Term 3 Week 7 - 26 August 2015

Dear Parents

Considering our inaugural Band Camp is this week, this metaphor is most appropriate for all our community.

**A community is like an orchestra.**

_Each instrument is beautiful when it plays alone, but when they all play together, each given its own weight in tune, the result is even more beautiful._

_As a community it is important that we pray for the gifts of others, it is important that the community prays for each person to be more open and more an instrument of God, so that they can use their gifts better._

_If we participate and celebrate in each other’s gifts, we help each other build community._

Naplan results were sent home last week. It was pleasing to note that the work by the school towards improving writing and mathematics has shown some progress. Spelling continues to remain an area for development.

**The percentage of students in the top two bands, Band 5 and Band 6 in Year 3:**

<table>
<thead>
<tr>
<th>Reading</th>
<th>Writing</th>
<th>Spelling</th>
<th>Grammar &amp; Punctuation</th>
<th>Numeracy</th>
</tr>
</thead>
<tbody>
<tr>
<td>58.7%</td>
<td>67.4%</td>
<td>43.5%</td>
<td>67.4%</td>
<td>41.3%</td>
</tr>
</tbody>
</table>

**The percentage of students in the top two bands, Band 7 and Band 8 in Year 5:**

<table>
<thead>
<tr>
<th>Reading</th>
<th>Writing</th>
<th>Spelling</th>
<th>Grammar &amp; Punctuation</th>
<th>Numeracy</th>
</tr>
</thead>
<tbody>
<tr>
<td>66.7%</td>
<td>50%</td>
<td>56.7%</td>
<td>68.3%</td>
<td>55%</td>
</tr>
</tbody>
</table>

Apology to Danielle O whose name was omitted from the list of competitors to have achieved selection to the Diocesan Athletics carnival.

**Graphic Designer wanted!** As part of our self-review this year, we have been reviewing and attempting to have a better understanding of our Mission Statement and School Values. We have also been developing a Vision for Learning. We would now like to express these ideas with the help of a graphic designer. Is there a parent in our community who could assist?

A number of students are bringing unhealthy food choices to school for morning tea. Research links healthy eating and better concentration and thus better learning. Would you like to give your child all the advantages for improved outcomes? Morning tea at school is an opportunity to offer your child healthy snacks. Snacks should be based on fruit, vegetables, milk, cheese, custard and yoghurt, high fibre or wholegrain breads, crackers and cereals.

**Easy and healthy snack ideas include:** fresh, frozen, canned or dried fruit, plain or fruit yoghurt, rice paper rolls, hummus with pita bread or breadsticks, small fruit muffin, cooked noodles with tofu and vegetables, corn or rice cakes with avocado, sushi, vegetable sticks with dip and wholegrain crackers.
All students in years 3-6 participated in a Cyber Safety session with the Police Youth liaison and officers from Dee Why Police station yesterday. It is alarming the number of students who are on inappropriate sites including chatting to people they do not know!

There are excellent resources for parents on cyberbullying and cyber safety. Did you know that the Cybersmart programs have moved to the Office of the Children’s eSafety Commissioner? From 1 July 2015 Cybersmart’s excellent online safety resources can be found at [https://esafety.gov.au](https://esafety.gov.au) as well as a range of up-to-date information, tips and links.

Sip n Sip with the Principal this Friday will promote discussion about contemporary issues regarding our Catholic faith. We will have a cuppa and chat after morning assembly in the library. All parents are welcome! As the school will be rehearsing for our musical we will be unable to visit classrooms.

Mrs Suellen Garey
PRINCIPAL

Forward Planner

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>28 Aug</td>
<td>Sip n Sip with Principal</td>
</tr>
<tr>
<td>02 Sep</td>
<td>Father's Day Breakfast &amp; Liturgy (7.00am start)</td>
</tr>
<tr>
<td>03 Sep</td>
<td>Sacrament of Reconciliation (4.30pm and 6pm Sacred Heart Church)</td>
</tr>
<tr>
<td>07-12 Sep</td>
<td>Musical Week</td>
</tr>
<tr>
<td>09 Sep</td>
<td>Yr 1 Class Mass (9.15am)</td>
</tr>
<tr>
<td>12 Sep</td>
<td>Kinder Family Mass (5pm)</td>
</tr>
</tbody>
</table>

Our full school calendar can be accessed on our [school APP](#) or on the [school website](#) on the Significant Dates page: [here](#)

