Dear Parents

Last Fridays band and choir excursion to Warringah Mall was a very exciting one for own talented performers. Thank you to the many family members who attended the performance. The children were a delight. We will be shortly recruiting for new choir and band members. Next Friday at 11.30am there will be a band performance in the hall. This will be aimed at Year 2 students. They will hear the band, get a chance to talk to the performers about their instruments and get applications to join the band. Parents can also attend this session if your child is thinking of joining the band. Thank you to Mrs McFadden for all her work in band and choir. It is such powerful and balanced learning for children to learn from the arts to balance their educational and physical pursuits. It is very important part of our school life at Sacred Heart. Thank you to the parents (Nick S, Nick B and Juliana J who do so much to support the band).

Year 5 and 6 Camp
This week we send our Year 5 and 6 to camp in Bathurst. Fortunately they will have warm weather, unlike our last trip two years ago where we were greeted by snow! The Bathurst trip is an important part of the children’s learning about the history of Australia and the impact the discovery of gold had on the colony. The children will experience life on the Gold Fields for two days.

Mrs Wheen will attend as first aid officer for the camp. If you need to send medication with your child in the morning, please find Mrs Wheen in the morning and give the medication to her, not class teachers.

Coaches are due to return to school around 6.00pm. If you have downloaded the school app, push notifications will be sent to you re the arrival time of the bus home.

Whilst our seniors are away at camp, Sam C, Markus G, Angela M and Phoebe B from year 4 will be our captains.

Kinder Orientation 2015
This Friday will be a very exciting one as we welcome our new Kinders for 2015. Many of those children are siblings and we welcome so many little ones who have grown up around us. During session two (Friday 7 November) they will meet their buddies for next year, as year 5 will be on camp this Friday.

To make their arrival smooth on Friday can parents wait until after assembly and take your new Kinder directly to the Kinder classrooms (see badges on tables at the front of the room to see which classroom you have been assigned to for orientation purposes) and enter the classrooms after assembly and after our current Kinders have moved. Parents and children will have the first session and prayer with the Kinder teachers. When the children are settled the parents will move upstairs with me to hear about the school functions and meet the parents who you will journey with for the next seven years.

Progress Report – Finding a new Principal for Sacred Heart
The applications for Principal have closed and the Catholic Schools office would be checking that applicants meet the 10 criteria needed to meet the requirement to apply, eg to have taught 10 years, to have held leadership positions in two schools, to be a practising Catholic etc. Shortlisting should happen this week and interviews will be held within the next two weeks. This takes a little time to arrange as the panel that interviews comprises of six people from schools, the CSO and the church.
We invite all parents to our P and F meeting **tonight** in the library. Please see the notes below re positions and the agenda for the meeting.

Some of the dates for the beginning of 2015 and holidays are up on our school website. Please take these into consideration when booking holidays, particularly the assessment days at the beginning of term 1, 2015. All children must attend an assessment appointment.

Curriculum Notes for term 4 can be viewed on the school website [here](#).

**New Privacy Laws** – with the introduction of new privacy laws in Australia, the CSO has advised we are **no longer** allowed to provide parents with a “Class Contact List”, as we have done in the past (ie parents’ phone numbers).

**Forward Planner**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>29 Oct</td>
<td>P&amp;F Meeting and AGM</td>
</tr>
<tr>
<td>30-31 Oct</td>
<td>Yrs 5&amp;6 Bathurst Camp</td>
</tr>
<tr>
<td>31 Oct</td>
<td>Kinder 2015 Orientation Day 1</td>
</tr>
<tr>
<td>01 Nov</td>
<td>Kinder Family Mass (Saturday 5pm)</td>
</tr>
<tr>
<td>07 Nov</td>
<td>Kinder 2015 Orientation Day 2</td>
</tr>
<tr>
<td>28 Nov</td>
<td>Whole school end of year function – Outdoor Movie Night!</td>
</tr>
</tbody>
</table>

Our full school calendar can be accessed on our school website on the Significant Dates page: [here](#).

