Term 3 Week 3 - 29 July 2015

Dear Parents

On Friday, the New York Times offered its readers some interesting advice: it published ideas from experts on how to get a table at the best and most exclusive restaurants in New York City. The ideas ranged from calling in favours, to asking friends of friends to make a call, to even getting a personal shopper at Bergdorf’s to pull some strings.

I am not sure if this would work in Mona Vale at Tex Mex but evidently, it does work in Manhattan.

All this, of course, plays to an obsession with being hip, being hot, being where we need to be when we need to be there. But does any of this matter to God? I can’t think of many saints who worried about being spotted at the hottest bistro on Saturday night before heading to Mass on Sunday morning.

Central to last Sunday’s gospel was a meal —the feeding of the five thousand on the shores of the Sea of Galilee. I don’t imagine any one of those thousands of people gathered on that hillside, sitting on the ground and looking expectantly at Jesus, that they realized they were about to take part in one of the most famous meals in history. They didn’t have to pull strings. They didn’t call in favours. They didn’t even need to leave a tip. All they needed was to be present—to be present before God, before a moment of possibility and grace.

In the hands of God, something mundane becomes miraculous: leftovers from a little boy were transformed into a feast. And as a result, no one was left to go hungry.

We all know the feeling. At one time or another, every one of us knows hunger. Not just for food. We yearn for love, or mercy, or forgiveness. Maybe we hunger for meaning and purpose. We ache for dignity and respect.

This moment in the gospel assures us that Christ will not let anyone starve.

Everything, in the hands of Jesus, matters. Everyone, in the eyes of God, has purpose and possibility. Nothing is thrown away. We all matter.

Return of notes
Could parents please ensure that notes are returned promptly for carnivals and excursions etc. For any event there are buses that need to be booked, risk assessments to be completed, medical kits to be organised, catering numbers finalised. There is a large amount of administration to completed before an event. It is difficult when students return notes after the closing date eg: athletics carnival programs have already been written and notes two weeks after closing date come to school.

Sport Updates
Thank you to the group of parents who are again assisting with Sports Skills for students from year 3-6 on a Tuesday afternoon. Thank you to Mrs Steph M for her organisation of coaches who have been booked to coach the children in AFL and Cricket at Kitchener Park.

Congratulations to the boys who played in the NSW ARL competition at Tregear on Monday. The boys played very well and were supported by an enthusiastic team of parents. A huge thank you to Mr Peter S who trained the boys on Monday afternoons.
**Sip n Sip with the Principal no 3.**

Our third “Sip N Sip with the Principal” will take place on Friday 7 August after morning assembly in the library. The aim of the Sip N Sip’s is for parents to get to know the Principal, for parents to engage with other members of the school/grade/class community and to assist parents so they better understand what is happening at their school. When parents are engaged in the school community, this ultimately, according to research, will improve student outcomes.

The focus of this Sip N Sip will be the School Improvement Plan from the domain of Pastoral Care on the KidsMatter program. Parents will have an opportunity to visit some classrooms to view our Pastoral Care program in action.

I look forward to seeing many parents at the Athletics Carnival on Friday, let’s pray for a warm sunny day.

*Mrs Suellen Garey*

PRINCIPAL

**Forward Planner**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>31 Jul</td>
<td>Athletics Carnival (Narrabeen Academy of Sport)</td>
</tr>
<tr>
<td>5 Aug</td>
<td>Yr 2 Class Mass (9.15am)</td>
</tr>
<tr>
<td>7 Aug</td>
<td>Sip n Sip with Principal</td>
</tr>
<tr>
<td>08 Aug</td>
<td>Yr 3 Family Mass (5pm)</td>
</tr>
<tr>
<td>08 Aug</td>
<td>Feast of Mary Mackillop</td>
</tr>
<tr>
<td>12 Aug</td>
<td>Yr 4 Class Mass (9.15am)</td>
</tr>
<tr>
<td>12 Aug</td>
<td>The Hub (P&amp;F) Meeting (7.00pm)</td>
</tr>
<tr>
<td>14 Aug</td>
<td>School Photos</td>
</tr>
</tbody>
</table>

Our full school calendar can be accessed on our *school APP* or on the *school website* on the Significant Dates page: [here](#).

<table>
<thead>
<tr>
<th>Positive Behaviour For Learning</th>
<th>Respectful Relationships</th>
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</thead>
<tbody>
<tr>
<td>Our PBL focus for this week is:</td>
<td>Our Respectful Relationships focus for this week is:</td>
</tr>
<tr>
<td><strong>CARE FOR BELONGINGS</strong></td>
<td><strong>SHOW RESPECT FOR OTHER’S PROPERTY</strong></td>
</tr>
</tbody>
</table>

**Religious Education News**

“True charity requires courage: let us overcome the fear of getting our hands dirty so as to help those in need.”

