



Sacred Heart Catholic Primary School

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Term 1 Week 8 - 20 March 2019

Term 1 Core Value:	Respect
School Rule:	Respect yourself, others and the environment
Expectation of Behaviour:	Listen to other people's opinions

Dear Parents

A place for prayer: Recall a place where you feel at peace . . . imagine it if you can . . . or in some way get a sense of it . . . what do you notice about it . . . let the Holy Spirit be there with you . . . in the breeze or the air you breathe . . .

Daily Offering: Lord, I offer you my sadness, may it lead to seeing the beauty in the past, present and future.

Peter O'Sullivan SJ

Please note the remaining staff development days for 2019 when students do not attend school are as follows.

1. July 22
2. October 14
3. December 19
4. December 20

The Polding Swimming Championships will be held at Sydney Olympic Park Aquatic Centre on Wednesday 27 March 2019. Swimming for Polding from Sacred Heart are Macy B, Toby W, Harrison D, Ashley D, Bryn W and Kai A. Congratulations on making the team and best of luck at Homebush.

Parents needing alterations to the logo on the new sport shirt are reminded to drop the shirt into the school office in the last week of term. Cowan and Lewis will amend the logo over the school holidays, shirts will then be returned to school in the first week of term 2.

This Friday 22 March we are looking forward to welcoming many visitors to our school for Open Morning. The program for the morning commences with the Principal Address in the school hall followed by tours of the school.

Kind regards

Mrs Suellen Garey

PRINCIPAL

Religious Education

Dates to Remember

Sunday 24 March at 6pm – Year 6 Soul Mass, Sacred Heart Church

Friday 12 April at 11:30am – Whole School Holy Week Liturgy led by Year 5, Sacred Heart Church

Prayers

Please keep in your prayers Mick P (parent) and Paul C and their families.

Both are undergoing specialist medical care.

Also please pray for the Sljokic family on Natasha's first anniversary.

If you have any Good News or if you need our prayers, please see me at school or contact me by phone.

Chris McBryde, Religious Education Coordinator

PARISH WEEKLY BULLETIN can be found [here](#)



From the Assistant Principal

Cross Country (Years 2- 6) and Year 3 Excursion

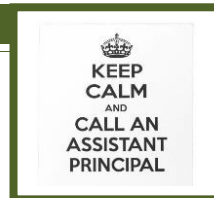
Cross Country will be held on the morning of **Wednesday 3 April** for those students who have nominated to participate. All permission slips need to be in prior to the event.

This event will coincide with the Year 3 Excursion to Mona Vale Village Park. Participating Year 3 students will return to school after their event. They will then depart with their Year group from school for their walking excursion to Mona Vale Village Park.

All other participating students will return to school following the conclusion of the cross country event.

Students who are not participating in the cross country event will attend school as per usual.

Fiona Ngamu – Assistant Principal

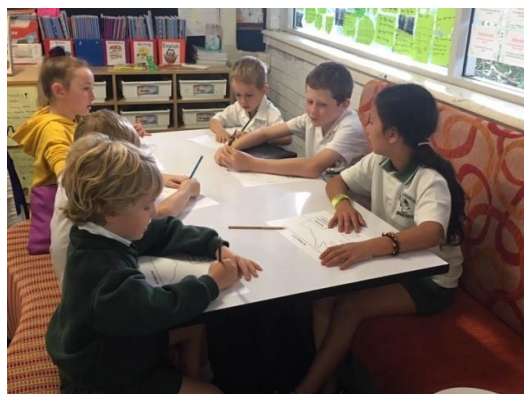
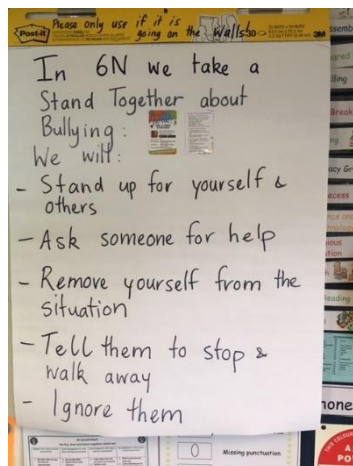


Wellbeing

Wellbeing Week @ Sacred Heart

At Sacred Heart we had a wonderful Wellbeing Week. The children came together in Respectful Relationship groups to watch a video link 'Bullying is never O.K'. They talked about: What is Bullying? How does it make you feel? When can Bullying happen? What can you do about Bullying?

