Dear Parents

Term 1 Core Value: RESPECT
School Rule: Respect yourself, others and the environment
Expectation of Behaviour: Safe and caring hands and feet

The well known author, C.S. Lewis, once wrote, “I believe in Christianity as I believe that the sun has risen; not only because I see it, but because by it I see everything else.” Maybe this Lent we can devote our attention to ponder the “I, why?” of our existence by using our Christian heritage to help us to see more clearly the purpose of our life.

In a culture addicted to self-indulgence, can we do as Christ and St Paul did and serve others with our time, energy, money; can we be agents for reconciliation between estranged family members; can we listen to and understand those who are different to us; can we, in our workaholic culture, take time out to pray for ourselves, for others in our life, for others who are not in our life but are in wars and droughts and oppression somewhere in our world; can we, as St Paul did, take time out, use the forty days of Lent to make adjustments to our way of life, to be more obviously Christian in the way we give expression to our “I, why?”

“Spirit of God within me,
Help me this Lent to grow in
gratitude for my life.
Help me to reveal the face of Christ,
to other people as they enter into my
life.
Amen.”

Congratulations to all our fantastic swimmers and thankyou to our hardworking school and parent community for a most successful school swimming carnival. Special thanks to Mrs M Kerr for her coordination and organisation of the carnival.

Our School Improvement Plans for 2016 are below for your perusal.

Teaching and Learning SIP: To ensure that the individual learning needs of students are identified and addressed including high achieving students.

Catholic Life and Mission SIP: To embed a culture of wellbeing underpinned by our mission and vision.

Pastoral Care SIP: To embed a culture of wellbeing underpinned by our Mission and Vision.

The Census was taken this week at Sacred Heart Mona Vale and here are some of our statistics. In a school which is considered Anglo-Saxon there is so much wonderful diversity.

405 students, 266 families enrolled, 28 nationalities represented, the largest groups are English, Italian and Croatian and 112 backgrounds other than English have been identified.
Our first whole school social function for the year will be the Welcome BBQ which will be held on Friday 4 March. Parents and students are welcome to arrive at school at 5pm and each class shall perform an item from 5.30pm. Costuming will be kept simple and parents will be notified of costume requirements closer to the date. Parents will be able to purchase sausages, drinks and gelato on School24. Parents may like to bring chairs and picnic rugs to picnic on the oval after the children’s performances. Pre orders of sausage sandwiches, drinks and gelato will be available from 5pm until 7pm at the canteen. Please pre order on school24 for catering purposes. During the evening the year 6 students will prepare, stock and host a number of stalls to raise funds for their Graduation gift to the school. So bring along lots of gold coins for a fun evening.

Reminder to parents to register to attend Michael Grose parenting session at Sacred Heart on Wednesday 24 February at 7pm.

An enthusiastic group pf parents gathered in the library on Monday to hear about the Class Parent role. Topics discussed included the responsibilities and guidelines of the role, contact lists, preparation for class masses, correspondence, confidentiality, assisting the class teacher, social events and inclusivity. This role is very important in disseminating information and building the Catholic community of Sacred Heart. Thank you for offering your time and talent!

We have received positive feedback about the school Facebook and twitter accounts. The purpose of the social media is to share what is happening in our classrooms, to celebrate learning as well as engaging parents with their students learning with links to resources and current educational thinking.

Mrs Suellen Garey
PRINCIPAL

Blessed are the Merciful, for they shall receive Mercy Mt 6:7
Year of Mercy 2016

Like us on Facebook or follow us on twitter
Religious Education News

Farewell Fr Robert

Project Compassion 2016
The theme for Project Compassion 2016 is “Learning more, creating change”.

As Pope Francis says “Education is an act of hope”, so this year Project Compassion celebrates the power of learning, and the many ways in which Caritas Australia is working with local partners around the world to provide vital learning and renewed hope to children, women and men most vulnerable to extreme poverty and injustice.

Throughout Project Compassion 2016, inspiring stories from Malawi, Laos, Papua New Guinea, Australia, Cambodia and India will show how education, training and sharing knowledge can empower individual communities to transform their futures and create lasting change.

All classes have a Project Compassion Box in which we encourage the students to make a donation by donating their tuck shop money, some of their pocket money or doing extra jobs to earn money that can be donated.

Project Compassion Boxes can also be collected from the church for families to make contributions during Lent.

Year 3 Family Mass
All Sacred heart Families are very welcome to join Year 3 at their Family Mass this week end at 5pm. There will also be a Sausage Sizzle after mass.

