Dear Parents

This week I spoke to the primary children about one of the core Samaritan rules that are attached to our school motto: Living, Loving and Learning. It is:

“The strong have something to strive for, and the weak have nothing to run from.”

For children strength can come from their physical prowess, their confidence, their resilience, their friendships, their academic ability or their age. For those “strong” children we hope that they strive to be kind, to reach out to others and show respect to everyone, even those not as “strong” as them. For those children who can perceive themselves as weaker (or younger or smaller or not as confident), our wish for them is that they feel safe and nurtured at our school, that they feel accepted by their friends and that they grow in strength and confidence in their abilities. We are encouraging all children to take responsibility for their behaviour and to show respect and kindness to everyone.

“Listen with the ear of your heart.”

In the infants classes we spoke about respecting everyone in our school and using kind words and actions and how we can get into patterns of behaviour that don’t help friendships grow and flourish. We hope that you will continue these conversations at home with your children so that our children will grow in their respect for themselves and others.

Today we welcomed hundreds of dads to our school for our annual Father’s Day Breakfast. It was a beautiful morning and we need to say a very big thank you to our organisers Kay and Marie for the beautiful breakfast, and Mrs McBryde for the blessing of our dads.

Rock of All Ages

It has come upon us very quickly so you will get lots of reminders to our biggest fundraiser of the year because we would love you to attend!!!!

Please support our school’s fundraising efforts by either attending (you are sure to have fun), buying the raffle tickets or making a bid on the fabulous artworks. Major artworks for the Rock of Ages fundraiser on 13 September have been completed. Come into the school foyer for a preview of the artworks for sale at the function. Have you bought your ticket yet? Put your hand up to help? Have you thought of an outfit?
Peninsula Athletics Carnival Results
Congratulations to all students who participated in the Peninsula Athletics Carnival last Wednesday. Good luck to the following students who have qualified to represent Broken Bay at the at NSW CPS Polding Area Athletics Trials on Friday 5 September in Newcastle.

Ryan C            Natarsha V
Chelsea S          Briarina N
Luka M             Kaleb G-S
Roxi B             Marcus G
Zoey M             Joel S
V                   Jasper M

NSW State Interschools Ski Championships
On the weekend our Sacred Heart Snow Sports Team was in action at the NSW State Interschools Ski Championships in Thredbo, our team of Roxi B, Maya L, Sienna C and Georgia J had a fabulous time competing in the Alpine event, we came 9th overall in the State an amazing effort since the girls had only ever raced for the first time 8 weeks ago. The girls raced against some of the fastest girls in Australia and the talent was incredible, a great learning experience.

Please see the note in the sports section of this newsletter regarding a team for 2015.

Forward Planner

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sun 7 Sept</td>
<td>Father’s Day</td>
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<tr>
<td>Wed 10 Sep</td>
<td>Yr 4 Class Mass</td>
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<tr>
<td>Sat 13 Sep</td>
<td>Rock of All Ages – P&amp;F Major Fundraiser</td>
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<tr>
<td>Tues 16 Sep</td>
<td>Yrs 3 &amp; 4 Cricket, AFL and Netball Gala Day</td>
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<tr>
<td>Wed 17 Sep</td>
<td>Yr 5 Class Mass</td>
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<tr>
<td>Thurs 18 Sep</td>
<td>Yrs 5 &amp; 6 Cricket, AFL and Netball Gala Day</td>
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<tr>
<td>Fri 19 Sep</td>
<td>Last day of term</td>
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<tr>
<td>Thurs 23 Oct</td>
<td>Cyber safety Talk for parents</td>
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</tbody>
</table>

Our full school calendar can be accessed on our school website on the Significant Dates page: here

