Dear Parents

The celebration of First Eucharist last weekend was a beautiful and reverent occasion. Congratulations to all children who have taken this new step in their faith. Parents are the first teachers in the ways of faith for their children. No matter who says what, unless children sense their parent’s faith they will not absorb faith. The faith the parent hands on will be their strength through life. Teachers and priests cannot plant faith in the hearts of our children if parents don’t.

“Lord, we ask You to strengthen us in our role as parents. Help us to be positive, encouraging, appreciative and supportive of each other as we guide our children’s lives to reflect Your goodness and love. Amen.”

Congratulations to Jahla, Eliza and Macee who competed in the National Level 3 State Gymnastic Championships last weekend.

May I encourage parents to attend “The Hub” meeting this evening. It is a great opportunity to thank people for their generous work throughout the year and to share some refreshment and conversation together.

Many parents have put forward requests regarding students and classes for 2016. Where possible reasonable requests will be accommodated however as there are only two classes per grade and some requests actually conflict with others, not all will be met. There are five kinds of social and emotional skills that are important for children to develop at school and at home.

1. Self-awareness: understanding feelings, self-confidence
2. Social awareness: respecting and understanding others, and appreciating differences between people
3. Self-management: managing emotions, being able to set goals and stick to them
4. Responsible decision making: choosing wisely and thoughtfully
5. Relationship skills: cooperating, communicating, making friends and resolving conflict.

Mrs Suellen Garey
PRINCIPAL

Our trial with social media is having a significant reach, in 3 weeks we have reached 4 500 people.

Like us on Facebook or follow us on twitter
**Religious Education News**

**Solidarity Prayer**

*God of peace and justice,*

*help us to change,*

*so that we work for a world that mirrors your wisdom.*

*Give us the desire to act in solidarity,*

*so that the pillars of injustice crumble*  
*and those now crushed are set free.*

*Amen.*

---

**Altar Server Training**

Training begins on Thursday 19 November (tomorrow) at 8.00am. Please bring your child directly to the church. Mrs McBryde will walk the children back to school at the end of training.

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**First Communion**

Congratulations to all the children who celebrated their First Holy Communion over the weekend.

Stephanie B  
Lily B  
Emma B  
Harry C  
Sarah C  
Joseph C  
Patrick D  
Jahla F  
Gabriella G  
Hester G  
Milana G  
Emily G  
Phoebe H  
Jessica H  
Sebastian H  
Marnie H  
Joel H  
Bailey J  
Lauren K  
Dallas L  
Cooper L  
Holly L  
Matthew M  
Lucy M  
Malia M  
Charlotte M  
Marlow M  
Lily M  
Nathan O  
Roxanne R  
Alana R  
Joel H  
Lauren K  
Emily G  
Phoebe H  
Jessica H  
Sebastian H  
Marnie H  
Joel H  
Lauren K  
Emily G  
Phoebe H  
Jessica H  
Sebastian H  
Marnie H  
Joel H  
Lauren K  
Emily G  
Phoebe H  
Jessica H  
Sebastian H  
Marnie H

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**Christmas Hamper Appeal – Items required by Tuesday 24 November – Next Week!**

It seems too early to be thinking about Christmas! However, the rest of the term is busy and families are being stretched in many different directions. Now is a good time to think about how your family can support those families and people who are less fortunate than us. Your support with our Christmas Hamper Appeal is very much appreciated.

Each year at this time we run our Christmas hamper appeal. The Mini Vinnies Team is organising a collection of non-perishable food, which will be distributed to families through the St Vincent de Paul Society.

