

Sacred Heart Catholic Primary School

Cnr Waratah & Keenan Street, Mona Vale NSW 2103 T: (02) 9999 3264

W: www.shmvdbb.catholic.edu.au • E: shmv@dbb.catholic.edu.au

Term 4 Week 5 - 14 November 2018

Term 1 Core Value: Service

School Rule: We are of service to others and in the environment when we...

Expectation of Behaviour: Give to the poor

Dear Parents

The agapanthus are nearly in bloom! Agapanthus to me signal Advent!

If I had to live my life over again, I'd dare to make more mistakes next time.
I'd relax. I would limber up. I would be sillier than I have been this trip.

I would take fewer things seriously. I would take more chances. I would take more trips. I would climb more mountains, swim more rivers. I would eat more ice cream and less beans.

I would perhaps have more actual troubles, but I'd have fewer imaginary ones. You see, I'm one of those people who live seriously and sanely, hour after hour, day after day.

Oh, I've had my moments. And if I had it to do over again, I'd have more of them.
In fact, I'd try to have nothing else, just moments, one after another,
instead of living so many years ahead of each day.

I've been one of those persons who never goes anywhere without a thermometer, a hot water bottle, a raincoat and a parachute. If I had to do again, I would travel lighter than I have.

If I had to live my life over, I would start barefoot earlier in the Spring and stay that way later in the Autumn.

I would go to more dances. I would ride more merry-go-rounds. I would pray aloud more and care less what people think or expect of me. I'd just be me more and more.

Yes, I would pick more flowers next time.

Last week at the final Parish Council meeting for the year Matthew Knight father of Lucia in KT was elected onto the Parish Council. Congratulations Matt!

School Review Report 2018

Following on from our whole school review this year a team of educators from Sacred Heart and CSO have been writing the School Improvement Plans for the next three years. The team are excited about the directions for the future especially in student agency: where students take risks with their learning, show initiative and make decisions about their learning and take responsibility for their learning.

<u>"Sacred Heart You've Got Talent"</u> - 13 December. Parents are welcome to attend.

9.30am Infant's Talent Showcase11.30am Primary Talent Showcase1.30 Band & Choir Performance

It was exciting to hear that four students from Sacred Heart sang at the Opera House last Sunday. Abby D, Claire D, Angelina Z and Paige S-B sang with the Australian Girl's Choir songs from Mary Poppins and The World's Greatest Showman. Well done girls.

Thank you to the children who represented Sacred Heart at the Pittwater RSL Sub-Branch Remembrance Day Service at the Lower Cenotaph Pittwater RSL Club on Sunday.

Classes are being sorted for 2019 and will be announced on Moving up Day 14 December.

Congratulations to Lacey C who will be recognised at the Diocese of Broken Bay Primary School Sports Council Outstanding Sports Achievement Award evening on Wed 5 December. Lacey has



represented at Polding level in Netball and Touch Football in 2018. The Awards will be presented by Craig McGrath who most recently received a gold medal in the sailing event as part of the Australian Team at the Invictus Games following his retirement from the ADF where he served in Afghanistan and Timor Leste.

Next Tuesday evening, at 7pm in the Library we will gather for our Hub AGM for 2018. I look forward to sharing the successes and achievements of 2018. We hope to see you there.

Kind regards

Suellen Garey

Principal

Like and follow us at: facebook.com/sacredheartmonavale Like and follow us at: twitter.com/SHMV16

Religious Education News

Remembrance Day

On Friday Year 3 presented a beautiful liturgy around Remembrance Day. Remembrance Day was especially significant this year as it marked the 100th anniversary of the Armistice which ended the First World War (1914-1918). In the four years of the war more than 330,000 Australians had served overseas, and more than 60,000 of them had died. Year 3 led the school in prayer.

The Year 3 children led us in Prayer when they read a paraphrased scripture of John's Gospel.



A reading from the Gospel of John (John 15:9-14 paraphrased)

Jesus said to his disciples:

Just as my Father has loved me so I have loved you.

If you obey me, I will keep on loving you.

