Dear Parents

The Holy Father Francis

cordially imparts the requested Apostolic Blessing to
the Principal, Staff, students and School Community of
Sacred Heart School
Mona Vale NSW
on the occasion of the 50th Anniversary of Foundation
as a pledge of grace and heavenly favours.
1965-2015

What a week! What a day! What a night!

Three major events Book Week, the 50th Jubilee Celebration and our 3 year School Self Review.

I want to express my sincere thank you to our parent community for so generously helping to bring our vision of the Celebration of 50 Years of Catholic Education at Sacred Heart to fruition. There were many outstanding, humorous and only a few tense moments. Thank you for asking ......what needs to be done? There are many highlights which will be a part of the history of Sacred Heart’s story. In particular the beautiful Mass concelebrated by Bishop Comensoli, Fr George and Fr Harry and the attendance of the Good Samaritan nuns and past Principals, staff and students. To receive an Apostolic Blessing for the Sacred Heart community, from Pope Francis was a deep privilege.

Yesterday Mrs Wheen and myself presented at the CSO a “School Self Review”. This component of the School Review and Development program is one of two scheduled SRD activities within a 6 year cycle. The School Self Review provides formal opportunity for the school to evaluate its effectiveness at a particular point in the planning and development cycle both in terms of its own goals and within the broader framework of system and government expectations.

Book week was a great celebration of learning at Sacred Heart. Students were asked to be able to articulate their book title, the characters and for the older children, a synopsis of the story. Some advice from Mem Fox, well known writer of many best-selling books for children and several non-fiction books for adults.

“It does more for a child’s literacy to own one much loved beautifully written, trouble filled book, than to own lots of tacky, unappealing books in which the child shows no interest. But any book that a child owns and loves is a good book for them.”

We wish the year 5 and Year 6 students a wonderful learning experience in Canberra this week. I would like to thank their teachers, on behalf of our students, for giving of their own personal time to support these students overnight and in Canberra.

Thank you once again for an outstanding week of building the Catholic Community at Sacred Heart

Mrs Suellen Garey
PRINCIPAL
Father in heaven,
you have given us a mind to know you,
a will to serve you,
and a heart to love you.
Be with us today in all that we do,
so that your light may shine out in our lives.
Through Christ our Lord. Amen.

I feel so blessed to be a part of the Sacred Heart Community. Our Jubilee Celebrations on Saturday were a wonderful reflection of the spiritual strength and depth of our school and parish.

Religious Dates to Remember
Sat 24 Oct    First Communion Reflection Afternoon at Mater Maria 1:30-4:30pm
Wed 28 Oct    Kinder Mass at 9:15am
Wed 4 Nov     Yr 3 Class Mass at 9:15am
Wed 11 Nov    Yr 1 Class Mass at 9:15am
Sat 14 Nov    First Communion at 5pm
Sun 15 Nov    First Communion at 9:30, 11am and 6pm

Prayers for Natasha Sljokic
Please keep in your prayers Natasha Sljokic from 1D and her family. Natasha is undergoing medical treatment for reoccurring Leukaemia. Natasha’s mother has requested we advise our Sacred Heart community of a “Go Fund Me” page set up for Natasha to help with ongoing medical expenses. The page and further information can be found [here](#).

If you have any Good News or if you need our prayers, please see me at school, contact me by phone.

PARISH WEEKLY BULLETIN can be found [here](#).

Christine McBryde – Religious Education Coordinator
Yellow Family Registration Forms are now due back to the school office. If you are yet to complete, could we please ask for these to be returned as soon as possible.

Forward Planner
22 Oct       Yrs 3 & 4 Tennis Gala Day (selected students)
22 & 23 Oct  Canberra Excursion - Years 5 & 6
23 Oct       Kinder 2016 Orientation Day 1
24 Oct       Reflection Day for First Eucharist (1pm at Mater Maria)
28 Oct       Kinder Class Mass (9.15am)
30 Oct       Kinder 2016 Orientation Day 2

Our full school calendar can be accessed on our school APP or website on the Significant Dates page: here. Dates are constantly being added to our calendar and should be checked regularly by parents.

