



# Sacred Heart Catholic Primary School

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## Term 3 Week 7 - 5 Sept 2018

<b>Term 1 Core Value:</b>	<b>Justice</b>
<b>School Rule:</b>	We show justice towards our self, others and the environment when we...
<b>Expectation of Behaviour:</b>	Let others learn

Dear Parents

Our Tier 1 reviews for compliance have finalised over the past two weeks. We were delighted to receive an excellent commendation regarding the WHS AS4801 review. The administrative assistants worked very hard to achieve this compliance and acknowledgement of quality documentation. Tier 2 of the Review will take place on September 18/19. This part of the review process is more of a quality assurance review and planning for the future. Parents are invited to meet with the Chair of the Review Panel and Panel members on Tuesday 18 September in the school hall.



The school participated successfully in a NAPLAN readiness test this week. Students from years 3 and Year 5 logged on and completed a few questions testing our online capacity.



Next Tuesday we welcome Kindergarten 2019 to school. The pre-schoolers will be introduced to the school environment both inside and outside the classroom whilst their parents attend various presentations in the hall. Cowan and Lewis will be at Sacred Heart for the second orientation session 18 October in Term 4 for Kindergarten 2019 to try on and order uniforms.

We have had an amazing team of volunteers led by Amanda Lewis and Grant Howard organising our Gala Evening for 2018. The hours of work, conversations and emails have been endless and their dedication to the event commendable. Thanks must also be given to the Administrative staff, Carol and Karen who have assisted organisers, never too busy, no job too difficult. It seems the art works are more spectacular every year.



Thank you to the parents who have bought tickets to attend, it promises to be a terrific evening of fun and socialising at the same time raising funds for the school. Over the past few years we are so grateful to our parent community who have raised funds for computers, renovation of the toilets and foyer, improved learning spaces and air conditioners.

This week Mrs Remeus resigned her Acting Assistant Principal role at Sacred Heart. She has accepted a position as Head of Regis Campus, Riverview and will be commencing this position in Term 4. We thank Mrs Remeus for her work as Acting Assistant Principal and wish her all the best in her new role.

Kind regards

*Suellen Garey*  
**Principal**

Like and follow us at: [facebook.com/sacredheartmonavale](https://www.facebook.com/sacredheartmonavale)

Like and follow us at: [twitter.com/SHMV16](https://twitter.com/SHMV16)

### Confirmation

Congratulations to all our students who made their Confirmation on Saturday. The ceremony was a beautiful reflection on the Sacrament of Confirmation. Thank you to all families for your commitment to preparing your child/ren for this special sacrament. Also special thanks to Yvonne Van den Berg, the sacramental co-ordinator from the parish for her amazing efforts in organising the program and ceremony.



Jai A  
Mia A  
Celeste A  
Eaton B  
Byron B  
Byron B  
Preston B  
Florrie B  
Isabella C  
Lewis C  
Maxim D  
Flynn D  
Sienna D  
Jarvis D  
Sienna E  
Koda F  
Arlei F  
Mateja G  
Dylan H  
Jesse H  
Lucas H

Elvie H  
Ruby H  
Camila H  
Ethan H  
Sophia K  
Te Akauroa K  
Izabella L  
Nash L  
Piper L  
Matilda L  
Chloe L  
Hamish M  
Aisling M  
Taylor M  
Ella M  
Sage M  
Gabriella M  
Frank M  
Sophie M  
Luke M  
Joshua N

Juliette N  
Connor O  
Lila O  
Solomon P  
Jackson P  
Ariela P  
Ivy P  
Jai Q  
Charlotte S  
Byron S  
Skye S  
Leila S  
Alexandra T  
Braeden T  
Felix T  
Hannah W  
Leira W  
Oliver W



Pope Francis has approved the Australian Bishops' decision to hold a Plenary Council in Australia in 2020 and 2021. It is a significant moment for the Church in Australia to make decisions about the future. To prepare the agenda for the Plenary Council, all of God's people are invited to reflect on the question: "What do you think God is asking of us in Australia at this time?" Find out more about the Plenary Council 2020 at the new website, now online: [www.plenarycouncil.catholic.org.au](http://www.plenarycouncil.catholic.org.au)

During term 4 Sacred Heart will be hosting a meeting for parents where you will be invited to participate in an opportunity to reflect and contribute to the discussion about the future of the Catholic Church in Australia.

