Term 3 Week 6 - 24 August 2016

Term 3 Core Value: JUSTICE
School Rule: Show Justice for self, others and the environment
Expectation of Behaviour: Turn a negative thought about yourself into a positive

Dear Parents

Go the Sydney Swans! Some years ago there was a football-fanatic priest who unashamedly supported a team that bore the colour of red and white. Parishioners were treated to red and white flowers on the altar, the draping of a red and white scarf over the pulpit and on one famous occasion St Joseph was seen to be sporting a red and white beanie. His sermons were parable-like using the familiar to deliver the message. From memory:

“Praying is a bit like playing football. The players turn up for training sessions, do their conditioning drills, practice the team plan for the game, then get out and play it on the weekend. Sometimes they achieve their goal and win but even when they don’t win a whole lot of other things are happening in their lives: they’re developing relationships, their fitness is improving, they’re learning to respect the talents of others. So it is with prayer. We might not always achieve our goal but, if we give up, we’ll never build a relationship with God, we’ll never be conditioned to persist with our prayer and we’ll never learn to respect God and understand that God’s response to us is not always instant or obvious but it is there somewhere.”

“In pursuit of an answer,
I ask God, ‘How long?’
His reply to me was just, ‘Hang on!’
‘Lord, I’ve been praying so please hear my cry,
I’m weary of asking, so I need a reply.’
Then quietly, softly like a gentle song,
God asked me again to please hang on.
“All you seek I could give, and happy you’d be,
You’d have what you ask, but you wouldn’t know Me.”
- Shawn William.

Thank you to Mrs D Catt who donated many beautiful pots for our passive play space near the PE room. Edie from Kinder has enjoyed playing there, exploring and creating a fairy garden. Mrs Satchell and Mrs Browne are exploring ideas to enhance this play space so if parents have any items in good condition, no longer needed that could transform this area, such as plastic outdoor toys, lego, outdoor settings, a trellis or potting mix etc please see Mrs Satchell.

Many parents have heard Dr Dan Flemming speak at the preparation for sacraments retreats at Mater Maria. Dr Flemming has been invited to speak in our school hall during our parish’s Mercy Week on Monday 12 September at 9.00am. Dr Flemming has a PhD in moral philosophy and theology. He will be speaking on “Mercy and Moral Transformation: On Making Mistakes and Growing from them.”

The process for outsourcing the Uniform Shop has begun. Invitations to tender for Supplying School Uniforms to Sacred Heart Mona Vale will be sent out the week beginning 19 September. Formal presentations from companies will take place the week of 24 October. CSO personnel and Sacred Heart parents and staff will be invited to attend each presentation.
Congratulations to our students and teachers on our Naplan results for 2016. Our School Improvement Plan on Mathematics and the implementation of the EMU program from Kindergarten to Year 6 appears to be having the desired positive outcomes. After some further analysis by teachers and the school executive, the school’s progress will be shared.

**Sip n Sip with the Principal**: Friday 9 September at 9.00am

What is the school’s vision for 21C Learning? How do students use technology in their learning at SHMV? Come along enjoy a cuppa, meet some new friends. Hear about the BYODD initiative!

Parents are invited to attend our Book Week Parade on Friday 26 August in the school playground at 9.00am. If the weather is wet the parade will be held in the hall. Students are invited to come dressed as a character from a book. All students should be able to name the title of their book and a short blurb or summary of the story.

Next week is Wellbeing Week. A week to relax!!! No homework for students, no meetings for teachers.

Kind regards

*Mrs Suellen Garey*

**PRINCIPAL**

Blessed are the Merciful, for they shall receive Mercy  
Mt 6:7

Like and follow us at:  
facebook.com/sacredheartmonavale  
Like and follow us at: twitter.com/SHMV16

**Kinder 2017 – Request for Class Parents**

We are looking for four (4) parents to volunteer to be our Kinder 2017 class parents, to assist our new families joining the Sacred Heart Community in 2017.

Please contact the school office if you would like to volunteer.

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**Religious Education News**

**Year 3 Class Mass**

Due to today’s band camp Year 3 have been rescheduled to attend the parish mass with Year 1 on Wednesday 7 September at 9.15am.

**Third Ritual for Confirmation**

The Third Ritual for children preparing for Confirmation will be held this weekend 27 and 28 August, at all mass times. The children will need to bring along their Sacramental journey books.

