



# Sacred Heart Catholic Primary School

Cnr Waratah & Keenan Street, Mona Vale NSW 2103

T: (02) 9999 3264

W: [www.shmvdbb.catholic.edu.au](http://www.shmvdbb.catholic.edu.au) • E: [shmv@dbb.catholic.edu.au](mailto:shmv@dbb.catholic.edu.au)

## Term 3 Week 6 - 29 August 2018

**Term 1 Core Value:**

**Justice**

**School Rule:**

**We show justice towards our self, others and the environment when we...**

**Expectation of Behaviour:**

**Turn a negative thought about yourself into a positive**

Dear Parents

### Family, faith, knives & forks

In a conversation between two parents, one spoke of the importance of teaching children table manners. She listed all the reasons for its importance. The other parent agreed, adding: "But table manners have to be kept in perspective. I want my children to grow up with memories of family meal times as experiences of joy, not of being nagged about how they hold their fork."

Every wise parent knows: rules and traditions are important, but let's not lose perspective! Rules make no sense without love of God and neighbour, without common sense and balance.

Happy Father's Day to all SHMV dad's. Keep on doing whatever those "big" things are that you do to show your kids you love them, but don't overlook the "little" things that show your love for them. After all, the little things ARE the big things.

*For our fathers, who have given us life and love,  
that we may show them respect and love,  
we pray to the Lord: Lord, hear our prayer!*

Thankyou to Mrs Neale and the Hub team as well as parents who assisted with the delicious breakfast this morning as well as selling Father's Day presents to the children.

Congratulations to Gabriella M and Harry C who were awarded first and third places respectively in the Br Tony Whelan Public Speaking Competition, North Division, Northern Beaches. Gabriella will now compete in the Diocesan Grandfinal at St Patrick's Asquith on 11 September.

Wonderworld has been a wonderful success according to surveys completed by students. Children love the natural environment and this week another couple of climbing logs were added. The new play area allows for creativity in play.

Our school this year has been undergoing a number of reviews. NESAs requires that schools have particular policies and procedures to meet legislative requirements under the Education Act 1990. So far we have very successfully completed

- The Proprietor and Principal of the School Section 5.1
- Staff Section 5.2
- Curriculum Section 5.3
- Facilities Section 5.5
- Safe and Supportive Environment Section 5.6
- Discipline Section 5.7
- Management and Operation of school Section 5.9
- Educational and Financial Reporting Section 5.10

Areas still to be reviewed before the end of term

- Premises and Buildings Section 5.4
- Attendance Section 5.8

On Tuesday 18 and Wednesday 19 September an external panel of educational experts will be visiting our school for a quality assurance review of Learning and Teaching, Pastoral Care and Mission at Sacred Heart. Parents are invited to the hall to meet with panel members at 2.15pm on Tuesday 18 September. It would be fabulous for as many parents as possible to attend, to share with the panel what they love about Sacred Heart as well as areas that could be developed.

Kind regards

*Suellen Garey*  
**Principal**

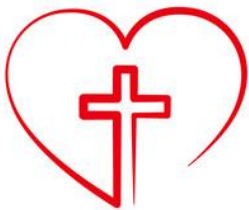
### A Prayer for our Confirmation Candidates.

Creator Spirit,  
strengthen this child with your gifts of grace,  
to love and serve as a disciple of Christ.  
Grant that s/he may grow into the  
fullness of the stature of Christ.  
Fill her/him with the joy of your presence.  
Increase in her/him the fruit of your Spirit:  
the spirit of wisdom and understanding,  
the spirit of love, patience and gentleness,  
the spirit of wonder and true holiness.  
Amen!



Please keep in your prayers the children making their Confirmation this Saturday at Sacred Heart and at Maria Regina this Saturday.

### Blessing for Father's Day



God our Father,  
In your wisdom and love you have created us and called us your own.  
Bless these men,  
that they may be strengthened as Christian fathers.  
Let the example of their faith and love shine forth.  
In moments of joy, rejoice with them.  
In times of struggle, give them your courage and perseverance.  
Grant that we, their sons and daughters,  
may honor and appreciate them always  
with a spirit of profound respect.  
May the example and prayer of St. Joseph inspire them  
to live their vocation with courage.  
Grant this through Christ our Lord. Amen.

