN</th>
<th>Livia H, Marik V, Charlie M</th>
<th>KP</th>
<th>Marley H, Alberto J, Lily C</th>
</tr>
</thead>
<tbody>
<tr>
<td>1F</td>
<td>Cruz D, Henry B</td>
<td>1T</td>
<td>Imogen P, Samantha W</td>
</tr>
<tr>
<td>2D</td>
<td>Lily B, Joel H</td>
<td>2M</td>
<td>Phoebe H, Andy M</td>
</tr>
<tr>
<td>3R</td>
<td>Bradley S, Maya H</td>
<td>3W</td>
<td>Ava C, Joseph P</td>
</tr>
<tr>
<td>4F</td>
<td>Ashton P, Alice R</td>
<td>4M</td>
<td>Thomas S, Elio Alexopoulos</td>
</tr>
<tr>
<td>5B</td>
<td>Lucie R, Tom M</td>
<td>5S</td>
<td>Danielle O’Neill, Jasper C</td>
</tr>
<tr>
<td>6M</td>
<td>Corey D, Mikayla N</td>
<td>6W</td>
<td>Adam B, Stephanie G</td>
</tr>
<tr>
<td>3-6S</td>
<td>Lachlan C, Connor L</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Principal's Awards: Logan T (4F), Sienna C (4M)

Community Notices

Autism Support for Parents on Northern Beaches

Frequency: Monthly
Day / Time: Third Thursday 7.30 to 9.30 pm
Provided By: Autism Community Network (ACN)
Venue: Encores Annex on the ground floor-Manly - Warringah Rugby Leagues Club Corner Federal Parade & Pittwater Road Brookvale
Cost: Free

info@autismcommunity.org.au if you require further information, or our website, www.autismcommunity.org.au for more support options.

Rugby League: For information on your local Rugby League Club go to www.manlyjuniors.com.au

Avalon Hockey Club: We ALWAYS play at Curl Curl on Saturdays at the same times each week - Train on Friday nights at 6pm at Careel Bay - Mixed competition. We cater for players of all ages and abilities. For more information please go to www.avalonhockey.com First game is on 5 April - Register online by Friday 21 March.
PARENT SEMINAR

The Digital Child
Apps for Learning & Creativity

- What is good gaming?
- Screen time: how much is too much?
- How to assess the educational quality of apps
- The top 10 apps for learning and creativity

As multiple users of technology **how can families support**
their preschool & primary aged children’s learning through
digital technology?

Join **Dr Kate Highfield**

*Teacher Educator – Institute of Early Childhood,
Macquarie University*, who will present her current
research on the use of technologies for learning and play.

**WEDNESDAY 19 MARCH**
Day: 9.30 – 11 am
Corpus Christi Catholic School
17 Link Road, ST IVES
Night: 7.30 – 9 pm
St Thomas’ Catholic School
2 Horsley Ave, WILLOUGHBY

**WEDNESDAY 26 MARCH**
Night: 7.30 – 9 pm
St Cecilia’s Catholic School
59 Seaview Street, BALGOWLAH

*Brought to you by the ...*

**Diocesan Parent Council**
Central Coast | North Shore | Peninsula

[Website Link] www.brokenbayparentcouncil.com
Aspect Vern Barnett School Fete
Sunday 6th April 2014
10am - 3pm
41 Cook Street Forestville

Kindifarm
Sausage Sizzle
Spinning Tea Cups
Arts & Crafts
Reflexology

Face painting, crazy hair, tombola, books, lucky dip, toys, sensory room, trampoline, games, clothing, jewellery, badges and lots more!

For more information:
Ph: (02) 9454 8359 or
Email: vbschool@autismspectrum.org.au