Term 3 Week 6 - 20 August 2015

Dear Parents

Somewhere out at the edges, the night
Is turning and the waves of darkness
Begin to brighten the shore of dawn

The heavy dark falls back to earth
And the freed air goes wild with light,
The heart fills with fresh, bright breath
And the thoughts stir to give birth to colour.

I arise today

Congratulations to our talented athletes who participated in the Peninsula Athletics Carnival at Narrabeen Sports Academy yesterday. There were some personal best times and a number of our students will progress to the Diocesan carnival to be held next Wednesday also at Narrabeen. The students representing the Peninsula schools at the Diocesan Carnival are: Roxi B, Chloe S, Zoe M, Joel S, Luka M, Charli M, Chelsea S, Alana R, Markus G, Ryan C and Brendan L. Thank you to Mrs Kerr and Mrs Wiggins who officiated and supervised our students yesterday.

Congratulations to Lucie R and Thomas O who represented Sacred Heart on Tuesday at the Br Tony Whelan Public Speaking Competition North Cluster. Lucie and Thomas spoke very well firstly for 3 minutes on their prepared topics and then for 1 minute on an impromptu topic. The adjudicators congratulated all speakers on their excellent speeches and commented on the high standard of delivery.

Next Tuesday will be our final week of sport skills and huge thanks go to Mrs Steph Munro and the parents who have assisted this term to enable our students to play Netball, AFL and Cricket. The children have thoroughly enjoyed and benefitted from these sessions and we are extremely appreciative of the parents who have given of their time and expertise.

Excitement for the musical DR DOLITTLE is building. Rehearsals are well underway. Again parents are contributing to this event, sewing, painting, constructing and assisting with drama and song etc etc etc all working with the school to ensure the production is a success.

The next Sip n Sip with the Principal is on Friday 28th August after morning assembly. Did you know that Social Emotional Learning is the greatest indicator of success in later life. The SEL continuum for students from K-6 will be discussed and parents will have the opportunity to visit classrooms to observe some SEL lessons in progress.

Hard copies of NAPLAN results have been sent home this week with students. It is pleasing to note that the work to improve student’s learning from their year 3 results to now their year 5 results have been most positive. There will be a thorough analysis of all assessments by teachers. Teachers will be looking for whole school trends that will assist with teachers programs.
On Tuesday 25th August students from years 5 and 6 will participate in a Cyber Safety session with the NSW Police Youth Liaison officers. The session will highlight the dangers of accessing online sites that are not age appropriate and how to protect yourself online. This is a great opportunity for parents to speak with their children about what they are accessing on line and it is not ok to chat with people they do not know etc. it is recommended that parents view the safety resources at www.cybersmart.gov.au

Mrs Suellen Garey
PRINCIPAL

Forward Planner

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>24 Aug</td>
<td>Well Being Week - No Homework!</td>
</tr>
<tr>
<td>26 Aug</td>
<td>Yr 6 Class Mass (9.15am)</td>
</tr>
<tr>
<td>28 Aug</td>
<td>Sip n Sip with Principal</td>
</tr>
<tr>
<td>02 Sep</td>
<td>Father’s Day Breakfast &amp; Liturgy (7.00am start)</td>
</tr>
<tr>
<td>03 Sep</td>
<td>Sacrament of Reconciliation (4.30pm and 6pm Sacred Heart Church)</td>
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<tr>
<td>07-12 Sep</td>
<td>Musical Week</td>
</tr>
</tbody>
</table>

Our full school calendar can be accessed on our school APP or on the school website on the Significant Dates page: [here](#)

<table>
<thead>
<tr>
<th>Positive Behaviour For Learning</th>
<th>Respectful Relationships</th>
</tr>
</thead>
<tbody>
<tr>
<td>Our PBL focus for this week is:</td>
<td>Our Respectful Relationships focus for this week is:</td>
</tr>
<tr>
<td><em>PUT RUBBISH IN BIN</em></td>
<td><em>HAVE GOOD TABLE MANNERS</em></td>
</tr>
</tbody>
</table>

Religious Education News

“Jesus didn’t save us with an idea. He humbled himself and became a man. The word became flesh.”

