



Sacred Heart Catholic Primary School

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Term 1 Week 3 - 13 February 2019

Term 1 Core Value:	Respect
School Rule:	Respect yourself, others and the environment
Expectation of Behaviour:	Speak politely to others

Dear Parents

Each year we join with the Pittwater Parish exploring a theme and this year our focus is "Love". Teachers at Sacred Heart share a love for their profession and their students and resonate with Pope John Paul II with their thoughts on being a teacher.

"The life of a teacher is very challenging and demanding but it is also profoundly satisfying. It is more than a job, for it is rooted in our deepest convictions and values. To be intimately concerned in the development of a young person, is a highly responsible task. As teachers you kindle in students a thirst for truth and wisdom. You spark off in them a desire for beauty. You introduce them to their cultural heritage. You help them to discover the treasures of other cultures and peoples. What an awesome responsibility and privilege is yours the teaching profession."

We have had a smooth start to the year. Routine is important to children and arriving at school on time, saying goodbye and placing your child on the class line so they can forward in with their class is really helpful with assisting any children who may be showing a little anxiety. We appreciate parents not begging a final kiss nor following their child to the class door, once the class has left assembly. If parents are having any separation issues please speak to your child's class teacher or the Principal.

A lovely opportunity for parents is the **Meet the Teacher evening** to be held on Tuesday 19 February. Teachers share with parents their routines and expectations for the class. Teachers offer two sessions. So that parents with more than one student at Sacred Heart are able to attend both of their children's "Meet the Teacher" sessions. Sessions contain the same information.

Meet the Teacher : Tuesday 19 February
Session 1: 5.30 – 6:00pm
Session 2: 6:15 – 6:45pm

Following the Meet the Teacher sessions parents are invited to the Term 1 Hub General meeting commencing at 7pm in the library. All teachers will be introduced to the parents, the School Improvement Plans for 2019 will be shared and there will be a chance to mix and mingle with other school parents.

Our **school swimming carnival** is being held on Friday 22 February at Manly Andrew "Boy" Charlton Aquatic Centre. All parents are welcome to attend. Children wear their swimmers under their school sport's uniform and hats, sunscreen and a drink bottle with water is essential. If parents are taking their child home from the pool, please ensure the class teacher has been notified when you are departing the pool. Kindergarten and Year 1 students do not attend the swimming carnival and participate in a fun water safety day at school.

Class Parent Meeting- Parents who are considering taking on the role of "Class Parent" are invited to attend a meeting on Tuesday 19 Feb in the school hall. *The purpose of a Class Parent is to develop and support a positive partnership between teachers/school and parents.* If you consider that you are a suitable candidate for this role and have the time and energy please come along for some of the finer details for the role. Each class will require one person who can effectively be the conduit for the sharing of information between the school and the class and be able to engage the class parents when required to assist the school community.

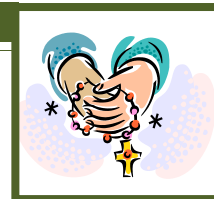
Social Media - Parents are reminded that The Hub Facebook page is a P&F page and **not** administered by the school. Parents are also requested to set Instagram accounts to private.

Mrs Suellen Garey
PRINCIPAL

Like and follow us at: [facebook.com/sacredheartmonavale](https://www.facebook.com/sacredheartmonavale)
Like and follow us at: twitter.com/SHMV16



Religious Education



Dates to Remember

Wednesday 20 February at 9:15 - Year 6 Class Mass, Sacred Heart Church
Wednesday 27 February at 9:15 Year 5 and Yr 1 Class Mass, Sacred Heart Church
Saturday 9 March at 5pm - Year 3 Family Mass, Sacred Heart Church

Prayers

Please keep in your prayers Mick P (parent) and Paul C and their families.
Both are undergoing specialist medical care.

If you have any Good News or if you need our prayers, please see me at school, contact me by phone.

Chris McBryde, Religious Education Coordinator

PARISH WEEKLY BULLETIN can be found [here](#)

From the Assistant Principal



Welcome BBQ Bush Dance

We are all getting very excited about the upcoming Welcome BBQ Bush Dance on Friday 2 March from 5.30-8pm. Please bring along a picnic rug or chairs to relax and enjoy the music. The school will cater one free sausage sandwich for each family member, or you may wish to provide your own dinner. For catering purposes please complete the questions on the Google Form by clicking on the link below. Looking forward to seeing everyone in their Bush Dancing attire!



