Term 3 Week 5 - 12 August 2015

Dear Parents

Wonder Bread was the first bread company to offer sliced bread back in 1931. That’s where we got the slogan “It’s the greatest thing since sliced bread!”

Wonder Bread also advertises that it builds strong bodies 12 ways. But despite all of this, it won’t satisfy our real hunger. In Sunday’s Gospel, Jesus offers us what we really hunger for. Jesus says he is the living bread come down from heaven.

“Whoever eats this bread will live forever.”

Fr John Frauenfelder’s Words of Wisdom for Sunday Aug 16th

Parents are asked to note that Day 1 Term 4 is not a Staff Development Day but a regular school day.

Before and After School Care

Catholic Care has been providing After School Care at Sacred Heart Mona Vale since 2013. It is pleasing to announce that Catholic Care will now be able to provide a Before School Care as well as After School Care commencing Term 1 2016.

School Crossing Supervisor

Parents are asked to proceed with caution to ensure the safety of students from SHMV. Communication from the RMS on the occasion of the absence of our School Crossing Supervisor states “School staff are not authorized to carry out the duties of the School Crossing Supervisor and must not use the STOP Children Crossing bat nor the RMS safety vest.”

Teachers and Parents are asked to remind students about road safety especially when travelling to and from school.
- Wherever possible cross the road at a designated pedestrian crossing facility
- Stop! Look! Listen! When crossing the road
- Take care whenever you cross
- Don’t run across the road

Doctor Dolittle Jr - Musical Update

The excitement is mounting as we prepare for our three performances of our school musical for Doctor Dolittle Jr.
- Wednesday 9th Sept Matinee 10am $15
- Wednesday 9th Sept Evening 7pm $20
- Thursday 10th Sept Evening 7pm $20

Bookings will open on Monday 24 August 9am through www.trybooking.com

Public Speaking Competition

Congratulations to Lucie R and Thomas O who will represent Sacred Heart at the Peninsula Public Speaking competition next Tuesday. The students will be competing against students from Maria Regina Avalon, St Joseph’s Narrabeen, St Rose Collaroy Plateau, OLGC Forestville and St Martins Davidson.

Mrs Suellen Garey
PRINCIPAL
Forward Planner

12 Aug  The Hub (P&F) Meeting (7.00pm)
14 Aug  School Photos
19 Aug  Yr 5 Class Mass (9.15am)
19 Aug  Peninsula Athletics Carnival
24 Aug  Well Being Week - No Homework!
26 Aug  Yr 6 Class Mass (9.15am)
28 Aug  Sip n Sip with Principal

Our full school calendar can be accessed on our school APP or on the school website on the Significant Dates page: here

<table>
<thead>
<tr>
<th>Positive Behaviour For Learning</th>
<th>Respectful Relationships</th>
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<tbody>
<tr>
<td>Our PBL focus for this week is:</td>
<td>Our Respectful Relationships focus for this week is:</td>
</tr>
<tr>
<td>CARE FOR BELONGINGS</td>
<td>HELP PACK UP AND PUT AWAY MATERIALS</td>
</tr>
</tbody>
</table>

Yrs 3, 4, 5 and 6 – AFL, Netball & Cricket Gala Days

AFL, Netball & Cricket Gala Days – Years 3 to 6

The Peninsula Catholic Primary Schools Sports Gala Days for AFL, Netball and Cricket for years 3, 4, 5 and 6 will be held in Week 10.

Permission and information notes can be found on our school website at the following links:

Information note (years 3-6)
Permission note – Years 3 and 4
Permission note – Years 5 and 6

PLEASE RETURN COMPLETED FORMS BY FRIDAY 21 AUGUST 2015.

Date:
Tuesday 15th September - Years 3 & 4
Thursday 17th September – Years 5 & 6

Time:
Play begins on both days and at both venues at 9:45am and concludes at 1:45pm

Location:
On both days cricket and AFL will be held at Pittwater Rugby Park, North Narrabeen (Fields behind Rat Park); and netball will be at John Fisher Park, Curl Curl.