<table>
<thead>
<tr>
<th>Positive Behaviour For Learning</th>
<th>Respectful Relationships</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Our PBL focus for this week is:</strong> PUT RUBBISH IN THE BIN</td>
<td><strong>Our Respectful Relationships focus for this week is:</strong> HAVE GOOD TABLE MANNERS</td>
</tr>
</tbody>
</table>

**Religious Education News**

**Religious Dates to Remember**

- Wed 2 Sep  Father’s Day Liturgy at 9am in the school playground
- Thurs 3 Sep  Sacrament of reconciliation at 4:30pm and 6pm
- Sat 12 Sep  Kinder Family Mass at 5pm Sacred Heart Church

**Good News of the week and Prayers**

If you have any Good News or if you need our prayers, please see me at school, contact me by phone.

**PARISH WEEKLY BULLETIN** can be found [here](#).

Christine McBryde – Religious Education Coordinator
Sport News

Peninsula Athletics Carnival
Congratulations to all the students who represented Sacred Heart. We came 4th in the overall pointscore! The following students gained places on the day and will now progress to Broken Bay which is being held today.

Luka M  1st 11yrs 800m, 1st 11yrs Long Jump, 4th 11yrs Long Jump, 4th 11yrs 200m
Chelsea S  1st Jnr 800m
Roxi B  1st 12yrs 800m
Ryan C  2nd Jnr Discus
Markus G  2nd 11yrs 100m, 3rd 11yrs 200m
Brendan L  1st Jnr High Jump
Zoey M  3rd Snr 800m, 2nd 12yrs 200m, 4th Snr Long Jump
Charli M  4th 11yrs 800m
Danielle O  2nd Snr Shot Put
Alana R  3rd 9yrs 100m
Chloe S  4th Snr Discus
Joel S  4th 11yrs 100m, 4th 11yrs Long Jump

Our Relay teams also performed well although have not progressed to Broken Bay.

Senior Girls 3rd place - Roxi B, Zoey M, Rosie N, Chloe S
Senior Boys 3rd place - Harris J, Markus G, Kaleb G, Joel S
Junior Boys 4th place - Izak B, Ryan C, Kai K, Brendan L
Junior Girls 5th place - Alana R, Charlotte C, Chelsea S, Mia Z

NSW State Touch Football Titles - Polding
Congratulations to Lauren B who represented Polding last week at the NSW State Touch Football Titles.

Polding finished 1st after the 12 pool games, winning 11 and drawing one, and narrowly lost the grand final. Great sportsmanship was shown by all the Polding players.

Well done Lauren, great effort! We are very proud of you and thank you for being a great representative of Sacred Heart.

Report from Lauren:
Last week I spent a few days at Parramatta to trial for the NSW Touch Team. I was representing Polding and we won 11 out of 12 games, and drew 1. We made it to the semi finals and we won that, so we went on to the grand final. We had such a great game but lost 4-3 so we became runners-up for the State Cup. I didn’t make the NSW team but it was an experience that I will remember forever.

Yrs 3, 4, 5 and 6 – AFL, Netball & Cricket Gala Days

AFL, Netball & Cricket Gala Days – Years 3 to 6
The Peninsula Catholic Primary Schools Sports Gala Days for AFL, Netball and Cricket for years 3, 4, 5 and 6 will be held in Week 10. Permission and information notes can be found on our school website at the following links:

Information note (years 3-6)
Permission note – Years 3 and 4
Permission note – Years 5 and 6

Jemma Euers – Gala Day Coordinator
Doctor Dolittle JR

Book by Leslie Bricusse, music and lyrics by Leslie Bricusse

Based on the Doctor Dolittle stories by Hugh Lofting and The Twentieth Century Fox film

PERFORMANCE DATES

<table>
<thead>
<tr>
<th>Date</th>
<th>Performance</th>
<th>Time</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tues 8 Sep</td>
<td>Dress Rehearsal</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Wed 9th Sept</td>
<td>Matinee</td>
<td>10am</td>
<td>$15</td>
</tr>
<tr>
<td>Wed 9th Sept</td>
<td>Evening</td>
<td>7pm</td>
<td>$20</td>
</tr>
<tr>
<td>Thur 10th Sept</td>
<td>Evening</td>
<td>7pm</td>
<td>$20</td>
</tr>
</tbody>
</table>

Ticket sales via Try Booking:
http://www.trybooking.com/154265

The classic tale of kindness to animals trots, crawls and flies onto the stage in Doctor Dolittle JR. All of the characters we’ve come to love through the stories of Hugh Lofting and the magical movie musical are given new life in the stage version.

