



Sacred Heart Catholic Primary School

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Term 3 Week 5 - 22 August 2018

Term 1 Core Value:

Justice

School Rule:

We show justice towards our self, others and the environment when we...

Expectation of Behaviour:

Take turns and play by the rules

Dear Parents

How sweet are your words to my taste, sweeter than honey to my mouth! Psalm 119:103.



Scripture it can be said is true nourishment for our journey through life. The Lord's words tasted and chewed, savoured and consumed. Like food the scriptures can sustain us, to walk in God's ways, resilient to setbacks. The words of the Lord are sweet, even sweeter than honey. They console, delight, warm us, invigorate, promise life to the full. T Pirola 2018

The weather has turned cold and our students in all classrooms have been kept cosy and warm. Reverse cycle air conditioners were installed in all classrooms in the last end of semester holidays. We are extremely fortunate to have had such amazing P&F (Hub) teams over the past years who have raised funds for this project. On behalf of all students and teachers at Sacred Heart a huge thank you to the parents, executive teams and Presidents, past and present who have enabled the purchase of air conditioners for the students at Sacred Heart.

Last week the draft Behaviour Support Guidelines and Procedures document was placed on the school website. In this newsletter there is an attachment to be included in this document of a flow chart explaining procedures following a major or minor inappropriate behaviour at school. The flowchart defines major and minor inappropriate behaviours and the consequences following these behaviours - short and long time out.

In preparation for the change of Naplan from a paper based to an online test, year 3 and year 5 students at Sacred Heart will undertake a school readiness test in September this year. There are two tests

- A writing test-42 mins,
- An Omnibus test -45 mins, including reading, numeracy and conventions of language.

The tests are to assess the schools capacity to perform the online test. No student results will be reported or calculated. The Australian Government are hoping for all students to complete the 2019 Naplan tests online.

We are looking forward to seeing all our Dads on Wednesday 29 August for Breakfast at 7am. The Band and Choir will perform and classrooms will be open. At 9:15am all Dads are welcome to join us for Mass in our church.

Kind regards

Suellen Garey

Principal

Like and follow us at: [facebook.com/sacredheartmonavale](https://www.facebook.com/sacredheartmonavale)

Like and follow us at: twitter.com/SHMV16

Inappropriate behaviour occurs

Minor [teacher managed behaviours]
inappropriate behaviours are recognised as any behaviour that does not meet the "School Rules and Behavioural Expectations".

Major [office referred behaviour]
inappropriate behaviours are identified as deliberate actions that are offensive and / or dangerous to the physical and /or emotional well being of others. Repeated minor behaviours are considered a major behaviour.

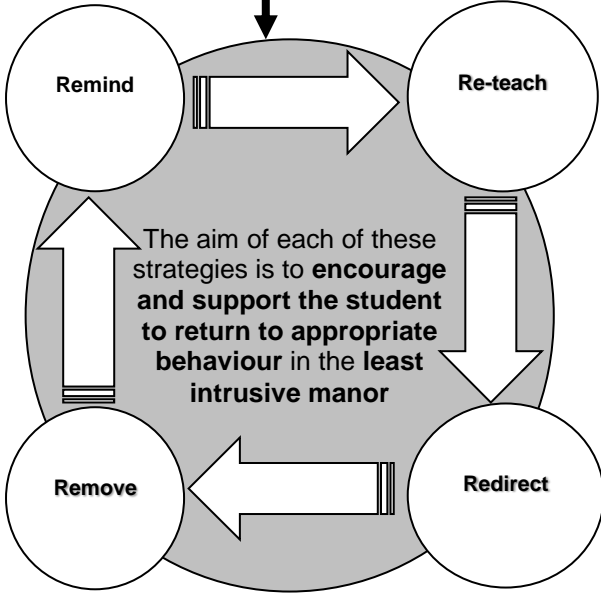
Is behaviour 'minor' or 'major'?

MINOR

Teacher managed behaviours [classroom / playground]

MAJOR

Office referred behaviours



Long Time Out

Classroom: Student has time out in 'buddy' class immediately after the incident for a maximum of 15mins. No interaction from teacher or class.

When student returns to class, they are encouraged to join in class activity without any further follow up of incident at this stage.

Before the end of the day, the class teacher completes a "Long Time Out" google form.

Teacher informs member of Executive of incident if necessary parents contacted.