<table>
<thead>
<tr>
<th>Positive Behaviour For Learning</th>
<th>Respectful Relationships</th>
</tr>
</thead>
<tbody>
<tr>
<td>Our PBL focus for this week is:</td>
<td>Our Respectful Relationships focus for this week is:</td>
</tr>
<tr>
<td>BE A GOOD LISTENER</td>
<td>BE A GOOD GROUP MEMBER</td>
</tr>
</tbody>
</table>

2016 School Terms, Staff Development Days & Holidays

To assist parents who are planning holidays in January, please note school dates below. All children are required to attend an assessment in January. Assessment booking details will be published in our newsletter towards the end of term.

Wednesday, 27 January       Staff Development Day (SDD)
Thursday, 28 January        SDD / Assessment Day for Kinder – Yr 6
Friday, 29 January          Assessment Day for Kinder – Yr 6
Monday, 1 February          Assessment Day for Kinder
Monday, 1 February          Yrs 1-6 commence
Tuesday, 2 February         Kinder commence

SCHOOL VACATIONS - 2016

<table>
<thead>
<tr>
<th></th>
<th>Last Day of School for Students</th>
<th>Return to School for Students</th>
</tr>
</thead>
<tbody>
<tr>
<td>AUTUMN</td>
<td>Friday 8 April</td>
<td>Tuesday 26 April</td>
</tr>
<tr>
<td>WINTER</td>
<td>Friday 1 July</td>
<td>Tuesday 19 July (Staff only on Monday)</td>
</tr>
<tr>
<td>SPRING</td>
<td>Friday 23 September</td>
<td>Monday 10 October</td>
</tr>
<tr>
<td>SUMMER</td>
<td>Friday 16 December</td>
<td></td>
</tr>
</tbody>
</table>

STAFF DEVELOPMENT DAYS 2016: Wed 27 Jan    Thurs 28 Jan    Mon 18 Jul    Mon 19 Dec    Tues 20 Dec

Sport News

NSW PSSA Athletics
Congratulations to Luca M, Roxi B and Chelsea S who competed at the Primary School State Athletics last week. This was a very competitive carnival with athletes from all over NSW and it is a great achievement to be at such a high level carnival.

All three children competed in the 800m and were very competitive in their heats. Chelsea came 2nd in her heat and progressed to the final where she placed an amazing 7th place in the State.

Super effort Chelsea and we are very proud of all our State Athletes.

Michele Kerr - Sport coordinator
Book Week

Wonderful … Incredible … Inspiring … Outstanding … Enthusiastic … Creative … Entertaining
Congratulations everyone on our successful book week celebrations this year. It was with great pleasure we awarded Molly M and Zac B with the 2015 Fiona Graham-Coffey Award, ‘For the love of reading’. Thank you to the Hub for your continuing support and for donating this special award.

When I looked up on Friday and saw everyone in their book character costumes I felt so proud to be part of such a positive, creative school community. I will continue to strive to inspire the students of Sacred Heart to discover the joy of reading.

Our Scholastic Book Fair was an enormous success. I could not have run this without the help of parents and staff. Thank you for offering your time, it was very busy and exciting. Overall we raised an incredible $3000 for the Fiona Graham-Coffey library. Thank you for your generous support. The funds will be used to increase our student reader collection.

Did You Know? Jahla F and Emily G organised a small cake stall during the week to help a school library in need. It was very popular and managed to raise $98. Again, I felt so proud of the girls and their generosity. I believe that last week ‘BOOKS LIT UP OUR WORLD’, thanks everyone!

Melonie Harrison – Teacher Librarian
PS - The theme for 2016 Book Week is ‘Australia: Story Country’. My mind is already spinning…
Book Week
Golden Jubilee
Golden Jubilee

We have a green beret in the office which was on loan for our jubilee memorabilia display. If you own this beret, it is ready for collection.
We still have a few tea towels and Jubilee Books available to purchase. Please complete slips and return to the school office.

