Dear Parents,

Forgiveness was the theme for last Saturday evening’s mass celebrated with the Year 3 families as they prepare for Reconciliation. The parish and school focus on the Beatitudes continues. The month of February’s focus has been to be Just. I have included Father George’s words below. Each month throughout the year will focus on a different Beatitude.

I encourage you to attend the Welcome BBQ on Friday evening. We will launch ourselves as a KidsMatter school. Children should wear red, pink, yellow with black or white. These are the KidsMatter colours. Children should be at school at 5.15pm seated with their teachers. The concert will begin at 5.30pm. After the concert food will be available or families may like to bring their own. A picnic rug and chairs would be good. The concert will be on the basketball court. You may like to set up your picnic on and around the oval. Year 6 will be running games for the children at the conclusion of the concert. Volunteers will be on hand to welcome you and provide you with name tags in order to make the get to know you process easier. Thank you to the Year 6 parent volunteers who will be setting up, cooking and serving. Proceeds from this BBQ will go towards costs for the launch and BBQ as well as the Year 6 Graduation.

Congratulations to everyone for a successful Swimming Carnival on Monday. Many thanks to our teachers and volunteers who made the carnival such an enjoyable one. Age Champions, House Trophies and the Peninsula Swimming team will be announced at assembly tomorrow (Thursday, 27th February) in the playground. Many thanks to Miss Brooke Perry who co-ordinated and ran the Water Safety Day back at school for the Kinder and Year 1 children.

Tomorrow morning the Volunteers Meeting will be held at 9am by Mrs Wheen. It will be held in the Learning Support Room. If you are a first time volunteer you will need to attend this meeting.
Next Wednesday, 5th March, we acknowledge the beginning of Lent with an Ash Wednesday Mass for the whole school. This will be held at 11.30am in the church. Parents are welcome. Our focus this Lent with the children will be on thanksgiving and forgiveness.

Catholic Schools Week will begin on the week beginning 10th March. Our Open Morning for new families will be held on Friday the 14th March at 9.00-11am. This morning will welcome any new applicants for the school for 2015 and beyond. Year 6 will play host that morning and show prospective parents around the school.

This year we will begin a new concept in the school. As part of our KidsMatter focus we will introduce a Wellbeing week for staff, students and hopefully parents. On that week (Week 8 – 17th to 21st March) there will be no meetings at school for staff, no homework given, no school events and hopefully families will take the opportunity to spend some family time. We would love some feedback to see if this is a regular feature of school life that you would like repeated.

Yours sincerely,
Julie Caldwell
PRINCIPAL

Kindy 2015 Enrolments

Enrolment Packages for Kindy 2015 were sent home last week with the eldest child for those families who have informed us of a child due to commence school in 2015. If you have a pre-schooler to commence next year and you did not receive an envelope, please inform the school office. Families are asked to submit applications as soon as possible.

Library News

Thank you to everyone who attended the Opening of the Fiona Graham-Coffey Library last Wednesday. It was a beautiful function hosted by the P & F, and a wonderful way to celebrate Sacred Heart’s love of reading and learning. It is an amazing area to work in and every child that walks through the door is filled with joy and is eager to explore the new space.

If you didn’t make it, why don’t you come up after Assembly this Friday?

Coincidently, Fridays are traditionally our ‘Covering, Coffee and Cake’ day. We encourage you to come and be part of the generous group of parents who give a little of their Friday to cover and shelve a few books any time between 9am-2:30pm. Coffee/tea/cake and training provided. All welcome.

The Premier’s Reading Challenge begins in March. I will be encouraging all Sacred Heart students to complete the Challenge, with a little help from parents and a little help from me. For information just search ‘2014 NSW Premier’s Reading Challenge’.

Looking forward to seeing you on Friday!

Melonie Harrison - Teacher/Librarian
Religious Education News

Year 3 Family Mass
Thankyou to all the families who attended and assisted with the organising of the Year 3 family mass last weekend. The children were beautifully prepared by their teachers and participated prayerfully in all parts of the mass.

Andrew Chinn Visit and Concert
This Friday, 28th February, Australian religious songwriter and singer, Andrew Chinn, will be visiting our school to share his songs with our children. Andrew’s songs, such as “These Hands”, “Rainbow” and “An African Blessing” are used in classrooms and liturgies around Australia, New Zealand, USA and Canada. Andrew will spend the day with the children and conduct a workshop with each grade. The students will then perform their song that evening as part of a concert and in conjunction with our launch of “Kids Matter.” Children should be at school at 5.15pm seated with their teachers. The concert will begin at 5.30pm.

Next Wednesday 5th March is Ash Wednesday which signifies the beginning of Lent. Lent is a preparation for Easter and the focal point of the Church’s liturgical year. As we prepare for the most important of Christian feasts we are reminded of the love that God has shown in sending Jesus to us. Lent is a time of thanksgiving for what God has done for us.

Lenten Penance: Practices of penance are meant to help us to come to openness to God. They need to be educative, transforming us so that our hearts may turn more easily to God. The choice of Lenten penance is important. It is not just what we do; it is why we do it, and the effect that it has on our lives. Choose wisely and Lent can become a time of many graces and significant growth in our relationship with God.

DAYS OF Penance
Abstinence from meat and fasting are to be observed on Ash Wednesday and Good Friday. On all other Fridays of the year the law of the common practice of penance is fulfilled by performing any of the following:

a) Prayer – for example: Mass attendance; family prayer; a visit to the church or chapel; reading the Bible; making the Stations of the Cross; praying the Rosary.

b) Self-denial – for example: not eating meat; not eating sweets or dessert; giving up entertainment to spend time with the family; limiting food and drink so as to give to the poor.

c) Helping others – for example: special attention to someone who is poor, sick, elderly, lonely or overburdened. All who have completed their eighteenth year and have not yet begun their sixtieth year are bound to fast. All who have completed their fourteenth year are bound to abstain.

