Dear Parents

It was lovely to receive the letter below. Thank you to our Kiss and Ride staff and parents morning and afternoon, in all weather!

“I just wanted to write a quick note to pass on my thanks to all the parents and staff who have volunteered their time for Kiss n Drop. Early mornings are a difficult time to offer help when you have other children, work commitments etc so it’s fantastic to have so many parents help out at this time. I use the service regularly and without their help, I wouldn’t be able to get to work on time! It really makes life easier in the morning rush and I thank them for being there to help my daughter get into school safely.”

There have been a number of sick children at school this week. Please ensure that the office has up to date emergency contact information, it is distressing for unwell children if family members can not be contacted. Sick children need to remain at home until they are well again. I understand the pressure on working parents but there is no learning happening if children are unwell and some “bugs” are very easily spread amongst children.

Semester reports will be going home on Friday. This is a wonderful opportunity to celebrate the student’s learning for the year. All children have made progress, all children have something to learn!

There is so much to be grateful for here at Sacred Heart Mona Vale, our loving community, our family, friends, beaches, work opportunities and weather. During this time of year there tends to be an increase in grumbles. They call it the “Silly Season”. Let us work together to remain focussed on what is important in our lives, to be positive, cup half full people, people of hope!

Go gently in this season of Advent!

Mrs Suellen Garey
PRINCIPAL
Religious Education News

Keeping Christ in Christmas
Well we are on the countdown to the big day! Santa has arrived in most shopping centres, you can almost hear the clang of the elves busy hammers at the North Pole and the swish of the pen on the naughty and nice list. The cash registers are ringing in the shops, hams are smoking and all over Australia prawns are quaking in their shells.

As Catholics, this season should be much more than the blatant commercialism that we see all around us. Advent is a time of preparation to celebrate the birth of Our Lord. It is time for us to put Christ back into Christmas. This is a task that can be quite difficult, a little like the ‘Amazing Race.” Are we up for the challenge?

Let’s make 2015 the year of the ‘Amazing Christmas Race’. Here is your challenge:
• Select Christmas cards that have religious designs and verse .
• Buy your cards from Oxfam or other charities.
• Contriute toiletries for the local homeless.
• Replace the bells and baubles on your tree with angels or nativity characters.
• Make sure you have a nativity scene in your house.
• Buy some presents from the Peru stall.
• Read the children some of the beautiful nativity stories as well as the traditional Santa tales.
• Try to get to Mass.
• Consider placing a Jesse tree in your home instead of an Advent Calendar filled with chocolate. Then each day you can trace Jesus’ family heritage.
  o (http://www.beliefnet.com/Faiths/Christianity/2000/12/Jesse-Tree.aspx)
• As a family follow this link to an online quiz about the Nativity story and test your knowledge. http://www.beliefnet.com/Faiths/Christianity/Quiz/Nativity-Story.aspx it can be a lot of fun and spark some great conversation about the true meaning of Christmas and why it is so important in our faith.
• Buy ‘the man who has everything’ a ‘global gift’ from the Caritas website
• Commit to sponsoring a child this year through caritas or world catholic mission.
• Read the nativity story from the Bible.
• Contriute to the Vinnie’s Christmas appeal.
• Commit to caring for God’s creation by sending e-cards.
• Always write Christmas not Xmas!

Religious Dates to Remember
Wed 16 Dec   Mass of Thanksgiving (11.30am)

Please keep in your prayers...
Natasha S from 1D and her family. Natasha is undergoing medical treatment for reoccurring leukaemia.

If you have any good news or if you need our prayers, please see me at school, contact me by phone.

Christine McBryde – Religious Education Coordinator

PARISH WEEKLY BULLETIN can be found here.

Remember....
SLIP SLOP SLAP!!!
Year 2 Zumba
Join us at assembly this Friday for a presentation by our year 2 girls showcasing their Zumba!

