Dear Parents

**Term 1 Core Value:** RESPECT
**School Rule:** Respect yourself, others and the environment
**Expectation of Behaviour:** To use the internet appropriately

It can be quite refreshing when an alternative is offered to something that makes us think that we have “heard it all before”, such as:

- **On the other hand** – you have different fingers!
- **To make a long story short** – don’t tell it!
- **Latest survey shows that 3 out of 4 people** – make up 75% of the world’s population.

Considering we are now in the third week of Lent it might be time to review or renew our Lenten promise, perhaps the following might offer some new alternatives:

- **Fast from anger and hatred** – be more patient and understanding.
- **Fast from judging others** – think kindly thoughts.
- **Fast from discouragement** – be full of hope.
- **Fast from complaining** – focus on gratitude.
- **Fast from resentment or bitterness** – turn to forgiveness.

Students in Years 3 and Year 5 will sit Naplan which is a tool to see our children's progress and to see if Australia’s children are meeting literacy and numeracy standards. The Naplan tests will be conducted from 10-12 May 2016.

**Tuesday 10 May - Language Conventions**
**Wednesday 11 May - Reading**
**Thursday 12 May - Numeracy**

Sacred Heart school is supporting one of our teachers Mrs J Laxale to go to Poland for WYD World Youth Day 2016. Families are invited to assist through the purchase of raffle tickets @$2. First prize is a Hyundai car and second prize is a holiday to Europe. Tickets are due back at school on 16 March 2016.

**Communication** - There are a number of ways to access school information for parents and our school wants to ensure effective communication between parents and the school.

- School website and APP
- Twitter and Facebook
- Email
- Weekly Newsletter
- SMS
- Phone
Email is our preferred channel of communication. Staff members may be contacted by email however it is essential that parents understand that due to the nature of their work parents should not expect an immediate response. A response will be made within 72 hours.

Please do not email through change of going home plans or any matter that needs immediate attention regarding your child, these matters need to be sent to the office. The school administration is open from 8.30am-3.30pm during term time.

For urgent matters phone or visit the school office. Please note it is very difficult to ensure that students receive last minute change of home arrangements if phoned through after 2pm.

Teachers are interested in meeting with parents to discuss their child’s progress or behaviour. Appointments are necessary so that teachers can give the necessary time to parents for discussion. Appointments can be made directly with teachers via email.

Appointments with the Principal or assistant Principal can be arranged via telephone with the school office.

<table>
<thead>
<tr>
<th>CLASS</th>
<th>TEACHER</th>
<th>EMAIL</th>
</tr>
</thead>
<tbody>
<tr>
<td>KD</td>
<td>Suzy Driscoll</td>
<td><a href="mailto:suzy.driscoll@dbb.catholic.edu.au">suzy.driscoll@dbb.catholic.edu.au</a></td>
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<tr>
<td></td>
<td>Alison Thornton</td>
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<tr>
<td>KS</td>
<td>Jemma Satchell</td>
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<tr>
<td>1L</td>
<td>Jessica Laxale</td>
<td><a href="mailto:jessica.carroll@dbb.catholic.edu.au">jessica.carroll@dbb.catholic.edu.au</a></td>
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<tr>
<td>1N</td>
<td>Skye Nolan-Brown</td>
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<tr>
<td>2R</td>
<td>Sarah Russell</td>
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<tr>
<td>2S</td>
<td>Bernadette Sheehan</td>
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<tr>
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<td>Brooke Perry</td>
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<td>Fiona Ngamu</td>
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<td>Louise De Bressac</td>
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<td>Susan Rudd</td>
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<td>Melonie Harrison</td>
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<tr>
<td>Administration</td>
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<td><a href="mailto:shmv@dbb.catholic.edu.au">shmv@dbb.catholic.edu.au</a></td>
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</tbody>
</table>

Mrs Suellen Garey
PRINCIPAL

Blessed are the Merciful, for they shall receive Mercy Mt 6:7
Year of Mercy 2016

Like and follow us at: facebook.com/sacredheartmonavale
Like and follow us at: twitter.com/SHMV16
Project Compassion 2016
Generational poverty has led to many challenges in Dominic’s community in Papua New Guinea, including gender inequality, alcohol abuse and violence. Since receiving training in the Caritas Australia supported Community Conversations program, Dominic has learnt communication and problem solving skills to lead his community towards a more peaceful, prosperous future.