Requirements:
All students must wear their full school sport uniform.

Needed:
Parent helpers to look after each team. Please indicate your availability on your child’s permission note. No knowledge of either sport required.

Jemma Euers – Gala Day Coordinator
Sports News

Athletics Carnival Results 2015

Records

<table>
<thead>
<tr>
<th>Event</th>
<th>Winner</th>
</tr>
</thead>
<tbody>
<tr>
<td>Junior Boys Discus</td>
<td>Ryan C</td>
</tr>
<tr>
<td>Senior Boys Shot Put</td>
<td>Jarrod B</td>
</tr>
<tr>
<td>Senior Boys 800m</td>
<td>Cameron D</td>
</tr>
<tr>
<td>Senior Girls 800m</td>
<td>Roxy B</td>
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<tr>
<td>Junior Girls 800m</td>
<td>Chelsea S</td>
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</tbody>
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Championship 100m

<table>
<thead>
<tr>
<th>Event</th>
<th>Winner</th>
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</thead>
<tbody>
<tr>
<td>Boys Winner</td>
<td>Joel S</td>
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<tr>
<td>Girls Winner</td>
<td>Zoey M</td>
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House Awards

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<tr>
<th>Event</th>
<th>Winner</th>
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<tr>
<td>Runner Up</td>
<td>Keenan</td>
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<table>
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<tr>
<th>Event</th>
<th>Winner</th>
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<tr>
<td>Polding</td>
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Age Champions

<table>
<thead>
<tr>
<th>Junior Girls Runner Up</th>
<th>Alana R</th>
</tr>
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<tbody>
<tr>
<td>Junior Girls Champion</td>
<td>Chelsea S</td>
</tr>
<tr>
<td>Junior Boys Runner Up</td>
<td>Brendan L</td>
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<tr>
<td>Junior Boys Champion</td>
<td>Izak B</td>
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Senior Girls Runner Up

<table>
<thead>
<tr>
<th>Event</th>
<th>Winner</th>
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<tbody>
<tr>
<td>Joint</td>
<td>Kira B and Zoey M</td>
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Senior Girls Champion

<table>
<thead>
<tr>
<th>Event</th>
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<td>Roxy B</td>
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Senior Boys Runner Up

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<tr>
<th>Event</th>
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<tr>
<td></td>
<td>Jasper C</td>
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Senior Boys Champion

<table>
<thead>
<tr>
<th>Event</th>
<th>Winner</th>
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<tbody>
<tr>
<td></td>
<td>Luka M</td>
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</table>

Peninsula Team

| Sophie W  | Charli M |
| Olivia J  | Julia N  |
| Eliza G   | Kira B   |
| Alana R   | Zoey M   |
| Olivia B  | Roxy B   |
| Hannah S  | Lauren B |
| Charlotte C | Mia S |
| Mia Z     | Natalie M|
| Chelsea S | Jessica H|

Bella W | Henry B | Markus G | James W
Andie H | William P | Kaleb G | Harry W
Chloe S | Tom S | Brock D | Jarrod B
Lillietta P | Joseph C | Harris J | Beau N
Keana W | Kai K | Cameron D |
Danielle O | Izak B | Luka M | Sam C
Rosie N | Mia B | Brendan L |
Bailey J | Joel S | William M | Ryan C

Michele Kerr and Rachael Wiggins

Image 1 - record breakers

Image 2 - age champions and runners up

Image 3 - Zoey and Chloe, Polding House Captains - winners of Spirit Cup

Image 4 - 100m champions Zoey and Joel with Ashley Wren Memorial Trophy

Image 5 - Brock and Cameron, Gilroy House Captains - champion house
Religious Education News

“Let us keep a place for Christ in our lives, Let us care for one another and let us be loving custodians of celebration”

Pope Francis

News from the Mini Vinnies Team
This term the Mini Vinnies team are organising a “can drive” to support St Vincent De Paul’s Winter Appeal. We are asking families to donate tinned food such as soup, fruit, salmon, tuna, beans etc. Students can bring tinned food to school and place it in the baskets in their classroom. We will be running the appeal from now until the 19th August.