Short Time Out

Short Time Out

Time out is described as "time away from reinforcement". For example, if the behaviours are seeking and gaining attention, the use of time out is effective in removing the reinforcement of 'attention' for the negative behaviours.

Classroom: Student sits within the classroom away from others for a pre-determined amount of time. This time frame should be age appropriate; one minute per student's age. [eg max 5mins for Kinder].

Playground: Student is asked to sit out of play for 5minutes [max].

When the 'Time Out' is over, the child returns to the class / playground with a reminder of behavioural expectation.

Long Time Out

Playground: Student is asked to sit out of play for 15minutes.

Playground duty teacher

- fills in a "Long Time Out google form"
- informs relieving duty teacher of incident.

When student is returned to play, duty teacher reminds student of the behaviour expectation.

Teacher informs member of exec of incident and notifys class teacher.

Executive contacts parents if necessary.

Remember, Time Out is used to bring about a positive change in behaviour, not purely as punitive action.

"Reflection Sheet" may be used after office referral for inappropriate Behaviour/s at Principal / AP's discretion in order to restore right relationships and plan ways of supporting positive behaviour. Original copy kept on file, copy sent to parents. Parents are required to sign and return to office. Parents or Executive may request a meeting to discuss matter.

Religious Education News

Confirmation

Three of the Four Rituals for Confirmation Candidates have been held so far. This weekend is the last weekend and will be held at all masses on 25 and 26 August 2018. Please continue to hold our Confirmation Candidates in your prayers.

The rehearsal date is Thursday 30 August from 5pm to 6pm.



Dates to Remember for Term 3

Wednesday 29 August at 9:15am – Whole School Mass for Father's Day Mass at Sacred Heart Church

Wednesday 12 September at 9:15am – Year 1 and Year 4 class mass at Sacred Heart Church

Prayers

Please keep in your prayers Mick P, Paul C (parents) and their families. Both are undergoing specialist medical care.

If you have any Good News or if you need our prayers, please see me at school, contact me by phone.



Chris McBryde - Religious Education Coordinator

PARISH WEEKLY BULLETIN can be found [here](#)

School Photographs

PHOTO REMINDER....

- Please return photo envelopes by **Monday 3 September** .
- Don't seal envelopes inside each other. You can pay for all children in one envelope, however each child needs to have their own envelope on photo day.
- Sport/Specialty Photo orders will be organised after photo day on a separate form.
- Credit Card payments can be made online (please follow instructions on envelope).

If paying by cash please ensure correct money is enclosed as change cannot be given. Please note: **NO CHEQUES ACCEPTED.**

- All enquiries can be directed to MSP Photography: 9499 6555



Curriculum News

BOOK Week

What a celebration of literature Book Week was! Watching the students engage with a range of texts last week was wonderful. We saw students and teachers from K-6 relish the opportunity to share their favourite stories. It showed how important it is for everyone to be given time to find treasure in a story!

If you would like suggestions for what your children could be reading at home please look at the finalists and winners of Book Week - <https://www.cbca.org.au/short-list-2018> <https://cbca.org.au/winners-2018>

We thank Mrs Harrison for transforming the library into a book festival. We also kindly thank the students and parents for supporting this initiative and for purchasing books from the book fair.



FIND YOUR TREASURE PHOTOS



Boats, Pirates and Magical Things





Getting into the Spirit of Book Week!



Library News

Premier's Reading Challenge: Ends 31 August 2018

If your child does not have a PRC folder or Logon on details, please let Mrs Harrison know so it can be arranged. Additionally if you are having trouble entering data please see Mrs Harrison.



Year 6 Public Speaking

At the moment our school is in public speaking season. Congratulations and Good luck to Ella M and Harry C who progressed through the school finals and will now participate in the Northern Beaches Public Speaking final next Tuesday, 28 August.

Year 4 Attunga Reserve

Project Feathertail Glider - In Week 3, Year 4 had their visit to Taronga Zoo, to learn more about the Feathertail Gliders and we also met our mentors who are students from Year 10, Mater Maria. We visited Attunga Reserve in Newport, a native habitat for the Feathertail Glider. We did some bush regenerating which means weeding and planting and learnt about this sacred site. It was interesting and fun. **Year 4**



Caitlin Remeus – Acting Assistant Principal

Wellbeing Week



The Theme for Wellbeing Week is “Together it’s OK”

Something we're never too young to learn is that asking "are you ok?" can make a difference.