Please donate to Project Compassion 2016 and help empower communities in Papua New Guinea to lead their own development and create more harmonious futures. You can donate through Parish boxes and envelopes, by visiting www.caritas.org.au/projectcompassion or phoning 1800 024 413.

Bishop Peter Comensoli – Pastoral Visit
Bishop Peter Comensoli will celebrate Mass at Pittwater Parish on:

- Friday 11 March 2016, 9.15am, Maria Regina Church, Avalon
- Saturday 12 March 2016, 5pm, Sacred Heart Church followed by meet the parishioners
- Sunday 9am 13 March 2016, Maria Regina Church followed by morning tea
- 6pm (Soul) Sacred Heart Church hosted by Yr 5/6 Maria Regina School and Yr 6 Sacred Heart School followed by sausage sizzle

The Pastoral visitation is an opportunity for the Parish community to share its life and activities and provides a special opportunity for the community to reflect upon its life.

There will be an opportunity to meet with the Bishop and hear his Vision for the Parish on Saturday 12 March 2016 at 10.30am at Sacred Heart Parish Centre.

All are welcome

Religious Dates to Remember
9 March Year 2 Class Mass at 9:15am
13 March Yr 6 Soul Mass at 6pm with Maria Regina Avalon at Sacred Heart Church (Sunday)
16 March Year 1 Class Mass at 9:15
16 March Sacrament of First Reconciliation at 4:30pm and 6pm at Sacred Heart Church

Good News and Prayers
Please pray for Natasha Sljokic who is undergoing further medical treatment

If you have any good news or if you need our prayers, please see me at school, contact me by phone.

Christine McBryde – Religious Education Coordinator

PARISH WEEKLY BULLETIN can be found here.
Wellbeing Week

Next week, **Week 7**, will be **WELL-BEING WEEK** at Sacred Heart in Term 1. This will be a week where students, families and staff all take a breather in our busy lives and be kind to ourselves and each other. It should be a time where all families and friends make time for each other and reconnect.

To help families do this, there will be **NO HOMEWORK** in Week 7 for any class.

The theme for Wellbeing Week this term is:

**Easter and Acceptance**

Throughout the week students will be celebrating the lead up to Easter by participating in some fun Easter themed activities. In addition to celebrating Easter students will be focusing on Respect.

**ALL WEEK**

No homework

**WEDNESDAY**

Wear an Easter Bonnet or hat from home for a morning Easter hat parade. This is **not** a mufti day! (We ask that as a family you prepare a hat or bonnet that is themed around Easter).

**WEDNESDAY**

Respectful Relationship Groups and Friendship Lunch
Children will be grouped together into their Respectful Relationships Groups for 2016. Children will meet up with their Respectful Relationships group in an allocated classroom where they will participate in an activity about Easter and share how they celebrate Easter. They will then eat lunch with their group. (We encourage the children to bring in healthy options to share with their group).

**DURING THE WEEK**

- **Easter Bonnet parade**
- **Free choice activities** – each class will enjoy a session of free choice games and activities with their teacher.
- **Social and emotional learning in the classroom** – teachers will focus on activities suited to the need of the class.
- **Mindfulness activities**

As usual we have some fun activities planned for teachers too and encourage all teachers to also go home early next week and spend much needed quality time with their families and friends.

We hope that Wellbeing Week will provide us all with the opportunity to appreciate the important people in our lives and consider how important companionship, family and free time are in fostering good mental health.

Enjoy your week!

*KMAT ACTION TEAM*

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**School WHS**

**CPR Training and AED**

Did you know all staff at Sacred Heart undergo CPR and AED training every year? We held our refresher last week.

Sacred Heart also have an AED on site.
Little Einsteins’ Club

The Chess and Checkers club has had a great start with demonstrations and games taking place on a Wednesday lunch time. Our small Chess & Checkers sets have arrived and have been used for the past two weeks. Children interested in Chess or Checkers are very welcome, no experience is necessary!

Nine children have been registered to take part in a Science Enrichment Camp at Oxford Falls on Wednesday 30 and Thursday 31 March. Amelia S, Dominic K, Sam C, Joel P, Dominic N, Jackson M, Alex B, Connor B and Clair B will be attending this workshop to develop their high levels of curiosity in this particular area. Higher order thinking skills will be a main focus for each day.

