Term 1 Week 6 - 4 March 2015

Dear Parents

During Lent we are invited to explore and improve our Prayer life.

Often our understanding of prayer can be narrow and can exclude everyday experiences because they don’t fit our definition of what prayer is or is supposed to be. If prayer is any activity that nurtures our relationship with God, then, if having a cup of tea with a friend nurtures this relationship, that is prayer. If sitting still in a park or garden feeds your soul, that is prayer. Listening to music, assisting at children’s liturgy, coaching a team, can all be prayer.

We may have stopped praying because our “old” images of God are no longer valid and we have no “new” images to replace them. If we try to figure out who God is before we pray, we might never pray. If we wait to pray till we have the right words, we might never pray. The longer we wait to pray the more we leave God “in the Church” or in a “Religious Ceremony” instead of in a relationship with us.

Sometimes our prayer can be brief but meaningful: “God, I need Your help”. This short burst of prayer, recognise God’s on-going presence in our daily lives.

“When you need Me, I am there.
Even if you deny Me, I am there.
When you feel most alone, I am there.
Even in your fears and pain, I am there.
Though your faith in Me is unsure,
My faith in you never wavers.
For you, I am there.

God, thank You for Your on-going presence.
Amen.”

Apologies for the changes of dates/events this week. We have had a busy few weeks and trying to accommodate all requests is difficult including, children being out at different carnivals, some school events and others local events. Any decisions are always made in the best interests of all students.

**Friday 13th March** is **Open Day** at Sacred Heart for new families seeking enrolment. If you know of any families considering Sacred Heart for their pre-schoolers in 2016 please invite them along.

9.15am  Principal Address
10.00am School Tours
10.30am Band in hall

**We are seeking helpers!**
Memorabilia Display- we are seeking the help of a parent who would love to coordinate a memorabilia display in the hall for our Jubilee Celebration on October 17th. Please contact the Principal if you can help out.

**We are seeking information!**
It is time to start asking around and or writing snippets of memories for our Jubilee book and memorabilia display.
Are you a past student? Do you know other past students? Please write some of you memories for us to include in the Jubilee Book eg: What was your classroom like? What lessons were you taught? What did you do for sport? Did you go on excursions? What did you buy from the tuckshop? What were the fun days at school? What did you have for lunch?

Have you any old uniforms? Books? Photos?

Were you in the first classes held here at Sacred Heart? Please contact the Principal we would love to hear from you and invite you to our celebration!

**SHMV Curriculum Update**
Some of our Year 1 children in the next few weeks will be part of an Observation Survey. An Observation Survey introduces teachers to ways of observing children’s progress in the early years of learning about literacy and leads to the selection of children for whom supplementary teaching is necessary.

Children experiencing reading and writing difficulties are then monitored and tasks differentiated for them so as to assist their learning. The aim is that pupils who are struggling with the curriculum will have caught up with their classmates and will read and write at a level appropriate for their age.

May the Joy of the Gospel be with you.

*Mrs Suellen Garey*
**PRINCIPAL**

**Forward Planner**
04 Mar  Conf. - Parent Information Session (1pm and 7pm at Sacred Heart Church)
10 Mar  Conf. - Parent Information Session (7pm at Sacred Heart Church)
11 Mar  Yr 4 Class Mass
13 Mar  Open Morning - New Kinder 2016 families (9-11am)

Our full school calendar can be accessed on our [school APP](#) or on the [school website](#) on the Significant Dates page: [here](#).

<table>
<thead>
<tr>
<th>Positive Behaviour For Learning</th>
<th>Respectful Relationships</th>
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<tbody>
<tr>
<td>Our PBL focus for this week is:</td>
<td>Our Respectful Relationships focus for this week is:</td>
</tr>
<tr>
<td>SAFE AND CARING HANDS</td>
<td>TRY TO SETTLE AN ARGUMENT BY TALKING CALMLY</td>
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</tbody>
</table>

**ICAS Competitions**

**ICAS – International Competitions and Assessments for Schools**
Students in **Years 3 to 6** have been invited to participate in the 2015 International Competitions and Assessment for Schools (ICAS) in English, Mathematics, Digital Technologies, Science, Writing, and Spelling. **Year 2** have been invited to participate in English, Mathematics and Science.

All entries need to be submitted by **Monday 9 March 2015**.

