Dear Parents

Today we welcomed many, many Grandparents/friends to Sacred Heart Catholic School and had the opportunity to affirm them and thank them for being a part of their grandchildren’s lives.

Grandparents are of unique importance in family life and here at Sacred Heart we are especially blessed to have these wonderful people who share their faith through the generations. They provide children with a stability and a sense of identity and continuity as they share their wisdom and experiences of life.

Thank you to Mrs McBryde and Fr George, Samantha, Josh, altar servers and helpers who prepared a beautiful Mass. The Irish Blessing left many with a tear in their eye!

Thank you to Mrs McFadden for preparing the School Band and choir to entertain the large group of grandparents who assembled in the hall. The School Band is going from strength to strength.

Thank you to the teachers who prepared their classrooms to share the students’ learning. Grandparents especially loved receiving personalised letters, paintings and bookmarks.

Thank you to the parents who baked and/or donated a delicious morning tea, who poured tea, who set up and cleared up, it was most appreciated.

Finally thank you to Mrs J Wheen, Mrs K Andrews and Mrs C Bartlett for their valuable assistance in all things including extension cords, ribbons, lists and one hundred other requests, all the little things that need to be coordinated to make the day a success.

Staff News:
Mrs L De, class teacher for Year 1, will be on sick leave for the next few weeks. Mrs L Wood will continue the class program whilst Mrs De is on leave. We wish Mrs De a speedy recovery.
Sip n Sip with the Principal No 3.
Our third “Sip N Sip with the Principal” will take place on Friday 7 August after morning assembly in the library. The aim of the Sip N Sip’s is for parents to get to know the Principal, for parents to engage with other members of the school/grade/class community and to assist parents so they better understand what is happening at their school. When parents are engaged in the school community, this ultimately, according to research, will improve student outcomes.

The focus of this Sip N Sip will be the School Improvement Plan from the domain of Pastoral Care on the KidsMatter program. Parents will have an opportunity to visit some classrooms to view our Pastoral Care program in action.

Mrs Suellen Garey
PRINCIPAL

Forward Planner
25 Jul Yr 1 Family Mass (5pm)
29 Jul Kinder Class Mass (9.15am)
31 Jul Athletics Carnival (Narrabeen Academy of Sport)
5 Aug Yr 2 Class Mass (9.15am)
7 Aug Sip n Sip with Principal

Our full school calendar can be accessed on our school APP or on the school website on the Significant Dates page: here

<table>
<thead>
<tr>
<th>Positive Behaviour For Learning</th>
<th>Respectful Relationships</th>
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<tr>
<td>Our PBL focus for this week is:</td>
<td>Our Respectful Relationships focus for this week is:</td>
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<tr>
<td>CYBER SAFETY</td>
<td>LOOK FOR THE GOOD THINGS THAT OTHER PEOPLE DO AND SAY THEM OUT LOUD</td>
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Sports News

Congratulations to Roxi B and Chelsea S who represented the Diocese of Broken Bay at the NSW PSSA Cross Country at Eastern Creek on Friday. Excellent participation girls.

Manly United After School Soccer Program 2015
Manly United Football Club is excited to give our school the opportunity to participate in our After-Schools Soccer Program in Term 3 2015. Program details are:

Length of Program: 6 Consecutive Weeks. We would start in Week 3.
Age Groups: Kindergarten – Year 6.
Session Times: 3:15pm and 4:15pm. 16 children to 1 coach.
Cost: $90 per student for the 6 weeks. Booking forms available at school office

Athletics carnival - Friday 31 July
We are looking forward to the Athletics Carnival next week. Thank you in advance to all the parents who have volunteered to help on the day. Volunteer Declaration forms will be sent home to anyone who hasn’t completed one yet, please return these ASAP so you can help at the carnival. We are still looking for parents for long jump, discus and shot put, please let me know if you can help.

Students will need to wear a t shirt representing their house colour with their sports uniform and hat on the day. A program will be emailed next week providing more details about the carnival. The representative team to compete at the Peninsula Athletics Carnival will be selected from results on the day. Please note that all events at the Peninsula Carnival are contested as Junior, 11 years and Senior events except the 100m which Is run in age groups.