### Dates to Remember for Term 3

Wednesday 12 September at 9:15 - Yr 4 and Yr 1 Class Mass Sacred Heart Church

Wednesday 26 September at 9:15 - Yr 2 and Yr 5 Class Mass Sacred Heart Church

### Prayers

Please keep in your prayers Mick P, Paul C (parents) and their families.

Both are undergoing specialist medical care.

If you have any Good News or if you need our prayers, please see me at school, contact me by phone.

**Chris McBryde - Religious Education Coordinator**

**PARISH WEEKLY BULLETIN** can be found [here](#)



## Sport News

Congratulations to the students who competed at the Broken Bay Athletics Carnival yesterday. Special mention to Jack S, who won the u9 100m. Jack has been selected to represent Broken Bay at the Polding Athletic Trials to be held in Newcastle on 14 September.



## Curriculum News

### **Tell Them From Me survey**

We would like to invite you to complete the *Tell Them From Me (TTFM)* Partners in Learning survey. As we value the role of parents and carers within our school community we would greatly appreciate your feedback. The information you provide will be used to maintain our commitment to working together in partnership to further improve student learning and wellbeing at Sacred Heart Catholic School Mona Vale.



The survey is anonymous and will take approximately 20 minutes to complete. You are able to access the parent survey on your computer or mobile device by using the URL below:

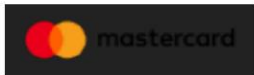
<https://www.tellthemfromme.com/3xr9p>

**Caitlin Remeus – Acting Assistant Principal**

## Messages from the office

The CSO have advised that Mastercard are making some changes as to how Qkr! is being managed. The following instructions have been provided by the CSO for those who may be having trouble accessing their Qkr! account.

### Qkr Procedure Forgotten password on account set up prior to July 2018



In the event a parent has forgotten the password on a Qkr! account set up prior to July 2018, the following steps are required by the parent and school admin, as the password cannot be reset.

#### **Qkr! Accounts registered prior to July 2018.**

1. Parent to phone Masterpass on 1800 689 562 to advise they have forgotten password and request for their account to be deleted.
2. Parent to confirm with school admin that they have contacted Masterpass and advise their email address registered with Qkr!.
3. Once the school has received confirmation the original account has been deleted, the school can advise the parent to re-register with Qkr! and enter card details again.

**In the interim** while waiting for the account to be deleted and parents need to use Qkr!

1. Parents can create a new Qkr! account using a different email address to the one being cancelled.
2. Once Qkr has confirmed the original account has been deleted to your school admin, the new account can then be edited to change back to the original email.

#### **Qkr Accounts registered from August 2018**

Qkr accounts registered from August 2018 onwards are not required to follow the steps above. If a password is forgotten please refer to Qkr! Password (How to reset your password for accounts created after 1 August 2018) guide on the school's website under the top tab "Parent Information".

## Happy Birthday

**Happy Birthday** from all at Sacred Heart to the following students who are celebrating their birthday this week:

Matthew M, Abigail C, Erin S, Max S, Ruby H,  
Jack L, Ava W



## Kiss & Drop Morning Volunteers

The morning Kiss and Drop Zone ensures that students arrive to school safely. We could not do this without our wonderful volunteers. If you would like to be added to the Kiss and Drop Roster please email Rebecca Molinaro at [becmolinaro@outlook.com](mailto:becmolinaro@outlook.com)

Monday	Tuesday	Wednesday	Thursday	Friday
10th Sept	11th Sept	12th Sept	13th Sept	14th Sept
Rebecca M	VACANT	Tatiana N	Amber L	VACANT

## Canteen

### CANTEEN ROSTER (start 9.30am - finish 1.45pm)

<b>Mon 10 Sept</b>	Andy D, Alana M
<b>Thu 13 Sept</b>	Juliana J, Kammi B
<b>Fri 14 Sept</b>	Bec D, Yvette C, Claire R

### **Kay & Marie – Canteen Coordinators**

Please feel free to contact us via email at: [sshmv.canteen@dbb.catholic.edu.au](mailto:sshmv.canteen@dbb.catholic.edu.au)

## Hub News



Our very special additional Year 4 artwork is on display in the office. This will be raffled at the Gala evening with all proceeds being donated to Bear Cottage.