Forward Planner
15 Dec - Yr 6 Graduation Mass (5pm) and Dinner (Bayview Golf Club)
16 Dec - End of Year Mass (11.30am)
16 Dec - Last day term 4
24 Dec - Christmas Eve Children's Mass (5pm)

Our full school calendar can be accessed on our school APP or website on the Significant Dates page: here
Dates are constantly being added to our calendar and should be checked regularly by parents.

<table>
<thead>
<tr>
<th>Positive Behaviour For Learning</th>
<th>Respectful Relationships</th>
</tr>
</thead>
<tbody>
<tr>
<td>Our PBL focus for this week is:</td>
<td>Our Respectful Relationships focus for this week is:</td>
</tr>
<tr>
<td>LEARN AND LET OTHERS LEARN</td>
<td>ENCOURAGE OTHERS WHEN THEY MAKE MISTAKES OR HAVE TROUBLE</td>
</tr>
</tbody>
</table>

2016 School Terms, Staff Development Days & Holidays

To assist parents who are planning holidays in January, please note school dates below. All children are required to attend a compulsory assessment in January. Assessment booking details will be published in our final newsletter for 2016, on Wednesday 16 December.

Students will meet their 2016 teachers on Tuesday 15 December 2015. Parents of kinder 2016 students will receive a letter in the mail advising their kinder teacher.

Wednesday, 27 January....... Staff Development Day (SDD)
Thursday, 28 January......... Assessment Day for Kinder – Yr 6 / SDD
Friday, 29 January............. Assessment Day for Kinder – Yr 6
Monday, 1 February ........... Assessment Day for Kinder
Monday, 1 February ........... Yrs 1-6 commence
Tuesday, 2 February .......... Kinder commence

2016 Vacations | Last Day of School for Students | Return to School for Students
--- | --- | ---
Term 1 | Friday 8 April | Tuesday 26 April
Term 2 | Friday 1 July | Tuesday 19 July (Staff only on Monday)
Term 3 | Friday 23 September | Monday 10 October
Term 4 | Friday 16 December | |

STAFF DEVELOPMENT DAYS 2016: Wed 27 Jan Thurs 28 Jan Mon 18 Jul Mon 19 Dec Tues 20 Dec

2016 Grade Parents

A very big thank you to our grade parents who have performed the valuable service of welcoming and social networking to enable everyone to feel part of the community. If you are interested in the position for next year, please contact the office.

<table>
<thead>
<tr>
<th>Kindergarten 2016</th>
<th>Year 1 2016</th>
<th>Year 2 2016</th>
<th>Year 3 2016</th>
<th>Year 4 2016</th>
<th>Year 5 2016</th>
<th>Year 6 2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>Position filled</td>
<td>Position filled</td>
<td>Position filled</td>
<td>Position filled</td>
<td>3-4 required</td>
<td>2 more required</td>
<td>3-4 required</td>
</tr>
</tbody>
</table>
Student Achievements

Broken Bay Sports Awards - Roxi B and Chelsea S
Last night the annual Broken Bay Sports Awards were held at St Agatha’s Pennant Hills. The awards are presented to students in the Diocese who have represented at least two Polding teams, received a medal at a State event or represented NSW Primary Schools at a sporting event.

Roxi (Year 6) and Chelsea (Year 4) received an award for the following sporting achievements in 2015:
* Polding Athletics Team
* Polding Cross Country Team
Roxi and Chelsea were presented their awards by Former Australian Cricketer, Shane Lee. Shane spoke to the audience about his experiences in sport and gave some personal stories about the highs and lows he has faced in his sporting career.

As part of receiving their awards, Roxi and Chelsea composed a Sporting Achievement Profile. This was published into a booklet for the awards night and is attached at the end of the newsletter for you to read. Congratulations girls, we are very proud of your achievements and we wish you every success in your promising sporting career.

Michele Kerr - Sport co-ordinator

National Cheer & Dance Championships 2015
Congratulations to Lily M, Rosie M and Isabel B who represented Highrise Allstars and came 3rd in the National Cheer & Dance Championships in Melbourne last weekend!