Yours sincerely

Julie Caldwell
PRINCIPAL

<table>
<thead>
<tr>
<th>Positive Behaviour For Learning</th>
<th>Respectful Relationships</th>
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</thead>
<tbody>
<tr>
<td>Our PBL focus for this week is:</td>
<td>Our Respectful Relationships focus for this week is:</td>
</tr>
<tr>
<td>PUT RUBBISH IN THE BIN</td>
<td>INCLUDE OTHERS IN YOUR ACTIVITY</td>
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</tbody>
</table>
Father’s Day Liturgy
A very big thankyou to Craig Nichols for sharing his reflections during our liturgy on what it means to be a dad. His thoughts really brought to life the joy of being a dad and how much dad’s love and value the children in their lives. Wishing all of our dad’s, grandads and other men who act as father figures a very special Father’s Day on Sunday.

A Father’s Blessing

“We give our thanks, Creator God, for the fathers in our lives. Fatherhood does not come with a manual, and reality teaches us that some fathers excel while others are more challenged. We ask for Your blessings for them all – and forgiveness where it is needed. This Father’s Day we remember the many sacrifices fathers make for their children and families, and the ways – both big and small – they lift children to achieve dreams thought beyond reach. So too, we remember all those who have helped fill the void when fathers pass early or are absent – grandfathers and uncles, brothers and cousins, teachers, pastors and coaches – and the women of our families. For those who are fathers, we ask for wisdom and humility in the face of the task of parenting. Give them the strength to do well by their children and by You. In Your Holy name, O God, we pray. Amen.”

May our Heavenly Father bless all earthly fathers today and every day. Their influence as teachers and role models should never be underestimated.

Dates to Remember:
Wed 10 Sep   Year 4 Class Mass at 9:15am Sacred Heart Church
Wed 17 Sep   Year 5 Class Mass at 9:15am Sacred Heart Church

Good News of the week
If you have any Good News or if you need our prayers, please see me at school, contact me by phone.

PARISH WEEKLY BULLETIN can be found here

Christine McBryde – Religious Education Co-ordinator

Golden Jubilee 2015

Next year is Sacred Heart School’s 50th anniversary - our golden jubilee. An anniversary school book will be made to commemorate the past 50 years and the future year of 2015. A committee will be formed with various positions to help put this historical school book together.

A meeting will be held on Monday, 15th September at 1.45pm (before school pick-up) for anyone interested in being a part of this committee. The meeting will be held in the School Hall. Ex-students of Sacred Heart would also be a great asset in the involvement of this book.

Should you wish to discuss this further, please contact Marie Nero 0410 566 777, Judi Woodward 9999 3264 (Wed & Fri. mornings) or see Julie Caldwell. Information can also be emailed to the school: shmv@dbb.catholic.edu.au

Judi Woodward and Marie Nero
*** All Sacred Heart Parents Invited – Major Fundraiser ***

The invites are out for our major fundraiser and it is now time to buy your tickets!!

We will be auctioning off the childrens’ Yearly Artworks (on display in the Office)

Send in your RSVP for ticket purchase and payment to the school office by Monday 1st September and we will send out your entry ticket. $55 per person.

Return your raffle ticket sales by this Monday 1st September. Please place your money in an envelope marked with your child’s name (& return any unsold tickets to the office).

Plan for an evening of music, dancing, laughter, live music, games, silent & live auctions. Come and enjoy a great night!!!

Rock Theme: Dress in anything from rock & roll to country rock. Organise your Band of friends and rock on down.

Help Needed: If you are available to help with set up on the day, or a few last minute jobs, please contact Lisa Caterina – 0421 364 898

Lynette Suchanek - P&F Secretary (shpandf@gmail.com)
Each week we will be including in this section ideas for getting engaged in your children’s learning. One part of this is to let you know what is going on in classrooms at the moment. This newsletter starts with Kindy, years 1 and 2; next week will years 3 to 6.

In Kindy they are looking at animal habitats and built habitats with their Dads and friends this morning. Look at our wonderful dads at work with their children below!