Pope Francis

**Year 1 Family Mass**

Thank you to the many families who attended the Year 1 Mass last Saturday and to the parent helpers who assisted with the bbq, serving and clean up afterwards.

**Religious Dates to Remember**

<table>
<thead>
<tr>
<th>Date</th>
<th>Mass Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wed 5 Aug</td>
<td>Year 2 Class Mass at 9:15am at Sacred Heart Church</td>
</tr>
<tr>
<td>Sat 8 Aug</td>
<td>Year 3 Family Mass at 5pm at Sacred Heart Church</td>
</tr>
<tr>
<td>Wed 12 Aug</td>
<td>Year 4 Class Mass at 9:15am at Sacred Heart Church</td>
</tr>
</tbody>
</table>

**Good News of the week and Prayers**

Please keep in your prayers the Marrocco Family. Alessia’s grandfather passed away last week.

If you have any Good News or if you need our prayers, please see me at school, contact me by phone.

**PARISH WEEKLY BULLETIN** can be found [here](#).

*Christine McBryde – Religious Education Coordinator*
**Sports News**

**State Rugby League**
Year 5 and 6 State League Team would like to send a big thank you to Peter Smyth. Peter kindly trained the boys in the school holidays and coached them on the day, and a very big thank you to all the parents for running them around to training and the game.

They would also like to thank the school for all the support.

A big thank you to you all from the boys it was a great day.

*Kylie-Rai G*

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**Tuesday Afternoon Sports Skills Sessions**
Our Sports Skills sessions began yesterday. Our cricket and AFL clinics got off to a great start at Kitchener Park.

We had one parent who has volunteered to walk the children down to the park and would certainly appreciate a few more helpers. Please let Mrs Wheen know if you can help.

Meanwhile back at school Mrs Sheehan, Mrs McNally and Mrs Ngamu were coaching our enthusiastic netballers. We are hoping to select two netball teams to attend the NSWCPS carnival on the 1st of September.

*Jayne Wheen - Assistant Principal*

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**Athletics carnival - Friday 31 July**
We are looking forward to the Athletics Carnival on Friday.

Students will need to wear a t shirt representing their house colour with their sports uniform and hat on the day. A program has been emailed with this newsletter today, and is also available on the school website [here](#).

The representative team to compete at the Peninsula Athletics Carnival will be selected from results on the day. Please note that all events at the Peninsula Carnival are contested as Junior, 11 years and Senior events except the 100m which Is run in age groups.

*Michele Kerr – Sports Teacher*
School Photos – Friday 14 August 2015

“say cheese”

Photo envelopes are being sent home this week for our school photos on Friday 14 August 2015. Please ensure correct money is enclosed as change cannot be given. Credit Card payments can be made online (please follow instructions on envelope).

All enquiries can be directed to MSP Photography: 9499 6555

All class group photos taken in 2015 will be included in our Golden Jubilee Book.

Sacred Heart School Musical 2015

Doctor Dolittle JR

Book by Leslie Bricusse, music and lyrics by Leslie Bricusse

Based on the Doctor Dolittle stories by Hugh Lofting and The Twentieth Century Fox film

Performance Dates
Tues 8 Sep: Dress Rehearsal
Wed 9 Sep: 10am Matinee & 7pm Evening
Thurs 10 Sep: 7pm Evening

Ticket sales will be online. Details will be published in the coming weeks.

The classic tale of kindness to animals trots, crawls and flies onto the stage in Doctor Dolittle JR. All of the characters we’ve come to love through the stories of Hugh Lofting and the magical movie musical are given new life in the stage version.

The musical tells the classic tale of a wacky but kind doctor who can talk to animals, taking the audience on a journey from the small English village of Puddleby-On-The-Marsh to the far corners of the world. When Doctor Dolittle attempts to help a seal named Sophie, he’s wrongly accused of murder and stands trial before General Bellowes. Once pronounced innocent, Dolittle is free to continue with his search for the Great Pink Sea Snail - the oldest and wisest of the creatures on earth.

Woolworths Earn & Learn

Sacred Heart is participating in the Woolworths Earn & Learn program once again. The “earning period” runs until Tuesday 8 September. Last year we were able to redeem collected stickers for education and sporting goods for our school.

We have collection box in the office at school for completed sticker sheets. Blank sticker sheets can be downloaded from the Woolworths website here, and additional information on the program can be found here.
News from “The Hub” (formerly P&F)

Our Jubilee Mass & Movie night on **17 October** is an exciting upcoming event that the Hub will be coordinating and we would love if anyone could assist us on the night in the canteen, which will be providing snacks and drinks. If you can help please email us at shpandf@gmail.com so we can add your name to our helping hands list.