**Wishing all our dads, grandads and father figures a very happy day on Sunday.**

### A message from our "fiver for a farmer" Organisers Emma, Pru and Ellen

We would like to say a huge THANK YOU to everyone who was involved with 'A Fiver for a Farmer'.

It has been such a successful fundraiser with over 950 schools, preschools and businesses registering to take part. So far we have raised over \$650,000.

It is time for us to get this money out to the farmers who desperately need it so if you haven't already donated your funds please do so ASAP.



You can donate:

[www.afiverforafarmer.com.au](http://www.afiverforafarmer.com.au) and pay via our Go Fund Me page

We have extended the closing date on our fundraiser and we will now except donations up to the end of September. Any donations not sent by that date can be sent directly to the two charities we support, Drought Angels & Rural Aid.

<https://www.droughtangels.org.au/>

<https://www.ruralaid.org.au/>



### Plenary Council 2020

Pope Francis has approved the Australian Bishops' decision to hold a Plenary Council in Australia in 2020 and 2021. It is a significant moment for the Church in Australia to make decisions about the future. To prepare the agenda for the Plenary Council, all of God's people are invited to reflect on the question: "What do you think God is asking of us in Australia at this time?"

Find out more about the Plenary Council 2020 at the new website, now online:

[www.plenarycouncil.catholic.org.au](http://www.plenarycouncil.catholic.org.au)

During term 4 Sacred Heart will be hosting a meeting for parents where you will be invited to participate in an opportunity to reflect and contribute to the discussion about the future of the Catholic Church in Australia.

### Dates to Remember for Term 3

Saturday 1 September at 12noon – Confirmation at Sacred Heart Church

Saturday 1 September at 10am – Confirmation at Maria Regina Church, Avalon

Wednesday 12 September Yr 4 and Yr 1 Class Mass at 9:15 Sacred Heart Church.

Wednesday 26 September Yr 2 and Yr 5 Class Mass at 9:15 Sacred Heart Church

### Prayers

Please keep in your prayers Mick P, Paul C (parents) and their families.

Both are undergoing specialist medical care.

If you have any Good News or if you need our prayers, please see me at school, contact me by phone.

*Chris McBryde - Religious Education Coordinator*



**PARISH WEEKLY BULLETIN** can be found [here](#)

## School Photographs – Wednesday 5 September

### Please return photo envelopes by Monday 3 September.

- This will ensure a smooth process on photo day. Orders received after photo day incur a \$20 archive fee.
- Don't seal envelopes inside each other. You can pay for all children in one envelope, however each child needs to have their own envelope on photo day.
- Sport/Specialty Photo orders will be organised after photo day on a separate form.
- Credit Card payments can be made online (please follow instructions on envelope). If paying by cash please ensure correct money is enclosed as change cannot be given. Please note: **NO CHEQUES ACCEPTED.**
- All enquiries can be directed to MSP Photography: 9499 6555



## Curriculum News

### Tell Them From Me survey

In the coming weeks we will be inviting students, teachers and parents to provide feedback on their experience of our school using an online survey. The surveys are an important part of our whole school evaluation and planning process.



We would like to invite you to complete the *Tell Them From Me (TTFM)* Partners in Learning survey. As we value the role of parents and carers within our school community we would greatly appreciate your feedback. The information you provide will be used to maintain our commitment to working together in partnership to further improve student learning and wellbeing at Sacred Heart Catholic School Mona Vale.

The survey is anonymous and will take approximately 20 minutes to complete. You are able to access the parent survey on your computer or mobile device by using the URL below:

<https://www.tellthemfromme.com/3xr9p>

**Caitlin Remeus – Acting Assistant Principal**

## Messages from the office

**School Fees** – Thank you to those families who have paid their school fees by the due dates.

To assist families with payments of school fees, statements are emailed in the first week of each month. If you need to change your terms of payment (e.g monthly, standard), please contact the school office. We are currently following up families with outstanding accounts.