Yours sincerely

*Julie Caldwell*

**Principal**

<table>
<thead>
<tr>
<th>Positive Behaviour For Learning</th>
<th>Respectful Relationships</th>
</tr>
</thead>
<tbody>
<tr>
<td>Our PBL focus for this week is:</td>
<td>Our Respectful Relationships focus for this week is:</td>
</tr>
<tr>
<td><strong>BE A GOOD LISTENER</strong></td>
<td><strong>IGNORE HURTFUL COMMENTS AND ACTIONS</strong></td>
</tr>
</tbody>
</table>

**Messages from the Office**

**Birthdays / Ice Blocks** - teachers love celebrating birthdays in class with students, however our small staffroom freezer does not have a lot of space. Cupcakes are the preferred option for sharing with classmates. We request ice blocks only be brought in on canteen days when we can store them in large freezers, ie Mon, Thurs and Fri.

- Parent to bring ice blocks to office. Parent will then be asked take ice blocks to canteen.
- Class teacher will determine the time ice blocks can be handed out to classmates.

Unfortunately ice blocks cannot be accepted on a Tuesday or Wednesday, only cupcakes which can be stored by teacher in the classroom.

**School App – Download links and Tip Sheet**


Tip Sheet for the app can be found [here](#).

**Family Registration Forms** - Thank you to those who have promptly returned yellow Family Registration Forms. If you have not returned your form (even if you are year 6 and leaving the school) would you please return your form as soon as possible. We receive many enrolment enquiries daily for 2015, and need to know whether any current families are leaving Sacred Heart.

**Email** - All correspondence from the school is now sent home via email. If you find you are no longer receiving our emails, your mailbox could be full.

**School Buses** – information on bus numbers and routes can be found on the Sydney Buses website [here](#). Just select Sacred Heart from the drop down menu and navigate.
**Mission Mass- Liturgy Team**

On Wednesday the 22 October, the Sacred Heart Liturgy Team and Mrs McBryde went to Our Lady of the Rosary, Waitara for the annual Mission Mass. We got to watch an inspiring video called “When I Grow up I want to be ALIVE”. It was about young Jamaican school children who live in poverty and around a dangerous area. Two of many children in the video who lived in the most dangerous area in Jamaica described how difficult their lives were. They were very brave young children who now attend St Anne’s School in Kingston Jamaica which is run by the Marist Sisters.

Our donations to Catholic Mission were very special to the people in need. The young children used to get only one glass of water and a teaspoon of sugar for breakfast, but now they get one hot meal a day. The Donations we have made to Catholic Mission Society have been very helpful to everyone; they have thanked our school for what we have donated.

Overall it was a great day to attend, we had a great time.

*Claudia, Caitlin, Milly and Mikayla – Liturgy Captains*

**All Saints Day and All Souls Day**

All Saints Day is celebrated this year on Saturday 1st November and On Sunday 2nd November is All Souls Day. During the month of November in Catholic Tradition we remember and pray for our deceased family and friends. Sacred Heart Church publishes a Book of Remembrance. If you would like the names of deceased family or friends to be included in the book please contact the parish office.

**Prayers**

Please pray for the soul of Maurice Connors (Sarah Russell’s Dad) who passed away last week. Also please keep Sarah and her family in your prayers.

**Dates to Remember**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>29 Oct</td>
<td>Year 1 Class Mass at 9:15am</td>
</tr>
<tr>
<td>1 Nov</td>
<td>Kinder Family Mass at 5pm Sacred Heart Church</td>
</tr>
<tr>
<td>5 Nov</td>
<td>Year 2 Class Mass at 9:15am</td>
</tr>
<tr>
<td>12 Nov</td>
<td>Year 3 Class Mass at 9:15</td>
</tr>
<tr>
<td>15 Nov</td>
<td>Year 4 Family Mass at 5pm Sacred Heart</td>
</tr>
</tbody>
</table>

**Good News of the week**

If you have any Good News or if you need our prayers, please see me at school, contact me by phone.