In year 1 they are looking at musical instruments and how they make different sounds. Also how to write procedures (list plus process) – perhaps you could show them a favourite recipe.

In year 2 they are studying analogue and digital time (o’clock, half past, quarter past and to). They are also looking at 2D shapes.

Start a conversation with your child about their learning...

Eloise Critchley, Leonie Scarlett - (DPC reps)
NSW State Interschools Ski Championships – 2015
We would like to put out a call for children who would like to compete in 2015 - we want to be bigger and better for the 2015 season, more than likely around 2 to 5 July 2015. We are looking for all snowboarders and skiers of any level, boys and girls come along and have a fabulous time and join the Sacred Heart Snow Sports Team. More information will come from Kim Lesko closer to the time.

Netball
On Tuesday the Sacred Heart’s Senior Girls netball team competed at Penrith in the Catholic Schools Netball Competition. The girls were undefeated with only six goals scored against them over the entire day! They played beautifully as a team and showed wonderful compassion and sportsmanship towards the other teams and their own team mates. Congratulations girls on a fantastic day!

Kiss & Drop Zone Roster
A group of dedicated parent volunteers and teachers have been volunteering to make our morning kiss and drop zone as safe and efficient as possible for the whole school community. We will be publishing in this newsletter every week the parent roster for the following week. More volunteers are urgently needed, particularly for Friday mornings. If you are able to help please contact Selina Nichols on nicholsselina@gmail.com

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
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<tbody>
<tr>
<td>1 Sept</td>
<td>2 Sept</td>
<td>3 Sept</td>
<td>4 Sept</td>
<td>5 Sept</td>
</tr>
<tr>
<td>Anna R</td>
<td>Kath G</td>
<td>Eloise C</td>
<td>Karen L</td>
<td>Kellie C</td>
</tr>
<tr>
<td>8 Sept</td>
<td>9 Sept</td>
<td>10 Sept</td>
<td>11 Sept</td>
<td>12 Sept</td>
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<tr>
<td>Leonie S</td>
<td>Colette B</td>
<td>Sheridan P</td>
<td>Selina N</td>
<td>Kylie D</td>
</tr>
<tr>
<td>15 Sept</td>
<td>16 Sept</td>
<td>17 Sept</td>
<td>18 Sept</td>
<td>19 Sept</td>
</tr>
<tr>
<td>Lisa C</td>
<td>Lucy B</td>
<td>Fiona McC</td>
<td>Selina N</td>
<td>Karen L</td>
</tr>
</tbody>
</table>
Happy Birthday

Happy Birthday from all at Sacred Heart to the following students who celebrate a birthday during the coming week:

Abigail R  |  Ethan H  |  Izak B
Matilda S  |  Samuel C

Library News

Premier’s Reading Challenge
Premier’s Reading Challenge has finished for 2014. Congratulations to all who accepted the challenge and completed it... 183 students! Thank you to the Mums, Dads, brothers, sisters, Grand Parents and carers who helped read and enter books onto the website. The children’s names are on display in the library, and certificates from the Premier, Mike Baird MP, will arrive in November.

Melonie Harrison – Teacher/Librarian

Diocesan Parent Council News

The Diocesan Parent Council (DPC) is hosting another seminar tonight at St John’s, Narraween. Fiona Smith and Dr Helen van Vliet will offer parents information and strategies to develop a deeper understanding of the social and emotional needs of gifted/ high ability children. All parents and carers are welcome and there is no cost.

You can visit the Diocesan Parent Council website here.

