Dear Parents

Pentecost is the Church’s birthday, the day it was gifted with the presence of God through the Holy Spirit. It was the day the Church was given life.

Thomas Merton offers us this image when he writes, “God is the lead dancer and the soul is the partner completely attuned to the rhythm and patterns set by the lead dancer. The soul does not lead but neither does she hang limp like a bag of potatoes.”

“In the parable of the wild goose we find our goose leaving the flying formation to search for food. By good fortune, it found a barnyard filled with good food; it ate and, when full, fell asleep. When it awoke, it heard the sound of geese honking from above. The sound stirred his spirit but the comfort and plenty of the barnyard kept him there.

The next day he heard the birds in flight; the stirring was there but fainter; again he resisted the calling of his spirit and stayed. A week or so later the birds flew by in “V” formation honking their call in flight; the wild goose felt nothing.

Perhaps the parable is suggesting that our comfortable lifestyle has distracted us from the call of the Holy Spirit within us. Maybe we have failed to listen for so long that we feel nothing. However, the Spirit is still calling us to activate that potential for being Christ to others, that is beneath the surface of our life in our hearts and minds.”

Adapted from Kierkegood.

For most people their birthday offers the opportunity to have a think about their life over the past year and maybe set out a few achievement objectives for the coming year. Pentecost, the Church’s birthday, could be a like time to have a look at how our life is going spiritually, that is, how the Spirit is active in our life. If we see a “wild goose in a barnyard”, then what will we do about it?

“Spirit of God within us, we ask You to help identify the gifts that You have given separately to each of us. Help us to celebrate these gifts and to make positive use of them in our daily activities. Amen.”

Congratulations to our children who were confirmed with the Holy Spirit on Saturday.

Coming to you from Dubbo! I am attending Australian Catholic Schools Principals Conference and enjoying learning from keynote speakers on “Leading for New Horizons”, What does great learning look like for C21st learners” and “What defines a World Class Education” exciting and interesting topics.

Sip n Sip no 2 with the Principal is planned for Friday 29th May. The focus of our second Sip n Sip will be Mathematics. Once again we will commence in the library with a cuppa and explanation of the Learning and Teaching School Improvement Plan. Parents will be taught how to play specific games then parents will visit some classrooms to see the SIP in action.
Congratulations to the Sacred Heart children who participated at the Broken Bay Cross Country on Tuesday. Please see the wonderful results in the sports section of this newsletter.

Walk of Joy … Saturday 23 May. What a lovely way to spend a Saturday morning with your family doing a walk from Avalon to Mona Vale from church to church. On arrival at Sacred Heart a lovely breakfast awaits. Please go to parish website for more information and to register.

Our PBL and Kidsmatter teams met last week and decided to form together as the “Wellbeing Team”. The teams had similar agenda items and all agreed the two could come under the one umbrella of WELLBEING. The Wellbeing team will meet twice a term and members are from both the parent body and staff. The team will continue to drive initiatives for Pastoral Care, Kidsmatter, PBL and wellbeing for students, staff and families at Sacred Heart.

Happy Birthday to Fr George!

*Mrs Suellen Garey*  
**PRINCIPAL**

**Forward Planner**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>20 May</td>
<td>P&amp;F Meeting (7.30pm)</td>
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<tr>
<td>20 May</td>
<td>East Timor Independence Day</td>
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<tr>
<td>22 May</td>
<td>Mufti Day to celebrate East Timor</td>
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<tr>
<td>24 May</td>
<td>Pentecost Sunday</td>
</tr>
<tr>
<td>26 May</td>
<td>Parent Information Evening – Kinder 2016 Sibling Parents (7.00pm)</td>
</tr>
<tr>
<td>27 May</td>
<td>Yr 3 Class Mass (9.15am)</td>
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</tbody>
</table>

Our full school calendar can be accessed on our school APP or on the school website on the Significant Dates page: [here](#)

<table>
<thead>
<tr>
<th>Positive Behaviour For Learning</th>
<th>Respectful Relationships</th>
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<tbody>
<tr>
<td>Our PBL focus for this week is:</td>
<td>Our Respectful Relationships focus for this week is:</td>
</tr>
<tr>
<td><em>BE INCLUSIVE AND PLAY BY THE AGREED RULES</em></td>
<td><em>JOIN IN WITH OTHERS</em></td>
</tr>
</tbody>
</table>

**Sports News**

**Broken Bay Cross Country**

Yesterday 19 children represented Peninsula at Broken Bay Cross Country. Conditions were perfect at Galston and the competition was strong. We had some outstanding results:

- Luka M 1st 11yrs boys
- Chelsea S 2nd 10 yrs girls
- Roxy B 2nd 12yrs girls
- Zoey M 3rd 12yrs girls

Congratulations to these students who will now represent Broken Bay at the Polding carnival in June. Thank you to all the parents who helped with transport and were great supporters of our runners.