Religious Dates to Remember
17 February Year 6 Class Mass at 9:15am
20 February Year 3 Family Mass at 5pm (Saturday)
2 March Years 4 and 5 Class Mass at 9:15am
Please note the Year 5 Class mass has been rescheduled to the following week 2 March with Year 4.

Good News and Prayers
If you have any good news or if you need our prayers, please see me at school, contact me by phone.

Christine McBryde – Religious Education Coordinator

PARISH WEEKLY BULLETIN can be found here.
Swimming Carnival Results

Congratulations to the following children who received awards from the School Swimming carnival:

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<tbody>
<tr>
<td></td>
<td>Hannah S</td>
<td>Alana R</td>
<td>Myles N</td>
<td>Patrick D</td>
<td>Angela M</td>
<td>Charli M and Kira B</td>
<td>Thomas S</td>
<td>Luka M</td>
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<tr>
<td>Runner Up</td>
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<td>Champion</td>
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Champion 50m Freestyle Girls Winner: Charli M
Champion 50m Freestyle Boys Winner: Luka M

Records

- Patrick D: 10yrs 50m Freestyle
- Alana R: 10yrs 50m Freestyle
- Luka M: Open 100m Freestyle, 12yrs 50m Freestyle, Backstroke and Butterfly

Champion House: Crawford  Spirit Cup: Keenan

Peninsula Team

Congratulations to the following children who have been selected to represent our school at the Peninsula Swimming Carnival to be held Thursday 3 March at Warringah Aquatic Centre. A note will come home tomorrow indicating which events they have been chosen for and further information about the carnival.

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<tr>
<th>Name</th>
<th>Name</th>
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<tbody>
<tr>
<td>Jack M</td>
<td>Will M</td>
<td>Ryan C</td>
<td>Sophie W</td>
<td>Charlotte C</td>
</tr>
<tr>
<td>Myles N</td>
<td>William C</td>
<td>Jackson M</td>
<td>Macy B</td>
<td>Charli M</td>
</tr>
<tr>
<td>Harrison D</td>
<td>Brendan L</td>
<td>Tom D</td>
<td>Alana R</td>
<td>Kira B</td>
</tr>
<tr>
<td>Jackson Y</td>
<td>Luka M</td>
<td>Markus G</td>
<td>Hannah S</td>
<td>Julia N</td>
</tr>
<tr>
<td>Patrick D</td>
<td>Thomas S</td>
<td>Joel H</td>
<td>Gabriella M</td>
<td>Jaime Y</td>
</tr>
<tr>
<td>Harry C</td>
<td>Joel S</td>
<td>Grace D</td>
<td>Angela M</td>
<td>Sophie O</td>
</tr>
<tr>
<td>Joe C</td>
<td>Beau N</td>
<td>Molly M</td>
<td>Chantelle S</td>
<td>Chelsea S</td>
</tr>
</tbody>
</table>

Special mention to Patrick B, Hartley R, Annabel R and Cayla S who have also been selected in the team after clarifying some entry requirements.

Michele Kerr – Sports co-ordinator
**Student Achievements**

Congratulations to Charli M who has been selected to represent Polding in the PSSA Cricket – Girls Championships on 31 October 2016.

On Sunday night, Alex B was awarded the Manly Warringah Gymnastics MAG Club Spirit Award for 2015. He also received a certificate for achieving over 53 points at state competition.

Will M was awarded with coming 2nd in the state in level 4 Open. He also received a certificate for achieving over 53 points at state competition.

Congratulations boys!

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**NAPLAN 2016 Information for Parents**

In Week 3 next term students in Years 3, 5, 7 and 9 are taking part in the National Assessment Program – Literacy and Numeracy, or NAPLAN, as it is commonly known. Skills that are being tested include: reading, writing, spelling, grammar and punctuation, and numeracy. These tests are done here at school and are considered just another part of the curriculum.

It is important for you and your child to know that NAPLAN is not a pass/fail test. It simply looks at what level students are achieving in literacy and numeracy against National Standards and compared with student peers throughout Australia.

NAPLAN cannot be studied for and students are not expected to do so. The best way you can help your child prepare for NAPLAN is to let them know that it is just a routine part of their school program, and to urge them to do the best they can on the day.

Later in the year we will send parents an individual student NAPLAN report that you can use to view and monitor how your child is progressing.

From 2016, NAPLAN content will be aligned with the Australian Curriculum. The NAPLAN 2016 parent brochure can be found on our school website [here](#). If you have any concerns, please contact Mrs Wheen.

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**Parent Volunteer & Literacy Session – 1 March 2016**

**Literacy** - This session is for parents wishing to help with reading and literacy in the classroom in 2016.

**Volunteers** - All parents wishing to volunteer at school who have not previously attended a Parent Volunteer Session, are required to attend this session.