# WHAT TO EXPECT...

## PARTY LIKE GATSBY

SACRED HEART 2016 COCKTAIL, RIFLE RACKET & GOLF NIGHT

THIS SATURDAY SEPTEMBER 8 - ROYAL MOTOR YACHT CLUB NEWPORT FROM 6.30PM

### UPON ARRIVAL...

you will be greeted with a delicious welcome cocktail, sparkling wine or refreshing beer...

It wouldn't be a PARTY without a little 1920's treat ...  
there will be a high rollers room with an array of amazing prizes to be won.

### TANTILISE YOUR TASTEBUDS

with a wandering selection of canapés, grazing plates around the room & substantial bites throughout the night. For those with "special dietary requirements" please identify yourselves to waitstaff on the night – we haven't forgotten YOU!

### BE IN IT TO WIN IT!

Make sure you wear something fun for there is the chance to win 'best dressed'.

then onto the SILENT AUCTIONS there are so many to choose from ...

But don't forget to grab a MYSTERY ENVELOPE  
– thousands of dollars worth of prizes are hidden behind each one.

### Pick up a \$50 COCKTAIL.

and be in with the chance to win a major prize...

And the all-important ARTWORK AUCTIONS ... a tradition that simply can't be missed.

This years artworks are a real treat!

Have your chance to bid on your year artwork or even Principal for a day! ...

### PIZZA & DESSERT

Not forgetting our hunger, there will be an assortment of Woodfired Pizzas fresh from the oven  
and a delicious wandering dessert of cakes and delicious treats to devour.

Lights, camera, action... jump in the PHOTO BOOTH for a group photo to remember ...

After a fabulous night full of fun, laughter and plenty of dancing,  
with sore feet and the need to keep going, you will be able to jump on the

### FREE SHUTTLE BUS

home or to your next destination! ...

WE LOOK FORWARD TO CELEBRATING THIS EVENING WITH YOU!

TICKETS STILL AVAILABLE FROM THE OFFICE



# YEAR ARTWORKS

AVAILABLE FOR AUCTION AT OUR PARTY LIKE GATSBY GALA EVENING

All of our children have been working hard in their year groups to create amazing artworks with the help of our parent volunteers.

Many thanks to all the parents that helped in the classroom and to the wonderful teachers of our school for ensuring every child was able to create their art.

These artworks will be available for auction at our Gala evening on Saturday September 8, 2018.

## KINDY



**Parent artists:** Nicole and Candice

**Theme:** "My Beach hut"

**Medium:** Coloured pencils on watercolour paper

**Student involvement:**

The children were asked to use coloured pencils to colour in their very own beach hut. These huts were then outlined in texta and cut out and placed on backing board. There were 5 different hut templates to choose from. Some children couldn't wait to finish theirs, while others took their time to make sure it was perfect. The result is a stunning piece of art that reflects our beautiful children in kindy.

**Parent artists:** Kylie and Leanne

**Theme:** "The colours of the sea"

**Medium:** The children used watered down acrylic paint. Bronze enamel paint was later applied using a flicking technique.

**Student involvement:**

The children had fun painting with sponges dipped into blue and aqua paint. The colour was applied onto thick sheets of sketch paper. Each of these sheets was torn into strips and then woven into each other. This artwork is a representation of them all coming together as one.

## YEAR 1



**Parent artists:** Sylvia, Lynne, Michelle and Kate

**Theme:** "Our beautiful Australian birds"

**Medium:** Textas and highlighters on card

**Student involvement:**

The children were learning about our beautiful Australian birds and wildlife. They used coloured textas and highlighters to achieve the lovely bright colours of these beautiful Australian birds. A background of painted black fern fronds provides the stunning backdrop for this piece.