Students are asked to donate goods to families and people in need, so that they too may enjoy the delights that Christmas brings. The following are the requests:

- **KE** – SOAP, TOOTHPASTE, DEODORANT
- **KP** – SAVOURY BISCUITS
- **1D** – TINNED FRUIT
- **1F** – FRUIT CAKE
- **2B** – SHORTBREAD OR BISCUITS

- **2D** – LONG LIFE JUICE OR MILK
- **3R** – CHIPS OR PRETZELS
- **3L** – TINNED TUNA OR SALMON
- **4N** – PASTA AND PASTA SAUCE
- **4B** – CAN NED SOUP, SPAGHETTI etc

- **5N** – BOX OF 100 TEA BAGS
- **5S** – 250g JAR OF COFFEE
- **6F** – CORNCHIPS/SALSA
- **6W** – LOLLIES

Please be generous with these appeals as your care and compassion is a powerful message for your children to witness. In our own small way, we can make a difference at Christmas time.

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**Religious Dates to Remember**

- **Wed 25 Nov**  
  Yr 4 Class Mass at 9:15am
- **Sat 28 Nov**  
  Blessing of 2016 Kinder Mass (5pm)
- **Wed 02 Dec**  
  Yr 2 Class Mass (9.15am)

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**Please keep in your prayers...**

Natasha S from 1D and her family. Natasha is undergoing medical treatment for reoccurring leukaemia.

Phoebe H from 3R and her family. Phoebe’s grandfather passed away recently.

If you have any good news or if you need our prayers, please see me at school, contact me by phone.

**Christine McBryde – Religious Education Coordinator**

**PARISH WEEKLY BULLETIN** can be found [here](#).
 Helpers for Christmas Eve Mass!
Pittwater Parish is renowned for its 5pm Children’s mass on Christmas Eve and of course we need lots of helpers and children to participate. Included in this newsletter are slips for people (to return) who are able to assist with setting up on Christmas Eve and children who will be attending so we can begin to organise readers and actors.

There will be Christmas Eve Mass in the school grounds at 5.00pm on Christmas Eve. We are seeking a team to work with us in preparing and assisting with this Christmas celebration. We will be working closely with the Parish for co-ordination. Help will be needed with ushering/crowd control, stage setup, the nativity play, chair set up and putting away chairs after the 9pm Mass, decorating etc. If you feel you would be able to help in any way, we would very much like to work with you in making Christmas Eve a special evening. **We will hold a meeting closer to Christmas to discuss details.**

Please fill out the form below if you can assist and return to Chris McBryde. Thank you in advance! If you would prefer to email your reply, please email to shmv@dbb.catholic.edu.au with the heading “Christmas Eve Mass Helper”.

Christmas Eve Liturgy/Play Participation (Children)
I would like to include the children from our school who will be attending the Christmas Eve Liturgy/Play to take on roles, eg readings, dancing, singing, etc. If you know that you will be attending the liturgy and would like your child/children to be involved, please indicate on the slip below and return to school for the “red bag” or to Mrs McBryde.

If you would prefer to email your reply, please email to shmv@dbb.catholic.edu.au with the heading “Christmas Eve Liturgy Child Participation”.

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Christmas Eve Mass Helpers

I, ____________________________ am interested in working with the Parish/School in coordinating/helping with the Christmas celebration to be held in the school grounds on Christmas Eve at 5pm.

My contact details are: __________________________ (phone)

_________________________________________ (email address)

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Christmas Eve Liturgy / Play Participation (Children)

I will be attending the 2015 Parish Christmas Eve Liturgy and my children are able to participate.

Child’s name: ___________________________________ Class: ______________
Child’s name: ___________________________________ Class: ______________
Child’s name: ___________________________________ Class: ______________

Parent’s Signature: ___________________________ Date _______________________
Yellow Family Registration Forms
These forms are now due back to the school office. If you are yet to complete, could we please ask for these to be returned as soon as possible.

Forward Planner
18 Nov  The Hub Meeting & AGM (7pm) **TONIGHT!**  
23 Nov  Wellbeing Week  
28 Nov  Blessing of 2016 Kinder Mass (5pm)  
02 Dec  Yr 2 Class Mass (9.15am)

Our full school calendar can be accessed on our school APP or website on the Significant Dates page:  [here](#)  
Dates are constantly being added to our calendar and should be checked regularly by parents.