**Reflection Day**

The Confirmation reflection day is also being held this Saturday 27 August. It will be held at Mater Maria Catholic College from 1.30–4.30pm.

**Religious dates to Remember**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Saturday 27 August</td>
<td>Confirmation Reflection Day at Mater Maria 1:30-4:30pm</td>
</tr>
<tr>
<td>Wednesday 31 August</td>
<td>Father’s Day Breakfast and Liturgy in the playground</td>
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**PARISH WEEKLY BULLETIN** can be found [here](#)

*Christine McBryde – Religious Education Coordinator*
Northern Beaches Athletics Carnival Results
Congratulations to the athletics team who competed at the Northern Beaches Athletics Carnival last week. Sacred Heart finished 5th place overall.

Well done to the following children who gained places in their events, they will now compete at the Broken Bay Athletics carnival on Monday 29 August.

Alana R............4th 10 years girls 100m, 2nd Discus, 1st Long Jump, 1st Shot Put
Luca M .............2nd 12 years 800m, 4th 200m, 1st High Jump, 2nd Long Jump
Joel S .............3rd 12 years 100m, 4th High Jump, 1st Long Jump
Ryan C ..........3rd 11 years boys discus
Kaleb G-S........4th 12 years boys 800m and 2nd 100m
Abby H ............4th 11 years girls Shot Put
Greta H ..........4th 8 years girls 100m
Kai K ..........3rd 11 years boys 200m
Alex M ..........1st 11 years boys High Jump
Jack M ..........4th 8 years 100m
Chelsea S .........2nd 11 years girls 100m

Relays
4th place ..........Junior Girls (Hannah S, Olivia B, Great H and Alana R)
4th place ..........Senior Girls(Chelsea S, Ella T, Charli M, Mia Z)
1st place ..........Senior Boys( Joel S, Kai K, Luca M, Kaleb G-S)

Good luck to these athletes.

Polding Representatives at NSW PSSA Carnivals
This week we have three students representing Polding at State carnivals. Good luck to Alana R and Chelsea S who are in Coffs Harbour for the State Touch Carnival and to Markus G who is in Mudgee at State Rugby Union.

State Snowboarder – Bailey J
Good luck to Bailey J 4N who has travelled to Thredbo this week to compete in the State Snowboarding Championships. We hope you have a great time at the snow!

It is a great achievement to be competing at State level carnivals against the best athletes in the state. We wish them good luck and hope they have a great experience.

Michele Kerr – Sports Coordinator
Library News – Book Week Celebrations

Children’s Book Week is well and truly underway.

Don’t forget to visit the library for our Scholastic Book Fair, and come along to watch our Book Character Parade this Friday at 9am.

Full details of book week activities at Sacred Heart can be found on our school website here.

Melonie Harrison - Teacher Librarian

Wellbeing Week – Next Week

Kinder- Year 6
During Wellbeing Week (Week 7) we want to you to spend time with loved ones. On Wednesday children will be taking part in a Healthy Lunch with their Positive Relationships Group - the emphasis is on Healthy. Could you please pack your child something they could share with the children in your group.

Your child will be taking part in an activity about Perseverance, Compassion and Diligence from the NED Show: http://www.thenedshow.com/friendship-soup.html.

Calling all Dad’s for a morning reading
Your child will be celebrating Father’s Day with you on Wednesday 31 August. All Dads are invited to come into the classrooms to read with your child books that they enjoy.

Year 6-Lesson Plan- Respectful Relationship Lesson
Year 6 Students pose question: Our Core Value is Justice
In order to show Justice, we need TO be Just
What is Justice... Go around circle and ask each child to tell you what they think Justice is...
At Sacred Heart Justice is...
A Story from the NED Series Friendship Soup
Children participate in Healthy Lunch with their Positive Relationship Group

School Photos

School Photo Day is Thursday 8 September 2016
Envelopes (including family photos) will be sent home this Friday with all children. Please read instructions regarding online payments and cash payments. Unfortunately cheques are not accepted. Speciality photo orders (captains, sports captains etc) will be organised after photo day on a separate form.

All photo envelopes are due back to school by Friday 2 September 2016.

School WHS

REMEMDER: Lockdown/Lockout Drill this Friday
This Friday we will be holding a whole school lockdown/lockout drill. This will include all staff, students and volunteers at school at the time, testing of our emergency bells, sirens and the PA system.

All children (except the current kinder classes and students new to Sacred Heart this year) have participated in lockdown/lockout drills at school in the past. The drill lasts approximately 15 minutes.