*Michele Kerr - Sport coordinator*
In the spirit of Pope Francis’ joyful and action-oriented pastoral approach, here are two ways to live the Joy of the Gospel
1. Pick up the phone and speak some encouraging words to someone who could really use them.
2. This week, greet others with stronger handshakes, warmer hugs, more welcoming words.

Walk of Joy
Pittwater Parish is celebrating the Year of Joy with a “Walk of Joy” on Saturday the 23rd May. The walk is 8.3 kms and will begin at Maria Regina Church and finish at Sacred Heart Church. Breakfast will be served at Sacred Heart at the conclusion of the walk. Everyone is welcome to participate. Participants can meet at Maria Regina Church at 7am for a 7:30 start. Breakfast will be $10 for adults and $5 for children. See flyer at end of this newsletter.

East Timor Independence Day
On the 22 May Sacred Heart will be celebrating East Timor Independence Day. We are asking everyone to bring in a gold coin donation and to wear the colours of East Timor which are red, black and yellow.

We are going to have a special visitor from East Timor. Her name is Sister Lourdes.
At morning tea the Minnie Vinnies team will be holding a stall where you can purchase franklets/anklets made by year 4 and year 6 and also items made in East Timor. The costs of the items will range from 50c to $5.00.

Written by Maya L and Laura G on behalf of the Minnie Vinnies Team

Confirmation
Congratulations to all of our students who made their Confirmation last Saturday. A big thank you to all the parents who committed to preparing their children for this special day and to Angela Smit who is our Sacramental Coordinator.

Lacey C
Cruz D
Lilian H
Ethan H
Indiana L
James M
Lilie P
Elle S
Flynn S
Samantha W
Cowen A
Conor B
Hannah B
Macy B
Thompson B
Albie B
Henry B
Niamh B
Georgie C
Elena C
Tristan C
Ewan C
Taine C
Harrison D
Sasha E
Austin E
Arianna F
Kailani F
Eliza G
Mitchell G

Thomas G
Chloe H
Greta H
Olivia J
Eliza K
Beau L
Amelia L
Molly M
Finlay M
Jack M
Anabella N
Myles N
Illuka O
William P
Hayley P
Imogen P

Luke S
Molly S
Carissa S
Felicity T
Lucinda T
Walter T
Lily W
Eden W
Jackson T

Religious Dates to Remember
Wed 27 May Yr 3 Class Mass at 9:15 Sacred Heart Church
Wed 3 Jun Yr 4 Class Mass at 9:15 Sacred Heart Church
Friday 12 Jun Whole School Mass at 9:15 Sacred Heart Church, Feast of Sacred Heart

Good News of the week and Prayers
Please keep Ezekiel G in your prayers who is recovering from a broken leg.
If you have any Good News or if you need our prayers, please see me at school, contact me by phone.

PARISH WEEKLY BULLETIN can be found here.

Christine McBryde – Religious Education Coordinator
Assessment and Reporting at Sacred Heart

Last week the children in Years 3 and 5 sat a series of tests known as NAPLAN (National Assessment Program – Literacy and Numeracy). The results of these assessments aim to provide diagnostic information for parents and teachers about each student’s performance in Literacy and Numeracy.

At Sacred Heart we use the NAPLAN data to help teachers identify students who require greater challenges or additional support and to identify strengths and weaknesses in teaching programs and to set goals in literacy and numeracy.

Throughout the year, our students undertake a wide range of assessments which enable us to build a strong profile of their learning needs and strengths. NAPLAN is designed to provide one of the measures of a child’s progress.

This Term you will receive your child’s report via email on Friday 29th May. Interviews will follow this date in Week 9 depending on the teacher’s availability in this time period. You will be able to book your Parent/Teacher Interviews online. Access to the website and instructions will be included in next week’s newsletter. We will be opening the website on Monday 1st June.

According to Parent educator Michael Grose reports can mean anxious times for children. Will my parents be disappointed or proud? This is the main concern of most children. Kids of all ages take their cues from their parents, so your reaction to their school report can affect the way they see themselves as learners and as people.

1. Are your expectations for your son or daughter realistic and in line with their ability?
2. Do you hold the belief that children learn at different rates?
3. Are you willing to safeguard your child’s self-esteem rather than deflate it?

