Dear Parents

It’s Wellbeing Week at Sacred Heart this week and I hope that you are taking advantage of this time to spend quality time with children, family and friends to strengthen support networks. Our Easter hat parade today was a lovely example of participating together as a community to have fun. Thank you to parents for their efforts to assist their child to be a part of this celebration. Thank you to Mrs Laxale and Mrs Nolan-Brown for the organisation of this event and to Mrs Driscoll, Mrs Thornton and Mrs Satchell for the organisation of a variety of events for staff and students throughout wellbeing week.

May you stop and see
the way light falls and rocks glow,
and may God bless you with
little, big moments that make your heart dance.

Moments when you suddenly become aware of all the overwhelming beauty and wonder and richness and love living in the middle of where you are standing already.

Moments when you gaze around understanding:
The kingdom of God is now.
(Neil Paynter)

Another wonderful event in our school community in the past week was the Welcome BBQ and Year 6 fundraising event. Thank you to the year 6 students, teachers and parents who ensured an enjoyable evening for all. The children thoroughly enjoyed their presentation of song led by Mr S Hyland and the fun stalls including the French Patisserie, face painting, hair decorating, nail painting, soccer skills shootout, lemonade, skittles, lucky dip etc etc. The takings are still to be reconciled.

Bishop Peter Comensoli will be visiting our school on Friday as part of his Parish Pastoral Visitation. He will celebrate the evening Masses in our parish over the weekend, at Sacred Heart on Saturday 5pm and Sunday 6pm.

Mrs Suellen Garey
PRINCIPAL

Blessed are the Merciful, for they shall receive Mercy  Mt 6:7

Year of Mercy 2016
First Australian Evangeline lives in a remote community that faces many ongoing challenges. She had a limited vision for her future until three years ago, when she started working at the Djilpin Arts Gumnarn Culture Centre, a community-owned venture supported by Caritas Australia. Today Evangeline is flourishing, with new skills and a passion for the preservation and promotion of her Aboriginal culture.

Please donate to Project Compassion 2016 and help First Australians in remote communities of Australia gain new skills and renewed passion to preserve and celebrate traditional culture. You can donate through Parish boxes and envelopes, by visiting www.caritas.org.au/projectcompassion or phoning 1800 024 413.

**Year 2 Fundraiser for Caritas**
Year 2 will be holding a fundraiser for Caritas on Wednesday 16 March. We are asking each child to bring in $1.25 to participate in a water relay where the children will carry buckets of water, similar to those children who live in countries who do not have running water at hand.

This small amount goes a long way for people all over the world to be able to have access to clean water. The relays will be held at school in year groups and is helping to raise awareness and funds for the thousands of children, woman and men around the world who have to cover many kilometres each day for water that is not always clean.

“Caritas Australia encourages people to take action to end poverty, promote justice and uphold dignity in order to create a more just and compassionate world” Caritas

http://www.caritas.org.au/projectcompassion/lower-primary-school-resources

**Sewing Volunteers Needed!**
We would like to make some gowns that we could use in our Liturgical Celebrations as they are very expensive to buy. I’m hoping there might be a few mums or grandmothers who can sew who would like to help us with this project. If it suits we could hold a sewing bee or you could make them from home. Please contact the office or Chris McBryde if you are able to help.

**Religious Dates to Remember**
- 13 March Yr 6 Soul Mass at 6pm with Maria Regina Avalon at Sacred Heart Church (Sunday)
- 16 March Yrs 1 and 3 Class Mass at 9:15am
- 16 March Sacrament of First Reconciliation at 4:30 and 6pm at Sacred Heart Church
- 17 March St Patrick’s Day Liturgy 9am school playground
- 24 March Holy Week Liturgy 9:15am at Sacred Heart Church

**Good News and Prayers**
Please pray for Natasha Sljokic who is undergoing further medical treatment. If you have any good news or if you need our prayers, please see me at school, contact me by phone.

Christine McBryde – Religious Education Coordinator

PARISH WEEKLY BULLETIN can be found here.
Wellbeing Week

This week at Sacred Heart Primary School we have celebrated Wellbeing Week.