Please mark on your calendar that our next "Hub Meeting" which will be held on the evening of **12 August** and we would be delighted to see you there. The meeting will commence at the earlier time of 7pm. If you have any items that you would like to add to the Agenda please email to the "Hub" no later than 5 August at shpandf@gmail.com.

Our third “Sip n Sip” with our Principal is coming up and we encourage everyone to come along. See you at the library after assembly on Friday 7 August. The topic will be "Kids Matter and Anxiety".

*Kellie Carroll - P&F Committee* - shpandf@gmail.com

### Parent to Parent

**Free Seminar for Parents & Carers: Dr JUSTIN COULSON - What Your Child Needs From You**

The Broken Bay Diocesan Parent Council (DPC) provides seminars and workshops each term for all parents in schools across our diocese. This term the DPC are working with one of Australia's most respected parenting speakers, authors, and researchers - Dr Justin Coulson.

There are endless do's and don’ts that surround parenting. In his practical seminar, *What Your Child Needs From You*, Dr Justin shares essential strategies that get to the heart of raising a happy child and creating a connected family. Justin is an engaging presenter and his stories have audiences laughing and nodding in agreement – he really gets it – with real life examples that really do help parents.

This not-to-be-missed seminar is being hosted by **OLGC Catholic School, Forestville** on **Tuesday 18 August 7-9pm**.
To assist with numbers, please go to the DPC website to RSVP [www.brokenbayparentcouncil.com](http://www.brokenbayparentcouncil.com).

*Eloise Critchley (DPC rep), Fiona McCallum (KidsMatter parent rep)*

You can visit the Diocesan Parent Council website [here](http://www.brokenbayparentcouncil.com).

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Happy Birthday

Happy Birthday from all at Sacred Heart to the following students who celebrate a birthday during the coming week:

Allie R    Alana R    Beau L    Harry K

School Awards

<table>
<thead>
<tr>
<th>KE</th>
<th>Lexi B, Tm S, Kayla R</th>
<th>KP</th>
<th>Samuel M, Rocco R, Billy S</th>
</tr>
</thead>
<tbody>
<tr>
<td>1F</td>
<td>Anabel R, Seth M</td>
<td>1D</td>
<td>Bridget C, Jessica M</td>
</tr>
<tr>
<td>3R</td>
<td>Ebbeny H, Baxter W</td>
<td>3C</td>
<td>Gemma R, Sebastian H</td>
</tr>
<tr>
<td>4B</td>
<td>Chelsea S, Charlie D</td>
<td>4N</td>
<td>Isabella C, Jessica W</td>
</tr>
<tr>
<td>5N</td>
<td>Ezekiel G, Alyssa L, Marco C</td>
<td>5S</td>
<td>Charlie M, Brooke L</td>
</tr>
<tr>
<td>6F</td>
<td>Chloe S, Kiarna O</td>
<td>6W</td>
<td>Mia O, Mackenzie B</td>
</tr>
<tr>
<td>3-6S</td>
<td>Connor L, Ryan M</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Principal’s Awards: Beau N, Hayden B

Canteen News

CANTEEN ROSTER (start 9.30am - finish 1.45pm)

| Mon 3 Aug | Margaret H, Siobhan B, Michelle H |
| Thur 6 Aug | Tenille H, Rita Z, Fiona S, Clare B |
| Fri 7 Aug | Virginia T, Leonie S, Karen N, Jenny O’Brien |

Please see information on following page regarding Father’s Day Breakfast.

Kay & Marie – Canteen Coordinators

Kiss & Drop Morning Roster

Thank you to the volunteers on the Kiss and Drop roster. If you can fill one of the vacant spots please contact Selina Nichols on nicholsselina@gmail.com. As teachers need to fulfil other duties before classes commence each day, we are now seeking additional parent volunteers. To ensure the safety of our children, we would like to have two volunteers each morning.