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**GOLDEN JUBILEE BOOK & TEA TOWEL ORDER FORM**

**NAME:** …………………………………………………………………

**MOBILE:** ……………………………………………

**ELDEST CHILD:** ………………………………………………

**CLASS:** …………………………………………………

**NUMBER OF BOOKS:** …………………………………………

@ $30.00 each = $ …………………

**NUMBER OF TEA TOWELS:** …………………………

@ $8.00 each = $ …………………

**TOTAL AMOUNT:** $ ……………………………

I enclose ☐ Credit Card ☐ Cash ☐ Cheque (payable to Sacred Heart School)

Please Debit My: ☐ Mastercard ☐ Visa

Card Number: ___________________________ ___________________________

Expiry Date: ________/_______  Payment Amount: $ _____________ . ______

Cardholder Name (Please Print): ____________________________________________

Signed: _____________________ Date: ________________________

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Problem Solving and Critical Thinking sessions
A selection of students from our Year 5 and 6 classes were recently given the opportunity to work alongside one of Sacred Heart’s Grandfathers (who had travelled from England). Mr Critchley is a talented Mathematician and expert on critical thinking and problem solving. The students shared their thoughts on the sessions:

- ‘I was lucky enough to be able to attend a very interesting and fun session on mathematics. It wasn’t the usual type of mathematics, this session involved all kinds of special tricks which made us look at numbers in a new way. The “no hands up rule” was strange, but leaving questions until the end gave us all more time to concentrate. I really enjoyed it and hope we get to do more of this in the future. Maths can be very fun and interesting!’ (Aaron P 5N)

- ‘The mathematician was very helpful because he taught us really interesting tricks to use. He has really influenced me. I wish I could do it every day – including Saturday and Sunday!’ (Zac B 5S)

- ‘I enjoyed the maths class because we got to think outside the box. I learnt that maths has many side to it.’ (Charlotte 5N)

Fiona Ngamu – Mathematics Coordinator

Whole School Public Speaking Competition
Sacred Heart Catholic Primary School will be holding a whole school public speaking competition in Week 6 on Tuesday 10 November at 9am. A note with all details has been emailed home to parents with this newsletter.

The children will be required to write a 2-3 minute speech on a chosen topic from the list below. Each class will have heats conducted in their classroom leading up to the event. A finalist will be selected from each class to compete in the finals. Parents are welcome to attend the finals on the day.

Participation in this competition is compulsory. During the coming weeks the children will have speech writing as their homework school wide. There will be a junior division and senior division. The junior division will consist of years K-2 and the senior division will consist of years 3-6.

The topics to choose from are as follows:

<table>
<thead>
<tr>
<th>Junior (Kindergarten – Year 2)</th>
<th>Senior (Years 3-6)</th>
</tr>
</thead>
<tbody>
<tr>
<td>How can I make a difference?</td>
<td>Refugees – everybody has a story.</td>
</tr>
<tr>
<td>The best birthday party locations</td>
<td>Native animals need our help.</td>
</tr>
<tr>
<td>It is better to be a kid than an adult</td>
<td>You can’t judge a book by its cover.</td>
</tr>
<tr>
<td>I would …….. if I won a million dollars.</td>
<td>The environment should be a top priority.</td>
</tr>
<tr>
<td>If you could live anywhere in the world, where would you live?</td>
<td>If you could meet anyone from the past, who would it be?</td>
</tr>
</tbody>
</table>
Cyber Safety

Cyberbullying? Too much time online?
Learn more at eSafety for parents [here](#).

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**School Crossing Safety – “PLEASE WAIT”**

A request to all Mum’s, Dad’s and Carers of our children to help keep them safe. Whenever you come to the crossing, **PLEASE WAIT until I call you across**. There are a number of reasons.