Pope Francis

News from the Mini Vinnies Team
This term the Mini Vinnies team are organising a “can drive” to support St Vincent De Paul’s Winter Appeal. We are asking families to donate tinned food such as soup, fruit, salmon, tuna, beans etc. Students can bring tinned food to school and place it in the baskets in their classroom.
We have extended the appeal until the 26th August.

Religious Dates to Remember

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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</thead>
<tbody>
<tr>
<td>Wed 26 Aug</td>
<td>Year 6 Class Mass at 9:15am at Sacred Heart Church</td>
</tr>
<tr>
<td>Wed 2 Sep</td>
<td>Father’s Day Liturgy at 9am in the school playground</td>
</tr>
<tr>
<td>Thurs 3 Sep</td>
<td>Sacrament of reconciliation at 4:30pm and 6pm</td>
</tr>
<tr>
<td>Sat 12 Sep</td>
<td>Kinder Family Mass at 5pm Sacred Heart Church</td>
</tr>
</tbody>
</table>

Good News of the week and Prayers
If you have any Good News or if you need our prayers, please see me at school, contact me by phone.

PARISH WEEKLY BULLETIN can be found [here](#).

Christine McBryde – Religious Education Coordinator
Wellbeing Week

Next week, Week 7, will be WELL-BEING WEEK at Sacred Heart in Term 3. This will be a week where students, families and staff all take a breather in our busy lives and be kind to ourselves and each other. It should be a time where all families make time for each other and reconnect. To help families do this, there will be NO HOMEWORK in Week 7 for any class.

The theme for Wellbeing Week this term is:

“Belonging”

Throughout the week students will be discussing different groups they belong to at school and outside of school, why it is important to feel like they belong and how they can help others feel like they belong.

ALL WEEK

No homework

FRIDAY-MONDAY

On Friday Week 6 students will be given a task to complete at home and bring in on Monday week 7. The task involves choosing a group that they belong to and answering some questions about the group to share with their class in Wellbeing Week.

TUESDAY

Wear an item of clothing from a group you belong to or bring in something that represents that group.

TUESDAY

Shared Story and Friendship Morning Tea

Children will be grouped together into their Respectful Relationships Groups for 2015. Children will meet up with their Respectful Relationships group in an allocated classroom where they will share a story that focuses on Belonging. They will then eat morning tea with their group and continue to get to know each other.

DURING THE WEEK

Free choice activities – each class will enjoy a session of free choice games and activities with their teacher.

DURING THE WEEK

Social and emotional learning in the classroom – teachers will focus on activities about belonging and other activities suited to the need of the class.

They will also be carrying out some mindfulness activities as a means to help the children:
- Clear their head
- Increases their self-awareness
- Slow down their thoughts
- Increase their concentration
- Relax
- Cope with stress

As usual we have some fun activities planned for teachers too and encourage all teachers to also go home early next week and spend much needed quality time with their families.

We hope that Well-Being Week will provide us all with the opportunity to appreciate the important people in our lives and consider how important companionship, family and free time are in fostering good mental health.

Enjoy your week!

KMAT ACTION TEAM
Sacred Heart School Musical 2015

Doctor Dolittle JR

Book by Leslie Bricusse, music and lyrics by Leslie Bricusse

Based on the Doctor Dolittle stories by Hugh Lofting and The Twentieth Century Fox film

PERFORMANCE DATES

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Event</th>
<th>Ticket Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tues 8 Sep</td>
<td>Dress Rehearsal (no audience)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Wed 9th Sept</td>
<td>10am</td>
<td>Matinee</td>
<td>$15</td>
</tr>
<tr>
<td>Wed 9th Sept</td>
<td>7pm</td>
<td>Evening</td>
<td>$20</td>
</tr>
<tr>
<td>Thur 10th Sept</td>
<td>7pm</td>
<td>Evening</td>
<td>$20</td>
</tr>
</tbody>
</table>