<table>
<thead>
<tr>
<th>Positive Behaviour For Learning</th>
<th>Respectful Relationships</th>
</tr>
</thead>
<tbody>
<tr>
<td>Our PBL focus for this week is:</td>
<td>Our Respectful Relationships focus for this week is:</td>
</tr>
<tr>
<td><strong>USE KIND WORDS AND ACTIONS</strong></td>
<td><strong>TAKE TURNS</strong></td>
</tr>
</tbody>
</table>

2016 School Terms, Staff Development Days & Holidays

To assist parents who are planning holidays in January, please note school dates below. All children are required to attend a compulsory assessment in January. Assessment booking details will be published in our final newsletter for 2016, on Wednesday 16 December.

**Wednesday, 27 January**........ Staff Development Day *(SDD)*  
**Thursday, 28 January**......... *Assessment Day for Kinder – Yr 6 / SDD*  
**Friday, 29 January**............ *Assessment Day for Kinder – Yr 6*  
**Monday, 1 February** .......... *Assessment Day for Kinder*  
**Monday, 1 February** ............ Yrs 1-6 commence  
**Tuesday, 2 February** .......... Kinder commence

All students must attend a compulsory assessment. Booking details will be included in our newsletter on 16 December 2015.

2016 Vacations | Last Day of School for Students | Return to School for Students  
--- | --- | ---  
**Term 1** | Friday 8 April | Tuesday 26 April  
**Term 2** | Friday 1 July | Tuesday 19 July (Staff only on Monday)  
**Term 3** | Friday 23 September | Monday 10 October  
**Term 4** | Friday 16 December |  

**STAFF DEVELOPMENT DAYS 2016:**  
Wed 27 Jan  
Thurs 28 Jan  
Mon 18 Jul  
Mon 19 Dec  
Tues 20 Dec

2016 Grade Parents

A very big thank you to our grade parents who have performed the valuable service of welcoming and social networking to enable everyone to feel part of the community. If you are interested in the position for next year, please contact the office.

<table>
<thead>
<tr>
<th>Kinder 2016</th>
<th>Year 1 2016</th>
<th>Year 2 2016</th>
<th>Year 3 2016</th>
<th>Year 4 2016</th>
<th>Year 5 2016</th>
<th>Year 6 2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>Position filled</td>
<td>3-4 required</td>
<td>Position filled</td>
<td>3-4 required</td>
<td>3-4 required</td>
<td>2 more required</td>
<td>3-4 required</td>
</tr>
</tbody>
</table>
Next week, Week 8, will be WELL-BEING WEEK at Sacred Heart in Term 4. This will be a week where students, families and staff all take a breather in our busy lives and be kind to ourselves and each other. It should be a time where all families make time for each other and reconnect. To help families do this, there will be NO HOMEWORK in Week 8 for any class.

The theme for Wellbeing Week this term is:

“End of Year Christmas Celebration”

Throughout the week students will be reflecting on the year that has been and participating in some fun Christmas themed activities.

ALL WEEK

No homework

Wednesday

Wear a touch of red and green (eg ribbon, hat, t-shirt). This is not a mufti day!

Respectful Relationship Groups and Friendship Lunch

Children will be grouped together into their Respectful Relationships Groups for 2015. Children will meet up with their Respectful Relationships group in an allocated classroom where they will participate in a Christmas activity and share how they celebrate Christmas. They will then eat lunch with their group.

DURING THE WEEK

• End of year reflection
• Christmas themed activities
• Free choice activities – each class will enjoy a session of free choice games and activities with their teacher.
• Social and emotional learning in the classroom – teachers will focus on activities suited to the need of the class.
• Mindfulness activities

As usual we have some fun activities planned for teachers too and encourage all teachers to also go home early next week and spend much needed quality time with their families.