- To enable me to get to the centre of the road and make sure that the cars in the “other lane” are stopping as well as the cars in the lane next to the kerb.
- As well as keeping you safe, this sets an example to the younger children, who aren’t traffic smart and establishes their knowledge of how to cross safely.
- We need to have the children (when unaccompanied) learn to wait for me to ask them across, even if there is no traffic in either lane. This hopefully stops the “runners” that I still have occasionally who raise my heart rate significantly.

Could I also ask that you do not give drivers the impression you are crossing. Come to the crossing and stop. I try to balance people and cars, but your safety is the number one consideration.

Thank you all for helping me to keep you safe. May we continue our good record at Sacred Heart.

*Ian Allom – School Crossing Supervisor*

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**Kiss & Drop Morning Roster**

Thank you to the volunteers on the Kiss and Drop roster. We still require additional volunteers, if you are able to assist please complete the slip below and return to the school office, or contact Selina Nichols on nicholsselina@gmail.com for further information.

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>22 Oct</td>
<td>23 Oct</td>
<td>28 Oct</td>
<td>30 Oct</td>
<td></td>
</tr>
<tr>
<td>Lisa D</td>
<td>Jo B</td>
<td>Melinda B</td>
<td>Shanna C</td>
<td></td>
</tr>
<tr>
<td>Anna R</td>
<td>Karen L</td>
<td></td>
<td>Kylie D</td>
<td></td>
</tr>
</tbody>
</table>

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**VOLUNTEER - KISS & DROP MORNING ROSTER**

<table>
<thead>
<tr>
<th>NAME:</th>
<th>MOBILE:</th>
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</table>

<table>
<thead>
<tr>
<th>ELDEST CHILD:</th>
<th>CLASS:</th>
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</thead>
</table>

<table>
<thead>
<tr>
<th>I CAN HELP ON:</th>
<th>FREQUENCY:</th>
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</thead>
</table>

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Happy Birthday

Happy Birthday from all at Sacred Heart to the following students who celebrate a birthday during the coming week:

Mackenzie B  Thomas S  Niamh B  Jessica H
Benjamin C  Lauren B  Elena C  Sienna M
Markus G  Rosie M  Imogen P  Jasmine W
Alex M  Eliza G  Maia P

School Awards

<table>
<thead>
<tr>
<th>KE</th>
<th>Lexi B, Kayla R, Ryan K</th>
</tr>
</thead>
<tbody>
<tr>
<td>KP</td>
<td>Elise S, Tilly L, Larna H</td>
</tr>
<tr>
<td>1F</td>
<td>Indi F, Sara A</td>
</tr>
<tr>
<td>1D</td>
<td>Oliver N, Ashley D</td>
</tr>
<tr>
<td>2D</td>
<td>Cowen A, Cruz D, Imogen P</td>
</tr>
<tr>
<td>2B</td>
<td>Mitchell G, Beau D</td>
</tr>
<tr>
<td>3R</td>
<td>Joel H, Ella M</td>
</tr>
<tr>
<td>3C</td>
<td>Nathan O, Annelise S, Lily B</td>
</tr>
<tr>
<td>4B</td>
<td>Paris B, James B</td>
</tr>
<tr>
<td>4N</td>
<td>Mackenzie R, Michael N</td>
</tr>
<tr>
<td>5N</td>
<td>Markus G, Marco C, Alexa M</td>
</tr>
<tr>
<td>5S</td>
<td>Maya K, Alice R</td>
</tr>
<tr>
<td>6F</td>
<td>Cameron D, Keana W</td>
</tr>
<tr>
<td>6W</td>
<td>Niamh M, Angelina G</td>
</tr>
<tr>
<td>3-6S</td>
<td>Jeremy R, Joel B</td>
</tr>
</tbody>
</table>

Principal’s Awards:

Canteen News

Canteen Roster (start 9.30am - finish 1.45pm)

| Mon 26 Oct | Meegan H, Geraldine T, Katie Z |
| Thur 29 Oct | Michelle D, Kim L, Gwen S, Jarka R |
| Fri 30 Oct | Jo B, Leonie S, Karen N, Jenny O |

Volunteers: Many thanks to those who have already returned their 2016 volunteer slips. All completed forms can be dropped to either the canteen or front office. A gentle reminder to all our volunteers, if you cannot make your rostered day we kindly ask that you find a replacement, swap with another volunteer or contact us ASAP. Unfortunately, we have had too many days with only 1-2 volunteer helpers putting much pressure on them.