The musical tells the classic tale of a wacky but kind doctor who can talk to animals, taking the audience on a journey from the small English village of Puddleby-On-The-Marsh to the far corners of the world. When Doctor Dolittle attempts to help a seal named Sophie, he’s wrongly accused of murder and stands trial before General Bellowes. Once pronounced innocent, Dolittle is free to continue with his search for the Great Pink Sea Snail - the oldest and wisest of the creatures on earth.

CHILDREN NOT PARTICIPATING IN THE SCHOOL MUSICAL

It is an expectation that all students participate in the musical. It is a part of the Creative Arts and English curriculum.

To assist with stage placement, costumes and numbers, if your child/ren WILL NOT be participating in the school musical would you please return the slip below to the school office.

Yours Musically - Susan Rudd

=================================================================================================================================================================
SCHOOL MUSICAL – NOT PARTICIPATING IN THE SCHOOL MUSICAL

CHILD’S NAME: ___________________________________________   CLASS: _______

CHILD’S NAME: ___________________________________________   CLASS: _______

CHILD’S NAME: ___________________________________________   CLASS: _______
Congratulations to our Year 5 students who have been busy preparing production posters for Doctor Doolittle Jr.
Doctor Doolittle JR Production Posters

5N’s Production Posters

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Sacred Heart is participating in the Woolworths Earn & Learn program once again. The “earning period” runs until Tuesday 8 September.

We have a collection box in the office at school for completed sticker sheets. Blank sticker sheets can be downloaded from the Woolworths website here, and additional information on the program can be found here.
Happy Birthday

Happy Birthday from all at Sacred Heart to the following students who celebrate a birthday during the coming week:
Ruby R  Zara E  Cowen A
Grace D  Emily G  Gus S

School Awards

<table>
<thead>
<tr>
<th>KE</th>
<th>Claire M, Ariela P, Joshua G</th>
<th>KP</th>
<th>Charli S, Abigail C, Erin C, Oliver P</th>
</tr>
</thead>
<tbody>
<tr>
<td>1F</td>
<td>Gabriel K, Ella K, Lily C</td>
<td>1D</td>
<td>Kayla P, Ethan W</td>
</tr>
<tr>
<td>2D</td>
<td>James M, Luca O</td>
<td>2B</td>
<td>Samantha W, Anabella N</td>
</tr>
<tr>
<td>3R</td>
<td>Dallas L, Bailey J</td>
<td>3C</td>
<td>Orlando S, Sarah C, Jack W</td>
</tr>
<tr>
<td>4B</td>
<td>Luciana C, Charlie D</td>
<td>4N</td>
<td>Abbey T, Tom D</td>
</tr>
<tr>
<td>5N</td>
<td>Jaime Y, Mia Z, Georgia J</td>
<td>5S</td>
<td>Matthew B, Sam S</td>
</tr>
<tr>
<td>6F</td>
<td>Zoey M, April O</td>
<td>6W</td>
<td>Double next week</td>
</tr>
<tr>
<td>3-6S</td>
<td>Matthew H, Isaac W</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Principal’s Awards:

Canteen News

Canteen Roster (start 9.30am - finish 1.45pm)

| Mon 31 Aug | Virginia Thorncraft, Nick Bohm, Chantelle Byrne |
| Thur 3 Sep | Lydia Nemcich, Sarah Jane R, Raylee K           |
| Fri 4 Sep  | Bec D/Lisa D, Yvette C, Alana M, Matt S         |

Father’s Day: Our Father’s Day breakfast is next Wednesday 2nd September and we are still waiting on replies/payments from over 100 families. We kindly ask for all RSVP’s ASAP for catering purposes. All information can be found the flyer at the end of this newsletter, including links with instructions on how to order online.

Help needed: We need your help to make this event a successful morning. If you are able to assist us either the afternoon prior or on the morning please let us know ASAP. Kay 0416 262 458 or Marie 0410 566 777

Reminder: The canteen does not supply gluten free bread. If your child requires this option, we ask that you drop your supply with your child's name clearly marked to the canteen. This will be stored in our freezer and used upon each lunch order required.