Today the children enthusiastically wore their Easter Hats. It was beautiful to see happy, smiling children and their families enjoying what it means to be part of our school community. After the parade children went into their respectful relationship groups. The children watched a video on Jesus’ death and resurrection. Here is the link: https://www.youtube.com/watch?v=t2TiXMhATPg&app=desktop. Children then shared lunch.

Children who feel included have better mental health and wellbeing and are happier and more relaxed and the same goes for parents too.

- When schools and parents and carers work together, children find it easier to understand what is expected from them and are better able to manage. They have fewer behaviour problems and do better at school.
- When parents and carers are connected to school it helps them get support when they need it. Support may come from talking with teachers or other school staff, or from making connections with other parents and carers. Schools help families to connect through having lots of different activities that parents and carers can get involved in.
- Being connected to the school helps keep parents and carers informed. Parents and carers who are informed about what their children are learning at school and about opportunities to get involved are able to support them better at home.
- School is a place for adults to make new friends too!
Sports News

Peninsula Swimming Results
We had a great team of children compete at last week’s Peninsula Swimming Carnival. Our school placed 2nd overall - congratulations swimmers!

The following children were selected to compete at the Broken Bay Swimming Carnival:

Junior Girls Relay 1st  Alana R, Hannah S, Molly M and Sophie W
Senior Boys Relay 2nd  Joel S, Luka M, Thomas S and Beau N

Grace D  2nd 8 years 50m freestyle
Molly M  2nd 9 years 50m freestyle
Alana R  1st 10 years 50m freestyle, 1st 50m backstroke, 3rd 50m breaststroke, 2nd 200m IM
Hannah S  3rd 10 years 50m freestyle, 2nd 50m butterfly, 2nd 50m breaststroke, 2nd 200 IM
Luca M  2nd 12 years 50m freestyle, 3rd 50m backstroke, 3rd 50m breaststroke
Patrick D  1st 10 years 50m backstroke, 2nd 200 IM
Angela M  2nd 11 years butterfly
Thomas S  2nd 12 years butterfly


Thank you to all the parents for supporting the swimmers and helping with timekeeping during the day. Special thanks to Kris Monnock who carried out our water safety duty.

It was a quick turnaround for our swimmers as they competed in the Broken Bay swimming carnival last night.

Broken Bay Swimming Carnival
Last night an excited bunch of Sacred Heart swimmers travelled to the Central Coast to represent Peninsula in the Broken Bay Swimming Carnival. For many it was their first time at this level of competition and I congratulate them for swimming their best on the night.

Congratulations to Alana R who was 3rd in the 10 years freestyle, this means she will now represent Broken Bay at the Polding Carnival at the end of this month. Great effort Alana!

Well done to the Junior Girls relay team (Hannah S, Alana R, Molly M, and Sophie W) who placed 3rd, Grace D came 4th in 8 years 50m Freestyle, Patrick D came 5th in the 200m IM, Alana R 5th in 50m Backstroke, Hannah S came 4th in the 10 years Butterfly and the boys relay team (Luka M, Joel S, Thomas S and Beau N) 4th place.

PSSA Diving Championships
Kira B and William M are competing in the PSSA Diving Championships for Polding on Wednesday 6 April 2016 at Homebush. Good Luck!

Michele Kerr – Sports coordinator
Little Einsteins' Club

Our chess and checkers club is becoming more popular each Wednesday lunch time with rules, strategy and tactics being learnt each week. We would love to see some more children from the upper grades coming along and having a game. All grades are welcome!

In our writing groups this week we discussed personification and imagery as writer's craft. The children were very excited to continue on with simile and many children had a try at including metaphors in their writing.

Next week we will begin a Year Five group that will focus on using a William's Model to encourage critical thinking whilst researching a topic of interest. Stay tuned for more information regarding this topic.

Once again if you have a skill or interest in a particular area such as Science, Mathematics etc, I'd love to hear from you.

Michaela Browne - Gifted Education Coordinator

Sacred Heart App Update

Have you updated your “settings” on the APP to reflect the grades your child/ren are in this year? There is also a new “testing” option in settings which you can de-select to avoid “test” notifications (see image below).

A Tip Sheet for the app can be found here.