Natalie T – The Sound of Music, the Musical
A big congratulations to Natalie T (6F) who has been cast as Louisa Von Trapp in the upcoming production of Rodgers and Hammerstein world famous musical The Sound of Music to be performed at the Capitol Theatre from mid December through to the end of February. Over 1000 children auditioned for the show and Natalie was chosen as one of the three Louisa’s cast for the show’s Sydney run. You can see Nat and her group of Von Trapp children perform at this year’s Sydney’s Carols in the Domain to be broadcast on Channel 7 on Saturday 19 December. Chookas to you Nat, have a wonderful season.

Band News

2016 Training Band Try-Outs (blow test)
Thank you to the families who have registered interest in the 2016 Training Band and returned forms to the office. Most children have had the experience of trying our different band instruments in a session with Jane Nelson (one of our great tutors) and myself. The last of these “testings” will take place on Thursday this week.

For those families involved, please "stay tuned" and you will be contacted after all the testings have been completed.

Clare McFadden – Band Conductor
Happy Birthday

Happy Birthday from all at Sacred Heart to the following students who celebrate a birthday during the coming week:

Grace B  Roxanne R  Levi D  Albie B  Luke O
Ruby H  Charlotte M  Jordan S  Jack B

School Awards

<table>
<thead>
<tr>
<th>KE</th>
<th>Angelina Z, Archie L, Paige B</th>
</tr>
</thead>
<tbody>
<tr>
<td>1F</td>
<td>Luke O, Claire B</td>
</tr>
<tr>
<td>2D</td>
<td>Lilian H, Sasha D, Harrison D</td>
</tr>
<tr>
<td>3R</td>
<td>Tom S, Erin S</td>
</tr>
<tr>
<td>4B</td>
<td>Adrian S, Mille B</td>
</tr>
<tr>
<td>5N</td>
<td>Ezekiel G, Abigail L, Samuel D</td>
</tr>
<tr>
<td>6F</td>
<td>Grace D, Emma D</td>
</tr>
<tr>
<td>3-6S</td>
<td>Fergus H</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>KP</th>
<th>Charlie S, Charli S, Sam J</th>
</tr>
</thead>
<tbody>
<tr>
<td>1D</td>
<td>Thomas D, Jessica M</td>
</tr>
<tr>
<td>2B</td>
<td>Lacey C, Kai F</td>
</tr>
<tr>
<td>3C</td>
<td>Brooke K, Hayden W</td>
</tr>
<tr>
<td>4N</td>
<td>Joseph H, Alice T</td>
</tr>
<tr>
<td>5S</td>
<td>Joel S, Brooke L</td>
</tr>
<tr>
<td>6W</td>
<td>Laura G, Lucie3 R</td>
</tr>
</tbody>
</table>

Principal’s Awards: N/A

Canteen News

Canteen Roster (start 9.30am - finish 1.45pm)

<table>
<thead>
<tr>
<th>Mon 7 Dec</th>
<th>Zoe W, Maria K, Cathy G, Julie F</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thur 10 Dec</td>
<td>Lydia N, Raylee K, Sarah-Jane R</td>
</tr>
<tr>
<td>Fri 11 Dec</td>
<td>Margaux Z, Caroline R, Linda D</td>
</tr>
</tbody>
</table>

Canteen Xmas Party: We have had a positive response to our forthcoming party day, Tuesday 8 December, hot dog, choc top and drink special. We will also be serving special Christmas treats, including some healthy options, over the counter at morning tea. We hope that all the children at Sacred Heart will be joining in the fun. Our RSVP date closes this Friday 4 December for catering purposes. For all the children that order online there will be a chance to win one of many fabulous prizes that will be drawn on the day. Also, we will be giving out random raffle tickets which will be stapled onto lunch orders for a special prize. This can be redeemed either on the day or any other canteen day that week at the canteen window. For all children ordering a choc top please keep your lunch bags as we will need these back at the canteen counter to give out the ice creams. We will remind everyone at assembly on the event morning.