By giving students the confidence to start conversations regularly and with real care, they can be the generation that transforms the way we look out for anyone struggling with life.

Kinder- Year 6 Home Learning

During Wellbeing Week (Week 6) we want to you to spend time with loved ones. See if you can complete as many of the tasks below as possible. Enjoy!!!

Read or listen to a story	Go for a family walk or bike ride	Sit together while you eat dinner and chat about your day
Do something thoughtful to cheer up someone in your family. (A random act of kindness)	Play a game outside together	Do an Art and Craft activity together
Play a board game or a card game with a family member.	Write a card to a friend or a neighbour. This will show them that you are thinking of them.	Ring a friend or a relative you've not seen for a while and ask them how they are.

On **Wednesday Week 6**, your child can **wear a Touch of Yellow** to school to remind them to ask others if they are ok? They will be taking part in a Friendship Lunch with their Respectful Relationships Group. *Please do not bring extra food just your regular lunch.* Your child will be taking part in an activity around the theme of Together it's OK (R U OK?).

Eco-Warriors

SHMV Eco-Warriors

This term the SRC and the children who are interested in being Eco Warriors at Sacred Heart meet on Monday's at lunchtime to undertake initiatives to improve our local school environment. They have been working on many themes. The first action the Eco Warriors achieved was the relabelling and educating the whole school about the Paper recycling Bins. The children relabelled the Paper recycling bins with blue tape as a sign that the Bins you put paper in is for recycling.

The second initiative they have achieved is collecting and educating the school with what type of rubbish goes into the school food and general waste red bins. The students have shared this with the school on Monday afternoons after their Eco Warriors Lunch Club.



learn more: thelastplasticstraw.org

Another initiative is that they have met with the School's Canteen and the 'NO STRAW THANKS!' has been initiated where the children will not be receiving a straw unless they ask for one, as a way to reduce the 500 million plastic straws that are used and thrown away every day. The children have also talked about ways to reduce, reuse and recycle materials at school.

Skye Nolan-Brown, Year 6 Teacher and Eco Warrior Co-ordinator

Sport

We wish Lacey C good luck as a representative of the Polding Touch Football Team, who is competing at the PSSA Girls Touch State Carnival to be held next Tuesday 28 August at Cronulla.

Well done to all the students who competed last week at the Northern Beaches Catholic Primary Schools Combined Athletics Carnival.

Congratulations to the following students who will represent Northern Beaches Catholic Primary Schools at the Broken Bay Athletics Carnival on Tuesday 4 September at Narrabeen Academy of Sport.

Thomas G (800m), Tobias W (100m),
Jack S (100m), Molly H (100m)

Olivia J (Long Jump) Bryn W
(Discus), AJ J (Discus),
Sophie W (Shot Put, Discus),
Illuka O (Discus)

Jack M, Jack S, Cameron L,
Jesse Duke (Jnr Boys Relay)

Stephanie Munro – Sports Co-Ordinator



Band News



Band and Choir Rehearsals have returned to their normal schedule. Last rehearsals for Choir and Concert Band, before Father's Day performance so I'm hoping all can attend to sharpen the skills as much as possible in the next two days rehearsals!

Clare McFadden – Band Director

STOP!!

You're under
a rest!!



Happy Birthday

Happy Birthday from all at Sacred Heart to the following students who are celebrating their birthday this week:

Makson G,

Sienna B,

Blake Q,

Cooper M



Kiss & Drop Morning Volunteers

The morning Kiss and Drop Zone ensures that students arrive to school safely. We could not do this without our wonderful volunteers. If you would like to be added to the Kiss and Drop Roster please email Rebecca Molinaro at becmolinaro@outlook.com

Monday	Tuesday	Wednesday	Thursday	Friday
		22 Aug	23 Aug	24 Aug
		Tatiana N	Karissa M	Eloise C
27 Aug	28 Aug	29 Aug	30 Aug	31 Aug
Rebecca M	Leonie S	Tatiana N	Karissa M	VACANT
3 Sept	4 Sept	5 Sept	6 Sept	7 Sept
Rebecca M	Georgina D	Tatiana N	Melinda B	Eloise C

Canteen

CANTEEN ROSTER (start 9.30am - finish 1.45pm)	
Mon 27 Aug	CANTEEN CLOSED
Thu 30 Aug	Julie F
Fri 31 August	CANTEEN CLOSED

Regrettably, the Canteen will be closed on Monday 27 August and Friday 31 August.