Help: needed: Thursday 19 November either 9.30am-1.45pm or 11am-1.30pm please contact Marie.

Save the date: Tuesday 24 November, 9am. Our annual volunteer thank you morning tea. Stay tuned for more details.

Kay & Marie – Canteen Coordinators

Uniform Shop News

The uniform shop will have their final day for 2015 on Friday 4 December 2015. Please ensure all purchases have been made by this date as we will not re-open until school returns in 2016.

Opening Hours: Mon 8.30-9am Wed 2.30-3pm Fri 8.30-9am

Veronika & Clare
Wasn’t Saturday night a great example of community engagement. The Jubilee mass, the band and the movie made for a memorable night, even the weather was on our side.

Attached to this newsletter is The Hub AGM Election Notice advising the intention of the Executive for 2016. The AGM will be held on 18 November at 7pm. As always all are welcome!

We are happy to talk to anyone who may interested in sharing any of the roles including Uniform shop or Social Justice, we would love to hear from you. As with any new Hub members we always plan for smooth transitions with shadowing opportunities and/or comprehensive handovers and support. Over the years we have worked really hard to make all roles as simplified as we can to fit into today’s busy lifestyles such as job sharing.

If there is anything you would like to discuss at the Hub meeting on 18 November please email me no later than 11 November so we can add it to the agenda.

**Lynette Suchanek – The Hub Secretary (shpandf@gmail.com)**

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**Pittwater Parish News - The Parish Pulse**

**Reflection Day**
This Saturday, 24 October, we will be holding our Reflection Day at 1.30pm-4.30pm, Mater Maria College for all the children preparing for the Sacrament of First Holy Communion. An email will be sent out informing families of which colour group their child will be in. I look forward to seeing you all then.

**Third Ritual for First Holy Communion**
The third Ritual for children preparing for First Holy Communion will be held this weekend at all mass times. The children will all be called to the front by Father where they will gather around the Altar to join in the Our Father prayer.

Mass times over the weekend are as follows:

- **Maria Regina Avalon:** Saturday 6pm, Sunday 9am
- **Sacred Heart Mona Vale:** Saturday 5pm – Sacred Heart School Golden Jubilee Mass Sunday 8am, 9.30am and 6pm

**Pittwater Parish Melbourne Cup Lunch**
Please join us for the Pittwater Parish Melbourne Cup lunch on Tuesday 3 November 2015, Sacred Heart Church, Mona Vale, Parish Centre from 12.30pm to 3.30pm. Tickets are $45 per person and include a glass of champagne on arrival, a three course meal, cash bar, sweeps and prizes. All proceeds go towards World Youth Day. For more information please contact the Parish Office on 9997 7311

**Angela Smit – Pittwater Parish Sacramental Coordinator**

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**CatholicCare Before & After School Care**

CatholicCare before and after school care have opened enrolments and bookings for next year and are filling up fast.

Sacred Heart Hub – Notice of AGM

The Annual General Meeting of the Sacred Heart Hub Committee will be held immediately after the Hub meeting in Term 4 on 18th November 2015 at 7.00pm in Library. The Hub meeting / AGM is an important opportunity for our school community to engage in, and discuss, the ongoing operations and functional needs of our school community.

At the AGM, all positions on the Hub committee will be available for nomination and election.

Nominations are called for from any parent who would like to participate in the running and development of the Hub committee. Positions on the Executive are usually held for a three year term. The positions to be voted on at the AGM are:

- President
- Vice-President
- Treasurer
- Secretary
- DPC Representative
- Social Justice Representative

The Committee members of the Hub shall not hold office for more than three consecutive years in the same position, except in extenuating circumstances, however members may nominate for an alternative position.