<https://goo.gl/forms/GAQLle6RED49Hcio1>

Class Parents – Introduction Session

Tuesday 19 February at 9am in the Hall.

Our Class Parents have an important role to play in connecting our school and homes. Thank you to all of the Class Parents for 2019. An introduction session for all Class Parents will be held next Tuesday 19 February (week 4) in the Hall from 9am.

Parent Volunteer & Literacy Session

At Sacred Heart we appreciate and value the partnership we have with our parents and caregivers. For the safety of our students, all Parent volunteers require a current Working with Children Declaration and will not be able to volunteer at school without one. This will include canteen, excursions, library, sport days, incursions and helping in classrooms. If you do not have a declaration on file, please collect the relevant forms from the school office. If you are new to volunteering at Sacred Heart, please also visit the office for your induction. Thank you for your invaluable support through the year.

Meet the Teacher Night

Looking forward to our Meet the Teacher sessions next Tuesday 19 February (week 4). There will be two sessions to allow for families with siblings. The first session will be from 5:30-6:00pm and then a repeat session will take place from 6:15-6:45pm. The teachers will be introduced to all parents at the commencement of our HUB meeting in the library from 7pm. Please come along and catch-up or meet our new families.

I look forward to seeing you.

Fiona Ngamu – Assistant Principal

Curriculum News

Curriculum Notes for Term 1, 2019 can be found on our school website [here](#).



From the Office

Drop Off and Pick Up Safety

A few safety notes:

- Please, do not park, drop off your child, or walk through the staff carpark. Please use the Kiss and Ride gate entrance and pathway. Deliveries and vehicles are using the staff carpark at all times.
- Please, do not park or wait in your car at the approach to or after the crossing on the school side of the road. Parking here restricts the visibility of anyone crossing or any vehicle approaching the crossing.



The school runs a very safe and efficient Kiss and Ride system.

- Kiss and Drop is run by volunteers from 8:15 to about 8:50am. They will see your child safely out of your car and in through the school gate.
- Kiss and Ride is run by the duty teacher. They will call your child's name and have them waiting for you by the gate and assist them into your car.
- If you have not arrived when Kiss and Ride has finished, the children are brought back into the office breezeway for safety and should be collected from here.
- If you require a name sign for your car, please see the office.

Thank you for your understanding – we have your child's safety in mind.

Karen Calleia, WHS

A letter from our school crossing supervisor

School Crossing Safety for new Parents and Children

Hello to all the new Mum's and Dad's who are using the crossing from Woolworths each day with their boys and girls.

As school crossing supervisors, it's our job to safely help all children and parents to cross the road to and from school.

We try to do this by regulating people and vehicles and need your help to educate your children.

As parents, you can help by stopping on either side and **waiting** for me to ask you to come across the crossing.

The reason we ask you to wait is to allow me to make sure that both lanes of traffic have stopped.

Please also tell your children regularly to wait for me to ask them to come across as studies have shown that most children do not have a good understanding of vehicle speed until they are around eight or nine.

I would also ask that you hold your child's hand as you approach the crossing and continue to hold their hand until you have left the crossing.

The smiles and waves make my day.

Regards,

Ian ☺

Wellbeing

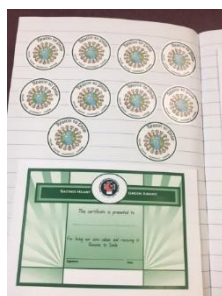
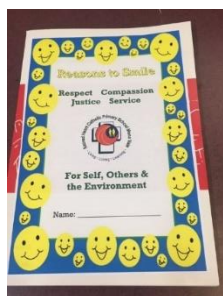


Waste Free Wednesday

At Sacred Heart we have 'Waste Free Wednesdays'. On this day we encourage children to Reduce, Reuse and Recycle. This means reducing all waste or avoiding waste. By bringing lunchboxes that have little or none packaging. Taking all waste home, turning off the light, reducing water usage. Please try and support us in teaching the children about caring for our environment.