At a glance:

Notifications button..............Instant notifications for parents/staff
Social button....................Direct link to our Facebook and Twitter feeds
News button....................News items from our school website
Publications button.............Weekly newsletters on your mobile device
Calendar button....................Direct link to the Significant Dates Calendar of our website
Website button....................Direct link to our school website
Contact button....................Phone and email contact for school
Settings button....................Select the year group for your children - You are able to turn on/off the categories of push notifications you wish to receive in Settings. We recommend parents turn on notifications for General and the year group for your child/ren. We recommend staff turn on notifications for General, Staff and the year group you teach. To avoid “test notifications” when the app has an upgrade which needs testing, turn off Testing.
Parents with Optus email addresses - please note that some (but not all) emails from school are currently being directed to the SPAM folder in “Webmail” by Optus. This is a spam filter prior to emails reaching your Outlook inbox or junk folder. If you have not been receiving emails (particularly newsletters over the past two weeks), please check your webmail settings or contact Optus for assistance.

Forward Planner

- 10 Mar - Yr 6 Peninsula Cluster Mass
- 13 Mar - Yr 6 Soul Mass (at Sacred Heart with Maria Regina joining)
- 15 Mar - Yr 1 Excursion – Paddock to Plate
- 16 Mar - Yr 1 and Yr 3 Class Mass (9.15am)
- 16 Mar - Yr 2 Caritas Fundraiser
- 16 Mar - Sacrament of First Reconciliation (4.30pm & 6pm SHMV Church)
- 17 Mar - St Patrick’s Day
- 18 Mar - Open Morning – New Families & Kinder 2017 (9-11am)

*** CHANGE OF DATE NOTIFICATION ***

Please note our Staff Development Day which was scheduled for Monday 18 July has now been brought forward to Tuesday 14 June 2016 (directly after the Queen’s Birthday Public Holiday).

Our full school calendar and social calendars can be accessed on our school APP or website on the Significant Dates Calendar page here. Dates are constantly being added to our calendar and should be checked regularly by parents.

Our school newsletter is published on the school website and APP every Wednesday afternoon.

Messages from the Office

Sibling Enrolments – Kinder 2017 - Enrolment packs were sent home on 9 February to all families who have notified us they have a child of an age for enrolment in Kinder 2017. If you have a child due to start school next year and DID NOT receive an enrolment pack, please contact the school office.

Enrolment Applications must be received by the school office by Tuesday 31 May 2016 to be considered for enrolment in 2017. If possible, we would like sibling enrolments returned prior to the April school holidays.

There will be a group session for sibling parents outlining the opportunities the parish and school have to offer. This meeting will be held on Tuesday evening, 24 May 2016 from 7.00 to 8.00pm in the school hall. Either one or both parents must attend as this is an integral part of the enrolment process.

School Fees – All families should have received their 2016 tax invoice by email. This was sent direct from the Catholic Schools Office. If you have not received your tax invoice, please contact the office.

Standard Instalments: First payment was due on 26 February 2016.

Monthly Instalments: Payments are due on the 15th of each month.

Email - All correspondence from the school is sent home via email. If you find you not receiving our emails, your mailbox could be full or your security or junk mail settings may need changing. Please advise the school office if you change your email address.

School Buses / Opal Cards - Applications for School Opal cards must be made via the online application form at www.transportnsw.info/school-students. Forms should then be printed, signed and dropped into the school office. Forms are posted each Friday to Transport NSW. For more information on the School Opal card and the School Student Travel Scheme (SSTS) please visit Transport NSW’s website above. All enquiries regarding Opal cards should be directed to Transport NSW.

Children who do not qualify for a free school Opal card can still catch a school bus provided they have a “Child Opal Card” which has credit on it (available to purchase/top up in Woolworths).
Happy Birthday

Happy Birthday from all at Sacred Heart to the following students who have their birthday during the coming week:

Taylor Y  Amy H  Sienna B  Mia B  
Shantelle G  Amelia L  Alana R  

School Awards

<table>
<thead>
<tr>
<th>Grade</th>
<th>Name</th>
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<tbody>
<tr>
<td>KD</td>
<td>Leira W, Piper L, Eaton B</td>
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<tr>
<td>1L</td>
<td>Jack S, Matilda L</td>
</tr>
<tr>
<td>2R</td>
<td>Luke O, Sara A</td>
</tr>
<tr>
<td>3F</td>
<td>Sumner PJ, Thomas B</td>
</tr>
<tr>
<td>4B</td>
<td>Joe C, Sarah C</td>
</tr>
<tr>
<td>5B</td>
<td>Ella T, Sophie O</td>
</tr>
<tr>
<td>6D</td>
<td>Mia Z, Luka M</td>
</tr>
<tr>
<td>3-6S</td>
<td>Isaac W, Fergus H</td>
</tr>
</tbody>
</table>

Principal’s Awards: Macee R and Lucy M (Yr 4), Joseph H and Alessia M (Yr 5)  
Core Value Award: Lachlan C, Daniel S, Mia S  

Canteen News

Canteen Roster (start 9.30am - finish 1.45pm)

<table>
<thead>
<tr>
<th>Day</th>
<th>Monday 14 Mar</th>
<th>Thursday 17 Mar</th>
<th>Friday 18 Mar</th>
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Reminder: Thank you to all the families who have updated their class details on school 24 for 2016. We are still waiting on many more and kindly ask that this be actioned asap in order for lunches to be sent out correctly.

Kay & Marie – Canteen Coordinators
Please feel free to contact us via email at: sshmv.canteen@dwb.catholic.edu.au

Uniform Shop News

Opening hours: Monday 8.30-9.00am  Wednesday 2.30-3.00pm  Friday 8.30-9.00am  

Winter Uniform Reminder: Children will start term 2 in their winter uniforms.

Veronika & Clare – Uniform Shop Coordinators

Kiss & Drop Roster

Thank you to all our fantastic Kiss and Drop volunteers. We are on the look-out for new volunteers for next term. So if you can help in this rewarding role please contact Selina Nichols on nicholsselina@gmail.com

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<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
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<tbody>
<tr>
<td>Mar 14</td>
<td>Kellie C</td>
<td>Mar 15</td>
<td>Mar 10</td>
<td>Mar 11</td>
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<td></td>
<td></td>
<td>Rebecca M</td>
<td>Melanie H</td>
<td>Jo B</td>
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<td>21 Mar</td>
<td>Anna R</td>
<td>22 Mar</td>
<td>23 Mar</td>
<td>24 Mar</td>
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<td></td>
<td></td>
<td>Karen L</td>
<td>Melinda B &amp; Lynette S</td>
<td>Karen C</td>
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<td>28 Mar</td>
<td>Easter Monday</td>
<td>29 Mar</td>
<td>30 Mar</td>
<td>31 Mar</td>
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<td></td>
<td></td>
<td>Leonie S</td>
<td>Melinda B &amp; Lynette S</td>
<td>Lucy B</td>
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<td>4 Apr</td>
<td>Linda M</td>
<td>5 Apr</td>
<td>6 Apr</td>
<td>7 Apr</td>
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<td></td>
<td></td>
<td>Virpi T</td>
<td>Melinda B &amp; Lynette S</td>
<td>Selina N</td>
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<td></td>
<td>8 Apr</td>
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<td>Vacant</td>
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</table>
What a wonderful welcome picnic at Sacred Heart on Friday evening. Thank you to all those involved in organising this fun event. Absolutely everyone enjoyed all the performances the children gave. Such a great way to kick off the school year and for families to gather.

Please see the date savers below and give your support to some upcoming 2016 events. If you have any items that you would like to forward to the Hub Committee please email sacredhearthub@gmail.com

Juliana Johnston – Hub President
Kellie Carroll - Hub Secretary

*** SAVE THE DATE ***
4TH Annual Sacred Heart Golf Day ~ Friday 1 April 2016, Bayview Golf Course

Friday 1 April is the Sacred Heart Golf Day at Bayview Golf Club. Now in its 4th year, the day is a lot of fun and great way to engage with our wonderful school community. Golfing ability is not required in this event. As long as you know the ball from the stick you should be fine.

The golf day will be an “Ambrose Event” which means you pick the best shot from your team of 4 to play on every shot. It’s a very forgiving form of golf where individual golfing prowess is not important. Hopefully all who have played in previous years will return this year as well as some new challengers keen for a whack.