Kay & Marie – Canteen Coordinators

Kiss & Drop Morning Roster

Thank you to the volunteers on the Kiss and Drop roster. If you can fill one of the vacant spots please contact Selina Nichols on nicholsselina@gmail.com. As teachers need to fulfil other duties before classes commence each day, we are now seeking additional parent volunteers. To ensure the safety of our children, we would like to have two volunteers each morning.
News from “The Hub” (formerly P&F)

As the musical draws closer we would like to take this opportunity to thank all those who are working so hard behind the scenes on costumes, artwork, props and Rebecca D from Waratah Pharmacy for donating makeup for Dr Dolittle.

Dr Dolittle is another really good example of how parents and carers engage with the school community. Assistance was called for and our community came through helping in many ways. Have you got your tickets yet?

If you have any ideas or concerns regarding the school please forward these to the Hub email below and we will act on them or pass them on to the school as required.

Our next meeting will be our AGM to be held on 18 November at 7pm – save the date!

Lynette Suchanek – The Hub Secretary - shpandf@gmail.com

Band News

Our Training Band and Concert Band will have an exciting "BAND DAY CAMP" this coming Thursday 27th August in the school hall. It will be a fun day of learning new musical works and we'll even be presenting a performance for our parents and school community after lunch!

We are very privileged to have a guest conductor for the day, Mr Graeme Press, who is the Music Director for the Channel 7 Carols in the Domain, a position he has held for the last 7 years, alongside his work with many renowned professionals in the music industry. Mr Press has a background in music education, having been the Director of Music at St Augustine’s College, Brookvale, for 13 years. We are very excited to have Graeme’s time and expertise for the day!

Our bands have been working so hard all year and this is a wonderful reward along the way. Don’t forget it’s MUFTI, just for band members, and parents are asked to provide a plate for the shared morning tea. Children can arrive at school at normal time, with the Band Camp to commence after morning assembly.

Any band parents who can help out during the day are asked to contact Leonie Scarlett 0409 991562 (Leonie is Mum to Andie (clarinet) and Marnie (alto sax). Thank you to our musicians and their supportive parents. We’re all looking forward to a hugely enjoyable and musical day!

Clare McFadden - Band Conductor

Pittwater Parish – World Youth Day Fundraiser

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Father’s Day Breakfast

SACRED HEART FATHERS DAY BREAKFAST

Please join us for a delicious breakfast to honour our wonderful fathers, grandfathers and special men in our children’s lives

**Wednesday 2\textsuperscript{nd} September 2015**

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>7.00AM – 8.15AM</td>
<td>Breakfast (All HOT items will be on the table at 7.00am. Food will stop at 8.15am)</td>
</tr>
<tr>
<td>8.15AM – 8.45AM</td>
<td>Open classrooms</td>
</tr>
<tr>
<td>8.45AM</td>
<td>Assembly with prizes</td>
</tr>
<tr>
<td>9.00AM</td>
<td>Liturgy in playground</td>
</tr>
</tbody>
</table>

**BREAKFAST**

- $8 PER ADULT
- $2.50 PER CHILD (aged 5-12 years)

**ONLINE ORDERING ONLY FOR FATHERS DAY EVENT**

**IMPORTANT - HOW TO ORDER:**

1. Order under your registered school 24 account (www.school24.com.au). Please refer to registration details if you have not yet registered (instructions on school website [here](#)).
2. Place your order under the “SPECIAL EVENT ORDER SECTION” (on the right hand side of your home page) for “FATHERS DAY”
3. Select “STUDENT” – place order under your eldest child only then select “START ORDER”
4. Select “RSVP PAYMENT” on the left hand side of the page under Father’s Day Category
5. Select “QUANTITY” attending for “ADULT TICKETS” select “ADD TO CART”
6. Select “QUANTITY” attending for “CHILD TICKETS” select “ADD TO CART”
7. Press the checkout tab, check your order, then scroll to the end and submit your order.

**PLEASE DO NOT SEND IN ANY MANUAL PAYMENTS**

Volunteer helpers - We would love to have lots of mums, grandmothers or special women to help out on the day. Please fill out the volunteer note below if you are able to help and place it in the black letterbox outside the canteen.

Any enquiries please contact either Marie Nero 0410 566 777 or Kay Neale 0416 262 458

×…...................................................................................................................................................................