## Happy Birthday

**Happy Birthday** from all at Sacred Heart to the following students who are celebrating their birthday this week:

Isabella M, Olivia K, Cheyne T, Zara E, Emily G  
Samantha K, Xavier V



## Kiss & Drop Morning Volunteers

The morning Kiss and Drop Zone ensures that students arrive to school safely. We could not do this without our wonderful volunteers. If you would like to be added to the Kiss and Drop Roster please email Rebecca Molinaro at [becmolinaro@outlook.com](mailto:becmolinaro@outlook.com)

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>29th Aug</b>	<b>30th Aug</b>	<b>31st Aug</b>
		Tatiana N	Karissa M	VACANT
<b>3rd Sept</b>	<b>4th Sept</b>	<b>5th Sept</b>	<b>6th Sept</b>	<b>7th Sept</b>
Rebecca M	Georgina D	Tatiana N	Melinda B	Eloise C
<b>10th Sept</b>	<b>11th Sept</b>	<b>12th Sept</b>	<b>13th Sept</b>	<b>14th Sept</b>
Rebecca M	VACANT	Tatiana N	Amber L	VACANT

## Canteen

### CANTEEN ROSTER (start 9.30am - finish 1.45pm)

<b>Mon 3 Sept</b>	Sally W, Karissa M
<b>Thu 6 Sept</b>	Fiona S, Ana R
<b>Fri 7 Sept</b>	Angela S, Vanessa S, Kate W

A big thank you to all the wonderful volunteers who gave their time and support to make a special Father's Day morning.

**Help Needed:** Thursday 30 August – 11:00am to 1:30pm, please contact Kay.

Regrettably, **the Canteen will be closed again this Friday 31 August.**

**Kay & Marie – Canteen Coordinators**

Please feel free to contact us via email at: [sshmv.canteen@dbb.catholic.edu.au](mailto:sshmv.canteen@dbb.catholic.edu.au)

## Hub News

**PARTY LIKE GATSBY**  
SACRED HEART 2018 COCKTAIL ART AUCTION & GALA EVENT

**KIDS RAFFLE**

Dear parents,  
As a part of our major fundraising evening, we will be holding a kids raffle with some amazing prizes to be won.

1st Prize      Mufti day & movie afternoon with popcorn for your child's class in Term 4  
2nd Prize      Kids boogie board pack  
3rd Prize      Kids games pack  
4th Prize      Quicksilver backpack & thongs  
5th Prize      Kids soccer set

Please find enclosed 10 raffle tickets to be sold for \$1 each.

Please ensure all ticket stubs are returned complete with name, phone number & child's class on each ticket to the office by 3pm Friday September 7 or handed in to the front desk on the event evening.

**RAFFLE WILL BE DRAWN ON THE NIGHT - GOOD LUCK IN THE DRAW!**

SHMVPARENTS.COM

### Kids Raffle Tickets

The Kids Raffle Tickets have been sent home with your child and are due back by Friday 7 September, so please look out for these if you haven't already seen them. Year 6 will receive their tickets tomorrow.

Tickets are \$1.00 each and the Raffle will be drawn on the night. If you do not wish to sell your tickets, please return them to the office, no problem.

## Year Artworks

Please take a moment to look at our Year Artworks – our children are so talented! If you would like to make a bid, but are unable to attend on the night, please contact the Hub – [admin@shmvparents.com](mailto:admin@shmvparents.com).



# YEAR ARTWORKS

AVAILABLE FOR AUCTION AT OUR PARTY LIKE GATSBY GALA EVENING

All of our children have been working hard in their year groups to create amazing artworks with the help of our parent volunteers.

Many thanks to all the parents that helped in the classroom and to the wonderful teachers of our school for ensuring every child was able to create their art.

These artworks will be available for auction at our Gala evening on Saturday September 8, 2018.

## KINDY



**Parent artists:** Nicole and Candice

**Theme:** "My Beach hut"

**Medium:** Coloured pencils on watercolour paper

**Student involvement:**

The children were asked to use coloured pencils to colour in their very own beach hut. These huts were then outlined in texta and cut out and placed on backing board. There were 5 different hut templates to choose from. Some children couldn't wait to finish theirs, while others took their time to make sure it was perfect. The result is a stunning piece of art that reflects our beautiful children in kindy.

**Parent artists:** Kylie and Leanne

**Theme:** "The colours of the sea"

**Medium:** The children used watered down acrylic paint. Bronze enamel paint was later applied using a flicking technique.

**Student involvement:**

The children had fun painting with sponges dipped into blue and aqua paint. The colour was applied onto thick sheets of sketch paper. Each of these sheets was torn into strips and then woven into each other. This artwork is a representation of them all coming together as one.