Behaviour Management

At Sacred Heart we live, love and learn together when we demonstrate our Core Values of Respect, Compassion, Justice and Service. Each term we have our focus with this term's Core Value being Respect. The children are taught how to show Respect through the weekly expectations such as this week's focus of 'Speak politely to others'. We use the Tier 1-3 Behaviour Management system which promotes positive reinforcement of desirable behaviours.



Children are acknowledged when they are following our Core Values and expectations and each child receives praise and acknowledgement- we have weekly class awards and Core Value awards and Principal Awards for a child in each class over the term. Children in K-2 receive Reason to Smile stickers when teachers see they are doing the right thing.

The children proudly display their Reasons to Smile and Green (10) and Gold (50) certificates for following our rules in their Reasons to Smile books. In 2018, children were surveyed and their voices have been heard and the Reason to Smile books have been resized and new stickers made for 2019. This was due to children feeling that their previous books and stickers were needing to be smaller and therefore not use as much paper and plastic. Below are an example of the new Reason the Smile books children in K-2 will be using.

Cyber Safety

In the last few days children at Sacred Heart have been taking part in Cybersafety lessons across K-6. Children in Years 4-6 took part in a live webinar directed by the Office of the eSafety Commissioner with 104 Catholic Schools.

In the webinar the children were asked questions like- Do you use the internet to connect to family and friends? 85% of children have used the internet to connect with family and friends.

The online webinar taught the children about digital intelligence so they are equipped to navigate the challenges of the digital age.

The students explored the 4 R's which are needed to keep them safe.

Resilience- I will be digitally resilient and respond with strength and maturity

Respect- I will respect others and myself, I will have respectful relationships

Responsibility- I am responsible for my actions

Reasoning- I will think is this real and not real- fake news



The website for the Office of the eSafety Commissioner is a helpful tool for how to promote online safety for all. They give helpful tips for parents to help their children enjoy the digital technology in a safe way.

<https://www.esafety.gov.au/education-resources/iparent>

Some handy hints are:

- Establish clear rules and be consistent Be clear on things like when and where devices can be used and when they need to be switched off. A good time to switch off is during family dinner time and when your child is alone in a room.

- Start the conversation- It's never too early to start talking about safe and respectful behaviour online. Help your child understand that what they say or do online is important.
- Get other trusted adults on board Teach your child that it's important they come to you or another trusted adult (such as an aunt, uncle, grandparent) if they are upset because of anything they see or experience online.
- Know where to go for extra support If your child is distressed because of anything they have seen online, then seek professional advice from your GP or Parentline (parentline.com.au) on 1300 30 1300. Raising Children Network (raisingchildren.net.au).

Skye Nolan-Brown, Coordinator

Sports News

School Swimming Carnival

Our swimming carnival for students in Year 2 - 6 is next Friday 22 February at the Manly Andrew "Boy" Charlton Aquatic Centre. Please have your entries completed online by Friday 3pm. We have added a 15m distance. You may amend your entries up until Friday Afternoon.

Please return the Permission and Parent Volunteer note this week. (It was part of the initial email regarding the carnival).

The emphasis of this carnival is about fun, participation and Sacred Heart Spirit. We have a number of competitive races in line with School Sport Pathways. The carnival will be run the same as previous years.

In addition we offer non-competitive shorter distance races. In each lane there will be a parent volunteer (see parent volunteer note). There will be no disqualifications in these shorter events and all children will receive a participation ribbon. Children are encouraged to participate and enjoy the day.

Polding Trials

Congratulations to Marik V who was successful in competing at the trials for the Polding State Basketball team. Marik has written about his experience.

There were 50 people trying out for the Polding team. 8 people represented each area. There were Broken Bay, Lismore, Maitland, Newcastle and more.

Only 10 people were chosen for the Polding team to compete in the State competition in Maitland for 4 days. There were 3 elimination rounds –

40-32 people / 32-14 people / 14-10 people

There were 8 Broken Bay people that tried out and 5 of them made the team, including me.

I'm heading to Maitland in early may to compete in the State competition. After the competition is finished, they will select 10 people from the comp to represent NSW in the National competition.

