Dear Parents

It was delightful to acknowledge the efforts of many of our students at the recent Cross Country – finishing is a great effort! Hopefully, one of the pet “hates” of parents would be posters in sports stores that proclaim messages such as:

“Failure is not an option, Winning is the only thing that matters.”

Or

“Whoever comes second is the first loser.”

Of course, adults would quickly realise that the non-winners or the losers associated with such posters are the authors who have failed to understand the purpose of participation. However, such statements might have negative effects on children. If expectations are too great, children can be afraid of facing disappointment after they have put a great deal of effort into an endeavour.

In his book, “Will You Still Love Me if I Don’t Win?” Christopher Andersonn makes the distinction between negative and positive competition: negative competition occurs when a child competes for his self-worth and value as a person. Positive competition is the result of children competing to discover their talents and inner strengths such as determination, patience and graciousness. This sentiment is supported by this extract from a poem:

“Don’t undermine your worth
by comparing yourself with others;
It is because we are different
that each of us is special.
Don’t set your goals
by what other people deem important.
Only you know what is best for you. ....”

The last thing we want children to be concerned about is the fear of failure or not living up to their last success. This is why in whatever endeavour they might undertake, children need their parents’ love, approval, acceptance and the sense of security whatever the outcome.

“God, our Father,
We offer praise and gratitude for Your promises that encourage our lives.
Your promise to be our rock
solid and sure, steady and real.
We thank You for the indwelling of Your Spirit enabling us to live in the reality of our lives.
Amen.”
Last night it was lovely to meet up with the parents of current families who have a pre-schooler starting at Sacred Heart in 2017. I asked the parents to think about why they were sending their second child to a Catholic school? Were the reasons the same as when they sent their first child to our school? Most answered that the reasons were the same. They spoke about the strong values taught at the school as well as the strong community aspect evident at Sacred Heart.

Teachers this week have been working hard on integrating an inquiry model for the Geography syllabus K-6 that will be implemented in term 3 and term 4 this year. The aim of the new Geography syllabus is to stimulate students' interest in and engagement with the world. Through geographical inquiry they develop an understanding of the interactions between people places and the environment across a range of scales in order to become informed, responsible and active citizens.

Some of the geographical tools, visual representations, fieldwork, graphs and statistics to be used will include: large and small scale maps, political and sketch maps, aerial photographs, flow diagrams, compasses, maps, weather and climate data.

On Thursday the CSO consultant for the Northern Beaches schools, Miss Anne Duncan, will be at Sacred Heart as the school executive team and myself will be in Melbourne. The purpose of our visit is to see a Challenge Based Learning in action in schools in Victoria.

Kind regards

Mrs Suellen Garey
PRINCIPAL

Blessed are the Merciful, for they shall receive Mercy  Mt 6:7

Like and follow us at: facebook.com/sacredheartmonavale
Like and follow us at: twitter.com/SHMV16

Celebrating East Timor Independence Day
What is National Reconciliation Week?
Each year National Reconciliation Week (NRW) celebrates and builds on the respectful relationships shared by Aboriginal and Torres Strait Islander people and other Australians.

The dates that bookend the week are significant milestones in the reconciliation journey.

**27 May** — Marks the anniversary of Australia’s most successful referendum and a defining event in our nation’s history. The 1967 referendum saw over 90 per cent of Australians vote to give the Commonwealth the power to make laws for Aboriginal and Torres Strait Islander peoples and recognise them in the national census.

**3 June** — Commemorates the High Court of Australia’s landmark Mabo decision in 1992, which legally recognised that Aboriginal and Torres Strait Islander peoples have a special relationship to the land—a relationship that existed prior to colonisation and still exists today. This recognition paved the way for land rights or Native Title.

Pittwater Council participates in the annual Guringai Festival which begins on Thursday 26th May. For more information, activities and events please click on the link: [http://www.guringaifestival.com.au/Index.html](http://www.guringaifestival.com.au/Index.html)

**Dates to Remember**
- Wednesday 25 May: East Timor Independence Day
- Saturday 28 May: Kinder Family Mass 5pm Sacred Heart Church

**Good News and Prayers**
Please pray for Natasha Sljokic who is undergoing medical treatment. If you have any good news or if you need our prayers, please see me at school, contact me by phone.