School Awards - Last Week

| KN  | Ella K, Cayla S, Livia H | KP  | Anabel R, Jade H, Alexander H |
| 1F  | Jackson Y, Tristian C-B  | 1T  | Molly S, William P |
| 2D  | Lauren K, Emily G        | 2M  | Stephanie B, Dallas L |
| 3R  | Millie B, Michael N      | 3W  | Kirra N, Dominic N, Hester G |
| 4F  | Maia P, Sam D            | 4M  | Luca C, Phoebe B |
| 5B  | Laura Gustard            | 5S  | Julia M, April O’B |
| 6M  | Nathan S, Anelise F      | 6W  | Alice M, Rachel T, Madison W |
| 3-6S|                             |

Principal’s Awards: Maya K, Aaron P

Canteen News

CANTEEN ROSTER (start 9.30am - finish 1.45pm)

| Mon 8/9 | Jacqui C, Linda D, Melissa R, Kristina K |
| Thur 11/9 | Yvette D, Janelle O, Sjaan S, Belinda Y |
| Fri 12/9 | Vanessa B/Trish W, Lisa W, Belinda T, Mary T-C |

A big thank you to all our wonderful volunteers who helped in any way to make our Father’s day breakfast a success! Thank you, thank you.

Kay & Marie – Canteen Coordinators
Community Notices

Pittwater Council School Holiday Program
Please find below the link on our website to the September/October 2014 School Holiday Brochure.

Singing Workshops in the September/October School Holidays
BERRY HALL NARRABEEN TRAMSHED - SEPTEMBER 24-26 & OCTOBER 1-3
9am – 3pm each day
Bring – morning tea, lunch and a water bottle
3 DAYS $300 or 1 DAY $120
The students will learn to sing from the diaphragm, warm up the voice, sing as an ensemble, solo singing and learn to sing harmonies and
HAVE LOADS OF FUN!!  TO BOOK EMAIL appletoncindy@hotmail.com or call 040581197

Before School Care
I am a registered family day care educator offering before school care Monday – Thursday in my home from 7am. I am located in Waratah Street Mona Vale. CCB (Child Care Benefit) & CCR (Child Care Rebate) is also available. Limited spaces. Please contact Judy Tunks on 9999-0695 or 0414 507 777.

Manly Warringah Gymnastic Club
School Holiday Program 22/9 to 26/9 and 29/9 to 3/10. 10% discount for MWGC club members. Minimum age 5 years. More information available at www.mwgymclub.com

MONA VALE LONG LUNCH

SATURDAY 20 SEPTEMBER 2014
BUNGAN LANE (North) MONA VALE, 11AM TO 4PM
Pittwater Council is hosting a long lunch at Mona Vale on Saturday 20 September 2014 at Bungan Lane at Mona Vale.
- Hot food
- Live Music
- Fun activities for the children
- Fitness in the park from 9am (Village Park)
- Mini market

For Information: Nikki Griffith on 9970 1165 or email nikki_griffith@pittwater.nsw.gov.au

www.pittwater.nsw.gov.au
The Annual General Meeting of the Sacred Heart P&F Committee will be held immediately after the P&F meeting in Term 4 on 29th October 2014 @ 7.30pm in room KN. The P&F meeting / AGM is an important opportunity for our school community to engage in, and discuss, the ongoing operations and functional needs of our school community.

At the AGM, all positions on the P&F Committee will be available for nomination and election. Nominations are called for from any parent who would like to participate in the running and development of the P&F Committee.

Positions on the Executive are usually held for a three year term. The positions to be voted on at the AGM are:

- President
- Vice-President
- Treasurer
- Secretary
- DPC Representative
- Parish Liaison Representative
- Social Justice

The Committee members of the P&F shall not hold office for more than three consecutive years in the same position, however members may nominate for an alternative position. The following members will be vacating their roles at the end of 2014:

- Lisa Caterina stepping down Joint Treasurer/s
- Lynette Suchanek stepping down Secretary
- Leonie Scarlett stepping down DPC Representative
- Cathy Kellick stepping down Parish Liaison Representative

The following Committee members have indicated that they will nominate寻求 re-election in 2015:

- Juliana Johnston seeking re-election to President
- Rebecca Capell seeking re-election to Vice President
- Rebecca Molinaro seeking re-election to Joint Treasurer
- Eloise Critchley seeking re-election to DPC Representative
- Virpi Tuite seeking re-election to Social Justice Representative

The following positions will become vacant at the end of 2014. Nominations welcome:

- Joint Treasurer
- Secretary
- Social Justice
- Parish Liaison Representative

Handover will be provided by former members to new members.