## YEAR 1



**Parent artists:** Sylvia, Lynne, Michelle and Kate

**Theme:** "Our beautiful Australian birds"

**Medium:** Textas and highlighters on card

**Student involvement:**

The children were learning about our beautiful Australian birds and wildlife. They used coloured textas and highlighters to achieve the lovely bright colours of these beautiful Australian birds. A background of painted black fern fronds provides the stunning backdrop for this piece.

## YEAR 2



**Parent artists:** Jess

**Theme:** "Our precious coral"

**Medium:** Acrylic paint on watercolour paper.

**Student Involvement:**

Coral reefs are formed by little animals called coral polyps. They excrete calcium which forms the limestone skeleton on which they live. The children were asked to create their own piece of coral using blue and green coloured acrylic paint. Each piece of coral is unique, just like our wonderful year 3 children.

## YEAR 3



## YEAR 4



**Parent artists:** Angela and Julie

**Theme:** "Hope"

**Medium:** Origami paper and permanent ink markers

**Student involvement:**

This year's artwork is made up of 55 origami cranes. Traditionally the creation of these cranes is said to bring hope and healing. This year our young people had to navigate the loss of their classmate, Natasha Sijokic, represented by the pink crane. There have been many other sad events for so many families and the creation of these cranes symbolises the great resilience of our children, the healing that comes with time and hope for the future.

The children were presented with pre-printed squares of paper and a choice of pens in black, white, silver and gold. They were asked to decorate their chosen paper to make it individual to them. They were collected and folded and mounted to the board. No two cranes are the same...just like our children.

**Parent artists:** Jackie and Lisa

**Theme:** "Fun at the beach"

**Medium:** Acrylic paint on watercolour paper.

**Student Involvement:**

The children were given the choice of painting a combi, surfboard or palm tree. They used acrylic paints to decorate their template which was then cut and arranged on a beautifully painted beach background. This is a fun happy painting reflective of the fun and happy year 5 students.

## YEAR 5



## YEAR 6



**Parent artists:** Grace, Rita, Kirsten and Vanessa

**Theme:** "Look at me...I'm off to high school!"

**Medium:** oil pastels on watercolour paper

**Student involvement:**

The children were given a large sheet of watercolour paper and were asked to use oil pastels to draw the colours of the rainbow. These were then collected, sprayed with sealer and cut up into the shapes to make up the tail of the peacock.

Next year these students will be making the big leap from primary school to high school. This artwork represents the confidence we encourage our children have as they venture into their future.

After all "confidence is the ability to feel beautiful, without needing someone to tell you" Mandy Hale

**Last chance to get your donations in this week please.**

**DINNER TICKETS ARE ON SALE NOW.....**

Our Gala Event website is live – check it out at [shmvpaparents.com](http://shmvpaparents.com)

And.....remember to buy your Tickets for the evening. We are sure you are spending a lot of time organising your wonderful outfits, however you also need a ticket for the evening!

## Chocolates For Sale



**SPECIAL OFFER**

We still have a number of boxes of chocolates to sell. To encourage you, we have a special offer...

**Take a box of 48 chocolates (\$1 each) but only pay \$40.**

What a bargain!!

## UNIFORM SHOP

**A Reminder.... For those who have an IOU with the uniform shop, payment would be appreciated, thank you.**

Our \$2.00 Sale is still on this week so get yourself a bargain! We look forward to seeing you!



**Amanda Lewis / Grant Howard (Co-Presidents)**

Email: [sacredhearthub@gmail.com](mailto:sacredhearthub@gmail.com)

Website: [www.shmvparents.com](http://www.shmvparents.com)





## OUR LADY OF GOOD COUNSEL VACATION CARE

### Open to children from all schools



**School Holidays**  
Tuesday 2 October -  
Friday 12 October  
7.30am - 6.00pm



**Our Lady of Good Counsel**  
11 Currie Road,  
Forestville



From \$55.00/ day

#### Activities include:

- Kites and paper planes
- Putney Park
- Laser Warriors
- Bring your own technology
- Multi sports
- Little Italy - crafts, cooking & pizza party
- Maritime Museum
- Science experiments
- Wheels day
- Movies and play at Chatswood Park



**BOOKINGS ARE  
ESSENTIAL**

Our Lady of Good Counsel, Forestville  
Leonie Westenberg  
P: 0400 767 186  
E: [oshc\\_forestville@catholiccaredbb.org.au](mailto:oshc_forestville@catholiccaredbb.org.au)