Michele Kerr – Sports Teacher
Religious Education News

“There are many people in need in today’s world. Am I self-absorbed in my own concerns or am I aware of those who need help? “

Pope Francis

Year 1 Family Mass
All families are invited to join us on Saturday night at 5pm to celebrate mass. Year 1 students will be preparing and participating in their family mass. All families are welcome to join us for a sausage sizzle afterwards.

Religious Dates to Remember
Sat 25 Jul Year 1 Family Mass at 5pm at Sacred Heart Church
Wed 29 Jul Kinder Class Mass at 9:15am at Sacred Heart Church
Wed 5 Aug Year 2 Class Mass at 9:15am at Sacred Heart Church
Sat 8 Aug Year 3 Family Mass at 5pm at Sacred Heart Church

Good News of the week and Prayers
Please keep in your prayers the Afman Family. Sara and Cowen lost their grandmother last week.
If you have any Good News or if you need our prayers, please see me at school, contact me by phone.

PARISH WEEKLY BULLETIN can be found here.

Christine McBryde – Religious Education Coordinator

Grandparent’s Mass & Morning Tea
Grandparent’s Mass & Morning Tea
Grandparent’s Mass & Morning Tea
Year 6 Barefoot Bowls!

Woolworths Earn & Learn

Sacred Heart is participating in the Woolworths Earn & Learn program once again. The “earning period” runs until Tuesday 8 September. Last year we were able to redeem collected stickers for education and sporting goods for our school.

We have collection box in the office at school for completed sticker sheets. Blank sticker sheets can be downloaded from the Woolworths website here, and additional information on the program can be found here.

School Musical – Dr Doolittle

We need volunteers for: BACKDROP ,SETS & PROPS, COSTUMES and STAGE MAKEUP. If you are able to assist, please return your details to the school office.

Performance Dates
Tues 8 Sep: Dress Rehearsal  Wed 9 Sep: Matinee & Evening  Thurs 10 Sep: Evening

Yours Musically Susan Rudd

SCHOOL MUSICAL - I WOULD LIKE TO VOLUNTEER

NAME: ________________________________ MOBILE: __________________

EMAIL: _______________________________________________________________

YOUR CHILD’S NAME: ___________________________ CLASS: ________

☐ BACKDROP ,SETS,PROPS  ☐ COSTUMES  ☐ STAGE MAKEUP

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CYBER SAFETY FOR OUR CHILDREN
Hi All Sacred Hearts Parents!
I had the absolute pleasure of attending at the end of last term a parents information session at Mater Maria on Cyber Safety. As a parent of three children across High School and Infants/Primary I thought I was fairly up to speed with their online safety but wow did I have a lot to learn!

The one most important aspect of the night was the minimum age that children need to be to access social media sites. Personally I wasn’t exactly sure of this and it certainly made other parents that attended that night think long and hard. Why I bring this up is because of the pressure that we as parents receive from our children to have in particular ‘Instagram’ especially in Years 5 and 6.

It is a fact that access to social media sites is not recommended for any child under the age of 13years which includes ‘Instagram’. Therefore NO child at Sacred Heart should have ‘Instagram’. I am asking as a school community that we all support each other with this and delete this for their safety from potential bullying and misuse from other users. Let’s not give the children the ability to nag us with “but such and such have it so why can’t I”.

If you would like to read more about how we can keep our children safe online I actually purchased the presenters book which is up in the library for parents only to borrow and it’s called “Sexts, texts & selfies. How to keep your children safe in the digital space” by Susan McLean. She is an amazing woman with incredible knowledge and experience in this area that is well worth a read!

Please keep your eyes out for other Diocesan Parent Council (DPC) information sessions as they are very useful!

Don’t forget our upcoming Hub Meeting on Wed night 12 August 7:00pm! Agenda items for discussion for the upcoming Hub meeting must be sent to shpand@gmail.com no later than 5 August.

Juliana Johnston - President
P&F Committee - shpand@gmail.com

Parent to Parent

Free Seminar for Parents & Carers: Dr JUSTIN COULSON
What Your Child Needs From You
The Broken Bay Diocesan Parent Council (DPC) provides seminars and workshops each term for all parents in schools across our diocese. This term the DPC are working with one of Australia’s most respected parenting speakers, authors, and researchers - Dr Justin Coulson.

There are endless do’s and don’ts that surround parenting. In his practical seminar, What Your Child Needs From You, Dr Justin shares essential strategies that get to the heart of raising a happy child and creating a connected family. Justin is an engaging presenter and his stories have audiences laughing and nodding in agreement – he really gets it – with real life examples that really do help parents.