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>27 July</td>
<td>28 July</td>
<td>29 July</td>
<td>30 July</td>
<td>31 July</td>
</tr>
<tr>
<td>Anna R +1 more</td>
<td>Lucy B +1 more</td>
<td>Lynette S +1 more</td>
<td>Lisa P +1 more</td>
<td>Kylie D + Jo Bohm</td>
</tr>
<tr>
<td>3 Aug</td>
<td>4 Aug</td>
<td>5 Aug</td>
<td>6 July</td>
<td>7 July</td>
</tr>
<tr>
<td>Lisa C +1 more</td>
<td>Karen L +1 more</td>
<td>Eloise C +1 more</td>
<td>Karen C +1 more</td>
<td>Matt S +1 more</td>
</tr>
<tr>
<td>Kellie C +1 more</td>
<td>Linda M +1 more</td>
<td>Melinda B +1 more</td>
<td>Selina N +1 more</td>
<td>Lisa D +1 more</td>
</tr>
</tbody>
</table>
Father’s Day Breakfast

SACRED HEART FATHERS DAY BREAKFAST

Please join us for a delicious breakfast to honour our wonderful fathers, grandfathers and special men in our children’s lives

Wednesday 2\textsuperscript{nd} September 2015

7.00AM – 8.15AM  Breakfast (All HOT items will be on the table at 7.00am. Food will stop at 8.15am)
8.15AM – 8.45AM  Open classrooms
8.45AM         Assembly with prizes
9.00AM         Liturgy in playground

BREAKFAST  \$8 PER ADULT  \$2.50 PER CHILD (aged 5-12 years)

ONLINE ORDERING ONLY FOR FATHERS DAY EVENT

IMPORTANT - HOW TO ORDER:
1. Order under your registered school 24 account (www.school24.com.au). Please refer to registration details if you have not yet registered (instructions on school website here).
2. Place your order under the “SPECIAL EVENT ORDER SECTION” (on the right hand side of your home page) for “FATHERS DAY”
3. Select “STUDENT” – place order under your eldest child only then select “START ORDER”
4. Select “RSVP PAYMENT” on the left hand side of the page under Father’s Day Category
5. Select “QUANTITY” attending for “ADULT TICKETS” select “ADD TO CART”
6. Select “QUANTITY” attending for “CHILD TICKETS” select “ADD TO CART”
7. Press the checkout tab, check your order, then scroll to the end and submit your order.

PLEASE DO NOT SEND IN ANY MANUAL PAYMENTS

Volunteer helpers - We would love to have lots of mums, grandmothers or special women to help out on the day. Please fill out the volunteer note below if you are able to help and place it in the black letterbox outside the canteen.

Any enquiries please contact either Marie Nero 0410 566 777 or Kay Neale 0416 262 458

\begin{tabular}{|l|l|l|}
\hline
Name & Phone & Email \\
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<table>
<thead>
<tr>
<th>Times Available:</th>
<th>Tuesday (day before) 1\textsuperscript{st} September</th>
<th>Wednesday 2\textsuperscript{nd} September</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>1.00pm – 3.00pm □</td>
<td>7.00am – 8.00am □</td>
</tr>
<tr>
<td></td>
<td>6.00am – 7.00am □</td>
<td>8.00am – 9.00am □</td>
</tr>
<tr>
<td></td>
<td>8.00am – 9.00am □</td>
<td>6.00am – 9.00am □</td>
</tr>
</tbody>
</table>

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2015 Catholic World View Photo Competition for Peninsula Primary Schools

To upload your entry for this competition please go to The School Photographer website Home page www.theschoolphotographer.com.au and select the icon below.

[Click to Enter]

You will then be asked to enter a password photocomp

Please select your school, browse for your image and select upload

Please ensure your file name includes StudentName Category PhotoName.jpg

Deadline for entries extended until 7th August (Friday Week 4)
Community Notices

Seeking players for U10 Girls Summer Soccer Team
We are organising an Under 10 years girls summer soccer team and looking for up to 4 extra players. Girls need to be 8,9 or 10 years of age on 31 Dec 2015. The competition runs from Sept-Dec at Rat Park (Narrabeen) on Thursdays with games starting between 6pm - 6:45pm.
If you have a daughter in this age group and are interested in more information please contact Corinne Cheeseman cheeseemanc@optusnet.com.au.
From Year 3 mums Corinne Cheeseman and Hilary Walsh

Staying Positive Parenting Support Group

- Are you a parent or carer of a child with tricky or challenging behaviour?
- Do you feel like you need a bit of extra support and encouragement?
- Are you caring for a primary or high school aged child?

This FREE group will be facilitated by experienced community workers and parenting educators from the Relationships Australia Community Hub and CatholicCare. The group will provide a space for parents and carers to share issues and to support one another. Resources on positive parenting strategies and support to access local services will be available. This is a monthly drop in group with discussion topics suggested by parents and carers. No need to book.

When: 1st Wednesday of every month during school term
Time: 10.00am – 12.00pm
Venue: Relationships Australia Community Hub Northern Beaches, South Hall, Brookvale Community Centre, 2 Alfred Road, Brookvale
More information: Contact Jane on 9938 5420 or janeda@ransw.org.au

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