Songs of Joy
Please join us at Sacred Heart Church on Tuesday 18 August from 7:30pm to join in our “Songs of Joy” evening. The service will be led by the combined choirs of Maria Regina Avalon and Sacred Heart. The one hour service will be followed by coffee/tea and cake in the parish centre.

Religious Dates to Remember
Wed 19 Aug Year 5 Class Mass at 9:15am at Sacred Heart Church
Wed 26 Aug Year 6 Class Mass at 9:15 at Sacred Heart Church
Wed 2 Sep Father’s Day Liturgy at 9am in the school playground.
Thurs 3 Sep Sacrament of reconciliation at 4:30pm and 6pm.

Good News of the week and Prayers
If you have any Good News or if you need our prayers, please see me at school, contact me by phone.

PARISH WEEKLY BULLETIN can be found here.

Christine McBryde – Religious Education Coordinator

School Photos – Friday 14 August 2015

School photos will be taken this Friday.

All students should wear FULL WINTER UNIFORM. No sports uniforms please.

All enquiries (including “shoot key” numbers) can be directed to MSP Photography:
9499 6555

All class group photos taken in 2015 will be included in our Golden Jubilee Book.

Woolworths Earn & Learn

Sacred Heart is participating in the Woolworths Earn & Learn program once again. The “earning period” runs until Tuesday 8 September.

We have a collection box in the office at school for completed sticker sheets. Blank sticker sheets can be downloaded from the Woolworths website here, and additional information on the program can be found here.
Doctor Dolittle JR

Book by Leslie Bricusse, music and lyrics by Leslie Bricusse

Based on the Doctor Dolittle stories by Hugh Lofting and The Twentieth Century Fox film

PERFORMANCE DATES

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Tues 8 Sep</td>
<td>Dress Rehearsal</td>
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<tr>
<td>Wed 9 Sep</td>
<td>10am Matinee &amp; 7pm Evening</td>
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<td>Thurs 10 Sep</td>
<td>7pm Evening</td>
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Ticket sales will be online via Try Booking. Details will be published in the coming weeks.

The classic tale of kindness to animals trots, crawls and flies onto the stage in Doctor Dolittle JR. All of the characters we've come to love through the stories of Hugh Lofting and the magical movie musical are given new life in the stage version.

The musical tells the classic tale of a wacky but kind doctor who can talk to animals, taking the audience on a journey from the small English village of Puddleby-On-The-Marsh to the far corners of the world. When Doctor Dolittle attempts to help a seal named Sophie, he's wrongly accused of murder and stands trial before General Bellowes. Once pronounced innocent, Dolittle is free to continue with his search for the Great Pink Sea Snail - the oldest and wisest of the creatures on earth.

CHILDREN NOT PARTICIPATING IN THE SCHOOL MUSICAL

To assist with stage placement, costumes and numbers, if your child/ren WILL NOT be participating in the school musical would you please return the slip below to the school office.

Yours Musically - Susan Rudd

-----------------------------------------------------------------------------------------------------------------------------

SCHOOL MUSICAL – NOT PARTICIPATING IN THE SCHOOL MUSICAL

| CHILD'S NAME: ____________________________________________ | CLASS: ______ |
| CHILD'S NAME: ____________________________________________ | CLASS: ______ |
| CHILD'S NAME: ____________________________________________ | CLASS: ______ |
| CHILD'S NAME: ____________________________________________ | CLASS: ______ |
News from “The Hub” (formerly P&F)

Thank you to those families who have returned their chocolate money.