The greatest love a person can have for his friends is to give his life for them.

You are my friends if you do what I command you to do.

The Gospel of the Lord.



Altar Serving Training

Congratulations to Ethan, Paige, Isla, Erin, Elise and Lachlan for taking part in Altar Serving Training. The children undertook a three week training session with Ray from the parish and a special thank you to Daniel (6F) for his student leadership demonstrating the core value of Service. The children will be commissioned on Saturday 17 November at 5pm Mass at Sacred Heart Church.











A REMINDER: Plenary 2020

Do you know that the Catholic Church is having a Plenary Council in 2020?

Do you know that the last Plenary Council was held in 1937? Do you know that the Plenary Council is asking all Catholics to reflect on:

What do you think God is asking of us in Australia at this time?

Come and take part in a discussion around this question on Wednesday 21 November after morning assembly in the Hall.



Save the Date:

- 14 November at 9:15am Year 1 class Mass and 5P Reconciliation, Sacred Heart Church
- 21 November after assembly Plenary Council Listening and Dialogue, in the Hall
- 27 November at 9:15am Year 3 class mass and 4B Reconciliation, Sacred Heart Church

Prayers

Please keep in your prayers Mick P, Paul C (parents) and their families. Both are undergoing specialist medical care.

If you have any Good News or if you need our prayers, please see me at school, contact me by phone.

Skye Nolan-Brown, Religious Education Co-ordinator PARISH WEEKLY BULLETIN can be found here

Curriculum News

Report Writing

Teachers are currently working extremely hard to write semester 2 reports for each child in their class. Teachers use a wide range of strategies to assess the learning outcomes for each student and use data collected from a wide range of sources to assess each student. The range of educational data that can be collected includes observational notes, the results of formal and informal assessments and NAPLAN results. Other relevant data can include the results of surveys, targets set and milestones achieved.

Chris McBryde, Acting Assistant Principal

Week 6 - Well-Being Week

Next week, <u>Week 6</u>, will be **WELL-BEING WEEK** at Sacred Heart in Term 4. This will be a week where students, families and staff all take a breather in our busy lives and be kind to ourselves and each other. It should be a time where all families make time for each other and reconnect. To help families do this, there will be **NO HOMEWORK** in Week 6 for any class.

The theme for Wellbeing Week this term is:

'Celebrating our successes and achievements'

Throughout the week students will be reflecting on the year that has been and participating in some fun wellbeing activities.

<u>ALL WEEK</u> – No homework

Monday – Respectful Relationship Groups

Children will be grouped together into their Respectful Relationships Groups for 2018. Children will meet up with their Respectful Relationships group in an allocated classroom where they will participate in an activity reflecting on the year and their personal successes and achievements.

DURING THE WEEK

- End of year reflection
- Social and emotional learning in the classroom teachers will focus on activities suited to the need of the class.
- Mindfulness activities

GIVE FIVE WAYS TO WELLBEING BE ACTIVE

As usual we have some fun activities planned for teachers too and encourage all teachers to also go home early next week and spend much needed quality time with their families.

We hope that Wellbeing Week will provide us all with the opportunity to appreciate the important people in our lives and consider how important companionship, family and free time are in fostering good mental health.

Enjoy your week!

The Wellbeing Team

Sport

Yesterday, Tuesday 13 November, Year 4, 5 and 6 students represented Sacred Heart at the Inter-School Tennis Gala Day. Congratulations to all students who participated in the day, and special mention to Harrison D and Daniel S who received Best and Fairest Awards and to Liam S who won the doubles competition on his court.







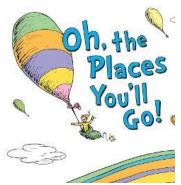
School WHS

Student Safety - Carpark & Driveways - To ensure the safety of our students, could we ask parents to:

- Use the kiss and drop zone and not the school or church driveways to drop off or pickup;
- Drive down Keenan Street and not make a u-turn from the kiss and drop area;
- Enter and exit the school via the main gate near the crossing or via the kiss and drop gate and not to walk through the staff car park entry.