The Canteen will be open on Thursday 30 August.

Help Needed Thursday 30 August from 11:00am to 1:30pm – contact Kay

As of Friday 31 August the canteen will no longer supply plastic straws in the children’s lunch orders or over the counter. This is our part in helping with the plastic waste issues and adapting a better approach to the environment.

Fathers Day Breakfast will be held on Wednesday 29 August. Volunteers will be most welcome to help prepare on Tuesday 28 August and also to serve on Wednesday 29 August. The volunteer form is attached to the flyer below.

Kay & Marie – Canteen Coordinators

Please feel free to contact us via email at: sshmv.canteen@dbb.catholic.edu.au



Canteen closed on Monday 27 August and Friday 31 August.
We apologise for any inconvenience.

Our annual Father's Day Breakfast will be held on Wednesday 29 August from 7:00am through to our Father's Day Mass starting at 9:15am at Sacred Heart Church. Details below:



Mass ☺ Breakfast ☺ Open Classrooms Wednesday 29 August

Gift Stall Tuesday 28 August & Wednesday 29 August

Please join us for a delicious breakfast to honour our wonderful fathers, grandfathers and special men in our children's lives. We will also have a Father's Day gift stall for children to make purchases.

7.00 am – 8.15am	Breakfast (<u>HOT items will be on the table at 7.00am. Food will stop at 8.15am</u>)
7.45 am – 8.15 am	Band in the playground
8.15 am – 8.45am	Open classrooms
8.45 am	Assembly with raffle prizes
9.15 am	Mass at Sacred Heart Church

BREAKFAST	\$8.00 per adult	\$2.50 per child (aged 5-12 years)
GIFT	\$6.00 each	

Online Ordering – Food and Gifts

Please order under your registered Qkr! account. This can be done via the Qkr app on your device or at <https://qkr.mastercard.com/store>. Please refer to registration details on our school website [here](#).

Unfortunately there is no manual ordering for this event.

Qkr! ordering will close at 3pm on Monday 27 August.

Breakfast enquiries - please contact Kay Neale 0416 262 458.

Email: sshmv.canteen@dbb.catholic.edu.au

Gift Stall enquiries - please contact Amanda Lewis, Hub Co-President

Email: sacredhearthub@gmail.com



URGENT VOLUNTEER HELP IN CANTEEN FOR BREAKFAST

We would love to have lots of mums, grandmothers or special women to help out on the day. Please fill out the volunteer note below if you are able to help and place it in the black letterbox outside the canteen.

Name _____ Phone & Email: _____

Times Available: Tuesday 28 August (day before) 8.30am – 10.00am
Wednesday 29 August 6.00am – 7.00am 7.00am – 8.00am
8.00am – 9.00am 6.00am – 9.00am

Fathers Day Breakfast

Help is **desparately** needed on Tuesday 28th to help with the preparation for breakfast Father's Day Breakfast and also for serving on the day. If you can assist, please complete the form above and return to the office ASAP. Alternatively, contact the Hub.



**FATHER'S DAY
BREAKFAST**

Wednesday next week
From 7am

Adults \$8 Kids \$2.50

Pay via Qkr **HELPERS
NEEDED**



**Father's Day
Stall**

TUES & WED NEXT WEEK

Gifts \$6 on Qkr

UNIFORM SHOP

Our \$2.00 Sale is on this week and next week, so get yourself a bargain! We look forward to seeing you!