We still have 25 families who have not returned their money / unsold chocolates – could we ask that those families return the money / unsold chocolates as soon as possible so we can finalise this Hub fundraiser.

Our Hub meeting is on tonight at 7pm in the school library. We encourage as many parents as possible to come along and be a part of the discussion updates from our committee.

See you there!!

Kellie Carroll - P&F Committee - shpandf@gmail.com

Parent to Parent

Free Seminar for Parents & Carers: Dr JUSTIN COULSON - What Your Child Needs From You

The Broken Bay Diocesan Parent Council (DPC) provides seminars and workshops each term for all parents in schools across our diocese. This term the DPC are working with one of Australia’s most respected parenting speakers, authors, and researchers - Dr Justin Coulson.

There are endless do’s and don’ts that surround parenting. In his practical seminar, What Your Child Needs From You, Dr Justin shares essential strategies that get to the heart of raising a happy child and creating a connected family. Justin is an engaging presenter and his stories have audiences laughing and nodding in agreement – he really gets it – with real life examples that really do help parents.

This not-to-be-missed seminar is being hosted by OLG Catholic School, Forestville on Tuesday 18 August 7-9pm. To assist with numbers, please go to the DPC website to RSVP www.brokenbayparentcouncil.com.

Eloise Critchley (DPC rep), Fiona McCallum (KidsMatter parent rep)

You can visit the Diocesan Parent Council website here.
Happy Birthday from all at Sacred Heart to the following students who celebrate a birthday during the coming week:
Axel C  William C  Eden W  Elise S
Baxter W  Thomas G  Chelsea S

School Awards

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<thead>
<tr>
<th>KE</th>
<th>1F</th>
<th>2D</th>
<th>3R</th>
<th>4B</th>
<th>5N</th>
<th>6F</th>
<th>3-6S</th>
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<tbody>
<tr>
<td>KE</td>
<td>1F</td>
<td>2D</td>
<td>3R</td>
<td>4B</td>
<td>5N</td>
<td>6F</td>
<td>3-6S</td>
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Principal’s Awards: Jahla F, Sophie W (Yr 3)

Canteen News

**CANTEEN ROSTER (start 9.30am - finish 1.45pm)**

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<thead>
<tr>
<th>Mon 17 Aug</th>
<th>Thur 20 Aug</th>
<th>Fri 21 Aug</th>
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We no longer have Orchy Orange and Passionfruit juice in stock. We still have Orange or Apple flavours available for all on-line orders and over the counter service.

**Father’s Day:** All information regarding our forthcoming Father’s Day breakfast can be found the flyer on the following page, including links with instructions on how to order online. If you have any questions or issues please contact either Kay or Marie anytime.

Please also see our Father’s Day Breakfast flyer on the following page.

**Kay & Marie – Canteen Coordinators**

Kiss & Drop Morning Roster

Thank you to the volunteers on the Kiss and Drop roster. If you can fill one of the vacant spots please contact Selina Nichols on nicholsselina@gmail.com. As teachers need to fulfil other duties before classes commence each day, we are now seeking additional parent volunteers. To ensure the safety of our children, we would like to have two volunteers each morning.

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
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<tbody>
<tr>
<td>17 Aug</td>
<td>18 Aug</td>
<td>19 Aug</td>
<td>13 Aug</td>
<td>14 Aug</td>
</tr>
<tr>
<td>Anna R</td>
<td>Lucy B</td>
<td>Melinda B</td>
<td>Virpi T</td>
<td>Jo B</td>
</tr>
<tr>
<td>+1 more</td>
<td>+1 more</td>
<td>+ Lynette S</td>
<td>+1 more</td>
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<tr>
<td>Eloise C</td>
<td>Karen L</td>
<td>Melinda B</td>
<td>Leonie S</td>
<td>Kylie D</td>
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<td>+1 more</td>
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<td>+ Lynette S</td>
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<tr>
<td>31 Aug</td>
<td>1 Sep</td>
<td>2 Sep</td>
<td>27 Aug</td>
<td>28 Aug</td>
</tr>
<tr>
<td>Lisa C</td>
<td>Linda M</td>
<td>Melinda B</td>
<td>Lisa D</td>
<td>Lisa P</td>
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<td>+1 more</td>
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<tr>
<td>2 Sep</td>
<td>3 Sep</td>
<td>Karen C</td>
<td>Vacant  - 2 needed</td>
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</table>
SACRED HEART FATHERS DAY BREAKFAST