*Christine McBryde – Religious Education Coordinator*

**PARISH WEEKLY BULLETIN** can be found [here](#).

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**The Parish Pulse**

**Fourth Ritual for First Holy Communion**
The Fourth Ritual for children preparing for First Holy Communion will be held this weekend at all mass times. The children will all be called to the front by Father where they will receive a blessing from the whole Parish community.

Mass times over the weekend are as follows:
- Sacred Heart Mona Vale: Saturday 5pm, Sunday 8am, 9.30am and 6pm
- Maria Regina Avalon: Saturday 5pm, Sunday 9am

*Angela Smit – Director of the Sacramental Ministry*
The Catholic Parish of Pittwater ~ 02 9997 7311 (Ext 13) - [www.pittwaterparish.org](http://www.pittwaterparish.org)

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**Little Einstein’s Club**

A big congratulations goes to Sam C in Year 6 who has had a book review published in The Telegraph newspaper. Sam has been advising the Marketing Director of Holland’s Publishing in relation to Children’s Literature and has also been reviewing some non-fiction books for author Nigel Marsh. Nigel Marsh publishes environmental fact books for children.

Stay tuned for a story that is soon to be written on Sam that will be published all about his achievements as a writer. Congratulations Sam we can’t wait to see it!

*Michaela Browne - Gifted Education Coordinator*

**Sports News**

**Broken Bay Rugby Union Trials**
Good luck to Luca M, Joel S and Markus G who are attending the Rugby Union trials on Monday.

**Broken Bay Cross Country**

Congratulations to Chelsea S who continued her winning streak by placing 1st in the 11years girls race. She lead comfortably throughout the whole race and demonstrated what a great runner she is. Chelsea now represents Broken Bay at the Polding Carnival in June. Macy B also showed what a great competitor she is by placing 9th in a very tight finish.

Thanks to all the parents who came along to support our runners.

*Michele Kerr - Sport Coordinator*

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**Term 2 Sports Skills – Years 4-6**

Tuesdays - All children are to wear their full sports uniform.

Children playing league **MUST** bring a mouthguard with them every Tuesday otherwise they **WILL NOT** be able to participate.

Football boots are optional however they must bring their boots to change into.
Hill End Camp – Years 5 & 6
**Happy Birthday**

Happy Birthday from all at Sacred Heart to the following students who have their birthday during the coming week:

<table>
<thead>
<tr>
<th>Carissa S</th>
<th>Alexandra T</th>
<th>Beau N</th>
<th>Zac M</th>
</tr>
</thead>
<tbody>
<tr>
<td>Leira W</td>
<td>Lucy M</td>
<td>William P</td>
<td>Sam S</td>
</tr>
<tr>
<td>Angelina Z</td>
<td>Dallas L</td>
<td>Tom D</td>
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</tbody>
</table>

**School Awards**

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<tr>
<th>KD</th>
<th>Piper L, Byron B, Sion G</th>
<th>KS</th>
<th>Flynn D, Taylor M, Braeden T</th>
</tr>
</thead>
<tbody>
<tr>
<td>1L</td>
<td>Lachlan C, Paige S, Ava W</td>
<td>1N</td>
<td>Ryan K, Isla F</td>
</tr>
<tr>
<td>2R</td>
<td>Kiki K, Indi F</td>
<td>2S</td>
<td>Bodhi P, Allegra L</td>
</tr>
<tr>
<td>3F</td>
<td>Eliza G, Amelia L</td>
<td>3P</td>
<td>Greta H, William P</td>
</tr>
<tr>
<td>4B</td>
<td>Macee R, Tom S</td>
<td>4N</td>
<td>Alana S., Antonio Z</td>
</tr>
<tr>
<td>5B</td>
<td>On camp last week</td>
<td>5N</td>
<td>On camp last week</td>
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<tr>
<td>6D</td>
<td>On camp last week</td>
<td>6W</td>
<td>On camp last week</td>
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<tr>
<td>3-6S</td>
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Principal’s Awards: Alana R, Charlotte M (Year 4)

**Canteen News**

**CANTEEN ROSTER (start 9.30am - finish 1.45pm)**

| Mon 30 May | Jacki D, Amy M, Amber L |
| Thurs 2 June | Adele V, Jacqui C, Emma W, Kellie F |
| Fri 3 June | Michelle J, Melinda K, Virginia T |

Reminder: For all large online lunch orders eg: hot food, snacks and drinks please remember to order a second bag. When there is no second bag added the ordered drinks go in the lunch basket loosely which then puts them at risk of disappearing.