Orders: We are placing our last orders for butter chicken bags etc this week. If you would like to order in time for the holidays please contact Kay or Marie by this Friday, 4 December.

Help: This Friday 4 Dec either 11-1.30pm, or 9.30-1.45pm please contact Kay.

Birthday Ice Blocks: We will not be accepting anymore birthday ice blocks from Monday 7 December as the canteen will be shutting down some of the freezers.

Kay & Marie – Canteen Coordinators

Uniform Shop News – Final Day for 2015 is this Friday

The uniform shop will have their final day for 2015 this Friday 4 December 2015. Please ensure all purchases have been made by this date as we will not re-open until school returns in 2016.

In 2016 during the first week of school, the uniform shop will be open Monday, Tuesday, Wednesday and Friday. Mon 1 Feb – 8.30-am   Tues 2 Feb - 8.30-9.00am   Wed 3 Feb – 2.30-3.00pm   Fri 5 Feb – 8.30-9.00am

Normal opening days and hours will apply from Monday 8 February 2016.

Veronika & Clare

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Thank you to the volunteers on the Kiss and Drop roster. We still require additional volunteers, if you are able to assist please contact Selina Nichols on nicholsselina@gmail.com for further information.

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>7 Dec</td>
<td>8 Dec</td>
<td>9 Dec</td>
<td>3 Dec</td>
<td>4 Dec</td>
</tr>
<tr>
<td>Anna R</td>
<td>Karen L</td>
<td>Mel B &amp; Lynette S</td>
<td>Selina N</td>
<td>Jo B</td>
</tr>
<tr>
<td>14 Dec</td>
<td>15 Dec</td>
<td>16 Dec</td>
<td>10 Dec</td>
<td>11 Dec</td>
</tr>
<tr>
<td>Linda M</td>
<td>Selina N</td>
<td>Mel B &amp; Lynette S</td>
<td>Lisa P</td>
<td>Kylie D</td>
</tr>
</tbody>
</table>

**School Buses Information**

*** PLEASE READ IF YOUR CHILD CATCHES A BUS ***

New bus route numbers for School Special bus services in 2016

From the start of Term 1, most School Special bus services will be renumbered to eliminate any duplication of route numbers that may have caused confusion to students in the past.

Please note: These changes do not impact the level of service provided to our school or the route taken by these services. The only change is to the three-digit bus route numbers.

Please have a look at the listing on the STA website [here](#) and have a discussion with your child in the Christmas/January holidays regarding their new bus number.

If you are unsure, please check the Sydney Buses website [here](#).

<table>
<thead>
<tr>
<th>OLD NUMBER</th>
<th>WHERE THE BUS GOES - AFTERNOON</th>
<th>NEW NUMBER</th>
</tr>
</thead>
<tbody>
<tr>
<td>756</td>
<td>From Sacred Heart to Mater Maria, Warriewood</td>
<td>643</td>
</tr>
<tr>
<td>757</td>
<td>From Sacred Heart to Church Point</td>
<td>646</td>
</tr>
<tr>
<td>759</td>
<td>From Sacred Heart to Warriewood Valley</td>
<td>652</td>
</tr>
<tr>
<td>760</td>
<td>From Sacred Heart to St Joseph’s Narrabeen</td>
<td>673</td>
</tr>
<tr>
<td>784</td>
<td>From Sacred Heart to Mona Vale Junction</td>
<td>634</td>
</tr>
<tr>
<td>788</td>
<td>From Sacred Heart to Newport / Avalon</td>
<td>770</td>
</tr>
</tbody>
</table>

**Changes to School Student Travel Scheme / Introduction of School Opal cards**

From term one 2016, Transport for NSW will be issuing School Opal cards to students eligible for travel under the School Student Transport Scheme via a new online application process. Most parents, guardians and students won’t need to apply for a School Opal card if they have already been given a school student travel pass and will automatically receive a School Opal card in 2016, except the current year 2 students. Those students should have returned their new application forms to the school office.