Thank you for your ongoing co-operation in our commitment to our students' safety.

Year 6



Year 6 - Graduation Dinner

Year 6 Graduation Dinner - Wednesday 12 December, 7pm - Royal Motor Yacht Club Newport.

Please order through Qkr! under school events.

Please ensure you order under your Year 6 child's name.

Year 6 - Year Book

Multiple orders are welcome per family. Please order through Qkr! under School Payments.

Final numbers need to be **confirmed and paid by Friday 23 November**. There will only be one print run of the book, so get your orders in early.



2019 Class Parents – All Grades

A very big thank you to our 2018 grade parents who have performed the valuable service of welcoming and social networking to enable everyone to feel part of the Sacred Heart community.

If you are interested in the position for **next year**, please contact Amanda L or Grant H via admin@shmvparents.com.



Happy Birthday

Happy Birthday from all at Sacred Heart to the following students who celebrated their birthday this week:

Chloe L,

Lily W,

Lucas S,

Jai A



Canteen

| CANTEEN ROSTER (start 9.30am - finish 1.45pm) | | | | |
|---|-------------------------------|--|--|--|
| Mon 19 Nov | Charlotte C, Jacqui C, Emma W | | | |
| Thu 22 Nov | Sonja S | | | |
| Fri 16 Nov | Kellie F, Nicola J, Kirsten K | | | |

If you wish to continue being a canteen volunteer or would like to join us, please complete the form via the link here <u>Canteen Volunteer 2019</u> and return to the canteen or to the office. We would be pleased to have your company in 2019.

Kay & Marie – Canteen Coordinators

Please feel free to contact us via email at: sshmv.canteen@dbb.catholic.edu.au

Kiss & Drop Morning Volunteers

The morning Kiss and Drop Zone ensures that students arrive to school safely. We could not do this without our wonderful volunteers. If you would like to be added to the Kiss and Drop Roster please email Rebecca Molinaro at becmolinaro@outlook.com

| Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------|------------|-----------|-----------|-----------|
| | | 14 Nov | 15 Nov | 16 Nov |
| | | Tatiana N | Melinda B | Eloise C |
| 19 Nov | 20 Nov | 21 Nov | 22 Nov | 23 Nov |
| VACANT | Georgina D | Tatiana N | Rebecca M | VACANT |
| 26 Nov | 27 Nov | 28 Nov | 29 Nov | 30 Nov |
| Karissa M | Leaonie S | Tatiana N | Amber L | Rebecca M |

Hub News

2nd Hand Uniform Shop

Please may we ask for parents to settle their IOU account with the uniform shop. There are a number of IOUs and payments are due asap. For your convenience, you can drop your IOU off to the school office and they will mark you off the list.

Volunteers Thank you evening

Save the date: 7 December At ParkHouse, Mona Vale

Further details will follow closer to the time.

· SECOND HAND · School Uniform Shop Tuesday, Wednesday & Friday Mornings 8:30am Tuesday Afternoons – 2:30pm

Family Night

We had a great night at the Parkhouse last night for our 'Family Night'.

Save the date: The next one will be held on **Tuesday 11 December**. This is the last one of the year and it will be a Christmas theme.

Hub AGM

All welcome at our 2018 AGM to be held next Tuesday 20 November at 7pm in the Library.

Amanda Lewis / Grant Howard (Co-Presidents)

Email: admin@shmvparents.com
Website: www.shmvparents.com

Community News





YOU ARE INVITED TO THE ANNUAL CATHOLIC DIOCESE OF BROKEN BAY





Date: Sunday 2 December 2018

Time: 9.30am Parish Mass 10.30am **Family Hospitality**

Venue: Our Lady of the Rosary Parish

The Entrance

RSVP: Monday 26 November 2018 Email: registrations@bbcatholic.org.au

If you would like to assist during the mass, please contact Susan Lee 0421275338 / 9476 5338

For more information steven.buhagiar@bbcatholic.org.au

or ph 02 8379 1630 / 0415 600 290