## YEAR 2



**Parent artists:** Jess

**Theme:** "Our precious coral"

**Medium:** Acrylic paint on watercolour paper.

**Student Involvement:**

Coral reefs are formed by little animals called coral polyps. They excrete calcium which forms the limestone skeleton on which they live. The children were asked to create their own piece of coral using blue and green coloured acrylic paint. Each piece of coral is unique, just like our wonderful year 3 children.

## YEAR 3



## YEAR 4



**Parent artists:** Angela and Julie

**Theme:** "Hope"

**Medium:** Origami paper and permanent ink markers

**Student Involvement:**

This year's artwork is made up of 55 origami cranes. Traditionally the creation of these cranes is said to bring hope and healing. This year our young people had to navigate the loss of their classmate, Natasha Sijokic, represented by the pink crane. There have been many other sad events for so many families and the creation of these cranes symbolises the great resilience of our children, the healing that comes with time and hope for the future.

The children were presented with pre-printed squares of paper and a choice of pens in black, white, silver and gold. They were asked to decorate their chosen paper to make it individual to them. They were collected and folded and mounted to the board. No two cranes are the same...just like our children.

**Parent artists:** Jackie and Lisa

**Theme:** "Fun at the beach"

**Medium:** Acrylic paint on watercolour paper.

**Student Involvement:**

The children were given the choice of painting a combi, surfboard or palm tree. They used acrylic paints to decorate their template which was then cut and arranged on a beautifully painted beach background. This is a fun happy painting reflective of the fun and happy year 5 students.

## YEAR 5



## YEAR 6



**Parent artists:** Grace, Rita, Kirsten and Vanessa

**Theme:** "Look at me...I'm off to high school!"

**Medium:** oil pastels on watercolour paper

**Student Involvement:**

The children were given a large sheet of watercolour paper and were asked to use oil pastels to draw the colours of the rainbow. These were then collected, sprayed with sealer and cut up into the shapes to make up the tail of the peacock.

Next year these students will be making the big leap from primary school to high school. This artwork represents the confidence we encourage our children have as they venture into their future.

After all "confidence is the ability to feel beautiful, without needing someone to tell you" Mandy Hale

**A FINAL REMINDER:** Ticket sales close at 9am Thursday (tomorrow), so please get your tickets on-line or from the office. There will be NO TICKET SALES AT THE DOOR, sorry.

Please remember that all funds raised at this event is for our children, so your money from ticket sales, raffles and, of course, the auction will be most valuably used to benefit the children.



**Chocolates For Sale**



**SPECIAL OFFER**

We still have a number of boxes of chocolates to sell. To encourage you, we have a special offer...

**Take a box of 48 chocolates (\$1 each) but only pay \$40.**

What a bargain!!

**Amanda Lewis / Grant Howard (Co-Presidents)**

Email: [sacredhearthub@gmail.com](mailto:sacredhearthub@gmail.com)

Website: [www.shmvpayers.com](http://www.shmvpayers.com)



**CatholicCare**  
Diocese of Broken Bay

**OUR TERM 4 PROGRAMS**

[catholiccareddb.org.au/brochures](http://catholiccareddb.org.au/brochures)