All new applications for School Opal cards must be made via the online application form at [www.transportnsw.info/school-students](http://www.transportnsw.info/school-students). Forms should then be printed and dropped into the school office. For more information on the School Opal card and the School Student Travel Scheme (SSTS) please visit Transport NSW’s website above.
Transition to High School Parent Info Morning
The Hub will be holding an informal talk on Friday 4 December immediately following morning assembly on transitioning to high school. What to expect, what to be prepared for from a parent's point of view. Juliana Johnston and Eloise Critchley will be two of the mum's speaking, together with parents from Brigidine and St Augustines. Everyone is welcome and I recommend it, it helps to have a little insight to what is big change.

Coffee/tea and biscuits will be provided

The Athlete's Foot School Rewards Program
Sacred Heart are again participating in the Athletes Foot program. We encourage you to buy school and sport shoes from Athletes Foot and mention Sacred Heart. The school will then receive $5.00 from each pair of shoes purchased, including shoes for other family members. The full brochure can be printed on our school website here.

Lynette Suchanek – The Hub Secretary (shpandf@gmail.com)

The Parish Pulse
Little Hearts playgroup celebrated Christmas this week with special visiting elves – Bella, Jack, Bryn and Ethan W!

Angela Smit – Pittwater Parish Sacramental Coordinator
Pittwater Parish website

Diocesan Parent Council
Information from the Diocesan Parent Council can be found on their website here.

For more information on Michael Grose seminars, please visit here.

Pittwater Council Survey
Pittwater Council - School Travel Survey - Mona Vale traffic and parking
Pittwater Council is currently working on a traffic and parking study for the Mona Vale Town Centre and have requested that each family complete the school travel survey which relates to how your family travels to and from school each day. This information will provide us better understand the reasons and barriers as to why parents choose to drive, walk or cycle for the school pick up and drop off. The link for the survey can be found at Mona Vale School Survey.

We also welcome the school community to an open house on Saturday 28 November at the Mona Vale Memorial Hall between 10am-2pm where we will be discussing the Mona Vale traffic & parking strategy and walking and cycling in Mona Vale.

We will share these results with your school and will work in partnership to provide active travel links to your school to encourage walking and cycling.

Michelle Carter - Road Safety Officer - Pittwater Council
On Tuesday the 8 December, the Canteen will be holding a special “End of Year Christmas Celebration”. Please see flyer and details below on how to order.

**How to Order**

1. Order under your registered school 24 account. (Please refer to registration details on the canteen page of our school website [here](#) if you have not yet registered.
2. Place your order under the “special event order section for Canteen End Of Year Christmas Celebration” on the right hand side your home page
3. SELECT “child” and then “start”
4. Select Menu” on the left hand side under “Categories” heading
5. Select your meal choice “Hot Dog”, “Hot Dog & Drink” or “Hot Dog, Drink & Vanilla Choc Top”. Within these options you can choose drink flavours and sauces.
6. Check your order then “Check out”
7. Then “Submit your order”. For 2 or more children, Go back to the home page and Repeat steps.

**CLOSING DATE FOR ORDERS IS FRIDAY**

**ONLINE ORDERING ONLY FOR CANTEEN END OF YEAR CHRISTMAS CELEBRATION**

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**Canteen End of Year Christmas Celebration**

**Tuesday 8th December**

**Prizes for the children**

- Hot Dog $3.00
- Hot Dog & Drink $5.00
- Hot Dog, Drink & Vanilla Choc Top $7.50

Christmas themed Morning Tea (over the counter) from $0.50 - $2.00

**Please order lunch online by 2nd December**

Refer to details on how to order under the canteen section of the school newsletter

For any allergy needs - please see Kay or Marie in the canteen

Main menu will not be available on the day
Helpers for Christmas Eve Mass!
Pittwater Parish is renowned for its 5pm Children’s mass on Christmas Eve and of course we need lots of helpers and children to participate. Included in this newsletter are slips for people (to return) who are able to assist with setting up on Christmas Eve and children who will be attending so we can begin to organise readers and actors.