Mrs Melonie Harrison has once again started research groups in the library. These groups will be focussing in on refining research skills and reflecting on learning taking place.

Extension writing groups have been focussing in on onomatopoeia and the use of similes to make writing more exciting. Some children were trying to combine the two crafts to create sizzling starts in their writing. In fact the Year three writing group had to be convinced to put their pens down and go and get something to eat as they were so inspired to keep going!

As mentioned previously if you know any parents that have specialised skills or knowledge in a particular interest area for example Science, Technology (Coding), Mathematics etc we would love to hear from you.

Michaela Browne - Gifted Education Coordinator

ICAS

As mentioned in our newsletter last week, Sacred Heart Mona Vale will be participating once again in the International Competitions and Assessment for Schools (ICAS).

Students in Years 3 to 6 have been invited to participate in English, Mathematics, Digital Technologies, Science, Writing, and Spelling.

Students in Year 2 have been invited to participate in English, Mathematics, Science and Spelling.

Further information on ICAS can be found on the news page of our school website here. Entry forms were emailed to all families of children in years 2-6 last week. Forms can also be found on our website here.

Closing date for entries is this Friday, 4 March 2016. Unfortunately, no late entries can be accepted.

Jayne Wheen – Assistant Principal

Vacation Care Expression of Interest

We have recently had a lot of enquiries about vacation care. If we have the interest, we are considering operating from another very local catholic school. If we join the two schools together we may have enough numbers to operate - but this is entirely dependent on numbers and will take a while to get up and running.

If you know (or even think) you may use vacation care, please contact Kylie Trabi via email monavale.oshc@dbb.org.au.
**Sports News**

**Broken Bay Winter Trials**
A reminder to students in Years 5 and 6 to return nomination forms to trial for Broken Bay Winter Sports. All information was emailed to parents of Years 5 and 6 last week, please refer to this email for information. **Nominations close this Friday, 4 March 2016.**

**Peninsula Swimming carnival**
Good luck to our swimmers who are representing our school at the Peninsula Swimming Carnival tomorrow. A few reminders for the day:

- Please arrive by 8am especially for relay swimmers and get your name marked off with Mrs Wheen or Mrs Kerr.
- We are sitting on the entrance side of the pool and the school closest to the entrance.
- Thank you to the two families who offered to timekeep but we will need more as we need two timekeepers on our lane. Ideally we need at least eight volunteers so that you are only timekeeping for about one hour. Please see Mrs Wheen on the day if you can help.
- Please wear your full sports uniform, no extra non-school clothes please and wear your school swimming cap.
- Please remember any medications that you would normally have access to at school eg Ventolin, epi pens must be brought from home.
- Remember to get your name marked off when you leave.
- Please be aware of parking restrictions at the pool, I have heard that they will enforcing the 3 hours parking.

Looking forward to a great day tomorrow, go Sacred Heart!

*Michele Kerr – Sports coordinator*

**NSW Interschools Snowsports 2016**

**CALLING ALL SKIERS AND SNOWBOARDERS!!**

**WE WANT YOU TO JOIN OUR SACRED HEART SNOWSPORTS TEAM ... THIS SEASON!**

We are back again this snow season to compete in the NSW Interschools competition. So come and join our growing snowsports team!! After growing from 4 to over 10 people last year, the snow team is an exciting and fun event to be part of. This year it is at Thredbo from 6 - 9 July (school holidays).

We are part of the “NORTHERN NSW” Competition

**Date:** 6 – 9 July 2016  
**Place:** Thredbo  
**Cost:** The cost to enter is $40 per race and $30 Rego per child

There are 3 divisions this year. Boys and girls compete separately.  
DIVISION 6 is for Kindy to year 2 | DIVISION 5 is for years 3 and 4 | DIVISION 4 is for years 5 and 6

**RACE OPTIONS**
- Ski Alpine (downhill around flags) and skier cross (a set out downhill track)
- Snowboard GS (downhill around flags) and snowboard cross
- Moguls (ski)

Accommodation is booking out quick so you will have to act soon! You will have to find your own transport and accommodation.

