Term 4 Week 1 - 8 October 2014

Dear Parents

Welcome back to Term 4. I hope you all had a restful break away from school. The staff have returned energised and keen to begin. Thank you to Mrs Wheen and Mrs Williams who led the teachers yesterday in a Literacy Staff Development Day. The teachers are keen to put their planning and knowledge into action.

Debating preparation starts this week and debating starts after school next Thursday at Mater Maria for seniors. Mrs Browne will be in this Friday afternoon to support our debaters in their training. Debating is an extra curricula activity and is open to seniors.

Choir auditions will take place this Friday at lunchtime. We would like to add to our choir as they will be performing at the end of year Christmas (theatre night) function. Choir lessons will be in class time for the last term. If your child is a singer please encourage them to try out.

Our respectful relationship lessons led by Year 5 and 6 will start next week. The focus this year is on resilience. Being able to bounce back from adversity is a necessary life skill.

Forward Planner
15 Oct - Yr 6 Class Mass (9.15am - Wednesday)
18 Oct - Sacrament of Confirmation (11am and 12.30pm)
22 Oct - Kinder Class Mass (9.15am - Wednesday)
23 Oct - Cyber Safety Talk for Parents - "Raising Responsible Digital Citizens"
24 Oct - Choir and Band performing at Warringah Mall

Our full school calendar can be accessed on our school website on the Significant Dates page: here

Yours sincerely
Julie Caldwell
PRINCIPAL

Positive Behaviour For Learning

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<td>Our PBL focus for this week is: REVIEW OF MATRIX</td>
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Respectful Relationships

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Religious Education News

Dates to Remember

12 Oct Confirmation Reflection Day 1-4:30pm at Mater Maria
15 Oct Yr 6 Class Mass at 9:15am
18 Oct Confirmation at 11am and 12:30pm at Sacred Heart Church

Good News of the week

If you have any Good News or if you need our prayers, please see me at school, contact me by phone.

PARISH WEEKLY BULLETIN can be found here

Christine McBryde – Religious Education Co-ordinator
Staff Development Day – High Ability Learners

Yesterday the staff participated in Professional Learning with a continued focus on writing and how we are catering for our high ability learners in the classroom.

At Sacred Heart we provide a number of opportunities to extend children outside the classroom including Research Groups and more recently the Dollars and Sense Club.

However our school focus is to cater for all children in the classroom every day, including children who are already proficient in skills that their peers are working towards. This is evident in differentiated group work in English and Mathematics as well as the research tasks in our other Curriculum areas. Yesterday teachers spent time planning guided writing tasks for our children at the top end of the cohort in each grade. Teachers will be withdrawing these children with specific extension tasks in writing. We have spent time looking at samples of writing and creating a continuum to use in the classroom. Children will be able to identify where their piece of writing sits on the continuum with some clear indicators of “Where to next?”.

We had the opportunity to look at some of our NAPLAN data and celebrated the growth children have made especially in Spelling.

Jayne Wheen - Assistant Principal

Messages from the Office

Email - All correspondence from the school is now sent home via email. If you find you are no longer receiving our emails, your mailbox could be full.

School Buses – information on bus numbers and routes can be found on the Sydney Buses website here. Just select Sacred Heart from the drop down menu and navigate.

Golden Jubilee 2015

Next year is Sacred Heart School’s 50th anniversary - our golden jubilee. An anniversary school book will be made to commemorate the past 50 years and the future year of 2015.

Should you wish to discuss this further, please contact Marie Nero 0410 566 777, Judi Woodward 9999 3264 (Wed & Fri. mornings) or see Julie Caldwell. Information can also be emailed to the school: shmv@dbb.catholic.edu.au

Judi Woodward and Marie Nero

Morning Kiss & Drop Zone Roster

Thanks to the fantastic parents who have generously given of their time this term to be on the Kiss and Drop Roster. More volunteers are still needed particularly on a Friday.

If you would like to volunteer please contact Selina on 0416 157 198 or email nicholsselina@gmail.com.

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<th>Monday</th>
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<td>6 October</td>
<td>7 October</td>
<td>8 October Eloise C</td>
<td>9 October Karen L</td>
<td>10 October Kellie C</td>
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<td>13 October Anna R</td>
<td>14 October TBA</td>
<td>15 October Sheridan P</td>
<td>16 October Selina N</td>
<td>17 October Kylie D</td>
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<td>20 October Lisa C</td>
<td>21 October Lucy B</td>
<td>22 October Colette B</td>
<td>23 October Selina N</td>
<td>24 October Karen L</td>
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Happy Birthday

Happy Birthday from all at Sacred Heart to the following students who celebrate a birthday during the coming week:

Jasper M  |  Livia H  |  Phoebe B
Thomas S  |  Charlotte T  |  
Lily K  |  Madison W  |  

School Awards

| KN  | Jessica McP, Marik VK, Naomi K |
| 1F  | Lily K, Thomas B |
| 2D  | Daniel S, Jahla F |
| 3R  | Sarah Kellick, Eva H |
| 4F  | Beau N, Felix T |
| 5B  | Lucie R, Thomas O |
| 6M  | Jordyn N, Levi-T-C |
| 3-6S | Connor L |
| 1T  | Harrison F, Anabella N |
| 2M  | Jessica M, Phoebe H |
| 3W  | Ben C, Kirra N, Joseph H |
| 4M  | Saxon C, Will D |
| 5S  | Sienna P, Danny P |
| 6W  | Carla F, Trent A |

Community Award: Claudia V
Principal’s Awards: Cayla S (KN), Ted E (KP)

Canteen News

| CANTEEN ROSTER (start 9.30am - finish 1.45pm) |
| Mon 13/10  | Margaret H, Wendy S, Margaret P |
| Thur 16/10 | Michelle C, Michelle N, Karen L, Selina N |
| Fri 17/10  | Cathy K, Leonie S, Chantelle B, Colette B |

Save the Date: Our annual volunteer thank you morning tea has been locked in. Please note down Tuesday 18 November from 9am in the school hall. Invitations will be sent home in term 4.

Kay & Marie – Canteen Coordinators

Parenting Program

Seasons for Growth Parent Program: Supporting your child following separation and divorce

Term 4 - Parent Invitation

In recent times, the Seasons for Growth® program for children and young people who have experienced change, loss and grief has been offered at Sacred Heart. For many years, parents whose children have participated in the Seasons for Growth® Young People’s Program have been asking ‘Is there a program that can help parents, too’?

The Seasons for Growth® Parent Program has been developed to meet this need. The program provides an opportunity for parents who have experienced separation or divorce to reflect on the experience from their child’s perspective, and to explore ideas and strategies that might help support their child/ren through the changes happening in their family.

The Seasons for Growth® Parent Program: Supporting your child following separation or divorce is a small group program for 6-12 parents. The program will be held over 2 x 2 hour sessions and is for parents only. The program provides helpful information about:

1. How children react to change and loss
2. What you can do to help your child
3. Communicating with your child
4. The Seasons for Growth® approach to understanding and managing change, loss and grief
5. Caring for yourself as a parent and a person.

Fiona McCallum will facilitate either evening or morning sessions dependent on the availability of interested participants. Fiona coordinates the Seasons for Growth® programs for Good Grief and is a member of our parent community.

For more information or to express your interest taking part in the Seasons for Growth® Parent Program, please contact Fiona on (02) 8912 27000 or by email at fiona.mccallum@goodgrief.org.au.
The closing date for entries to be lodged online is **Monday 13th October**.

**School Procedures for Catholic Worldview - Through the Lens of a Child Photo Competition**

The 2014 Photographic Competition categories are **People, Places, Nature or Animals**. Children are allowed to submit only **one** photograph.

This year it will be much easier to manage as The School Photographer has an online entry system set up. The school will only have to publicise the competition to the children and then each child will be able to enter with an adult’s assistance on the website.

Children will need to rename their photo with their name, category, name of artwork eg Jane Smith Nature Sunday Sunset. To enter the photograph parents need to go to the website – [www.theschoolphotographer.com.au](http://www.theschoolphotographer.com.au) and click on the Peninsula Catholic Community of Schools logo. They will then be prompted to select their school from a dropdown list, enter the password **photo** and upload their photo.

**Conditions of Entry**

- Public exhibition and/or publication of selected photos will occur; photos may be displayed on the school’s websites.
- Entrants in the competition agree that PLCCS ‘schools’ reserve the right to use all images entered in the competition for on-going promotional and educational purposes.
- The ownership will remain that of the photographer, however by entering the competition, you agree all rights to payment for copyright, royalty or any other purpose are waived for each and every photograph entered.
- All efforts will be made to provide appropriate acknowledgement of the photographer whenever photographs are used for the purposes outlined in the Conditions of Entry.
- If people appear in your photos, please gain permission for the photo to be displayed and published.
- The Entrant indemnifies the ‘Schools’ against all damages, losses, costs and expenses in the permissions mentioned above.
- By entering the Competition, all entrants and/or their representative(s) consent to the use of their first name, schools and year level, photograph, voice and/or image for any publicity and marketing purposes, commercial or otherwise, in all media used by the ‘Schools’ without payment or compensation, throughout the world in perpetuity.

A panel of judges from The School Photographer will choose winning photos in each category and an overall winner.