**PARISH WEEKLY BULLETIN** can be found [here](#).

*Christine McBryde – Religious Education Co-ordinator*
Cyber Safety with the Cyber Safety Lady

Last Thursday night Sacred Heart hosted a presentation at the school by “The Cyber Safety Lady”, Leonie Smith, that focussed on providing parents with practical information on cyber safety. This was a very worthwhile evening and well attended by our parent community. Leonie shared valuable and current information about how to keep our children safe online. Some of the facts and details provided were eye-opening to say the least, and in this current era of ever-advancing technology Leonie’s plainly stated tips relating to the safety or dangers inherent in certain social media and gaming apps was enlightening.

Leonie provides frequently updated manuals for either children or parents relating to setting up privacy setting on your (many) devices and how to navigate the dangers (and joys!) of social media. We have purchased one of the parent manuals which will be available for borrowing from the Parents Resources section of the Library soon. We would like to thank the Police from the Northern Beaches Local Area Command, the local Rotary Club and Dee Why RSL for sponsoring this information evening.

If you were unable to attend last week, Leonie is holding a hands-on workshop on “Social Media and Privacy Settings” on Tuesday 18 November 2014 from 6.00-9.00pm at Newport. Further details can be found on The Cyber Safety Lady’s website here.

Here is a handy tip, with thanks to the Cyber Safety Lady, about supervising your children’s online use in an open manner:

Supervise without spying
The number one cyber bullying prevention rule is to locate your children and their computers in a central part of your home - if they are on computers in their bedrooms you will have no idea about their responses to anything they receive online (computers include smart phones and iPads). If your son or daughter wants to use a particular app, be aware of the age group the app is designed for. If a child uses an app designed for an older age group, they may not be mature enough to handle the environment they are signing up for. “Kik” is a particularly popular app but is designed for 17+ as it contains age restricted material and the privacy settings often don’t work - there are many safer apps available. Google search the name of the game or app your child wishes to use to see what other parents and reviews say about it, or search on:

Secure me:  https://www.apps.secure.me
Common Sense media:  http://www.commonsensemedia.org

Uniform Shop News

If you have a school bag with a broken zipper, please bring into the uniform shop ASAP for repairing.

Our last day of uniform shop for the year will be Monday 8 December. We will then be closed for stocktake and will not re-open until Term 1, 2015.

Veronika & Clare

Garden Club News
Tonight is our AGM at 7.30pm in the library and we would love to see you there. At the meeting you will learn about all we have done for the school this year, you might be surprised, and some plans for 2015.

There are a couple of vacancies on our committee so if you would like to volunteer and become part of a really proactive team, we would love to see you tonight. We meet four times a year and understand how busy we all are but we work well together as a team. You might even like to share a role.

We look forward to seeing you there.

Lynette Suchanek - P&F Secretary (shpandf@gmail.com)

Cinema under the stars!

This year the P&F are holding a movie night on Friday 28 November (end of year celebration) and you are all invited. Tickets are a flat rate of $10 per family.

There will be popcorn and gelato available to purchase on the night, but we ask that you bring your own drinks (and cheese and nibbles if preferred). The movie will be shown in the school grounds immediately after the band and choir have performed their Christmas repertoire.

Band and choir 6.30pm
Movie 7.30pm

Please complete the form below and return it to the office along with your $10 no later than 21 November 2014.

CINEMA UNDER THE STARS RSVP

$10 FAMILY ADMISSION

SURNAME:  ...............................................................  CLASS: ........................................

ELDEST CHILD:  ..........................................................

☐ We are UNABLE to attend
☐ We will be attending

No of adults  .................  No of children  .................
Thank you to all the volunteers on our Kiss and Drop morning roster. If you are able to help, please contact Selina Nichols: 0416 157 198 or email nicholsselina@gmail.com.