This event is **not** organised by Sacred Heart School.  
Please contact **Michelle Jennings (0402 265 616)** if you are interested so she can start to form the teams.
*** CHANGE OF DATE NOTIFICATION ***

Please note our Staff Development Day which was scheduled for Monday 18 July has now been brought forward to **Tuesday 14 June** (directly after the Queen’s Birthday Public Holiday). Students do not attend school on a Staff Development Day.

**Forward Planner**
- 03 Mar - Peninsula Swimming Carnival
- 04 Mar - Welcome BBQ
- 09 Mar - Yr 2 Class Mass (9.15am)
- 10 Mar - Yr 6 Peninsula Cluster Mass
- 16 Mar - Yr 1 and Yr 3 Class Mass (9.15am)

Our school calendar can be accessed on our school **APP** or **website** on the Significant Dates Calendar page [here](https://example.com). Dates are constantly being added to our calendar and should be checked regularly by parents.

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**Messages from the Office**

**APP** – The bugs have been fixed and the update is available to download! Thank you for your patience. A Tip Sheet for the app can be found [here](https://example.com). Have you noticed the “News” button on the APP? News items are drawn direct from our school website.


**2016 Social Calendars** for all year groups are currently being uploaded onto our school website as we receive them from our class parents. You can find them on the significant dates calendar page [here](https://example.com).

**Sibling Enrolments – Kinder 2017** - Enrolment packs were sent home on 9 February to all families who have notified us they have a child of an age for enrolment in Kinder 2017. If you have a child due to start school next year and **DID NOT** receive an enrolment pack, please contact the school office.

There will be a group session for sibling parents outlining the opportunities the parish and school have to offer. This meeting will be held on Tuesday evening, **24 May 2016** from 7.00 to 8.00pm in the school hall. Either one or both parents must attend as this is an integral part of the enrolment process.

**School Fees** – By now all families should have received their 2016 tax invoice by email. This was sent direct from the Catholic Schools Office. If you have not received your tax invoice, please contact the office.

Standard Instalments: First payment was due on 26 February 2016.

Monthly Instalments: Payments are due on the 15th of each month.

**Email** - All correspondence from the school is sent home via email. If you find you not receiving our emails, your mailbox could be full or your security or junk mail settings may need changing. Please advise the school office if you change your email address.

**School Buses / Opal Cards** - Applications for School Opal cards must be made via the online application form at [www.transportnsw.info/school-students](https://www.transportnsw.info/school-students). Forms should then be printed, signed and dropped into the school office. Forms are posted each Friday to Transport NSW. For more information on the School Opal card and the School Student Travel Scheme (**SSTS**) please visit Transport NSW’s website above.

Children who do not qualify for a free school Opal card can still catch a school bus provided they have a “Child Opal Card” which has credit on it (available to purchase/top up in Woolworths).
Happy Birthday

Happy Birthday from all at Sacred Heart to the following students who have their birthday during the coming week:

Nathan O      Jaime Y      Paris B
Kai K         Olivia F

School Awards

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<tr>
<th>KD</th>
<th>Isabella C, Felix T, Kai R</th>
<th>KS</th>
<th>Taylor Y, Braeden T, Chloe L</th>
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<td>Abby D, Rory M</td>
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<td>2R</td>
<td>Addison D, Tom T</td>
<td>2S</td>
<td>Marley H, Claire B</td>
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<td>Jack M, Lilieta P</td>
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<td>Ella M, Marlow M</td>
<td>4N</td>
<td>Antonio Z, Lucy M</td>
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<td>Joseph H, Isabella C</td>
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<td>6W</td>
<td>Max E, Kai K</td>
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<td>Isaac W, Alush W</td>
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Principal’s Awards:  Yrs 4 and 5 to receive awards on 4 March 2016
Core Value Award:  Hayley Portelli

Canteen News

**CANTEEN ROSTER (start 9.30am - finish 1.45pm)**

| Mon 7 Mar | Maggie H, Kylie D, Bec B |
| Thurs 10 Mar | Adele V, Jacqui C, Emma W, Kellie F |
| Fri 11 Mar | Gloria M, Kylie M, Nikki H, Tracey L, Fiona M |

Reminder:  When placing a hot or large lunch order on-line please include a second bag for any cold items, drinks, fruit etc. It can be tricky to fit everything in one bag and nicer for us to keep hot from cold.

Class changes:  May we remind all families to make sure you have updated your child’s class details for 2016 on line. It can be very time consuming to look each child’s class up and make sure lunches are not misplaced.