The purpose of the drill is to reinforce our commitment to student and staff safety in all areas.
Healthy Kids Association – Fruit & Veg Month

Healthy September is coming!
Fruit and Veg Month: Vegetables are Funky
During September Sacred Heart will be participating in the Healthy Kids Association Fruit and Veg Month promotion. The theme for 2016 is Vegetables are Funky.

During the month, starting Monday 5 September (Week 8) and going through to end of term, there will be a big emphasis in eating fruit and especially, vegetables. The promotion is all about letting the children identify the positive attributes of vegetables – including amazing facts, interesting growth habits and tasty flavours. Although we encourage healthy eating every day, each Wednesday from 7 September we will be having a special focus on the inclusion of fruit and vegetables in the our lunches. There will be a class check of the children’s lunches and each piece of fruit or veg will be given a point. There will be stickers for the children in each class with the most points and a weekly reward for the class with the most points. There will also be bonus points for nude food ie NO plastic wrapping.

To kick start Fruit and Veg Month, we will also be taking part in THE BIG CRUNCH. On Thursday, 1 September at 11:00am the whole school will assemble together and on a countdown – crunch their vegetable – to see healthy September get off to a flying start. Could you please ensure your child has a piece of vegetable to “crunch” on that day! NOTE: for the Big Crunch activity ONLY a vegetable. not a piece of fruit.

For further information about Fruit and Veg Month and THE BIG CRUNCH see here:

Fruit and Veg month will be a great way for Sacred Heart students to continue to develop healthy eating habits and ensure positive eating habits that last a lifetime.

Sarah Russell – Yr 2 Teacher

Social Justice: Mini Vinnies Winter Sleepout

Year 6 Social Justice Initiative :Mini Vinnies ‘Mini’ Winter Sleepout
This year all Sacred Heart year groups are supplementing our Mini Vinnies program by organising their own social justice initiatives to reach out to those in need, just as Jesus did. Mini Vinnies is a student-based program of the Saint Vincent de Paul Society, which promotes the values of social justice and introduces children to the spirituality of the Society. Mini Vinnies introduces children to the many good works that the St Vincent de Paul Society does and encourages the students to live their faith through action.

Our major social justice initiative in Year 6 will be a “Mini Winter Sleep Out” to be held on Friday 2 September (Week 7) in the school Hall.

Year 6 students will experience some of the circumstances that homeless people in our community endure and will participate in activities to raise their awareness about the plight of others less fortunate in our world.

The children will be seeking sponsorship from their families and friends for their participation in the mini sleep-out and would welcome donations from our greater Sacred Heart community as well. All donations will be collected through the SMHV Year 6 2016 Vinnies Fundraising Page at the following link if you would like to contribute to this worthy cause:

Donations made online will be directly transferred to the St. Vincent de Paul Society NSW and each donor will be sent a tax-deductable receipt via email. All donations over $2 are tax deductible.

Louise DeBressac and Liz Williams - Year 6 Teachers
Happy Birthday from all at Sacred Heart to the following students who have their birthday during the coming week:
Joseph P Cowen A

School Awards

<table>
<thead>
<tr>
<th>KD</th>
<th>Gabriella M, Piper L, Ethan H</th>
<th>KS</th>
<th>Lucas H, Jesse H, Taylor Y</th>
</tr>
</thead>
<tbody>
<tr>
<td>1L</td>
<td>Rocco R, Elise S, Anna B</td>
<td>1N</td>
<td>Claire M, Jack R</td>
</tr>
<tr>
<td>2R</td>
<td>Jasmine S, Cooper K</td>
<td>2S</td>
<td>Livia H, Anabel R</td>
</tr>
<tr>
<td>3F</td>
<td>Illuka O, Chloe H</td>
<td>3P</td>
<td>Niamh B, Jack M, James M, Felicity T</td>
</tr>
<tr>
<td>4B</td>
<td>Tom S, Dallas L</td>
<td>4N</td>
<td>Ebbeny H, Lucy M</td>
</tr>
<tr>
<td>5B</td>
<td>Koko T, Declan R</td>
<td>5N</td>
<td>Ava C, Joseph P</td>
</tr>
<tr>
<td>6D</td>
<td>Hayden B, Tahnee R</td>
<td>6W</td>
<td>Double awards next week</td>
</tr>
<tr>
<td>3-6S</td>
<td>Principal’s Award</td>
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Principal's Award | Henry B, Olivia J (Year 3)