Ticket sales open at **9.30am on Monday 24 August 2015**

via Try Booking: [http://www.trybooking.com/154265](http://www.trybooking.com/154265)

The classic tale of kindness to animals trots, crawls and flies onto the stage in Doctor Dolittle JR. All of the characters we’ve come to love through the stories of Hugh Lofting and the magical movie musical are given new life in the stage version.

The musical tells the classic tale of a wacky but kind doctor who can talk to animals, taking the audience on a journey from the small English village of Puddleby-On-The-Marsh to the far corners of the world. When Doctor Dolittle attempts to help a seal named Sophie, he’s wrongly accused of murder and stands trial before General Bellowes. Once pronounced innocent, Dolittle is free to continue with his search for the Great Pink Sea Snail - the oldest and wisest of the creatures on earth.

CHILDREN NOT PARTICIPATING IN THE SCHOOL MUSICAL

It is an expectation that all students participate in the musical. It is a part of the Creative Arts and English curriculum.

To assist with stage placement, costumes and numbers, if your child/ren **WILL NOT** be participating in the school musical would you please return the slip below to the school office.

Yours Musically - Susan Rudd

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**SCHOOL MUSICAL – NOT PARTICIPATING IN THE SCHOOL MUSICAL**

CHILD’S NAME: ___________________________ CLASS: _______

CHILD’S NAME: ___________________________ CLASS: _______

CHILD’S NAME: ___________________________ CLASS: _______
**Library News**

**2015 NSW Premier’s Reading Challenge closes 21st August (11:59 PM)**

Congratulations to our amazing Sacred Heart readers!

Over **100 children** from across the school have made the commitment and completed the Challenge. I have a whole wall of names in the Library recognising this outstanding achievement.

Students must have a validated 2015 Student Reading Record when the Challenge closes to complete the Challenge and be eligible for a certificate or medal in Term 4. There is still time... read read read read and enter your books onto the website this week.

*Melonie Harrison – Teacher Librarian*

**News from “The Hub” (formerly P&F)**

We had a lovely Hub meeting last Wednesday, thank you to those parents and carers who attended.

The 7pm start was successful and all future Hub meetings will now begin at that time. One of the main topics for discussion was that of succession planning for the Hub committee. Sacred Heart has a very active Hub committee and we would like to see this continue by planning now for the future handover of roles. We will let you know more about this soon.

Our chocolate drive is a very successful annual fundraiser and the money we raise goes straight back to the school. There are still some families who have not yet returned their unsold chocolates or money. If you are one of those families, could you please do so as we need to finalise this fundraiser.

Our next meeting will be our AGM to be held on 18 November at 7pm – save the date!

*Lynette Suchanek – The Hub Secretary - shpandf@gmail.com*

**Yrs 3, 4, 5 and 6 – AFL, Netball & Cricket Gala Days**

**AFL, Netball & Cricket Gala Days – Years 3 to 6**

The Peninsula Catholic Primary Schools Sports Gala Days for AFL, Netball and Cricket for years 3, 4, 5 and 6 will be held in Week 10. Permission and information notes can be found on our school website at the following links:

- Information note (years 3-6)
- Permission note – Years 3 and 4
- Permission note – Years 5 and 6

**PLEASE RETURN COMPLETED FORMS BY FRIDAY 21 AUGUST 2015.**

*Jemma Euers – Gala Day Coordinator*

**Woolworths Earn & Learn**

Sacred Heart is participating in the Woolworths Earn & Learn program once again. The “earning period” runs until **Tuesday 8 September**.