Celebrating Birthdays with Classmates - Options

- Cupcakes from home/shop are a great option for sharing with classmates.
- Ice blocks are available for purchase through the canteen: fruit sticks 50c or icy twists $1.20. Unfortunately we do not have space to store ice blocks purchased outside of school.
- Also available for purchase from the canteen are chocolate muffins (no artificial flavours or colours) at 50c each. The canteen will need two days notice.

Ice blocks and muffins are only available to order direct through the canteen and **not** on our online system, school24.

Kay & Marie – Canteen Coordinators
Please feel free to contact us via email at: sshmv.canteen@dbb.catholic.edu.au

Uniform Shop News

Opening hours:  Monday  8.30-9.00am  Wednesday  2.30-3.00pm  Friday  8.30-9.00am

Winter Uniform Reminder:  A reminder that children will start term 2 in their winter uniforms.

Veronica & Clare – Uniform Shop Coordinators

Kiss & Drop Roster

We are in need of more Kiss and Drop Volunteers as a number of parents have had to give up the role this year due to other commitments. If you have a free half hour before school every three weeks/once a month that you can dedicate to Kiss and Drop, your help would be most appreciated by the school community.

Please call Selina Nichols on 0416 157198 or email nicholsselina@gmail.com for further information.

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<th>Monday</th>
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<td></td>
<td></td>
<td></td>
<td>Selina N</td>
<td>Andy D</td>
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Welcome BBQ 2016

*** THIS FRIDAY ***

PERFORMANCE INFORMATION

Songs and suggested outfits for each year group are listed below. Lyrics can be found here.
Students should arrive around 5pm, and performances will commence at 5.30pm.

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<tr>
<th>Year</th>
<th>Song</th>
<th>** CLOTHING:</th>
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<tr>
<td>Kindy</td>
<td>Count on me (Bruno Mars)</td>
<td>Bright colours</td>
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<tr>
<td>Year 1</td>
<td>Beat it (Michael Jackson)</td>
<td>Pop stars OR Michael Jackson dress up</td>
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<tr>
<td>Year 2</td>
<td>Lean on me (Bill Withers)</td>
<td>Black and white</td>
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<tr>
<td>Year 3</td>
<td>Treasure (Bruno Mars)</td>
<td>70s disco</td>
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<td>Year 4</td>
<td>Counting stars (One Republic)</td>
<td>Rock stars</td>
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<tr>
<td>Year 5</td>
<td>Riptide (Vance Joy)</td>
<td>black/dark clothes with sunnies (if possible)</td>
</tr>
<tr>
<td>Year 6</td>
<td>Love yourself (Justin Bieber)</td>
<td>Pop stars</td>
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CANTEEN INFORMATION

- Online ordering has now closed.
- The canteen will be open for PRE-ORDERED food and drinks from 5.00pm and will close at 7.00pm.
- Prior to coming to the Canteen, please have your name marked off at the tables located near Year 2.
- You will be given coloured tickets depending on what meal deal you have brought.
  EXAMPLES ONLY:
  Blue = Sausage Sizzle
  Green = Drink
  Red = Gelato
- Bring tickets to canteen to redeem your food and drinks at any time. You do not need to redeem all of your items at once.

If you have any queries, please email us at sshmv.canteen@dbb.catholic.edu.au

FUNDRAISING STALLS

Year 6 students have worked very hard to put together a number of exciting stalls for everyone to enjoy on the night. Tickets for the various stalls will be 50c, $1 or $2.

Don't forget to bring your gold coins!

Year 6 Graduation

Help Needed!

The graduation team is seeking anyone who is willing to help and has the talent for graphic design and / or has contacts in the printing industry. We will collect photos for the talented design team to correlate into a booklet and slide show. The more help the better!

Please do not be shy, we would really love to have the year 6 children have a wonderful keepsake.

Please contact Bec Capell via email - bandbcapell@optusnet.com.au

Bec C, Amanda B, Lisa C, Bec M - Yr 6 Graduation Team
The Hub News

4th Annual Sacred Heart Golf Day is on!

Friday 1 April 2016 ~ Bayview Golf Club

Friday 1 April is the Sacred Heart Golf Day at Bayview Golf Club. Now in its 4th year, the day is a lot of fun and a great way to engage with our wonderful school community. Golfing ability is not required in this event. As long as you know the ball from the stick you should be fine.