In 2016 parents will not be able to volunteer at school without a current Working with Children Declaration. This will include canteen, excursions, library, sport days, incursions and helping in classrooms. If you do not have a declaration on file, please see the school office or you can download a Parent Volunteer Declaration Form from our school website [here](#).

*Jayne Wheen – Assistant Principal*

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**SRC Members – Term 1, 2016**

**SRC Class Representatives**

<table>
<thead>
<tr>
<th>Class</th>
<th>Name 1</th>
<th>Name 2</th>
<th>Name 3</th>
<th>Name 4</th>
<th>Name 5</th>
<th>Name 6</th>
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<tbody>
<tr>
<td>KD</td>
<td>Kai R</td>
<td></td>
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<tr>
<td>KS</td>
<td>Amy H</td>
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<tr>
<td>1N</td>
<td>Archie L</td>
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<td>2R</td>
<td>Izzy A</td>
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<tr>
<td>3F</td>
<td>Chloe H</td>
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<tr>
<td>4N</td>
<td>Gemma R</td>
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<td>5B</td>
<td>Kirra N</td>
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<tr>
<td>3-6S</td>
<td>Connor L</td>
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<tr>
<td>1L</td>
<td>Olivia F</td>
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<td>2S</td>
<td>Ted E</td>
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<tr>
<td>3P</td>
<td>Jack M</td>
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</tr>
<tr>
<td>4B</td>
<td>Hayden W</td>
<td></td>
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</tr>
<tr>
<td>5N</td>
<td>Dominic N</td>
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**Forward Planner**

20 Feb - Yr 3 Family Mass + Rite of Enrolment for Sacrament of Reconciliation & Eucharist  
24 Feb - Yr 5 Class Mass (9.15am)  
24 Feb - Michael Grose Seminar “Happy Kids” (at Sacred Heart)  
03 Mar - Yr 4 Class Mass (9.15am)  
03 Mar - Peninsula Swimming Carnival  
04 Mar - Welcome BBQ  

Our school calendar can be accessed on our [school APP](https://play.google.com/store/apps/details?id=com.fraynework.dbb.shmv&hl=en) or [website](https://www.transportnsw.info/school-students) on the Significant Dates Calendar page [here](https://www.transportnsw.info/school-students). Dates are constantly being added to our calendar and should be checked regularly by parents.

**Messages from the Office**

**Sibling Enrolments – Kinder 2017** - Enrolment packs were sent home on 9 February to all families who have notified us they have a child of an age for enrolment in Kinder 2017. If you have a child due to start school next year and **DID NOT** receive an enrolment pack, please contact the school office.  

There will be a group session for sibling parents outlining the opportunities the parish and school have to offer. This meeting will be held on Tuesday evening, **24 May 2016** from 7.00 to 8.00pm in the school hall. Either one or both parents must attend as this is an integral part of the enrolment process.

**School Fees** – By now all families should have received their 2016 tax invoice by email. This was sent direct from the Catholic Schools Office. If you have not received your tax invoice, please contact the office.

**Email** - All correspondence from the school is sent home via email. If you find you not receiving our emails, your mailbox could be full or your security or junk mail settings may need changing. Please advise the school office if you change your email address.

**School APP** – Our app has had some background work on the “calendar” button which has now been forwarded to Apple and Google Play. Once you download the update, your calendar will display. Please check your [APP for the update](https://play.google.com/store/apps/details?id=com.fraynework.dbb.shmv&hl=en). Tip Sheet for the app can be found [here](https://www.transportnsw.info/school-students).

School Buses / Opal Cards - Applications for School Opal cards must be made via the online application form at [www.transportnsw.info/school-students](https://www.transportnsw.info/school-students). Forms should then be printed, signed and dropped into the school office. Forms are posted each Friday to Transport NSW. For more information on the School Opal card and the School Student Travel Scheme (SSTS) please visit Transport NSW’s website above.