There will be Christmas Eve Mass in the school grounds at 5.00pm on Christmas Eve. We are seeking a team to work with us in preparing and assisting with this Christmas celebration. We will be working closely with the Parish for co-ordination. Help will be needed with ushering/crowd control, stage setup, the nativity play, chair set up and putting away chairs after the 9pm Mass, decorating etc. If you feel you would be able to help in any way, we would very much like to work with you in making Christmas Eve a special evening. We will hold a meeting closer to Christmas to discuss details.

Please fill out the form below if you can assist and return to Chris McBryde. Thank you in advance! If you would prefer to email your reply, please email to shmv@dbb.catholic.edu.au with the heading “Christmas Eve Mass Helper”.

Christmas Eve Liturgy/Play Participation (Children)
I would like to include the children from our school who will be attending the Christmas Eve Liturgy/Play to take on roles, eg readings, dancing, singing, etc. If you know that you will be attending the liturgy and would like your child/children to be involved, please indicate on the slip below and return to school for the “red bag” or to Mrs McBryde.

If you would prefer to email your reply, please email to shmv@dbb.catholic.edu.au with the heading “Christmas Eve Liturgy Child Participation”.

------------------

Christmas Eve Mass Helpers

I, ____________________________ am interested in working with the Parish/School in coordinating/helping with the Christmas celebration to be held in the school grounds on Christmas Eve at 5pm.

My contact details are: ____________________________ (phone)

______________________________ (email address)

------------------

Christmas Eve Liturgy / Play Participation (Children)

I will be attending the 2015 Parish Christmas Eve Liturgy and my children are able to participate.

Child’s name: ____________________________ Class: _______________

Child’s name: ____________________________ Class: _______________

Child’s name: ____________________________ Class: _______________

Parent’s Signature: ____________________________ Date _______________
CHELSEA SMYTH

Sacred Heart, Mona Vale

My sport is one of the three main things in my life! I think its great fun. The other two things are cooking and my family.

The person I admire the most is my dad. He is the one who helped me achieve my goal, this award.

My dad, family, friends and school have supported me since year 2, when I first went to Polding Cross Country.

I think I have been so successful throughout my sporting life because I got pushed harder and harder at training every week, so when it comes to the real thing I will just finish.

I am proud of all of my achievements like coming 3rd in the state 800m final, and coming 17th in the state cross country but what I love about sport is I have fun and I make lots of new friends.

To sum it up I would like to thank Mum, Dad, family and friends for all the support, and Dad I wouldn’t be able to do it without you.

ROXY BEUZEVILLE

Sacred Heart, Mona Vale

My greatest achievement this year was coming 2nd at the Broken Bay Athletics carnival in the 500m. It felt really good improving on last years race result. Also, getting the fastest female swimmer at school was an exciting moment. I have had a great year - Athletics Champion, Swimming Champion and making State twice. It is a great way to finish primary school!

I admire Courteny Hancock the most because she is so strong and believes in herself. I would love to be an Ironwoman like her one day and compete in the Nutri Grain series.

I got involved in sport from a young age. I have always loved to run and move. I am lucky to be in a family where my parents have really encouraged a variety of sports for myself and four other sisters. They are also always involved in all our sports by coaching and age managing.

My mum and dad encourage me and allow me many different opportunities. My Nippers coach Marty is helping me achieve my goals. The sessions are hard but also fun.

I think I have been successful in sport because I believe I can do it and I know that results don’t happen overnight. I love to train hard because it makes my body and mind feel great. The thing I love most about sport is that you make new friends.

My future sporting dream is become a Nutri Grain Series Ironwoman competitor.