Help Needed: Thursday 16 June either 9.30am-1.45pm or 11am-1.30pm please contact Kay or Marie.

Kay & Marie – Canteen Coordinators
Please feel free to contact us via email at: sshmv.canteen@dbb.catholic.edu.au

**Kiss & Drop Roster**

Calling on more volunteers for this important service to the school community. We have a number of gaps in our Kiss and Drop roster. Your duty would take half an hour every three to four weeks. If you can help, please email nicholsselina@gmail.com. We’d love to hear from you.

Please note volunteers: orange safety vests need to be collected from the before school care room. They are located on a coat hanger just inside the door.
Keep Kids Safe: #parentscheckthecheck!

Parents or carers who engage the services of a private tutor or coach have an important role to play in helping to keep their children safe.

Adults who provide private tuition or coaching services to children need to obtain a new Working With Children Check. The “Certificate for Self Employed People” will no longer be valid after their expiry date and the certificate holders will need to apply for a new Working With Children Check.

Parents or carers should ask their child’s tutor or coach for their name, date of birth and their Working With Children Check number.

They must then go online and verify the tutor or coach is not barred from working with children in NSW. Verifying that a tutor or coach can work with children is quick and easy – just follow the simple steps at www.kidsguardian.nsw.gov.au/parentscheckthecheck.

If you suspect that an adult is providing services to children without a Working With Children Check you can go online to make a confidential report or phone (02) 9286 7219. Help to keep kids safe by sharing #parentscheckthecheck with your family and friends through your own social media networks.

Sacred Heart App

Reminder: Have you updated your “settings” on the APP to reflect the grades your child/ren are in this year? Updating your settings ensures you only receive notifications relevant to your child/ren’s year group. A Tip Sheet for the app can be found here.


Notifications button.............Instant notifications for parents/staff
Social button.....................Direct link to our Facebook and Twitter feeds
News button ......................News items from our school website
Publications button.............Weekly newsletters on your mobile device
Calendar button...............Direct link to the Significant Dates Calendar of our website
Website button..................Direct link to our school website
Contact button..................Phone and email contact for school
Settings button..................Select the year group for your children - You are able to turn on/off the categories of push notifications you wish to receive in Settings. We recommend parents turn on notifications for General and the year group for your child/ren. We recommend staff turn on notifications for General, Staff and the year group you teach. To avoid “test notifications” when the app has an upgrade which needs testing, turn off Testing.
Next week on **Friday 3 June** we will be celebrating **The Feast of the Sacred Heart**. We will be holding a fun morning tea for the children and the theme will be "Red".

**Children will be allowed to wear red t shirts on the day to school, ie wear your sports uniform on the bottom, with a red shirt or jacket. If you do not have a red shirt, wear your normal sports uniform with a red accessory, ie red socks, hat, hair ribbon or other accessory.**

We will be organising five stalls during the extended morning tea break. These stalls will be cupcake/lolly bags, hairspray/tattoos, apple slinky, photo booth and marshmallow guessing competition. As this is a fundraiser and to ensure the smooth running, we are asking for children to bring **ONLY $1 coins** on the day for purchasing from these stalls. Each item on the stalls will cost $1. **We will need some extra hands on the day from approximately 11am to 12:00pm** to assist with stalls and activities. Please express your interest in volunteering for this event by emailing the Hub email at sacredhearthub@gmail.com and we will be in touch.

We had a wonderful and informative Hub Meeting for Term 2 held last Wednesday evening in our school library. Thank you to all parents and to Mrs Garey who attended on the night. Please watch this space for updates regarding discussions from this meeting which will be advised in the coming weeks especially in regards to the future of our Uniform Shop plus details regarding exciting upcoming events like the "Back to the Eighties" Dinner Dance Saturday 17 September.