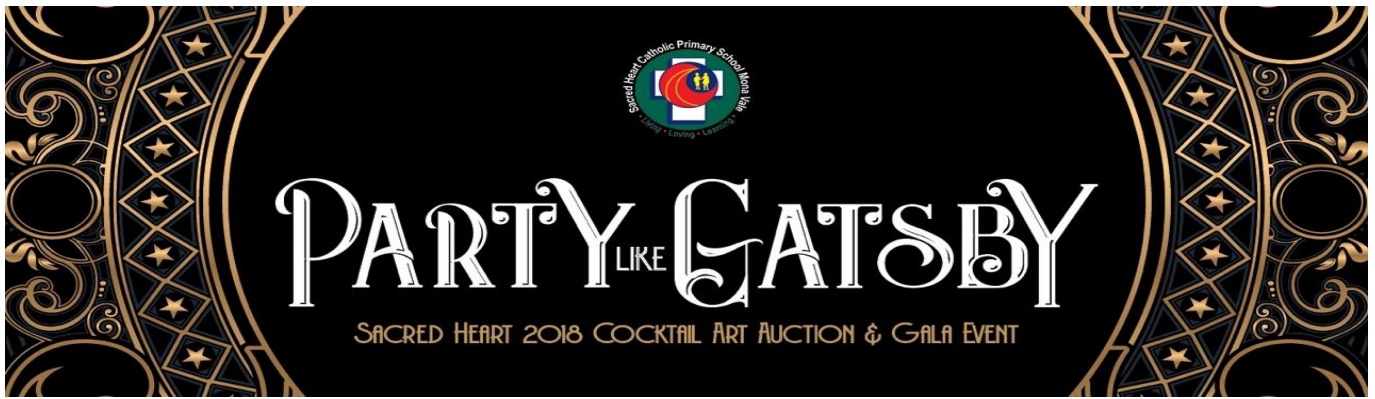
SALE

The Uniform shop is bursting at the seams with winter jumpers and jackets!

All next week we are having a run out sale of winter goods, \$2.00 an item.

Grab yourself a backup or stockpile the next size up.

\$2



DINNER TICKETS ARE ON SALE NOW.....

Our Gala Event website is live – check it out at shmvp.com

Raffle Tickets will be sent home with your child on Monday 3 September, so please look out for these.

Grade Donations are due back tomorrow, Thursday 23 August. Thank you for all your donations so far. The list below sets out the Theme for each Year group.

Year: Kindy Theme - KIDS & Family		
Family fun events	Sporting events	Putt Putt, bowling, rock climbing
Tennis lessons	Music packs	Beach/park packs
Beach towels	Movie vouchers	Pool toys
Board games	Museum voucher	Arts and Craft
Sporting equipment	DVDs	Netflix
Books	Play centres	Dance lessons
Camping equipment	Holiday vouchers	Photography

Year 1 Theme - KIDS		
Toys	Games	Board games
LEGO	Arts and Craft sets	Kmart Vouchers
Sports equipment	Tennis, dance, singing lessons	Pool/beach toys
Experiences	Rock climbing, Bowling, Putt Putt,	Movies
Music Vouchers	Stationery – Smiggle/Typo	Books
Vacation Care voucher	Play centres	Party accessories
Educational equipment	Soft toys	Science experiments

Year 2 Theme - For Him		
Sports equipment	Surf vouchers	Sporting events
Car accessories	Tech or tool accessories	Manscaping
Game of golf	Mitre 10/Hardware vouchers	Brewery vouchers
Movies	Tradie for a day vouchers	Garden equipment
iTunes vouchers	Home maintenance accessories	Netflix vouchers
BBQ tools	Sunglasses	Hats
Fishing/boating	Books	Gaming

Year 3 Theme - For Her		
Hair care	Beauty and make up	Mani/Pedi voucher
Spa vouchers	Pampering	Candles
High Tea	Magazines/ books	Linen
Towels	Breaky in bed	Coffee vouchers
Movies	Oils	Homewares
Art	Complimentary therapies	Jewellery
Handbags	Accessories	Perfume

Year 4 Theme - Food & Dining		
Coffee vouchers	Gourmet food hampers	Café vouchers
Boost juice	Health food shop voucher	Tea hampers
Fancy tea/coffee cups	Fancy reusable mugs	Drink bottles
Movie munchies	Gourmet nibbles	Grazing table voucher
Fruit/veg box	Meat tray	Pizza voucher
Picnic hamper	Glassware	Bar accessories
Cocktail Pack	Restaurant vouchers	Grocery voucher

Year 5 Theme - Vouchers		
Grocery voucher	VISA vouchers	Health & fitness
Coffee vouchers	Smiggle	Kmart
Petrol	Café	Rebel
Red Balloon	Travel	Experiences
Spa	iTunes	Netflix
Homewares	Books	JB Hifi
Restaurants/bars	Scratchies	Movies/Theatre

Amanda Lewis / Grant Howard (Co-Presidents)

Email: sacredhearthub@gmail.com

Website: www.shmvp.com

Year 6 Theme - Candy Stall		
Lollies	Boxes of chocolates	Movie munchies
Chocolate packs	Chocolate blocks	Desserts
Bakery voucher	Ice cream Sundae Hamper	Treats
Baking hamper	Baking accessories	Party packs
Lolly Jars/bags	Chocolate fountain	Patisserie Vouchers