**VOLUNTEER HELP**

Name________________________________ Phone & Email: ________________________________

Times Available:

- Tuesday (day before) 1\textsuperscript{st} September
  - 1.00pm – 3.00pm □
  - 6.00am – 7.00am □
  - 8.00am – 9.00am □
- Wednesday 2\textsuperscript{nd} September
  - 7.00am – 8.00am □
  - 6.00am – 9.00am □
Sacred Heart Catholic School
Golden Jubilee Celebration

Saturday 17 October 2015 ~ 5.00pm

Mass with the Most Reverend Peter Comensoli
● Memorabilia Display ● Cake Cutting ●
Entertainment by the Sacred Heart Band and Choir

Sacred Heart Catholic Primary School
Cnr Waratah & Keenan Streets, Mona Vale ● Enquiries: 9999 3264
Community Notices

Office of Children’s eSafety Commissioner
Website: https://www.esafety.gov.au/

Cyberbullying: the new Children’s eSafety Commissioner

The Office of the Children’s eSafety Commissioner (the Office) was established on 1 July 2015 to handle complaints about cyberbullying material targeted at Australian children.

The Office can investigate complaints about material considered likely to have a seriously threatening, intimidating, harassing or humiliating effect on the child. Where possible, the material should be reported to the social media service first, before it is complained about to the Office. To consider a complaint the Office will need evidence of the cyberbullying material.

Parents, along with schools and the government have a role in ensuring children are protected online. The Office will work with social media services, parents and schools to ensure serious cyberbullying material is removed.

What to do if your child is being cyberbullied
If your child is being cyberbullied advise them to:

• avoid retaliating or responding
• collect the evidence—keep mobile phone messages and print emails or social networking conversations
• block the bully and change their privacy settings
• report the abuse to the social media service

If your child continues to be cyberbullied and you believe it is having a seriously threatening, intimidating, harassing or humiliating effect, we encourage you to assist your child in making a complaint on the Commissioner’s website.

More information on the role of the Office, how to deal with cyberbullying and how to lodge a complaint is available on the website.

The Kids Helpline provides a private and confidential, telephone and online counselling service for young people. Encourage your child to speak to them if they are in need of counselling support. The Kids Helpline also manages Parentline, a confidential telephone counselling service providing counselling and support for parents and care-givers.

If you believe your child is in immediate danger, call 000.
Community Notices

FREE PARENT EVENT
How to Manage MEAN KIDS & PLAYGROUND POLITICS

This event is a Kids First Community Service Seminar

Tickets are absolutely FREE, however places are limited. Bookings are essential.

To reserve your place, book online at www.kids-first.com.au/Managing-mean-kids
Or call Kids First now on 9938 5419

Are friendship issues troubling your child?
- Is your child:
  - In conflict with other kids?
  - Having ‘best friend’ issues?
  - Socially isolated?
  - Finding it hard to join in?
  - Excluded from groups?

Don’t miss this valuable free presentation by experienced Child Psychologist Belinda Fahnu. At this important parent seminar, Belinda will explain how to help your child navigate the complex landscape of playground friendships. Find out how to identify friendship problems, what to say and how to provide practical support to your son or daughter.

Don’t delay – this event is already filling fast!

TUESDAY
8 September 2015
7:30pm – 9:30pm

The Chairman’s Lounge
Brookvale Oval
Alfred Street Brookvale

Seeking musicians / singers to entertain at Mona Vale Market Day

SUNDAY 1 NOVEMBER, 10AM TO 4PM

- Can you play for a one or two hour timeslot?
- Can you provide your own equipment (no power)
- Do you want to earn some cash?

INTERESTED? REGISTER NOW!

ONLINE Complete an application at www.pittwater.nsw.gov.au/markets
PHONE Call Nikki Griffith - 9970 1165

www.pittwater.nsw.gov.au

holiday workshops
SPRING
FULL DAY $80
HALF DAY $50
MEMBERS $72

TIMES: DROP 7:30AM
PICK-UP 3:30PM

Dates:
21st September
2nd October 2015

Spring Activities: FitNastics, Inflatable obstacle course, laser tag, outdoor sports, waterslide & kayaking, wi-fi fun.

Mona Vale Garden Club Inc.
44th Spring Flower Show

SATURDAY 26TH SEPTEMBER 2015
10.30AM – 4.00PM

TED BLACKWOOD HALL,
CNR JACKSONS & BOONDAH ROADS
WARRIEWOOD

DISPLAY OF FLOWERS, FLORAL ART,
VEGETABLES & HERBS

PLANTS, CRAFT, CAKES &
WHITE ELEPHANT GOODS FOR SALE

ADULTS $2  CHILDREN (No Charge)
REFRESHMENTS $5

ALL PROFITS TO MONA VALE HOSPITAL AUXILIARY