**Unfortunately late entries cannot be accepted.**

Additional copies of the note can be found on our school website [here](#).
Peninsula Swimming Carnival
Congratulations to our Sacred Heart students who swam at the Peninsula Swimming Carnival at Warringah Aquatic Centre today.

Girls | Boys | Will M
Roxi B | Erin S | Luka M
Charli M | Angela M | Jasper C
Hayley M | Julia N | Myles N
Charlotte C | Kira B | Harrison D
Chelsea S | Chloe S | Nathan O
Rose N | Jamie Y | Patrick D
Molly M | Alyssa L | Harry C
Sophie W | Andie H | Joe C
Macy B | Mia B | Ezekiel G
Alana R | | Izak B

On Thursday our swimming age champions will be presented with their engraved trophies and certificates will be presented to those swimmers who broke records at our Sacred Heart carnival.

Peninsula Catholic Schools Soccer Gala Days
This term years 3-6 will be representing Sacred Heart at the Peninsula Catholic Schools Soccer Gala Days.

Years 3 and 4: Tuesday 24 March 2015
Years 5 and 6: Thursday 26 March 2015

Information and permission forms have been emailed to parents today and are due back to school by Wednesday 18 March 2015. Additional copies of the notes can be found on the school website here.

Calling all Skiers and Snowboarders
We would like you to join our Sacred Heart snow sports team this season at the NSW Interschools Competition in the June/July school holidays (competition is 1-4 July 2015) at Perisher Valley. The cost to enter is $40.00 per race plus $30.00 registration per child. You will have to arrange your own accommodation and transport to and from the event.

There are two divisions, boys and girls compete separately. Division 5 is for children from kindy to year 4. Division 4 is for children from years 5-6. Race options are Ski alpine (downhill around flags) and skier cross (a set out downhill track), Snowboard alpine and snowboard cross or Moguls (ski).

This event is not organised by Sacred Heart School. Please direct any questions to Kim Lesko on 0419 433 639.

OSHC News (Out of School Hour Care)

We have been overwhelmed with the interest in OSHC so far this term. We have some days with limited availability.

We have lots of families enquiring about before school care. If we have enough interest, it is something we would like to open for families. If you would be interested in using the before school care service please contact the coordinator, Kylie Trabi, to register your interest at monavale.oshc@dbb.org.au

Please note you can download an enrolment form for after school care here.
Would you like some joy with that?

Add a little inspiration to your coffee

Make your next coffee-break a prayer-break, by adding a spoonful of wisdom from Pope Francis’ Joy of the Gospel:

“To pray for a person with whom I am irritated is a beautiful step forward in love, and an act of evangelisation. Let us do it today!” (EG, 101)

Essential Food for Life

This week Project Compassion focuses on Niger, where life is very tough. Many live in extreme poverty, often unable to afford or access food and water.

This week we meet Mariama who is raising her daughter in Niger, a country that suffers widespread poverty. When her little girl became malnourished, she received life-saving food and care at a Nutrition Centre, supported by Caritas Australia.

Your donation to Project Compassion 2015 helps save the lives of people living on the brink of survival in Niger, giving them access to nutritional support and essential food for life.

www.caritas.org.au/projectcompassion  Tel: 1800 024 413

Mini Vinnies News - Caritas Cupcake Cafe

The Mini Vinnies Team are pleased to inform you that we will be having a Caritas Cupcake Café on Wednesday the 18th March 2015. Students will be able to purchase from a selection of cupcakes, muffins and slices. We will be selling them for 50c to $2 at morning tea and lunch.

All proceeds will be given to this year’s Project Compassion Campaign “Food For Life”

The Mini Vinnies Team

Dates to Remember

11 Mar  Yr 4 Class Mass at 9:15am
15 Mar  Yr 5 Soul Mass at Sacred Heart 6pm (Sunday)
21 Mar  Induction of Altar Servers at Sacred Heart 5pm (Saturday)

Good News of the week and Prayers

If you have any Good News or if you need our prayers, please see me at school, contact me by phone.

PARISH WEEKLY BULLETIN can be found here

Christine McBryde – Religious Education Coordinator

Confirmation, Reconciliation & First Communion

Confirmation, First Communion and First Reconciliation – information brochures with all relevant dates from the Parish can be found on our school website here.

Confirmation, the next Sacrament after Baptism, is open to all children in year 2 and above

Please visit the Parish website here for more information, or contact Angela Smit at the Parish on 9997 7311 (Ext 13).
2015 Premier’s Reading Challenge
Welcome to the NSW Premier’s Reading Challenge. The Challenge aims to encourage a love of reading for leisure and pleasure in students, and to enable them to experience quality literature. It is not a competition but a challenge to each student to read, to read more and to read more widely.