**School WHS**

**School Security - Gates**

To comply with recommended best practice for school security and safety, our school gate and carpark gates are locked between the hours of 9.30am and 2.30pm on school days. Accessible pedestrian access to the school is via the gate at Kiss & Drop on Waratah Street.
Happy Birthday from all at Sacred Heart to the following students who have their birthday during the coming week:

Lily C   Indiana L   Sara A   Joseph H   Mitchell G
Jasmine S   Abby H   Felix T   Matthew P
Eva H   Ellie D   Lucas H   Nicholas B

School Awards

<table>
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<tr>
<th>KD</th>
<th>1L</th>
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<th>3F</th>
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<th>5B</th>
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<th>3-6S</th>
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<td>KS</td>
<td>1N</td>
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Canteen News

**CANTEEN ROSTER (start 9.30am - finish 1.45pm)**

<table>
<thead>
<tr>
<th>Mon 22 Feb</th>
<th>Thurs 25 Feb</th>
<th>Fri 26 Feb</th>
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<tbody>
<tr>
<td>Jackie D, Jackie B, Amber L</td>
<td>Trish B, Monique F, Keira L, Dan C</td>
<td>Michelle J, Kellie C, Melinda K, Denise C</td>
</tr>
</tbody>
</table>

Birthday Ice Blocks: A reminder that the canteen will no longer be storing store bought ice blocks for birthdays. Ice blocks will be available for purchase through the canteen and stock will be as per our school menu: fruit sticks 50c or icy twists $1.20. Also available for birthdays will be chocolate muffins (no artificial flavours or colours) at 50c each. The canteen will need two days notice. These items are only available to order direct through the canteen and not on our online system, school24.

Kay & Marie – Canteen Coordinators
Please feel free to contact us via email at: sshmv.canteen@dbb.org.au

Uniform Shop News

Opening hours:  
Monday 8.30-9.00am  
Wednesday 2.30-3.00pm  
Friday 8.30-9.00am

Winter Uniform Reminder: A reminder that children will start term 2 in their winter uniforms.

<table>
<thead>
<tr>
<th>GIRLS</th>
<th>BOYS</th>
<th>SPORTS</th>
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</table>
| • Winter tunic  
• Long sleeve shirt (Peter Pan collar)  
• Green school tie  
• Green knee high socks or tights | • Option 1: Long green trousers with white crew socks  
• Option 2: Summer green shorts with green winter knee high socks  
• Long or short sleeve shirt (winter shirt is not compulsory) | • Summer or Winter polo sports shirt  
• Options: skort, unisex shorts, fleecy tracksuit pants or microfiber tracksuit pants with white crew socks |

The uniform shop stocks all items and also has a variety of jackets and jumpers for the winter season.

Veronika & Clare – Uniform Shop Coordinators

Kiss & Drop Roster

Thank you to the volunteers on the Kiss and Drop roster. We still require additional volunteers, if you are able to assist please contact Selina Nichols on nicholsselina@gmail.com for further information.
The Hub News

Thank you Sacred Heart Families for such a big turn out to our first Hub meeting of 2016. Thank you to Mrs Garey and teachers for staying back to be introduced to the parents. The Hub will also like to give their thanks to our fantastic teachers Mrs Ngamu and Mrs Wheen for their most interesting and informative talk regarding Mathematics homework initiative being implemented in term one.

A full description of the minutes from this first Hub meeting will be uploaded to our schools website soon.

Our Parish Liaison, Alexia B, raised the need for any volunteers that might be interested in a ½ hr per week catechist role teaching at our local Public school. All training and resources will be provided. Please contact us at sacredhearthub@gmail.com and we can put you in touch with Alexia.

Our wonderful uniform shop volunteers will be stepping down at the end of the year and we are looking for replacements to train. We need to fill these positions prior to June, otherwise we will look at outsourcing the uniform shop offsite (which means less convenience and less money towards the school for donation). Please contact us at the Hub to express your interest.

Don’t forget Michael Gross is coming to Sacred Heart next week: 24 February 2016
We hope as many of you can make it as possible to hear all his incredible knowledge at our School.

Kellie Carroll - Hub Secretary - sacredhearthub@gmail.com

Diocesan Parent Council

Wednesday 24 February, 2016
7.00pm

Michael Grose is one of Australia's leading parenting educators and author of eight parenting books including, Teach your Child to Shrug and Does Your Child Learn the Hard Way? Michael appears regularly on television and radio discussing relevant issues for modern parents and professionals. Raising and teaching kids to become resilient, confident and self-sufficient is just some of the expert advice you can expect to receive from Michael! In fact he’ll even have you working towards redundancy! (as a parent that is.)

The Broken Bay Diocesan Parent Council (DPC) provides seminars and workshops each term for all parents and carers and are thrilled to be working with Michael in 2016 and having him present at Sacred Heart Primary, MONA VALE. All parents from schools across our diocese are welcome so spread the word.

To get an insight into Michaels approach to parenting or to register you interest in attending go to the DPC website to RSVP www.brokenbayparentcouncil.com.

Information from the Diocesan Parent Council can be found on their website here.