TUNING INTO KIDS	INFANT MASSAGE MANLY	TRIPLE P PARENTING	INFANT MASSAGE NAREMBURN	KEEPING KIDS IN MIND	INFANT MASSAGE BROOKVALE
For parents of primary school children on how to develop your child's emotional intelligence.	For pre-crawling babies up to 7 months. Run by a certified infant massage instructor.	For parents of children aged 2-9 years providing practical answers to everyday questions.	For pre-crawling babies up to 7 months. Run by a certified infant massage instructor.	For parents experiencing conflict after separation and want to understand how to support their child.	For pre-crawling babies up to 7 months. Run by a certified infant massage instructor.
<b>Tuesday's</b> 16, 23, 30 October & 6, 13, 20 November 10.00am – 12.30pm	<b>Tuesday's</b> 16, 23, 30 October & 6, 13 November 10.30am – 11.30am	<b>Wednesday's</b> 10, 17, 24 October 6.30pm – 8.00pm	<b>Wednesday's</b> 17, 24, 31 October & 7, 14 November 10.30am – 12.00pm	<b>Tuesday's</b> 30 October & 6, 13, 20, 27 November 6.00pm – 8.30pm	<b>Saturday's</b> 10, 17, 24 November & 1 December 10.30am – 12.30pm
<b>Naremburn Family Centre</b> 40 Merrenburn Avenue, Naremburn	<b>Community Northern Beaches</b> 12 Wentworth Street, Manly	<b>Avalon Recreation Centre</b> 59 Old Barrenjoey Road, Avalon	<b>Naremburn Family Centre</b> 40 Merrenburn Avenue, Naremburn	<b>Naremburn Family Centre</b> 40 Merrenburn Avenue, Naremburn	<b>Northern Beaches Family Centre</b> 116/20 Dale Street, Brookvale
<b>Cost</b> \$50.00	<b>Cost</b> FREE	<b>Cost</b> FREE	<b>Cost</b> FREE	<b>Cost</b> \$100.00	<b>Cost</b> FREE
P: (02) 8425 8700 E: intakefs@catholiccareddb.org.au	P: (02) 8043 2600 E: intakefs@catholiccareddb.org.au	P: (02) 8043 2600 E: intakefs@catholiccareddb.org.au	P: (02) 8425 8700 E: intakefs@catholiccareddb.org.au	P: (02) 8425 8700 E: nfc@catholiccareddb.org.au	P: (02) 8425 8700 E: nfc@catholiccareddb.org.au

FREE



CatholicCare  
Diocese of Broken Bay

## TRIPLE P PARENTING SEMINAR

A three week program for parents of children aged 2 – 9 years.

*Small changes can make a big difference*



**Wednesday's**  
10, 17, 24 October  
6.30 – 8.00pm



**Avalon Recreation Centre**  
59 Old Barrenjoey Road, Avalon



**FREE**  
Note: Children are  
unable to attend.

*Triple P* is a parenting program for all families that provides practical answers to everyday questions. It doesn't tell you how to be a parent - think of it as a toolbox of ideas. You choose the strategies you need and how you want to use them. Provides practical solutions such as simple routines and small changes to assist with common behavioural and emotional issues in children.

**BOOKINGS ARE  
ESSENTIAL**

Northern Beaches Family Centre  
P: (02) 8043 2600  
E: [intakefs@catholiccareddb.org.au](mailto:intakefs@catholiccareddb.org.au)

This group requires minimum attendance numbers to proceed. If we do not reach minimum numbers we may need to postpone or cancel the group.

[catholiccareddb.org.au](http://catholiccareddb.org.au) | [www.triplep.net](http://www.triplep.net)



# Raising Kids & Teens in a Screen World

**A FREE WORKSHOP FOR PARENTS AND CARERS OF STUDENTS IN YEARS 4 TO 12**

Being a parent in today's digital world can be an overwhelming and confusing task... Become the pilot of your family's digital plane with some realistic advice to enhance learning and safeguard your child's physical and emotional health.

**Dr Kristy Goodwin, Presenter**

As a leading digital parenting educator, speaker, researcher, author and former teacher (and mum who deals with her kids' techno-tantrums), Kristy translates the latest research into essential, digestible information and tips for parents and carers, so that they can safely navigate the digital terrain, without suggesting that kids be 'digitally amputated'!



This engaging seminar arms parents with simple strategies to manage screen-time at home without tears and tantrums, and without having to constantly fret about online safety.

- ✓ Learn why our kids become infatuated with technology and why they find it hard to switch off devices
- ✓ Understand how to help your kids develop healthy digital habits
- ✓ Examine the current risks to kids' online safety – the 3Ps: predators, pornography and peers
- ✓ Explore why we need to avoid using screen-time as a reward or punishment tool

**Tuesday 11 September, 7-9pm (doors open at 6.30pm)**  
Mater Maria Catholic College, 5 Forest Rd, Warriewood NSW 2102  
Tickets [www.brokenbayparentcouncil.com/dr-kristy-goodwin](http://www.brokenbayparentcouncil.com/dr-kristy-goodwin)