It is important to focus on your child’s strengths and take into account your child’s effort and attitude to learning. Your child’s teacher and school work in partnership with you to equip your child with the academic, social and emotional skills that can help them throughout their lives. Our Parent/Teacher interviews are an important part of the communication required to ensure your child’s success.

Next Week I will provide some helpful information on interpreting your child’s report, looking closely at the A-E grades.

Jayne Wheen - Assistant Principal

Pastoral Care and Wellbeing

Wellbeing Team
This Term we have decided to combine our PBL (Positive Behaviour for Learning) Team and our Kidsmatter team to form a Wellbeing Team. The Wellbeing Team meets twice a term to look at behavioural data and issues surrounding behaviour and the mental health and welling of the children in our school.

Parent Resources
We have a variety of parent resources available for borrowing in the library. These include those that address parental strategies or information in regards to the emotional, social and mental wellbeing of children.

School Website
The school website has a variety of great website resources regarding children’s mental health and wellbeing. Please have a look at the Kidsmatter page on our Website via the Student Wellbeing page:

Miss Perry - Pastoral Care Co-ordinator
Hi there Garden Guardians!

Welcome back for term 2! The garden is looking fantastic! Our Winter vegies are planted, carrots, radish, spinach and rocket, along with a variety of herbs such as parsley, rosemary, basil and mint.

Thanks to all who have come along this term, especially the many new kindy students.

A special thanks to Sophie O, Alice T and Hayley P for their consistent commitment to our garden each week.

Happy Gardening - Jane Lhuede

Happy Birthday

Happy Birthday from all at Sacred Heart to the following students who celebrate a birthday during the coming week (and last week):

Ariela P  Carissa S  Cameron L  Beau N  Gemma R  Presley F  Thomas M

School Awards

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<thead>
<tr>
<th>KE</th>
<th>School</th>
<th>Students</th>
<th>KP</th>
<th>School</th>
<th>Students</th>
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<tbody>
<tr>
<td></td>
<td>1F</td>
<td>Marley H, Izzy A</td>
<td>1D</td>
<td>Charlotte, Matthew P</td>
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<tr>
<td></td>
<td>2D</td>
<td>Eliza G, Walter T, Austin D</td>
<td>2B</td>
<td>Amelia L, Macy B, Flynn S</td>
<td></td>
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<tr>
<td></td>
<td>3R</td>
<td>Charlotte M, Baxter W</td>
<td>3C</td>
<td>Roxanne R, Harry W</td>
<td></td>
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<tr>
<td></td>
<td>4B</td>
<td>Chelsea S, James B</td>
<td>4N</td>
<td>Kirra N, William M</td>
<td></td>
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<tr>
<td></td>
<td>5N</td>
<td>Mia Z, Anthony C, Georgia J</td>
<td>5S</td>
<td>Alice R, Abby H, Maya K</td>
<td></td>
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<tr>
<td></td>
<td>6F</td>
<td>Brock D, Jessica S</td>
<td>6W</td>
<td>Charlotte S, Thomas O</td>
<td></td>
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<tr>
<td></td>
<td>3-6S</td>
<td>Jack W, Matthew H</td>
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Principal’s Awards: Tom D (4N)

Canteen News

Canteen Roster (start 9.30am - finish 1.45pm)

<table>
<thead>
<tr>
<th>Day</th>
<th>Volunteers</th>
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</thead>
<tbody>
<tr>
<td>Mon 25 May</td>
<td>Jackie B, Michelle H, Marlos K, Alexia B</td>
</tr>
<tr>
<td>Thur 28 May</td>
<td>Yvette death, Belinda Y, Sjaan S, Janelle O</td>
</tr>
<tr>
<td>Fri 29 May</td>
<td>Melinda K, Keira L, Vanessa S, Caroline R</td>
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Kay & Marie – Canteen Coordinators

Kiss & Drop Morning Roster

Thank you to the volunteers on the Kiss and Drop roster. If you can fill one of the vacant spots please contact Selina Nichols on nicholsselina@gmail.com

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<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
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<tr>
<td>18 May</td>
<td>19 May</td>
<td>20 May</td>
<td>21 May</td>
<td>22 May</td>
</tr>
<tr>
<td>Selina N</td>
<td>Leonie S</td>
<td>Eloise C</td>
<td>Lisa P</td>
<td>Karen C</td>
</tr>
<tr>
<td>25 May</td>
<td>26 May</td>
<td>27 May</td>
<td>28 May</td>
<td>29 May</td>
</tr>
<tr>
<td>Kellie C</td>
<td>Karen L</td>
<td>Virpi T</td>
<td>Shanna C</td>
<td>Lisa D</td>
</tr>
</tbody>
</table>
Year 3 Excursion Recount – West Head

On the 8th May Year 3 went on an excursion to West Head.