We hope that Wellbeing Week will provide us all with the opportunity to appreciate the important people in our lives and consider how important companionship, family and free time are in fostering good mental health.

Enjoy your week!

KMAT ACTION TEAM

Band News

2016 Training Band Try-Outs (Blow Test)

Thank you to the families who have registered interest in the 2016 Training Band and returned forms to the office. Please be advised that your child will be given a short testing to ascertain instrument suitability. It will include some rhythm and pitch exercises, and each child will be able to experience some of the instruments.

This will take place tomorrow, Thursday 19 November. Your child will be called from class anytime between 9am and 11am (children do not need to bring anything). Only children who have returned forms to school will be assessed. Parents will be contacted shortly after.

Thank you for your interest in our Sacred Heart Training Band 2016!

Clare McFadden
Happy Birthday from all at Sacred Heart to the following students who celebrate a birthday during the coming week:
Lilian H  Zara W  Max E  Isaac W
Tahnee R  Phoebe H  Anderson L

School Awards

<table>
<thead>
<tr>
<th>KE</th>
<th>Jack B, Samantha K, Ariela P</th>
</tr>
</thead>
<tbody>
<tr>
<td>KP</td>
<td>William C, Oliver P, Zac S</td>
</tr>
<tr>
<td>1F</td>
<td>Indiana F, Patrick B</td>
</tr>
<tr>
<td>1D</td>
<td>Alberto J, Molly R</td>
</tr>
<tr>
<td>2B</td>
<td>Olivia J, Illuka O</td>
</tr>
<tr>
<td>3R</td>
<td>Antonio Z, Dallas L</td>
</tr>
<tr>
<td>3C</td>
<td>Roxanne R, Hayden W</td>
</tr>
<tr>
<td>4B</td>
<td>Izak B, Brendan L</td>
</tr>
<tr>
<td>4N</td>
<td>William C, Sophie O</td>
</tr>
<tr>
<td>5N</td>
<td>Sienna B, Sienna C, Jaime Y</td>
</tr>
<tr>
<td>5S</td>
<td>Abby H, Luka M</td>
</tr>
<tr>
<td>6F</td>
<td>Danielle O, Grace B</td>
</tr>
<tr>
<td>6W</td>
<td>Charlotte S, Mackenzie B</td>
</tr>
<tr>
<td>3-6S</td>
<td>Isaac W, Arturo V, Alush W, Ryan M</td>
</tr>
</tbody>
</table>

Principal’s Awards: Zara W, Matthew P (Year 1)

Canteen News

CANTEEN ROSTER (start 9.30am - finish 1.45pm)

| Mon 23 Nov | Chantelle B, Selina N, Nick B |
| Thur 26 Nov| Juliana J, Kammi B, Linda M, Claire R (11-1pm) |
| Fri 27 Nov | Bec D, Lisa D, Yvette C, Alana M |

Volunteer morning tea: Please send in your RSVP’s even if you are not attending on the 24 Nov so we can include you in our lucky door prize.
Also, for all volunteers returning next year please return your 2016 slips asap.
Help needed: Friday 20 November 9.30am-1.45pm or 11am-1pm please contact Kay.

Kay & Marie – Canteen Coordinators

Kiss & Drop Morning Roster

Thank you to the volunteers on the Kiss and Drop roster. We still require additional volunteers, if you are able to assist please contact Selina Nichols on nicholsselina@gmail.com for further information.
Changes to School Student Travel Scheme / Introduction of School Opal cards

From term one 2016, Transport for NSW will be issuing School Opal cards to students eligible for travel under the School Student Transport Scheme via a new online application process. Most parents, guardians and students won’t need to apply for a School Opal card if they have already been given a school student travel pass and will automatically receive a School Opal card in 2016 EXCEPT THE CURRENT YEAR 2 STUDENTS.