By Marik V

Yours in Sport,

Steph Munro – PE Teacher

Birthdays

Happy Birthday from all at Sacred Heart to the following students who have had their birthday during January and this week:

Jack S,

Naomi K,

Liam H,

Jack M,

Hunter O,

Lily C,

Jasmine S,

Campbell T



Canteen News



The canteen will be open at Sacred Heart school next Friday 22 February for the younger grades that are not attending the swimming carnival. Lunch orders and counter service will be available.

If your child is gluten free and would like a lunch order then please send me an email or pop in to the canteen. Please **do not** order a gluten free sandwich, toastie or pizza unless you have provided the canteen with your child's specified bread.

If your child is having a large on line lunch order, may I ask that you order an extra bag to cater for all items which will avoid drinks and snacks going astray.

If your child is celebrating a Birthday, the canteen can provide any of the ice blocks/creams listed on the canteen menu. Notice by email or phone the day prior is required.

CANTEEN ROSTER (start 9.30am - finish 1.45pm)	
Mon 18 Feb	Amber L
Thurs 21 Feb	Kami B, Juliana J
Fri 22 Feb	Canteen will be open for the younger grades only

Term 1 2019 Roster

Kay Neale – Canteen Co-ordinator

Kiss & Drop Morning Volunteers

Please feel free to contact me via email at: sshmv.canteen@dbb.catholic.edu.au

If you would like to volunteer for the Kiss and Drop Roster please contact Rebecca Molinaro at becmolinaro@outlook.com. Volunteers are always needed.



Monday	Tuesday	Wednesday	Thursday	Friday
11 February	12 February	13 February	14 February	15 February
Karissa M	Georgina D	Tatiana N	Rebecca M	Julie F
18 February	19 February	20 February	21 February	22 February
Amber L	Leonie S	Tatiana N	Melinda B	Karissa M
25 February	26 February	27 February	28 February	1 March
Amber L	Georgina D	Tatiana N	Melinda B	Eloise C

The Hub

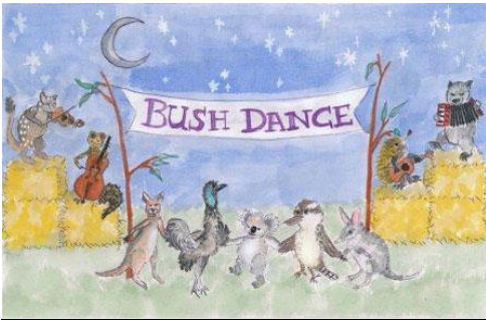
Uniform Shop

If you are able to volunteer in the Uniform Shop for 15-20 mins on any morning or afternoon that suits you, we would be most grateful. Please contact Amanda and/or Grant via email: sacredhearhub@gmail.com.



A reminder that the second hand uniform shop is open on Monday's (am) and Tuesdays (am and pm). **Everything is \$3 so pop in and grab a spare dress or shirt.** Thank you very much for all the donations.

Save the Date



Sacred Heart Bush Dance
5:30pm Friday 1 March



Friday the 15th March From 12pm
MONA VALE GOLF CLUB

SAVE THE DATE

Amanda Lewis / Grant Howard
(Co-Presidents)

Email: sacredhearthub@gmail.com

Website: www.shmvparents.com

Community News



ST AUGUSTINE'S
COLLEGE - SYDNEY

OFFERING A DIVERSITY OF SUCCESS

OPEN DAY
FRIDAY MARCH 1, 2019
3:45PM TO 7:00PM

www.saintaug.nsw.edu.au

OUR ACADEMIC TREND CONTINUES TO RISE
84% of our 2018 HSC students achieved an ATAR over 80

Stella Maris
EDUCARE MANLY

OPEN EVENING

Wednesday 13 March
4.00pm - 7.30pm

Principal's address
Student-led hands-on activities
Guided tours by the student ambassadors
Performances in the state-of-the-art theatre
Meet our Heads of Department and friendly staff

see website for full details

inclusive innovative inspiring

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MERCY CATHOLIC COLLEGE
CHATSWOOD Est. 1890



OPEN DAY

Sunday, 3 March 2019 11am-2pm

Experience our teaching and learning first hand and
tour our College grounds including our new Kirk St Campus
designed to cater for 21st century learning.

Outstanding results in the Higher School Certificate.

Catholic Girls Secondary College, Years 7 - 12 101 Archer St, Chatswood

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