**Prizes**

- First Prize in each category - $50.00
- Second Prize in each category - $25.00
- Third Prize in each category – framed print
- Overall winner - $100.00

The presentation of prizes will take place at an assembly at Maria Regina Catholic Primary School Avalon on **Friday 31 October at 9.00am**. Each school will receive a poster collage of winning entries.

Any enquiries please email Cathy Penning
[cathy.penning@dbb.catholic.edu.au](mailto:cathy.penning@dbb.catholic.edu.au)
The Annual General Meeting of the Sacred Heart P&F Committee will be held immediately after the P&F meeting in Term 4 on 29th October 2014 @ 7.30pm in room KN. The P&F meeting / AGM is an important opportunity for our school community to engage in, and discuss, the ongoing operations and functional needs of our school community.

At the AGM, all positions on the P&F Committee will be available for nomination and election. Nominations are called for from any parent who would like to participate in the running and development of the P&F Committee.

Positions on the Executive are usually held for a three year term. The positions to be voted on at the AGM are:

- President
- Vice-President
- Treasurer
- Secretary
- DPC Representative
- Parish Liaison Representative
- Social Justice

The Committee members of the P&F shall not hold office for more than three consecutive years in the same position, however members may nominate for an alternative position. The following members will be vacating their roles at the end of 2014:

- Lisa C ...........................................................stepping down.......................Joint Treasurer/s
- Lynette S ...........................................................stepping down.......................Secretary
- Leonie S ...........................................................stepping down.......................DPC Representative
- Cathy K ...........................................................stepping down.......................Parish Liaison Representative

The following Committee members have indicated that they will nominate seek re-election in 2015:

- Juliana J ...........................................................seeking re-election to....................President
- Rebecca C ...........................................................seeking re-election to...................Vice President
- Rebecca M ...........................................................seeking re-election to....................Joint Treasurer
- Eloise C ...........................................................seeking re-election to.....................DPC Representative
- Virpi T ...........................................................seeking re-election to.....................Social Justice Representative

The following positions will become vacant at the end of 2014. Nominations welcome.

- Joint Treasurer
- Secretary
- Joint Social Justice
- Parish Liaison Representative

Handover will be provided by former members to new members.

This information is provided in the interests of transparency. All Committee positions are declared vacant at the AGM and the current Committee members actively step down from the above positions, irrespective of whether or not they are seeking re-election.

Please feel free to contact a Committee member if you would like to discuss a position you are considering nominating for or want to find out more about it or the Committee in general.

If you would like to nominate for a position, please complete the slip below and return to the school office. Lynette Suchanek, P&F Secretary (shpandf@gmail.com)

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NOMINATION FORM FOR ELECTION TO SACRED HEART P&F COMMITTEE 2015

I nominate ......................................................... for the following position on the 2015 P&F Committee:

☐ President ☐ Treasurer ☐ DPC Representative ☐ Social Justice
☐ Vice-President ☐ Secretary ☐ Parish Liaison Rep

.................................................. .................................................. ..................................................
Signed Print Name Date
Community Notices

RAISING RESPONSIBLE DIGITAL CITIZENS

With Leonie Smith the Cyber Safety Lady

Leonie Smith is one of Australia’s leading cyber safety educators and a mother of four. Learn how to keep your kids safe online.

- Screen time balance
- Safe social media
- Cyber bullying
- Smart phone safety
- Avoiding adult content

Thursday October 23rd
7:00-9:00pm
Sacred Heart Catholic Primary School Hall
Cnr Keenan and Warahat Streets
Mona Vale
Bookings essential – RSVP shmv@dbb.catholic.edu.au
For more information please call Sacred Heart Catholic School 9999 3264

Stella Maris College, Manly Enrolments Year 7 2017

If you wish to enrol your daughter at Stella Maris College, Manly for Year 7 2017, we need to receive the Enrolment Application Form no later than Friday 31 October, 2014.

The Enrolment Application Form can be downloaded from our website www.stellamaris.nsw.edu.au.

If you would like to visit our College, tours can be booked by contacting the College Registrar, Mrs Kerrie Dudley on 9976 1802.

Parenting Programs

Child & Adolescent Parenting

Go4Fun

Healthy, Active, Happy, Kids

“IT’S SO WONDERFUL TO HAVE MY ACTIVE, HAPPY, MOTIVATED AND CONFIDENT 10 YEAR OLD BOY BACK.”

Cate Latham, Go4Fun Parent

A FREE 10 WEEK PROGRAM FOR KIDS AGED 7 TO 13 YEARS AND THEIR FAMILIES TO BECOME FITTER, EAT HEALTHIER AND IMPROVE THEIR SELF-ESTEEM.

NSW Government – Northern Sydney Local Health District
Child and Adolescent Parenting Education – Term 4, 2014