So get a group of 4 together and sign up. If you don’t have 4 or even if it’s just you keen to play, we’ll team you up with another team. Cost is $125 per person and this includes lunch, 18 holes and carts. Please note carts are may be limited - so get in early or you could be walking! Lunch is from 11:30 with tee off at 12:30pm. All are welcome to what will be another great day.

Application forms are available on the school website here. Entries close 25 March 2016.

Diocesan Parent Council

Information from the Diocesan Parent Council can be found on their website here. Did you know DPC are now on Social Media:

- Twitter https://twitter.com/BrokenBayDPC - Follow, retweet, mention
- Facebook ... Broken Bay Diocesan Parent Council - Like & share our page & posts

CatholicCare Before & After School Care

Vacation Care Expression of Interest
We have recently had a lot of enquiries about vacation care. If we have the interest, we are considering operating from another very local catholic school. If we join the two schools together we may have enough numbers to operate - but this is entirely dependent on numbers and will take a while to get up and running.

If you know (or even think) you may use vacation care, please contact Kylie Trabi via email monavale.oshc@dbb.org.au.

Kylie Trabi – Mona Vale OSHC Coordinator
The Parish Pulse

First Reconciliation Rehearsals
A friendly reminder that we are meeting for the rehearsal for First Reconciliation on either Thursday 10 March 2016 at Maria Regina Church, Avalon or Friday 11 March 2016 at Sacred Heart Church, Mona Vale between 5pm and 5.30pm. If you could please arrive anywhere between 5pm and not later than 5.30pm. Please remember to bring along your bookmark and the Celebration of the Sacrament of Reconciliation card.

Fourth Ritual for First Reconciliation
This weekend, 12 and 13 March we will be holding our Fourth Ritual for the children preparing for First Reconciliation. This will be held at all mass times over the weekend.

Mass times over the weekend are as follows:
Sacred Heart Church, Mona Vale Saturday 5pm, Sunday 8am, 9.30am and 6pm
Maria Regina, Avalon Saturday 6pm and Sunday 9am

Bishop Peter Comensoli Pastoral Visitation
Bishop Peter Comensoli will celebrate Mass at Pittwater Parish on:

- Friday 11 March 2016, 9.15am, Maria Regina Church, Avalon
- Saturday 12 March 2016, 5pm, Sacred Heart Church followed by meet the parishioners
- Sunday 13 March 2016, Maria Regina Church followed by morning tea
- 6pm (Soul) Sacred Heart Church hosted by Yr 5/6 Maria Regina School and Yr 6 Sacred Heart School followed by sausage sizzle

The Pastoral visitation is an opportunity for the Parish community to share its life and activities and provides a special opportunity for the community to reflect upon its life.

There will be an opportunity to meet with the Bishop and hear his Vision for the Parish on Saturday 12 March 2016 at 10.30am at Sacred Heart Parish Centre.

Angela Smit – Director of the Sacramental Ministry
The Catholic Parish of Pittwater ~ 02 9997 7311 (Ext 13) - www.pittwaterparish.org

School WHS

Head Lice
Do you know the life cycle of head lice? If your child has head lice, it is recommended that hair be checked each day for three weeks following infestation, to break the cycle. Please advise the school office and a general email will be sent to your child’s grade requesting all parents check their child’s hair (no students identified).
Sacred Heart Catholic Primary School
Mona Vale
Co ed K-6

Enrolling Now for 2017

Open Morning ~ Friday 18 March 2016 ~ 9-11am
9.15am ~ Principal’s Address

Cnr Waratah & Keenan Streets, Mona Vale NSW 2103
T: 02 9999 3264 • F: 02 9979 8803
W: www.shmvdbb.catholic.edu.au • E: shmv@dbb.catholic.edu.au
Soul Sessions & High School Date Reminders

Sunday 13 March 2016
11am – 2.00pm

We are now enrolling students in Year 5 for Year 7, 2018. We invite your child to embrace this spirit of freshness, innovation, community and wonder.

Please visit www.matermaria.nsw.edu.au for a prospectus, Application for Enrolment or to register for a College tour.

Enrolment Applications for Year 7, 2018 close on April 6, 2016 at 4.00pm

Enrolment Applications for Year 7, 2017 have closed - waiting list applications only