The Premier’s Reading Challenge (PRC) is available for all NSW students in Kindergarten to Year 9, in government, independent, Catholic and home schools. Passwords remain the same from year to year. For those who have lost their password, they are available from the Library.

Rules
1. The Challenge opens on 2 March 2015. You must complete your online Student Reading Record by 21 August 2015 (11:59pm) to complete the Challenge.
2. You must read a certain number of books to complete the Challenge.

<table>
<thead>
<tr>
<th>Challenge</th>
<th>No of books needed to complete the Challenge</th>
<th>Minimum no. of PRC books for your Challenge</th>
<th>Maximum no. of personal choice books</th>
<th>PRC booklist selection</th>
</tr>
</thead>
<tbody>
<tr>
<td>K-2</td>
<td>30</td>
<td>25</td>
<td>5</td>
<td>K-2, 3-4, 5-6, 7-9</td>
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<tr>
<td>3-4</td>
<td>20</td>
<td>15</td>
<td>5</td>
<td>3-4, 5-6, 7-9</td>
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<tr>
<td>5-6</td>
<td>2</td>
<td>15</td>
<td>5</td>
<td>5-6, 7-9</td>
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</table>
3. Books you read after the Challenge closes can count towards the next year’s Challenge.
4. K-2 students, you can read the books on your own, read them with someone, or someone can read them to you.
5. 3-4, 5-6, 7-9 students, you must read the books on your own, but someone can help you choose them.
6. In a series on the PRC booklist, you can read any two books as PRC books. You can read up to five other books from the same series as Personal Choice books.

Melanie Harrison - Teacher / Librarian

Messages from the Office

Sibling Enrolments – Kinder 2016 - Enrolment packs were sent home on Monday this week to all families with a child of an age for enrolment in Kinder 2016. If you have a child due to start school next year and DID NOT receive an enrolment pack, please contact the school office.

School items on loan - Could we please request all items of clothing, slings and bandages which are out on loan to children following accidents be returned to the school office freshly washed.

School Fees – By now all families should have received their 2015 tax invoice by email. This was sent direct from the Catholic Schools Office. If you have not received your tax invoice, please contact the office.

Email - All correspondence from the school is now sent home via email. If you find you not receiving our emails, your mailbox could be full or your security or junk mail settings may need changing. Please advise the school office if you change your email address.

School Buses – information on bus numbers and routes can be found on the Sydney Buses website here. Select Sacred Heart from the drop down menu and navigate.

School App – Download links and Tip Sheet
Tip Sheet for the app can be found here.

Medication held in sick bay - we ask parents to take responsibility for noting expiry dates of medications supplied to the school. If you do not have a record of the expiry date on your child’s medication, please telephone the school office.
Happy Birthday from all at Sacred Heart to the following students who celebrate a birthday during the coming week:

Olivia F  Shantelle G  Kai K
Paris B  Nathan O

School Awards

<table>
<thead>
<tr>
<th>KE</th>
<th>Xavier V, Emma H, Archie L</th>
<th>KP</th>
<th>Charlie L, Claire D, Ruby D</th>
</tr>
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<tbody>
<tr>
<td>1F</td>
<td>Patrick B, Claire B</td>
<td>1D</td>
<td>Allegra L, Liam S</td>
</tr>
<tr>
<td>2B</td>
<td>Sam R, Indiana Lloyd</td>
<td>2D</td>
<td>Carissa S, Jack M</td>
</tr>
<tr>
<td>3R</td>
<td>Patrick D, Emily G</td>
<td>3C</td>
<td>Hayden W, Lucy M</td>
</tr>
<tr>
<td>4B</td>
<td>Joseph P, Millie B</td>
<td>4N</td>
<td>Annika O, William C</td>
</tr>
<tr>
<td>5N</td>
<td>Mia S, Elio A, Kira B, Nicholas B</td>
<td>5S</td>
<td>Sienna B, Connor L</td>
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<tr>
<td>6F</td>
<td>Natalie T, Julia M</td>
<td>6W</td>
<td>Lauren B, Stephanie A</td>
</tr>
<tr>
<td>3-6S</td>
<td>Alush W, Ryan M</td>
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Principal’s Awards: Phoebe B (5N)