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
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</thead>
<tbody>
<tr>
<td>27 October</td>
<td>28 October</td>
<td>29 October</td>
<td>30 October</td>
<td>31 October</td>
</tr>
<tr>
<td>Selina N</td>
<td>Colette B</td>
<td>Eloise C</td>
<td>vacant</td>
<td>Kellie C</td>
</tr>
<tr>
<td>3 November</td>
<td>4 November</td>
<td>5 November</td>
<td>6 November</td>
<td>7 November</td>
</tr>
<tr>
<td>Anna R</td>
<td>Leonie S</td>
<td>Sheridan P</td>
<td>vacant</td>
<td>Kylie D</td>
</tr>
</tbody>
</table>

**Happy Birthday**

Happy Birthday from all at Sacred Heart to the following students who celebrate a birthday during the coming week:

- Samuel C
- Ethan W
- Isabella C
- Henry B
- Dylan T
- Natasha L
- Austin D
- Millie B
- Luciana C-B

**School Awards**

<table>
<thead>
<tr>
<th>KN</th>
<th>Ethan W, Matthew P, Tom D</th>
</tr>
</thead>
<tbody>
<tr>
<td>1F</td>
<td>Thomas G, Eliza K</td>
</tr>
<tr>
<td>2D</td>
<td>Jahia F, Marlow M</td>
</tr>
<tr>
<td>3R</td>
<td>Bradley S, Sarah K, Eva H</td>
</tr>
<tr>
<td>4F</td>
<td>Felix T, Ellie D</td>
</tr>
<tr>
<td>5B</td>
<td>Ruby R, Charlotte N</td>
</tr>
<tr>
<td>6M</td>
<td>Natarsha V, Lachlan K</td>
</tr>
<tr>
<td>3-6S</td>
<td>Connor L, Jeremy R</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>KP</th>
<th>Allegra L, Addison Driver, AJ J</th>
</tr>
</thead>
<tbody>
<tr>
<td>1T</td>
<td>Hartley R, Aiden H</td>
</tr>
<tr>
<td>2M</td>
<td>Lucy M, Patrick D</td>
</tr>
<tr>
<td>3W</td>
<td>Abbey T, Joel P, Annika O</td>
</tr>
<tr>
<td>4M</td>
<td>Marco C, Brooklyn C-B</td>
</tr>
<tr>
<td>5S</td>
<td>Ruby R, Natalie T</td>
</tr>
<tr>
<td>6W</td>
<td>Leah B, Brianna N</td>
</tr>
</tbody>
</table>

**Principal’s Awards:** Jasper C (5S), Thomas O (5B)

**Community Award:** Stephanie G (6W)

**Canteen News**

**CANTEEN ROSTER** (start 9.30am - finish 1.45pm)

- Mon 27/10: Andy D, Anna R, Louise E, Nick B
- Thur 30/10: Yvette D, Janelle O, Sjaan S, Belinda Y
- Fri 31/10: Michelle J, Melinda K, Sarah P, Liz M

May we ask everyone to check the current menu pricing as we are getting many orders with incorrect funds. If you are unsure of current pricing or have lost the canteen menu, you can view it on the canteen page of the school website here.

**Volunteer morning tea:** A reminder for all our volunteers to send back your RSVP’s (declines included) so that we can place them in for our lucky door prize.

**On-line ordering:** As of week 1, term 1 2015, on line ordering will be compulsory for all lunch orders. Manual lunch orders will no longer be available. All over the counter service will still be as per normal. In order to operate efficiently, we are moving to online ordering only. Registration letters should be received shortly. If anyone has registered previously and have forgotten passwords etc, please contact us at any time and we will be more than happy to help you.

Kay & Marie – Canteen Coordinators
Parent engagement in a child’s learning is about connecting the home back into the classroom and showing an interest in what your child is doing at school in their lessons. This week we will tell you some of things that are happening in the library and in Kindy, year 1 and year 2 classrooms; next week will be years 3 to 6.

In the library this week the children have been playing word games with Mrs Harrison like “Big Box of Scrambled Sentences”, “Story Cubes” and “Magic and Fairy Tale Dice”.

In Kindy they are doing fractions and writing stories. In science they are looking at toys – how they work and move for example a toy car. In art they are studying Picasso.

In year 1 they are looking at different kinds of celebrations. They are studying fractions (half and quarter of whole objects and of collections). They are writing information reports about animals. In Religion they are learning about how to share like Jesus.