Current year 2 students MUST RE-APPLY to receive an Opal card for 2016. An application form has recently been sent home with eligible year 2 children who currently hold a bus pass, to be returned to the school office no later than Monday, 30 November for processing. Alternatively you can complete an online application form at www.transportnsw.info/school-students and return to the school office. All future new applications for School Opal cards must be made via the online application form at www.transportnsw.info/school-students. For more information on the School Opal card and the School Student Travel Scheme (SSTS) please visit Transport NSW’s website above.

Uniform Shop News

If your child has a broken zipper on their school bag, please bring to the uniform shop this week for repairs.

The uniform shop will have their final day for 2015 on Friday 4 December 2015. Please ensure all purchases have been made by this date as we will not re-open until school returns in 2016.

Opening Hours: Mon 8.30-9am Wed 2.30-3pm Fri 8.30-9am

In 2016 during the first week of school, the uniform shop will be open Monday, Tuesday, Wednesday and Friday.

Mon 1 Feb – 8.30-am Tues 2 Feb - 8.30-9.00am Wed 3 Feb – 2.30-3.00pm Fri 5 Feb – 8.30-9.00am

Normal opening days and hours will apply from Monday 8 February 2016.

Veronika & Clare

Pittwater Parish News - The Parish Pulse

Holy Communion
A big Congratulations to all the children who celebrated their First Holy Communion over the weekend. It was lovely to see all the children so happy and excited to be receiving this Sacrament.
I hope you all enjoyed your special day and may God bless you and protect you all as you continue your faith journey.

Angela Smit – Pittwater Parish Sacramental Coordinator

School WHS

Student Safety – To ensure the safety of our students, parents should not be using the school driveways (staff carpark and bottom playground) to drop off/collect children, or make turns.

Sun Safety – Did you know Sacred Heart is a “Sun Smart School”? Please encourage children to check their school bag each morning for their hat prior to leaving home. Children who do not have a hat are required to sit on the silver seats during recess and lunchtime.
Tonight is The Hub AGM - 7pm in the library. Everyone is welcome, we will review the year past and toast the year ahead.

We hope to see as many of you there as possible, whether you be a class parent, volunteer, friend or an interested party.

*Lynette Suchanek – The Hub Secretary (shpandf@gmail.com)*

Golden Jubilee Book

We still have a few Jubilee Books available to purchase. Order forms can be found on our school website [here](#). Please complete slip and return to the school office.

Diocesan Parent Council

Information from the Diocesan Parent Council can be found on their website [here](#).

For more information on Michael Grose seminars, please visit [here](#).

CatholicCare Before & After School Care

CatholicCare before and after school care have opened enrolments and bookings for next year are filling up fast. Please visit the website [http://catholiccaredbb.org.au/childrens-services11/before-after-school-and-vacation-care/mona-vale](http://catholiccaredbb.org.au/childrens-services11/before-after-school-and-vacation-care/mona-vale) or contact Kylie directly monavale.oshc@dbb.org.au for more information.

Doctor Dolittle Photo Compendium

Professional Musical Photo Compendium CD Available
Over 1000 beautiful character shots of Sacred Heart students is available to purchase. A CD of still photos by photographer Andrew Hall can be purchased for $10. Please complete the order form below and return to the school office.

---

**DOCTOR DOLITTLE PHOTO COMPENDIUM CD ORDER FORM**

<table>
<thead>
<tr>
<th>NAME:</th>
<th>MOBILE:</th>
</tr>
</thead>
<tbody>
<tr>
<td>ELDEST CHILD:</td>
<td>CLASS:</td>
</tr>
<tr>
<td>NUMBER OF CDs:</td>
<td>@ $10.00 each = $</td>
</tr>
</tbody>
</table>

☐ I have paid by internet banking → → → →

☐ I enclose $........... cash

☐ I enclose a cheque payable to ANDREW HALL

Name: AT Hall and EP McGonnell
Bank: Bankwest
Branch: Brookvale
BSB: 302171  A/C: 0082106