Morning Kiss & Drop Zone Roster

Morning Kiss and Drop Zone

Thanks to the parents who have volunteered to be on the morning Kiss and Drop roster. If you are able to volunteer a half hour of your time between 8.15am and 8.45am to do this valuable role, please contact Selina Nichols on 0416 157 198 or nicholsselina@gmail.com

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
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<tbody>
<tr>
<td>9 March</td>
<td>Anna R</td>
<td>10 March</td>
<td>11 March</td>
<td>5 March</td>
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<td></td>
<td></td>
<td>Lucy B</td>
<td>Sheridan P</td>
<td>Shanna C</td>
</tr>
<tr>
<td>16 March</td>
<td>Karen L</td>
<td>17 March</td>
<td>18 March</td>
<td>12 March</td>
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<td></td>
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<td>Selina N</td>
<td>Lynette S</td>
<td>Kellie C</td>
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<td>13 March</td>
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<td>Kylie DC</td>
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Canteen News

**CANTEEN ROSTER (start 9.30am - finish 1.45pm)**

- **Mon 9/3**: Margaret H, Karen N, Alexia B
- **Thur 12/3**: Mel S, Kieran Einspinner, Karen L
- **Fri 13/3**: Leonie S, Jenny O, Selina N, Caroline R

New: We have now added Avocado sushi to our menu. This option is now on-line and only available Fridays at a cost of $3.00.

**Online ordering**: We still have a few parents that have not yet changed their child’s class details for 2015. May we ask that you do this asap.

Kay & Marie – Canteen Coordinators

Uniform Shop News

A quick reminder that children will return to school in term 2 in their winter uniforms. Please visit the uniform shop before the end of term 1 for any items you require.

Veronika & Clare – Uniform Shop Coordinators
As we mentioned last year, the P&F is undergoing a change. The main focus of our P&F has changed from fundraising to engagement, engagement of parents, engagement of children, engagement of teachers and so on. To that end we have listed the names that were suggested at our August P&F meeting and we would like you to vote for your preferred name:

- Family & Friends Engagement Network
- Sacred Heart Hub
- The Pulse
- Sacred Heart Community Links
- Connect Committee

Please email your favourite name to shpandf@gmail.com

3rd Annual Sacred Heart Golf Day

Friday March 27 is the Sacred Heart Golf Day at Bayview Golf Club. Now in its 3rd year, the day is a lot of fun and great way to engage with our wonderful school community. Golfing ability is not required in this event. As long as you know the ball from the stick you should be fine. The golf day will be an “Ambrose Event” which means you pick the best shot from your team of 4 to play on every shot. It’s a very forgiving form of golf where individual golfing prowess is not important. Hopefully all who have played in previous years will return this year as well as some new challengers keen for a whack.

So get a group of 4 together and sign up. If you don’t have 4 or even if it’s just you keen to play, we’ll team you up with another team. Cost is $125 per person and this includes lunch, 18 holes and carts. Please note carts may be limited - so get in early or you could be walking! Application forms are available at the School Office or can be downloaded from the school website here. Lunch is from 11:30 with tee off at 12:30pm. All are welcome to what will be another great day.

Lynette Suchanek – P&F Secretary

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Community Notices

Please note enrolment into Mater Maria from Sacred Heart is **not automatic**.

Enrolment forms must be obtained from Mater Maria and submitted to the college.

**Closing date for Year 7, 2017 is 1 April 2015.**
ST LUCY’S SCHOOL
OPEN DAY

You are invited to visit St Lucy’s to learn about the school and its programs.

St Lucy’s School provides excellence for each student with disabilities in the visual, auditory, personal, social, intellectual and emotional domains. The program is designed to meet the needs of approximately 15 children with specific educational needs.

This program is for children who have a special need and the school is open to students with special needs.

The school welcomes children from Reception to Year 10. The school has a low teacher-student ratio and a supportive learning environment.

The school has a variety of programs for students with special needs, including special needs classrooms, a special needs unit and an integrated program.

The school has a strong emphasis on the development of personal and social skills, including communication, self-esteem and confidence.

The school has a strong focus on the development of literacy and numeracy skills, as well as the development of life skills and practical skills.

The school has a variety of extracurricular activities, including sport, music, drama and visual arts.

The school has a strong commitment to the development of the individual needs of each student, and the school works closely with parents and teachers to ensure that each student receives the best possible education.