We have a collection box in the office at school for completed sticker sheets. Blank sticker sheets can be downloaded from the Woolworths website [here](#), and additional information on the program can be found [here](#).
Happy Birthday

Happy Birthday from all at Sacred Heart to the following students who celebrate a birthday during the coming week:

<table>
<thead>
<tr>
<th>Name</th>
<th>Name</th>
<th>Name</th>
<th>Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mathew H</td>
<td>Sienna B</td>
<td>Zac B</td>
<td>Joseph P</td>
</tr>
<tr>
<td>Claire M</td>
<td>Sienna B</td>
<td>Ewan C</td>
<td></td>
</tr>
<tr>
<td>Joshua M</td>
<td>Hayden B</td>
<td>Marco C</td>
<td></td>
</tr>
</tbody>
</table>

School Awards

<table>
<thead>
<tr>
<th>KE</th>
<th>1F</th>
<th>2D</th>
<th>3R</th>
<th>4B</th>
<th>5N</th>
<th>6F</th>
<th>3-6S</th>
</tr>
</thead>
<tbody>
<tr>
<td>KP</td>
<td>1D</td>
<td>2B</td>
<td>3C</td>
<td>4N</td>
<td>5S</td>
<td>6W</td>
<td></td>
</tr>
</tbody>
</table>

Principal’s Awards: Eden W (2B), Chloe H (2D)

Canteen News

Canteen Roster (start 9.30am - finish 1.45pm)

<table>
<thead>
<tr>
<th>Mon 24 Aug</th>
<th>Thur 27 Aug</th>
<th>Fri 28 Aug</th>
</tr>
</thead>
<tbody>
<tr>
<td>Elizabeth H, Jade C, Anita K</td>
<td>Jan B, Kieran E, Kris M, Mel S</td>
<td>Lucy B, Virpi T, Angela B, Bec C</td>
</tr>
</tbody>
</table>

Unfortunately our whole range of fruit juices are out of stock. We are currently working on a suitable replacement which we hope to share with you asap.

Father’s Day: Our Father’s Day breakfast is nearly here, less than 3 weeks away. All information can be found the flyer on the following page, including links with instructions on how to order online. If you have any questions or issues please contact either Kay or Marie anytime.

Kay & Marie – Canteen Coordinators

Kiss & Drop Morning Roster

Thank you to the volunteers on the Kiss and Drop roster. If you can fill one of the vacant spots please contact Selina Nichols on nicholsselina@gmail.com. As teachers need to fulfil other duties before classes commence each day, we are now seeking additional parent volunteers. To ensure the safety of our children, we would like to have two volunteers each morning.

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>Eloise C</td>
<td>Karen L</td>
<td>Melinda B + Lynette S</td>
<td>Leonie S +1 more</td>
<td>Kylie D +1 more</td>
</tr>
<tr>
<td>31 Aug</td>
<td>1 Sep</td>
<td>2 Sep</td>
<td>3 Sep</td>
<td>2 Sep</td>
</tr>
<tr>
<td>Lisa C</td>
<td>Linda M</td>
<td>Melinda B</td>
<td>Karen C</td>
<td>Vacant - 2 needed</td>
</tr>
</tbody>
</table>

+1 more
SACRED HEART FATHERS DAY BREAKFAST

Please join us for a delicious breakfast to honour our wonderful fathers, grandfathers and special men in our children’s lives

**Wednesday 2**nd **September 2015**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>7.00AM – 8.15AM</td>
<td>Breakfast (All HOT items will be on the table at 7.00am. Food will stop at 8.15am)</td>
</tr>
<tr>
<td>8.15AM – 8.45AM</td>
<td>Open classrooms</td>
</tr>
<tr>
<td>8.45AM</td>
<td>Assembly with prizes</td>
</tr>
<tr>
<td>9.00AM</td>
<td>Liturgy in playground</td>
</tr>
</tbody>
</table>