The following members will be vacating their roles at the end of 2015:

- Rebecca Molinaro stepping down Joint Treasurer
- Lynette Suchanek stepping down Secretary

The following Committee members have indicated that they will nominate/seek re-election for 2016:

- Juliana Johnston seeking re-election to President
- Rebecca Capell seeking re-election to Vice President
- Vanessa Sharkey seeking re-election to Joint Treasurer
- Eloise Critchley seeking re-election to DPC Representative
- Virpi Tuite seeking re-election to Social Justice Representative
- Kellie Carroll (shadow secretary) seeking election to Secretary

Handover will be provided by former members to new members.

This information is provided in the interests of transparency. All Committee positions are declared vacant at the AGM and the current Committee members actively step down from the above positions, irrespective of whether or not they are seeking re-election.

Please feel free to contact a Committee member if you would like to discuss a position you are considering nominating for or want to find out more about it or the Committee in general.

If you would like to nominate for a position, please complete the slip below and return to the school office.

Lynette Suchanek, The Hub Secretary (shpandf@gmail.com)

NOMINATION FORM FOR ELECTION TO SACRED HEART HUB COMMITTEE 2016

I nominate ......................................................... for the following position on the 2016 the Hub Committee:

- President
- Vice-President
- Joint Treasurer
- Secretary
- DPC Representative
- Social Justice Representative

Signed ......................................................... Print Name ......................................................... Date .........................................................
NSW Health – Northern Sydney Local Health District

Northern Sydney LHD Oral Health Service

NSLHD Oral Health Service provides free dental care to eligible residents of NSLHD. This includes general dentistry such as examinations, x-rays, fillings, extractions, and dentures. For more extensive treatment patients may be referred for specialised oral health services at Hornsby Dental clinic.

Who are we?
Oral health services are delivered by teams of fully qualified Dentists, Oral Health Therapists, Dental Therapist, Dental Technicians, Dental Assistants and reception staff.

Where are we?
RNS Dental Clinic (Community Health Centre), Dee Why Child Dental clinic (Dee Why School), Mona Vale Adult Dental Clinic (Mona Vale Hospital), Coxs Road Adult Dental Clinic (Macquarie Hospital), Top Ryde Dental Clinic (Top Ryde), and Hornsby Dental Clinic (Hornsby Hospital)

Who is eligible?
Patients must reside in the Northern Sydney Local Health District, and be eligible for Medicare.

Children: All children and young people less than 18 years old are eligible.

Adults: Adults (18 years or older) must hold, or be listed as a dependent on one of the following valid Australian Government concession cards:
- Health Care Card
- Pensioner Concession Card
- Commonwealth Seniors Health Card.

Additional eligibility criteria may apply for some specialist dental services.

How to access the service:
Contact the NSLHD Health Contact Centre on 1300 732 503 to request dental care.

- Patients are triaged and prioritised in accordance with NSW Health Policy. Patients with a dental emergency - trauma, facial swelling, or uncontrolled bleeding – are highest priority and will be seen on the same or next day. Patients who require urgent dental treatment for medical reasons and have a referral are given high priority.

How can you help?
Unfortunately we realise many eligible people including children may be missing out as they are not aware of this service.

Recent Commonwealth funding has enabled the Oral Health Service to reduce waiting times for dental care and now is an excellent time for people to request dental care.
To make the most of this opportunity we are requesting your help to promote this service and to encourage people to phone the Oral Health Call Centre.

To make a dental appointment: Contact the NSLHD Health Contact Centre: 1300 732 503
For any other information: Contact NSLHD Oral Health Executive Unit: 02 8877 5136

CLINIC LOCATIONS:
Hornsby*Top Ryde*Cox Rd*Royal North Shore
Mona Vale*Dee Why

PHONE 1300 732 503