



Athletics Carnival 2018

Friday 10th August

Sydney Academy of Sport
Narrabeen



Students compete in the age they are turning / have turned this year. Students can only compete in the events they have previously indicated on the entry form. No entries on the day.

Carnival Guidelines

- All students are to remain in their house area and cheer for their team when not competing.
- Students are asked to sit at the front of the stands and parents at the back behind students.
- Students should listen for their race to be called and go straight to the marshalling area.
- Students should ask permission from their Colour House teacher to go to the toilet and go with a partner.
- Students should ask their House Captains and the teacher in charge of their house for help if needed.
- Students are not permitted to go to the canteen, parents only please.
- The rock areas and behind the stands are out of bounds.
- Remember to apply and reapply sunscreen and wear a hat at all times. Warm jackets and rain gear may also be needed.
- Remember to drink plenty of water.
- Students are to have their name marked off by their Colour House teacher when leaving the carnival.

IMPORTANT: track and field events will run at the same time. Students should go to **track events** when they are called, even if they are at a field event. Students can always go back to complete their field event (2 attempts) after they have run however the track event will not wait. Please explain this to your child.

Ribbons

8yrs and above track events will be timed and ribbons handed out for 1st to 4th places.

1st to 4th places will be given a marker indicating their place and will need to go to the recording table.

Field events ribbons will be given out according to **Junior** (8, 9, and 10 yrs), **11 yrs** and **Senior** (12 and 13 yrs) age groups. Ribbons will be given out after all students have participated and depending on time this may occur at school in the following week.

Championship 100m race to be held for the fastest 8 boys and 8 girls from the day at carnival conclusion (time permitting).

Junior Skills Development Carnival

Related running and field events will be held during the day for **Kindergarten and Year 1 children**. These children will sit in the stands with their colour house and go to their track races as indicated in the program. At event 39 which is the start of the 200m races, all Kindergarten and Year 1 children will move to the grass area in the centre of the running track and participate in activities lead by teachers and assisted by parents. 7 Year olds in Year 2 will run with year 2 children in their age appropriate event.

House Points

1 house point will be awarded for each student participating in an event. House points will be awarded in events depending on the place (4,3,2,1 points).

Extra house points will be awarded for House Spirit, cheering and clean house areas.

Representative team

Students will be chosen from the results to represent Sacred Heart at the Northern Beaches Athletics Carnival which will be held at Sydney Academy of Sport, Narrabeen on Thursday, August 16th 2018 starting at 8:30am. Children from the Northern Beaches Carnival are then chosen to compete at the Broken Bay Carnival on Tuesday, 4th September 2018.

Three students per age (8-12) are chosen for 100m. For all other events, two students are chosen for Junior, 11yrs and Senior age groups.

End of Day Procedure

Students are to have their name marked off with their **Colour House teacher** if they are leaving with their parents. Remain in your house area if you are going back to school on the bus.

Sacred Heart Primary Mona Vale Athletics Records updated August 2017

Event	Name	Year:	Time:
100 m			
8 Yrs Boys	Ezekiel Guttenbeil	2013	15.31
9 Yrs Boys	Vaughan Hudy	2010	14.97
10 Yrs Boys	Joel Smith	2014	14.52
11 Yrs Boys	Vaughan Hudy	2012	13.16
12 Yrs Boys	Jason Smyth	2013	13.63
8 Yrs Girls	Samantha Stanley	2009	15.78
9 Yrs Girls	Samantha Stanley	2010	14.70
10 Yrs Girls	Samantha Stanley	2011	14.05
11 Yrs Girls	Emily Wise	2013	14.00
12 Yrs Girls	Taylor Neale	2012	13.94
	Claudia Vidulic	2014	

200m			
JNR Boys	Vaughan Hudy	2011	30.96
11 Yrs Boys	Vaughan Hudy	2012	28.90
SNR Boys	Jason Smyth	2013	29.34
JNR Girls	Samantha Stanley	2011	30.13
11 Yrs Girls	Samantha Stanley	2012	28.97
SNR Girls	Paige French	2011	29.37

800m			
JNR Boys	Joel O'Neill	2008	3.00.00
11 Yrs Boys	Zac Youlten	2012	2.53.47
SNR Boys	Cameron Dowd	2015	2.46.01
JNR Girls	Chelsea Smyth	2015	2.48.15
11 Yrs Girls	Chelsea Smyth	2016	2.41.24
SNR Girls	Roxy Beuzeville	2015	2.45.87

Event	Name	Year:	
Long Jump			
JNR Boys	Luka Monnock	2014	4.62m
11 Yrs Boys	Vaughan Hudy	2012	4.60m
SNR Boys	Joel Smith	2016	4.56m
JNR Girls	Samantha Stanley	2010	3.65m
	Alana Reddy	2014	
11 Yrs Girls	Samantha Stanley	2012	3.91m
	Rena Bennett	2014	
SNR Girls	Natarsha Vidulic	2014	4.16m