**BREAKFAST**  **$8 PER ADULT  $2.50 PER CHILD (aged 5-12 years)**

**ONLINE ORDERING ONLY FOR FATHERS DAY EVENT**

**IMPORTANT - HOW TO ORDER:**

2. Place your order under the “SPECIAL EVENT ORDER SECTION” (on the right hand side of your home page) for “FATHERS DAY”
3. Select “STUDENT” – place order under your eldest child only then select “START ORDER”
4. Select “RSVP PAYMENT” on the left hand side of the page under Father’s Day Category
5. Select “QUANTITY” attending for “ADULT TICKETS” select “ADD TO CART”
6. Select “QUANTITY” attending for “CHILD TICKETS” select “ADD TO CART”
7. Press the checkout tab, check your order, then scroll to the end and submit your order.

**PLEASE DO NOT SEND IN ANY MANUAL PAYMENTS**

**Volunteer helpers** - We would love to have lots of mums, grandmothers or special women to help out on the day. Please fill out the volunteer note below if you are able to help and place it in the black letterbox outside the canteen.

Any enquiries please contact either Marie Nero 0410 566 777 or Kay Neale 0416 262 458

**…………………………………………………………………………………………………………………………………………………………………………………………………………………**

**VOLUNTEER HELP**

Name________________________________ Phone & Email: ________________________________

<table>
<thead>
<tr>
<th>Times Available:</th>
<th>Tuesday (day before) 1<strong>st</strong> September</th>
<th>Wednesday 2<strong>nd</strong> September</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>1.00pm – 3.00pm □</td>
<td>6.00am – 7.00am □</td>
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<tr>
<td></td>
<td></td>
<td>7.00am – 8.00am □</td>
</tr>
<tr>
<td></td>
<td></td>
<td>8.00am – 9.00am □</td>
</tr>
</tbody>
</table>
Sacred Heart Catholic School
Golden Jubilee Celebration

Saturday 17 October 2015 ~ 5.00pm

Mass with the Most Reverend Peter Comensoli
● Memorabilia Display ● Cake Cutting ●
Entertainment by the Sacred Heart Band and Choir

Sacred Heart Catholic Primary School
Cnr Waratah & Keenan Streets, Mona Vale ● Enquiries: 9999 3264
Community Notices

FREE PARENT EVENT
How to Manage MEAN KIDS & PLAYGROUND POLITICS
This event is a Kids First Community Service Seminar
Tickets are absolutely FREE, however places are limited. Bookings are essential.
To reserve your place, book online at www.kidsfirst.com.au/managing-mean-kids
Or call Kids First now on 9938 5419

Are friendship issues troubling your child?
Is your child:
1. In conflict with other kids?
2. Having "best friend" issues?
3. Socially isolated?
4. Finding it hard to join in?
5. Excluded from groups?

Don't miss this valuable free presentation by experienced Child Psychologist Belinda Fahnwe. At this important parent seminar, Belinda will explain how to help your child navigate the complicated landscape of playground friendships. Find out how to identify friendship problems, what to say and how to provide practical support to your son or daughter.

TUESDAY 8 SEPTEMBER 2015
7.30pm – 9.30pm
The Chairman’s Lounge
Brookvale Oval
Alfred Street
Brookvale
Leased for use by the Fahnwe
Enter via main gates on Alfred Street, directly opposite seminar.

BUSKERS WANTED

SEEKING MUSICIANS / SINGERS TO ENTERTAIN AT MONA VALE MARKET DAY
SUNDAY 1 NOVEMBER, 10AM TO 4PM

- Can you play for a one or two hour timeslot?
- Can you provide your own equipment (no power)
- Do you want to earn some cash?

INTERESTED? REGISTER NOW!

ONLINE Complete an application at www.pittwater.nsw.gov.au/markets
PHONE Call Nikki Griffith - 9970 1165
WWW.PITTWATER.NSW.GOV.AU

WASH FOR WYD

Come along, drop off your car, and help the young people of our parish get to WYD. There will be lunch and coffee available for purchase on the day.

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