Did you know DPC are now on Social Media:
- Twitter https://twitter.com/BrokenBayDPC - Follow, retweet, mention
- Facebook ... Broken Bay Diocesan Parent Council - Like & share our page & posts
Welcome BBQ 2016

Sacred Heart Catholic School
Welcome BBQ

Friday 4 March 2016
5.00pm

Entertainment with Simon Hyland
Sausages / Drinks
Games / Stalls

BYO PICNIC RUGS / CHAIRS
Food can be purchased via school 24 or
BYO picnic
Group Leader Meeting for First Reconciliation
We will be holding our Group leader meeting for First Reconciliation this Thursday 18 February at 1.30pm and 7pm at the Sacred Heart Parish Centre. All group leaders must attend this meeting to collect all the relevant information and materials for their groups. If you are the group leader and can’t make it to either of these meetings, please send someone from your group on your behalf. The meeting will run for approximately 20 minutes.

Rite of Enrolment and First Ritual for First Reconciliation
This weekend, the 20 and 21 February we will be holding our Rite of Enrolment and First Ritual for the children preparing for First Reconciliation. This will be held at all mass times over the weekend. Children are to bring a copy of their Confirmation certificate along with them and their Sacramental journey booklets.

Mass times over the weekend are as follows:

Sacred Heart Church, Mona Vale       Saturday 5pm, Sunday 8am, 9.30am and 6pm
Maria Regina, Avalon                 Saturday 6pm and Sunday 9am

Children’s Liturgy
Children’s liturgy is offered for children aged 5 to 9 at the 5pm Mass on Saturdays (during school term) at Sacred Heart Church, Mona Vale. No registration is necessary. All children are welcome and encouraged to attend.

Volunteers are needed to help the children learn about the same scripture as the congregation or to assist with the supervision of the children. This is a great opportunity to help these eager youngsters learn the word of the Lord. If you are interested, please contact the Parish office on 9997 7311. All resources and training will be provided.

Angela Smit – Director of the Sacramental Ministry
The Catholic Parish of Pittwater ~ 02 9997 7311 (Ext 13) - www.pittwaterparish.org

BRIGHTEN AN OLDER PERSON’S DAY!
ALL YOU NEED IS AN HOUR A FORTNIGHT.
THE COMMUNITY VISITORS SCHEME
IS A PROGRAM THAT MATCHES FRIENDLY CARING VOLUNTEERS WITH OLDER RESIDENTS LIVING IN LOCAL NURSING HOMES AND HOSTELS.
YOU CAN MAKE A DIFFERENCE TO THEIR DAY BY VISITING AND SHARING A CHAT AND A CUPPA.
CALL ROSEMARY 8968 5100 ORIENTATION AND SUPPORT PROVIDED

THIS INITIATIVE IS FUNDED BY THE AUSTRALIAN GOVERNMENT DEPARTMENT OF SOCIAL SERVICES
Soul Sessions & High School Date Reminders

Sunday 13 March 2016
11am – 2.00pm
We are now enrolling students in Year 5 for Year 7, 2018. We invite your child to embrace this spirit of freshness, innovation, community and wonder.

Please visit www.matermaria.nsw.edu.au for a prospectus, Application for Enrolment or to register for a College tour.

Enrolment Applications for Year 7, 2018 close on April 6, 2016 at 4.00pm

Enrolment Applications for Year 7, 2017 have closed - waiting list applications only

Thursday 3 March 2016
4.00pm – 7.00pm
We are now enrolling students in Year 5 for Year 7, 2018.

Please visit www.stpaulsmanly.nsw.edu.au for a prospectus, Application for Enrolment or to book a College tour

Enrolment Applications for entry into Year 7, 2018 close on March 31, 2016
Soul Sessions & High School Date Reminders

Soul Sessions 2016

"Friday nights - 12th, 19th, 26th Feb - 6-6pm
Mater Maria Catholic College
Open to youth years 5-8
Forming faith with friends in a fun environment
$5 for pizza & drinks
Leaders have WWCC
www.soulflowwater.com

Launch:
Fri Feb 12, 2016

Other dates, please refer to our website.

Marist College North Shore

Expo Day
Saturday 5th March 2016, 10:00am - 2:00pm

Come and visit our staff and students and learn about
Marist College North Shore’s integrated and comprehensive
curriculum program that, for every student, promotes faith,
encourages excellence, engenders responsibility and
develops respect and dignity.

Currently accepting enrolments for Year 7, 2016
For an application: www.maristcollege.com or contact
the Registrar on 9957 5000, Applications close 24th March 2016

270 Miller St, North Sydney NSW 2060
E: northshore@maristcollege.com
T: 02 9957 5000
W: www.maristcollege.com