[catholiccaredbb.org.au](http://catholiccaredbb.org.au)

# Raising Kids & Teens in a Screen World

*Dr Kristy  
Goodwin*



Tuesday 11 September, 2018  
Mater Maria Catholic College, Warriewood

More Info: [www.brokenbayparentcouncil.com](http://www.brokenbayparentcouncil.com)  
BOOK: [www.trybooking.com/book/event?eid=401336&](http://www.trybooking.com/book/event?eid=401336&)

On Tuesday 11 September 2018 7 pm – 9 pm at Mater Maria Catholic College, Warriewood Dr Kristy Goodwin - leading digital parenting educator, researcher and author will be presenting an interactive seminar providing simple strategies to manage screen-time at home without tears and tantrums (yours and theirs!), and without having to constantly fret about online safety. I am hoping to receive some realistic advice from Dr. Goodwin to enhance learning and safe guard our kid's emotional health.

## **WHO SHOULD ATTEND:**

This free presentation is aimed at every Catholic school parent, grandparent or caregiver of students from Year 4 – Year 12, as well as teachers and all those who care for children. However, if your children are younger, you may still like to attend to learn strategies for the next stage of parenting!

## **PARENTS WHO ATTEND RAISING KIDS & TEENS IN A SCREEN WORLD WILL:**

- ✓ Learn why our kids become infatuated with technology and why they find it hard to switch off devices
- ✓ Understand how to help your kids develop healthy digital habits
- ✓ Examine the current risks to kids' online safety – the 3Ps: predators, pornography and peers
- ✓ Explore why we need to avoid using screen-time as a reward or punishment tool

## **ABOUT DR KRISTY GOODWIN, PRESENTER:**

As a leading digital parenting educator, speaker, researcher, author and former teacher (and mum who deals with her kids' techno-tantrums), Dr Kristy translates the latest research into essential, digestible information and tips for parents and carers, so that they can safely navigate the digital terrain, without suggesting that kids be 'digitally amputated'!

**Proudly hosted by the *Broken Bay Catholic School Parents***

Learn more via the go to the CSP website [www.brokenbayparentcouncil.com/dr-kristy-goodwin](http://www.brokenbayparentcouncil.com/dr-kristy-goodwin)

## DISNEY'S BEAUTY & THE BEAST – Glen Street Theatre, 21<sup>st</sup>-29<sup>th</sup> September 2018

Each year, the Stage Artz Theatre Company and Stage Artz Performing Arts School combine to stage a musical production to raise money for The Children's Hospital at Westmead. Stage Artz Charity Musicals have currently raised \$233,000 for the kids at Westmead. Our aim this year is to raise another \$17,000, to take our total donation to \$250,000... making Stage Artz an official benefactor of The Children's Hospital at Westmead.

The stage adaptation of Disney's Beauty and the Beast is an international sensation that has played to over 35 million people worldwide in 13 countries. Based on the Academy Award-winning animated feature, the original Broadway production ran for over thirteen years and was nominated for nine Tony Awards, including Best Musical. Stage Artz is thrilled to bring the enchanted world of Disney's Beauty & the Beast to the Glen Street Theatre stage! The show includes a cast of 150 talented performers, aged 5yrs to 60yrs, and a full orchestra.

PROUDLY  
PRESENTING THE  
**STAGE ARTZ**  
PRODUCTION OF

Disney  
**BEAUTY  
AND THE  
BEAST**  
©Disney

21 – 29 SEPTEMBER, 2018  
GLEN STREET THEATRE

TIX: 9975 1455 | [GLENSTREET.COM.AU](http://GLENSTREET.COM.AU)

STAGE ARTZ PRODUCTION OF DISNEY	MUSIC BY ALAN MENKEN	LYRICS BY HOWARD ASHMAN & TIM RICE	BOOK BY LINDA WOOLVERTON
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LICENSED COLLECTIVELY BY MUSIC THEATRE INTERNATIONAL AUSTRALIA INC.  
ALL PERFORMANCES MUST BE SUPPORTED BY THE CHILDREN'S HOSPITAL AT WESTMEAD.

PROUDLY SUPPORTING THE CHILDREN'S HOSPITAL AT WESTMEAD