Canteen News

<table>
<thead>
<tr>
<th>CANTEEN ROSTER (start 9.30am - finish 1.45pm)</th>
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</thead>
<tbody>
<tr>
<td>Mon 29 Aug        Nick B, Selina N, Karen N, Chantelle B</td>
</tr>
<tr>
<td>Thurs 1 Sep       Lydia N, Raylee K, SJ R</td>
</tr>
<tr>
<td>Fri 2 Sep         Bec D, Yvette C, Lisa D, Eva G</td>
</tr>
</tbody>
</table>

Our Father’s Day event is fast approaching, Wednesday 31 August and there are still many families that have not yet replied. If you would like to join in on this special morning we kindly ask that you RSVP through www.School24.com.au asap.

Urgent Help Needed in canteen tomorrow (Thursday). Please contact Marie on 0410 566 777.

Kay & Marie – Canteen Coordinators
Please feel free to contact us via email at: sshmv.canteen@dbb.catholic.edu.au

Please join us for a delicious breakfast to honour our wonderful fathers, grandfathers and special men in our children’s lives

Wednesday 31 August 2016

7.00 am – 8.15am  Breakfast  (HOT items will be on the table at 7.00am. Food will stop at 8.15am)
8.15 am – 8.45am  Open classrooms
8.45 am           Assembly with prizes
9.00 am           Liturgy in playground

BREAKFAST $8.00 per adult  GIFT $6.00 each
$2.50 per child (aged 5-12 years)

**NO MANUAL PAYMENTS – ONLINE ORDERING ONLY VIA SCHOOL24**

See website here for full details on ordering
Volunteers please complete slip in newsletter dated 10 August here.

Any enquiries please contact either Marie Nero 0410 566 777 or Kay Neale 0416 262 458
Email: sshmv.canteen@dbb.catholic.edu.au
Sacred Heart goes ... Back to the Eighties

Saturday 17 September

The Major Fundraiser is approaching. It won’t be long before Sacred Heart goes Back to the Eighties!

An email was sent to all families with a ticket order form. Please complete and return with payment as soon as possible - only FOUR tables left.

Additional ticket order forms can be found on our school website here.

A reminder that we need everyone’s help to make the fundraiser a success. Please bring in any hamper items – see the list on our school website here. Also if you have items for auction or to raffle these would be much appreciated. These can be goods or services. Some ideas:

• a boat that can be used for few hours
• a vacation house that can be used for a weekend
• can you donate a service – a massage, a car tune up, handyman hours
• an offer of babysitting or pet sitting services
• do you work for an employer who may be may be able to donate an item or a gift certificate

If you personally do not have a donation, think about the contacts your network. The auction and raffle items are a very important part of the event and any contribution you can make is greatly appreciated.

Artwork Auction sneak peek... All artworks are now on display in the school office.

The Major Fundraising Committee
The Hub News

Wishing all the Students and Teachers a wonderful Book Week. A special thank you for all your hard work Mrs Harrison, we are so lucky to have you looking after our library.

Our Father’s Day celebration is next week, Wednesday 31 August 2016. Payment for this event is via "school 24". Looking forward to this special day on our school calendar. If you can volunteer your time with the running of the stall for Father’s Day gift please contact the Hub, we would really appreciate it.

Our Back to the Eighties dinner is next month, 17 September. Please be sure to finalise your tables and purchase your tickets ASAP – there are only four tables left. It is always a fantastic and fun evening, see you there!!

Save the date: our next Sip n Sip with the Principal is on 9 September.

If you have any items that you would like to forward to the Hub Committee, please email sacredhearthub@gmail.com

Juliana Johnston – Hub President Kellie Carroll - Hub Secretary

Kiss & Drop Roster

Calling on more volunteers for this important service to the school community. We have a number of gaps in our Kiss and Drop roster. Your duty would take half an hour every three to four weeks. If you can help, please email nicholsselina@gmail.com. We’d love to hear from you.

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
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<tbody>
<tr>
<td>29 August VACANT</td>
<td>30 August Selina N</td>
<td>31 August Melinda B, Lynette S</td>
<td>25 August Karen C</td>
<td>26 August Eloise C</td>
</tr>
<tr>
<td>5 September Kellie C</td>
<td>6 September Leonie S</td>
<td>7 September Melinda B, Lynette S</td>
<td>8 September Vacant</td>
<td>9 September Lisa P</td>
</tr>
</tbody>
</table>