If you have any items that you would like to forward to the Hub Committee, or include in a Hub meeting agenda, please email sacredhearthub@gmail.com

**Juliana Johnston – Hub President**  
**Kellie Carroll - Hub Secretary**

*** SAVE THE DATE ***  
**Sacred Heart Annual Parent Dinner Dance**  
**Saturday 17 September 2016**  
**Bayview Golf Course**

**Diocesan Parent Council**

Information from the Diocesan Parent Council can be found on their website [here](#). Did you know DPC are now on Social Media:  
- Twitter [https://twitter.com/BrokenBayDPC](https://twitter.com/BrokenBayDPC) - Follow, retweet, mention  
- Facebook ... [Broken Bay Diocesan Parent Council](#) - Like & share our page & posts

**High School Notices**

**ENROLING NOW for YEAR 7 2019**

If you wish to enrol your daughter at Stella Maris College, Manly for Year 7 2019, the Registration Form needs to be received by the College Registrar no later than Friday 23 September, 2016.

To download a registration form please visit our website [www.stellamaris.nsw.edu.au](http://www.stellamaris.nsw.edu.au)

Interviews for Year 7 2019 will be conducted early in Term 1, 2017.

If you would like to visit the College, tours can be booked by contacting the Registrar, Mrs Kerrie Dudley on 9976 1802

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High School Notices

Mater Maria Festival
Friday May 27, 2016
1.00pm-7.00pm

Please mark in your diaries the Mater Maria Festival which is scheduled for Friday May 27 from 1.00pm to 7.00pm at the College (5 Forest Road, Warriewood).

All are welcome to join us under the Stars as we eat, drink and be merry!

Enjoy international foods, rides, performances by our musicians and dramatists and to pick up some bargains at a heap of stalls.

For further information visit www.matermaria.nsw.edu.au

Federal Election 2016
Forward Planner
25 May - East Timor Independence Day
28 May - Kinder Family Mass (5pm Church)
31 May - ICAS – Science
02-03 Jun - Rehearsals for Sacrament of First Eucharist (5pm in Church)
03 Jun - Feast of Sacred Heart (Mass and Red Themed Day)
04-05 Jun - Sacrament of First Eucharist (Sacred Heart Church)
08 Jun - Kinder Class Mass (9.15am)
13 Jun - Queen’s Birthday Public Holiday
14 Jun - Staff Development Day (No Students)

School Calendar - Our full school calendar and social calendars can be accessed on our school APP or website on the Significant Dates Calendar page here. Dates are constantly being added to our calendar and should be checked regularly by parents.

School Newsletter - Our school newsletter is published on the school website and APP every Wednesday afternoon. Please note we have a new link to the newsletter page of our website, please update any “bookmarks” or “favourites”.

APP – Links to download our school APP are below. A Tip Sheet for the app can be found here.

Sibling Enrolments – Kinder 2017 - Enrolment Applications must be received by the school office by Tuesday 31 May 2016 to be considered for enrolment in 2017.

School Fees – All families should have received their 2016 tax invoice by email. This was sent direct from the Catholic Schools Office. If you have not received your tax invoice, please contact the office.
Standard Instalments: Second payment was due on Friday 6 May 2016.
Monthly Instalments: Payments are due on the 15th of each month.

Email - All correspondence from the school is sent home via email. If you find you not receiving our emails, your mailbox could be full or your security or junk mail settings may need changing. Please advise the school office if you change your email address.

Email is our preferred channel of communication. Staff members may be contacted by email however it is essential that parents understand that due to the nature of their work parents should not expect an immediate response. A response will be made within 72 hours. Email addresses can be found in our newsletter dated 2 March 2016 on our school website.

School Buses / Opal Cards - Applications for School Opal cards must be made via the online application form at www.transportnsw.info/school-students. Forms should then be printed, signed and dropped into the school office. Forms are posted each Friday to Transport NSW. For more information on the School Opal card and the School Student Travel Scheme (SSTS) please visit Transport NSW’s website above. All enquiries regarding new and/or replacement Opal cards should be directed to Transport NSW.

Children who do not qualify for a free school Opal card can still catch a school bus provided they have a “Child Opal Card” which has credit on it (available to purchase/top up in Woolworths).