Please join us for a delicious breakfast to honour our wonderful fathers, grandfathers and special men in our children’s lives

Wednesday 2nd September 2015

7.00AM – 8.15AM    Breakfast (All HOT items will be on the table at 7.00am. Food will stop at 8.15am)
8.15AM – 8.45AM    Open classrooms
8.45AM    Assembly with prizes
9.00AM    Liturgy in playground

BREAKFAST    $8 PER ADULT    $2.50 PER CHILD (aged 5-12 years)

ONLINE ORDERING ONLY FOR FATHERS DAY EVENT

IMPORTANT - HOW TO ORDER:
1. Order under your registered school 24 account (www.school24.com.au). Please refer to registration details if you have not yet registered (instructions on school website here).
2. Place your order under the “SPECIAL EVENT ORDER SECTION” (on the right hand side of your home page) for “FATHERS DAY”
3. Select “STUDENT” – place order under your eldest child only then select “START ORDER”
4. Select “RSVP PAYMENT” on the left hand side of the page under Father’s Day Category
5. Select “QUANTITY” attending for “ADULT TICKETS” select “ADD TO CART”
6. Select “QUANTITY” attending for “CHILD TICKETS” select “ADD TO CART”
7. Press the checkout tab, check your order, then scroll to the end and submit your order.

PLEASE DO NOT SEND IN ANY MANUAL PAYMENTS

Volunteer helpers - We would love to have lots of mums, grandmothers or special women to help out on the day. Please fill out the volunteer note below if you are able to help and place it in the black letterbox outside the canteen.

Any enquiries please contact either Marie Nero 0410 566 777 or Kay Neale 0416 262 458

Volunteer Help

Name________________________________    Phone & Email: ________________________________

Times Available:  Tuesday (day before) 1st September 1.00pm – 3.00pm □  6.00am – 7.00am □  7.00am – 8.00am □
                  Wednesday 2nd September 8.00am – 9.00am □  6.00am – 9.00am □
Stella Maris College 40th anniversary reunion. We are organising a reunion for ex-students who left Stella Maris in 1975 (year 12) or 1973 (year 10) on Sunday October 18, 12 noon at the Harbord Beach Hotel. Any questions please call Bernadine on 0414519108 or email bernie_mcgrath@stellamaris.nsw.edu.au.

There is a Facebook page - 40th Anniversary Stella Girls/1975 - where you can see photos and any other information. Hope to see as many ex students from those years as possible.

Please let us know if you think you can make it.

Enrolments at Brigidine College St Ives
Limited Places Available for Year 7 2017

If your daughter is currently in Year 5 and wishes to attend Brigidine College St Ives for Year 7, 2017 now is the time to apply.

The College is keen to ensure that all students attending a Catholic primary school are given every opportunity to enroll at Brigidine College. Limited places are still available.

We would be delighted to show you around the College. Requests for a tour or an Enrolment Application Form can be made via our website or contact the Registrar.

Jennifer Kirkby Registrar
www.brigidine.nsw.edu.au
phone: 9988 6281

National Asthma Week 2015

National Asthma Week is celebrated each year in the first week of September (1st to 7th) and the theme for this year’s campaign is "You Can Control Your Asthma - Ask Us How!"

The campaign materials feature our young friend Chester and depict some common asthma symptoms to help people to recognise when someone may be experiencing difficulties with their asthma.

More information about National Asthma Week can be found at here.