In 2014, Lent lasts from Ash Wednesday (5th March ) to The Mass of the Lord’s Supper (17th April) inclusive. On Good Friday and, if possible also on Holy Saturday until the Easter Vigil, the Easter Fast is observed.

PASCHAL PRECEPT
Each of the faithful is obliged to receive Holy Communion at least once a year. This is done between Ash Wednesday (5th March 2014) and Trinity Sunday (15th June 2014), unless for a good reason it is done at another time during the year.
All of the faithful are obliged to confess their grave sins at least once a year.

Dates to Remember:
Wednesday, 5th March - Ash Wednesday Mass at 11:30am
Wednesday, 12th March - Year 3 Class Mass at 9:15am
Wednesday, 12th March - 5S Reconciliation

Prayers:
If you have any Good News or if you need our prayers, please see me at school or contact me through the office.

Christine McBryde – Religious Education Co-ordinator

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<tr>
<th>Positive Behaviour For Learning</th>
<th>Respectful Relationships</th>
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<tr>
<td>Our PBL focus for this week is:</td>
<td>Our Respectful Relationships focus for this week is:</td>
</tr>
<tr>
<td>“Make good choices.”</td>
<td>“Say good morning and good afternoon to teachers, adults and other children.”</td>
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Thank you to all who stayed after the Parent Information session and join the P&F in celebrating the Opening of the ‘Fiona Graham-Coffey Library’ last Wednesday. It was a truly beautiful evening with Kay and Marie once again doing an outstanding job with the catering and past Sacred Heart Students passing around the food. This was followed by the P&F Meeting where it sounds like we are in for another fantastic year - lots to look forward to starting with the Sacred Heart Golf Day in early April. Golf Day is open to mums, dads, friends and extended family.

Lynette Suchanek – P&F Secretary (shpandf@gmail.com)

Welcome BBQ - HELP NEEDED

If you are able to spare an hour or two this Friday afternoon (12:30-2:30pm) to help us decorate the playground in preparation for the concert and launch of our KidsMatter program, please email fiona.mccallum@optusnet.com.au or the school office, or simply come to the library! We will be displaying the class hand-painted artworks and banners throughout the playground.

We will be launching Sacred Heart’s KidsMatter program - it is a mental health and wellbeing framework to support the whole school community - children, parents and teachers alike. The KidsMatter website contains a wealth of information - we encourage you to take a look to understand more about the program and access some of this information. There are factsheets on topics such as belonging, learning, anxiety, making good decisions and more specific topics relating to mental health.

Please see the link: KidsMatter Information sheets

We look forward to seeing you on Friday.

Fiona McCallum

Food Available at BBQ

Too busy to prepare a picnic for the BBQ?
Below is what will be available for purchase on Friday evening after the concert:

Sausage Sandwich $3 / Drink $2 / Ice-cream $2
OR
Package (sausage, drink & ice cream) $6
Lolly bags $2
Raffle Tickets (for chocolate hampers) 3 for $5 OR $2 each

Uniform Shop News

Uniform Shop Opening Times

Please be aware of our Uniform Shop hours: Mon. & Fri. 8.30 to 9.00 am / Wed. 2.30 to 3.00 pm.

- Reminder to parents to start preparing for winter uniform as we start wearing Winter Uniform in Term 2.

Canteen News

Canteen Roster (start 9.30am - finish 1.45pm)

<table>
<thead>
<tr>
<th>Mon. 3/3</th>
<th>Jacqui C, Linda D, Melissa R, Kristina K</th>
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<tr>
<td>Thur. 6/3</td>
<td>Lisa P, Rita Z, Karen C, Tatiana N</td>
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<tr>
<td>Fri. 7/3</td>
<td>Gloria M, Kylie M, Helen K, Susan K</td>
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Happy Birthday

Happy Birthday from all at Sacred Heart to the following students who celebrate a birthday during the coming week:
Samuel D, William D, Hartley R, Maya H, Jaime Y.

Community Notices

KIDSFIRST – Free Parent Event: How to Help Your Anxious Child. Places are limited, bookings are essential – book on-line at www.kids-first.com.au or call Kids First NOW on 9938 5419. This event will be held on Tuesday evening, 11th March 2014, 7.30pm-9.30pm at The Chairman’s Lounge, Brookvale Oval. Robyn Fallshaw is a Child Psychologist who has helped hundreds of families to overcome the emotional and behavioural challenges presented by their anxious children.

MATER MARIA CATHOLIC COLLEGE
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Open Day - Sunday March 16, 2014 11.00am - 2.00pm
A warm welcome is extended to all prospective families to join us for Open Day on Sunday March 16, 2014 from 11.00am to 2.00pm. We are now enrolling students currently in Year 5. Please contact our Enrolment Registrar for a prospectus, Application for Enrolment or tour (each Monday at 10.00am or by appointment) on 02 9997 7044 or email deborah.fitzgerald@dbb.catholic.edu.au. Applications for Year 7, 2016 close on April 2, 2014.
“Australia My Country” Competition: This competition is run by the RSL. It has been designed to enhance in students their sense of pride and patriotism in being an Australian through Writing, Poetry and Art. This competition is for Year 3 to Year 10 students and the closing date is Friday, 11th April 2014. Entry forms are available from the School Office.

Manly Warringah Basketball Association: The Potter League is about to commence. For all the information re registration, dates and times, please ring 9913 3622.