The golf day will be an “Ambrose Event” which means you pick the best shot from your team of 4 to play on every shot. It’s a very forgiving form of golf where individual golfing prowess is not important. Hopefully all who have played in previous years will return this year as well as some new challengers keen for a whack.

So get a group of 4 together and sign up. If you don’t have 4 or even if it’s just you keen to play, we’ll team you up with another team. Cost is $125 per person and this includes lunch, 18 holes and carts. Please note carts are may be limited - so get in early or you could be walking!

Application forms are available on the school website here. Entries close 25 March 2016.

Lunch is from 11:30 with tee off at 12:30pm. All are welcome to what will be another great day.

Juliana Johnston – Hub President
Kellie Carroll - Hub Secretary - sacredhearthub@gmail.com

Diocesan Parent Council

Information from the Diocesan Parent Council can be found on their website here.

Did you know DPC are now on Social Media:
- Twitter https://twitter.com/BrokenBayDPC - Follow, retweet, mention
- Facebook ... Broken Bay Diocesan Parent Council - Like & share our page & posts

The Parish Pulse

Third Ritual for First Reconciliation
This weekend, 5 and 6 March we will be holding our Third Ritual for the children preparing for First Reconciliation. This will be held at all mass times over the weekend.

Mass times over the weekend are as follows:
Sacred Heart Church, Mona Vale Saturday 5pm, Sunday 8am, 9.30am and 6pm
Maria Regina, Avalon Saturday 6pm and Sunday 9am

Children’s Liturgy
Children’s liturgy is offered for children aged 5 to 9 at the 5pm Mass on Saturdays (during school term) at Sacred Heart Church, Mona Vale. No registration is necessary. All children are welcome and encouraged to attend.

Volunteers are needed to help the children learn about the same scripture as the congregation or to assist with the supervision of the children. This is a great opportunity to help these eager youngsters learn the word of the Lord. If you are interested, please contact the Parish office on 9997 7311. All resources and training will be provided.

Angela Smit – Director of the Sacramental Ministry
The Catholic Parish of Pittwater ~ 02 9997 7311 (Ext 13) - www.pittwaterparish.org
Sacred Heart Catholic Primary School
Mona Vale
Co ed K-6

Enrolling Now for 2017

Open Morning ~ Friday 18 March 2016 ~ 9-11am
9.15am ~ Principal’s Address
Soul Sessions & High School Date Reminders

Sunday 13 March 2016
11am – 2.00pm

We are now enrolling students in Year 5 for Year 7, 2018. We invite your child to embrace this spirit of freshness, innovation, community and wonder.

Please visit www.matermaria.nsw.edu.au for a prospectus, Application for Enrolment or to register for a College tour.

Enrolment Applications for Year 7, 2018 close on April 6, 2016 at 4.00pm

Enrolment Applications for Year 7, 2017 have closed - waiting list applications only

Thursday 3 March 2016
4.00pm – 7.00pm

We are now enrolling students in Year 5 for Year 7, 2018.

Please visit www.stpaulsmanly.nsw.edu.au for a prospectus, Application for Enrolment or to book a College tour

Enrolment Applications for entry into Year 7, 2018 close on March 31, 2016
Soul Sessions & High School Date Reminders

Soul Sessions 2016

Friday nights - 12th, 19th, 26th Feb - 6-8pm

Mater Maria Catholic College
Open to youth years 5-8
Forming faith with friends in a fun environment
$5 for pizza & drinks
Leaders have WWCC
www.sculptitwater.com

Launch:
Fri Feb 12, 2016
Other dates, please refer to our website.

Marist College North Shore

Expo Day
Saturday 5th March 2016, 10:00am - 2:00pm

Come and visit our staff and students and learn about Marist College North Shore’s Integrated and comprehensive curriculum program that, for every student, promotes faith, encourages excellence, engenders responsibility and develops respect and dignity.

Currently accepting enrolments for Year 7, 2018
For an application: www.maristcollege.com or contact the Registrar on 9957 5000, Applications close 24th March 2016

210 Miller St, North Sydney NSW 2060
E: northshore@maristcollege.com
T: 02 9957 5000
W: www.maristcollege.com

www.saintaug.nsw.edu.au

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