First we caught the bus to West Head lookout. (It was a very windy road). As soon as we got there we had fruit break. Then we moved on and looked at what the Aboriginals could eat and cover themselves with. We all started to get hungry so we stopped to have recess Mr Ella (our tour guide) showed us what the emu is from the lookout to Palm Beach. The light house is the head, Palm Beach is the neck and the part below that is the body.

When we finished our recess we went for a long bush walk. We saw a very big cave that had a few red hand prints on it. These were over 1000 years old and were a sign of welcoming.

After that we walked to the toilets and the bus picked us up and took us to another track. We walked for a little while to the aboriginal engravings.

We had a talk about when you see a person who has their arms out it means two things: it is a welcome and also wherever the hands are pointing it leads to another engraving site.

We learnt so many different and interesting things about the Aboriginal way of life. We loved the excursion!

Erin S and Hannah S 3R

Parent to Parent

Please see the DPC website for more information on parenting seminars being offered this term. The full flyer for “Growing Up Online” can be found at the back of this newsletter.

You can visit the Diocesan Parent Council website here.
P&F News

The P&F meeting is tonight 7.30pm in the library with guest speaker Carmel Hewitt presenting on ‘Ages & Stages’. Carmel is from the Catholic Schools Office and will be talking about the different stages of emotional and social development children go through, brain development and learning and how to develop your child’s social and emotional skills. This promises to be a very informative night with a topic relevant to all of us. Be one of the first to hear the announcement of our new name and listen to our goals.

Please return money from the chocolate drive to the office as soon as you can, I know quite a number of you have already sold a box.

Have a look at the fabulous artwork to be auctioned on the next few pages!

Lynette Suchanek – P&F Secretary - shpandf@gmail.com

Year 5: Dragonflies
Year 6: Feathers
Kinder: Duck Duck Goose
Year 1: Starfish
Community Notices

Walk of Joy at Pentecost
23 May 2015

Church 2 Church

Celebrate Pentecost with our communities with the Walk of Joy, 8.3km starting at Maria Regina Church and finishing with a hearty breakfast at Sacred Heart Church. Meet other parishioners, take in the beauty of our beaches and with a little bit of luck our native wildlife.

Saturday 23rd May 2015,
Arrive at 7am • Start at 7.30am from Maria Regina Church. End at Sacred Heart Church for a hearty breakfast • Children under 16 must be accompanied by an adult
Cost: $5 (under 16years)
$10 adults
$10 breakfast only (if you are not keen for the walk, you can still register to join us for the breakfast.
Register at www.trybooking.com/134721 or at the Parish Office.

Closing date: Thursday 21 May 2015
Volunteers needed for the day please contact the Parish Office 9997 7311 if you are able to help.

Please pack a small backpack, water, hat, sunscreen and good walking shoes.
Organise transport back to Avalon if needed. (1.90 from Barrenjoey Road Mona Vale to Avalon.)
Community Notices

FREE Seminar for YEAR 5 & 6 Parents & Carers

What Susan doesn’t know about Cybersafety is not worth knowing! She is absolutely brilliant and her presentations are dynamic and entertaining.

Dr Michael Carr-Gregg

Growing up Online:

An informative & entertaining session delivered with Susan’s famous ‘no nonsense’ approach will cover the positive benefits of technology as well as what ALL adults need to be aware of including:

- What are kids doing online? All the latest popular sites & APPS;
- Online Grooming – Warning signs & what to do if you suspect;
- Cyberbullying - What it looks like & how to prevent;
- ‘Sexting’ – the REAL consequences;
- Staying safe online via parental controls and restriction codes;
- Learn the lingo ... the language of cyberspace.

Susan will show you how to be confident in setting rules and boundaries around internet use in the home. It’s OK to say NO!

Thursday
18 JUNE
7.30 pm

Mater Maria Catholic College
5 Forest Road, Warriewood

RSVP: DPC Website www.brokenbayparentcouncil.com

Proudly presented by the Diocesan Parent Council (DPC) in conjunction with Broken Bay Peninsula & North Shore Cluster Schools
Community Notices

Mater Maria Festival - Friday May 29, 2015 1.00pm-7.00pm
Please join us for the Mater Maria Festival which is scheduled for Friday May 29 from 1.00pm to 7.00pm at the College (5 Forest Road, Warriewood). All are welcome! This will be an afternoon and evening to enjoy international foods, rides, performances by our musicians and dramatists and to pick up some bargains at a heap of stalls. Eat, drink and be merry! For further information please visit www.matermaria.nsw.edu.au