This not-to-be-missed seminar is being hosted by OLG Catholic School, Forestville on Tuesday 18 August 7-9pm. To assist with numbers, please go to the DPC website to RSVP www.brokenbayparentcouncil.com.

Eloise Critchley (DPC rep), Fiona McCallum (KidsMatter parent rep)
You can visit the Diocesan Parent Council website here.
Happy Birthday from all at Sacred Heart to the following students who celebrate a birthday during the coming week:

Joel S  Lilieta P  Kori C
Kira B  Georgie C  Connor L

School Awards

| 1F  | Tom T, Jesse C              | 1D  | Ashley D, Natasha S         |
| 2D  | Hayley P, Beau L, Hartley R | 2B  | Double awards this week!    |
| 3R  | Marnie H, Patrick D         | 3C  | Lily B, Lucy M              |
| 4B  | Maya H, Adrian S           | 4N  | Jackson M, Joseph H         |
| 5N  | Markus G, Hayden B, Sam C  | 5S  | Declan T, Zac B             |
| 6F  | Jessica S, Julia M         | 6W  | Tom M, Charlotte N          |
| 3-6S|                             |     |                             |

Principal’s Awards: Charlotte S (6W) and James W (6F)

Canteen News

**CANTENE ROSTER (start 9.30am - finish 1.45pm)**

| Mon 27 Jul | Simone K, Shaunna R, Amber L, Karen W |
| Thur 30 Jul| Dan C, Marlos K, Jason D, Suzie P    |
| Fri 31 Jul | **ATHLETICS CARNIVAL**               |

NEW! Our new product range "Snaps" replacing our original three Piranha chip flavours has arrived! We now have three new delicious, tasty flavours available: Light & Tangy Salsa, Smokehouse BBQ and Oregano & Thyme. Snaps are gluten free with no artificial colours, flavours or preservatives. The cost is $1.30 each and available either over the counter or online.

We still have Piranha Salt & Vinegar and Honey Soy on offer at $1.00 each.

Kay & Marie – Canteen Coordinators

Kiss & Drop Morning Roster

Thank you to the volunteers on the Kiss and Drop roster. If you can fill one of the vacant spots please contact Selina Nichols on nicholsselina@gmail.com. As teachers need to fulfil other duties before classes commence each day, we are now seeking additional parent volunteers. To ensure the safety of our children, we would like to have two volunteers each morning.

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
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<tr>
<td>27 July</td>
<td>Anna R +1 more</td>
<td>28 July</td>
<td>29 July</td>
<td>23 July</td>
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<tr>
<td>3 Aug</td>
<td>Lisa C +1 more</td>
<td>4 Aug</td>
<td>5 Aug</td>
<td>6 July</td>
</tr>
<tr>
<td>31 July</td>
<td>Lisa C +1 more</td>
<td>4 Aug</td>
<td>5 Aug</td>
<td>2 people needed</td>
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Community Notices

Baseball season is about to start!
Pittwater Baseball Club invites all players to be part of this fun-filled game
Have some fun batting a baseball...!

Ages 5 to 16 welcome
Come to our Try-Baseball Day on
Sunday 26 July & Sunday 2 August
North Narrabeen Reserve (Rat Park)
from 11:30am - 2:30pm
Free sausage sizzle & drink

For further information and how to find us, see our website at www.pittwaterbaseballclub.com.au
or phone Cheryl on 0425 254 293
If you can’t make it on the day you can still register by downloading terms from our website

Lifeline Northern Beaches Giant Book Fair
7 to 9 August 2015

Venue: Ted Blackwood Hall, Cnr Jackson & Boondah Rds,

Dates/Times: Friday 7 August - 1pm -- 8pm
Saturday 8 August - 9am -- 5pm
Sunday 9 August - 9am -- 2pm

Please note we accept Visa & Mastercard and also have EFTPOS facility available

(Entry by gold coin donation very much appreciated)

All funds raised support the activities of Lifeline Northern Beaches

Stella Alive
A showcase of Performing and Creative Arts.
Wednesday 12th August 2015
5.00pm - 9.00pm
All Welcome

52 Eurobin Avenue, Manly
www.stellamaris.nsw.edu.au
99775144

inclusive innovative inspiring