St Lucy’s School
25 Cleveland Street
Wahroonga NSW

ST LUCY’S BY THE SEA
OPEN DAY

Start Right Program Open Day

Come and see why St Lucy’s is the right school for you and your family. Our Start Right Program is designed to support students with specific educational needs.

The program is designed to meet the needs of approximately 15 children with specific educational needs.

The program is open to students from Reception to Year 10. The program has a low teacher-student ratio and a supportive learning environment.

The program has a variety of programs for students with specific educational needs, including special needs classrooms, a special needs unit and an integrated program.

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St Lucy’s School
25 Cleveland Street
Wahroonga NSW

ST LUCY’S COLLEGE - SYDNEY

We are currently undertaking our largest building project in 60 years. Please join us for our OPEN DAY

FRIDAY MARCH 13, 4:30PM TO 7:00PM

Meet our College students and staff and see a glimpse of the exciting new buildings under construction, including a new primary school, Science Wing and large canteen indoor/outdoor food service area.

Building their future...

Currently interviewing for Years 5 & 7, 2017

T: (02) 8958 6200 | E: registrar@saintaug.nsw.edu.au
W: www.saintaug.nsw.edu.au

MONTE OPEN DAY

Sunday 15 MARCH
9:30am – 1:30pm

Bring the family! Discover how a Monte education can transform your daughter's future.

11.00am Information Session hosted by Principal, Mrs Nicole Christensen

Monte Sant’Angelo Mercy College
128 Miller Street, North Sydney / 9409 6200 / www.monte.nsw.edu.au
Community Notices

DID YOU KNOW?

Catholic school parents in NSW paid $943 million in school fees in 2012.

You also contributed $161.5 million in school building levies and other capital funding that year.

That’s more than $1.1 billion invested by Catholic school parents in our state’s education system in just one year!

Despite this extraordinary support, Catholic schools still rely on Federal and State Governments for more than 75% of our funding needs each year.

This is why funding support from Federal & State Governments must keep pace with rising education costs - to maintain education quality and to ensure a Catholic education remains affordable for all families.

FREE PARENT EVENT

How to Help Your Child BECOME A Better Reader

This event is a Kids First Community Service Seminar

Tickets are absolutely FREE, however places are limited. Bookings are essential.

Or call Kids First now on 9938 5419

TUESDAY
10 March 2015
7.30pm – 9.30pm

The Chairman’s Lounge
Brookvale Oval
Alfred Street Brookvale

Lunch Box School Services
Care and Connect Group

Want reading to be easy & more enjoyable
for your child?

Vickie Leong is the former director of the Multi-Lit Literacy Centre at Macquarie University. She has helped hundreds of children aged 4-12 learn to read, write, spell and generalise in language, and has helped parents understand their child’s reading, spelling and writing.

In this valuable 2 hour presentation, Vickie will help you to understand how kids learn to read. Her practical strategies will help you to support your child from an early age, and how to help them overcome problems and improve their reading, spelling and writing.

As parents & friends of children with autism, we’re reaching out to connect with other families who understand what it’s like to share life with special kids. Join us to connect, chat, share ideas, receive support & make new friends...

It’s completely free!!

Tuesday 10 March - 10am to noon
The Community Lounge, Brookvale Oval,
Alfred Street Brookvale
For Information & to RSVP
Call Kylie 0412 556 232

Proudly supported by

Playful Parenting Workshops

One of the best parts of parenting is having fun with your kids.

Most of the time, it’s easy. But sometimes it’s not.

Unleash your “inner child” with these playful ideas to help encourage confidence, support emotional intelligence and grow a connection.

After all, “creativity is the greatest gift of human intelligence”

(Robinson, 2011)

Play creates that magical bond in and around your home – it’s not about spending money but spending quality time.

<table>
<thead>
<tr>
<th>TIME</th>
<th>Central Coast Cluster</th>
<th>North Shore Cluster</th>
<th>Peninsula Cluster</th>
</tr>
</thead>
<tbody>
<tr>
<td>9.30 - 11.30</td>
<td>Wednesday 25 March</td>
<td>Tuesday 10 March</td>
<td>Monday 9 March</td>
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<tr>
<td>2 - 4</td>
<td>St Joseph’s Catholic School, Terrigal</td>
<td>St Joseph’s Catholic School, Terrigal</td>
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Web: www.ccsf.catholic.edu.au @CCSFNSWACT Council of Catholic School Parents

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