In year 2 in maths they are studying chance (likely/unlikelihood of something occurring); data and graphs; mass and revising the x - + and ÷ signs. In literacy they are looking at prepositional phrases (an example of one is “over the hill”) and prefixes. In Science they are looking at floating and sinking and the effects of pushing and pulling.

Ask your child to explain something to you they are learning about in class. Start a conversation with your child about their learning...

Eloise Critchley and Leonie Scarlett - DPC reps

You can visit the Diocesan Parent Council website here.

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**Community Notices**

**Cinderella Pantomime**
Venue: St Augustine’s College (with students from Stella Maris)
Date: 29 Oct – 1 Nov 2014, 7pm

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**NSW Government – Northern Sydney Local Health District**
Child and Adolescent Parenting Education – Term 4, 2014

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**Mona Vale Laneway Night Markets**

Laneway between Mona Vale Memorial Hall and the Library - 5pm to 9pm

Pittwater Council is hosting the Mona Vale laneway night markets on the following Friday evenings:

* 17 & 31 October *
* 14 & 28 November *

- Hot food stalls
- Live Music
- Come and relax and enjoy the ambience of the Friday night laneway markets

For Information: Nikki Griffith on 9970 1165 or email nikki_griffith@pittwater.nsw.gov.au

Community Notices

Lifeline Book Fair – 21-23 November 2014
Traditionally, this is a bumper event both for Lifeline Northern Beaches fundraising and for all book lovers who support our important work in the local community. Over the 3 days, you will have the opportunity to browse and shop from over 25,000 books, some new, most “as new”.

**Venue:** Balgowlah Boys Campus, Cnr Sydney Rd and Maretimo St, Balgowlah
**Dates:** Fri 21 Nov 4-9pm, Sat 22 Nov 9-5pm, Sun 23 Nov 9-2pm
**Cost:** GOLD COIN ENTRY WOULD BE APPRECIATED

For information about the work of Lifeline Northern Beaches and what’s happening, please visit [Lifeline Northern Beaches](http://www.lifeline.com.au) or call 9949 5522.

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Netball Registration – Mona Vale Commodores 2015 Season
Come and play NETBALL with your local club Mona Vale Commodores in 2015.

- Form a team now and register now for 2015.
- Don’t travel for training – we train at Mona Vale or Warriewood.
- Come on your own, come with a friend, or come as a full team. New players and teams welcome. All ages & abilities welcome.
- Register online NOW for early bird discounts at [www.monavalecommodores.com](http://www.monavalecommodores.com)
- OR register at Club Registration day Saturday 31 January 2015, 10am to 1pm at Pittwater RSL Club
- Enquiries Mona Vale Netball Club - [mvcom.registrar@yahoo.com.au](mailto:mvcom.registrar@yahoo.com.au)

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Pink Hope Movie Event
Pink Hope has been given limited access to the screening of Decoding Annie Parker and we would love to see you there!

Inspire your friends, family and work colleagues to join you in the Pink Hope screening of a story that will make you laugh, cry and remember what it is important in life.

**Decoding Annie Parker** tells the life affirming story of two remarkable women; the irrepressible Annie Parker, a three time cancer survivor and the geneticist Mary-Claire King whose discovery of the breast cancer **BRCA gene mutation** is considered one of the most important discoveries of the 20th century.

Link to purchase your tickets: [https://pinkhope.org.au/Decoding_Annie_Parker_Screening/](https://pinkhope.org.au/Decoding_Annie_Parker_Screening/)

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Berkelouw Mona Vale present Parenting Without Sleep
Psychotherapist **Marie Rowland** with yoga and work/life consultant, **Mel Armstrong-Jones**, parents themselves, present a ninety-minute seminar which looks at mindful parenting in the 21st century. Taking a practical approach and borrowing from psychology, philosophy and mindfulness, the presenters will look at issues from anxiety to device addiction. For more detail please follow this link.

**Date:** 6.30pm on Thursday, 13 November 2014
**Cost:** $30 payable in advance

Bookings are essential and can be made by phone on 9979 2112 or [monavale@berkelouw.com.au](mailto:monavale@berkelouw.com.au)