This information is provided in the interests of transparency. All Committee positions are declared vacant at the AGM and the current Committee members actively step down from the above positions, irrespective of whether or not they are seeking re-election.

Please feel free to contact a Committee member if you would like to discuss a position you are considering nominating for or want to find out more about it or the Committee in general.

If you would like to nominate for a position, please complete the slip below and return to the school office.

Lynette Suchanek, P&F Secretary (shpandf@gmail.com)

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**NOMINATION FORM FOR ELECTION TO SACRED HEART P&F COMMITTEE 2015**

I nominate ........................................ for the following position on the 2015 P&F Committee:

- [ ] President
- [ ] Vice-President
- [ ] Treasurer
- [ ] Secretary
- [ ] DPC Representative
- [ ] Parish Liaison Rep
- [ ] Social Justice

Signed ........................................ Print Name ........................................ Date ........................................
**Community Notices**

**Parent Seminar**

**Parenting Gifted / High Ability Children**

Gifted / High Ability students are found across all cultures and socio-economic backgrounds and are considered unique with their own abilities, needs and personal context.

**Intelligence**

Intelligence is not just about what I can do.

**Motivation**

It's wonderful to have my active, happy, motivated and confident 10 year old boy back.

**Screen time balance**

**Safe social media**

**Cyber bullying**

**Smart phone safety**

**Avoiding adult content**

**Parent Seminar**

**Parenting Gifted / High Ability Children**

**Gifted Education**

**ALL WELCOME**

**NO COST**

**Wednesday 3 September**

7.30 – 9pm

St John’s Catholic School

160 Alfred Street, NARRAWEEA

RSVP via DPC website

www.narrabeenparishcouncil.com

**Mona Vale Garden Club Inc.**

**43rd Spring Flower Show**

**SATURDAY 13th SEPTEMBER 2014**

10.30AM – 4.00PM

TED BLACKWOOD HALL,

CNR JACKSONS & BOONDHAI ROADS

WARRIEWOOD

**DISPLAY OF FLOWERS, VEGETABLES, HERBS & FLORAL ART**

PLANTS, CRAFT, CAKES & WHITE ELEPHANT STALLS

**REFRESHMENTS $5**

**ADULTS: $2 - CHILDREN (No charge)**

All Profits to Mona Vale Hospital Auxiliary

**Raising Responsible Digital Citizens**

**With Leonie Smith the Cyber Safety Lady**

Leonie Smith is one of Australia’s leading cyber safety educators and a mother of four.

Learn how to keep your kids safe online.

- Screen time balance
- Safe social media
- Cyber bullying
- Smart phone safety
- Avoiding adult content

**Thursday October 23rd**

7:00-9:00pm

Sacred Heart Catholic Primary School Hall

Cnr Keenan and Waratah Streets

Mona Vale

Bookings essential –

RSVP shmv@dbb.catholic.edu.au

For more information please call Sacred Heart Catholic School 9999 3264

**Go4Fun**

**Healthy • Active • Happy • Kids**

**COMpletely FREE!**

**It’s so wonderful to have my active, happy, motivated and confident 10 year old boy back.**

**A FREE 10 WEEK PROGRAM FOR KIDS AGED 7 TO 13 YEARS AND THEIR FAMILIES TO BECOME FITTER, EAT HEALTHIER AND IMPROVE THEIR SELF-ESTEEM.**

**WHERE**

**Pittwater Sports Centre**

1525 Pittwater Rd

North Narrabeen

**REGISTER NOW**

**FREECALL 1800 780 900 OR GO4FUN.COM.AU**

**NSW Government**

**Health Northern Sydney Local Health District**