Shot Put			
JNR Boys	Adam Burt	2012	7.33m
11 Yrs Boys	William Coates	2016	8.31m
SNR Boys	Jarrod Bridges	2015	8.18m
JNR Girls	Samantha Wilcox	2009	6.50m
11 Yrs Girls	Danielle O'Neill	2014	6.97m
SNR Girls	Madison Weidenhofer	2014	7.40m
Discus			
JNR Boys	Ryan Colver	2015	19.80m
11yrs Boys	Ryan Colver	2016	19.64m
SNR Boys	James Allen	2011	19.18m
JNR Girls	Alana Reddy	2016	16.80m
11yrs Girls	Aimee Carroll	2009	17.11m
SNR Girls	Claudia Vidulic	2014	18.43m

Championship 100m Record			
Boys	Vaughan Hudy	2012	13.09
Girls	Samantha Stanley	2012	13.79

Sacred Heart Mona Vale Athletics Carnival

ORDER OF EVENTS

Track Events

EVENT 1: 800m Junior BOYS (8, 9, 10 yrs)
EVENT 2: 800m Junior GIRLS (8,9, 10 yrs)
EVENT 3: 800m **MIXED** 11 years
EVENT 4: 800m **MIXED** 12 and 13 years

EVENT 5: 5 years 50m Boys (No times)
EVENT 6: 5 years 50m Girls (No times)
EVENT 7: 6 years 50m Boys (No times)
EVENT 8: 6 years 50m Girls (No times)
EVENT 9: 7 years 50m Boys (No times)
EVENT 10: 7 years 50m Girls (No times)
EVENT 11: 8 years 100m Boys
EVENT 12: 8 years 100m Girls
EVENT 13: 9 years 100m Boys
EVENT 14: 9 years 100m Girls
EVENT 15: 10 years 100m Boys
EVENT 16: 10 years 100m Girls
EVENT 17: 11 years 100m Boys
EVENT 18: 11 years 100m Girls
EVENT 19: 12 years 100m Boys
EVENT 20: 12 years 100m Girls
EVENT 21: 5 years 70m Boys (No times)
EVENT 22: 5 years 70m Girls (No times)
EVENT 23: 6 years 70m Boys (No times)
EVENT 24: 6 years 70m Girls (No times)
EVENT 25: 7 years 70m Boys (No times)
EVENT 26: 7 years 70m Girls (No times)

100m Finals

EVENT 27: 8 years 100m Boys
EVENT 28: 8 years 100m Girls
EVENT 29: 9 years 100m Boys
EVENT 30: 9 years 100m Girls
EVENT 31: 10 years 100m Boys
EVENT 32: 10 years 100m Girls
EVENT 33: 11 years 100m Boys
EVENT 34: 11 years 100m Girls
EVENT 35: 12 years 100m Boys
EVENT 36: 12 years 100m Girls
EVENT 37: 7 years 100m Boys (No times)
EVENT 38: 7 years 100m Girls (No times)

EVENT 39: 8 years 200m Boys
EVENT 40: 8 years 200m Girls
EVENT 41: 9 years 200m Boys
EVENT 42: 9 years 200m Girls
EVENT 43: 10 years 200m Boys
EVENT 44: 10 years 200m Girls
EVENT 45: 11 years 200m Boys
EVENT 46: 11 years 200m Girls
EVENT 47: 12 years 200m Girls
EVENT 48: 12 years 200m Girls

Kindy and Year 1 move to grass for activities

The Ashley Wren Memorial races Fastest 8 boy and girl 100m times

EVENT 49: 100m BOYS Championship race
EVENT 50: 100m GIRLS Championship race

Field Events

****Students should leave the field event if their track event is marshalled and then return after running their race. ****

Session 1 (approx 9.30 – 11am)

Discus - Junior Boys & Junior Girls (8, 9, 10yrs)
Long Jump - 11 yrs Boys and Girls
Shot Put - Senior Girls and Boys (12, 13yrs)

Session 2 (approx 11 – 12.15pm)

Shot Put - Junior Boys & Junior Girls (8, 9, 10yrs)
Discus - 11 yrs Boys & 11 yrs Girls
Long Jump - Senior Boys & Senior Girls (12, 13yrs)

Session 3 (approx 12.15 – 1.30pm)

Long Jump - Junior Boys & Junior Girls (8, 9, 10yrs)
Shot Put - 11 yrs Boys & 11yrs Girls
Discus - Senior Boys & Senior Girls (12,13yrs)