The children then completed a Helping Hand task with who they could talk to if they were having any problems. Each class over the week made an Anti- Bullying Pledge. Each Child received a card with the Bullying No Way! Take a stand Together with tips about bullying.



Vegetable Week (Monday 1 April - Friday 5 April)

At Sacred Heart we are participating in Vegetable Week and the Big Veggie Crunch.

What is The Big Veggie Crunch?

Only around 5% of NSW children eat enough vegetables. To help our community do better, our school will be taking part in The Big Veggie Crunch (part of Vegetable Week) at **10am on Thursday 4 April**.

Primary schools across NSW will be joining together to break the record for the most students crunching vegetables simultaneously. Last year 50,260 students crunched together.



What can you do to help?

- Pack a container of vegetables (**not fruit this time**) for your child to eat on Thursday 4 April
- Keep serving up the vegetables at home and in your children's lunchboxes!

Skye Nolan-Brown, Co-ordinator

Premier's Reading Challenge



Welcome to the 2019 NSW Premier's Reading Challenge (PRC)
Each year we encourage our students (K-6) to take part in the NSW Premier's Reading Challenge.

The Premier's Reading Challenge aims to encourage children to develop a love of reading for leisure and pleasure, while experiencing quality literature.

This involves reading appropriately levelled books between March 3 and August 30, 2019.

The PRC website has a list of appropriate books for each level from Kindy to Year 9.

PRC website: <https://online.det.nsw.edu.au/prc/home.html>

How it works: YEAR K-2: 30 books

YEAR 3-4: 20 book

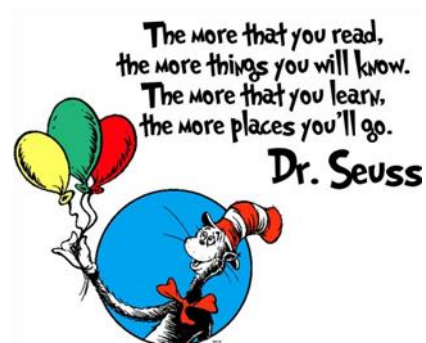
YEAR 5-6: 20 books

Each student will be given a personal login to the PRC website, so once completed the titles can be added to the Student's Reading Record.

All students at Sacred Heart have usernames and passwords for the Challenge located in each classroom and in the Library.

When all the books have been entered, the students will be validated by the coordinator and will receive a certificate of Congratulations from the Premier of NSW, in November 2019.

Fourth year (not consecutive)	Gold certificate
Seventh year (not consecutive)	Platinum certificate
Every year from Year 3 to Year 9 (inclusive). Therefore only Year 9 students are eligible.	Medal



The 2019 Challenge commences on Monday 4 March and closes Friday 30 August.

Happy Reading!

Melanie Harrison – Teacher, Librarian, PRC Coordinator

Sports News

Sacred Heart School Cross Country (Years 2-6)

Our school cross country event will be held on 3 April 2019 at Flying Fox Park. Information notes with permission slips will be emailed today for students in Years 2 - 6. If your child is participating, **please return the permission slip to your class teacher by Thursday 28 March.**



Broken Bay Sport Trials

Broken Bay Sport Trials are continuing to be held over the coming weeks. As soon as the trials are completed we will announce the results.

Soccer Gala Day

A reminder that Soccer Gala Day notes for Years 3-4 and Years 5-6 are due back by Monday 25 March.

Steph Munro – PE Teacher

Kiss & Drop Morning Volunteers

If you would like to volunteer for the Kiss and Drop Roster please contact Rebecca Molinaro at becmolinaro@outlook.com. Volunteers are always needed.



Monday	Tuesday	Wednesday	Thursday	Friday
		6 March	7 March	8 March
		Tatiana N	Rebeca M	Julie F
11 March	12 March	13 March	14 March	15 March
Karissa M	Georgina D	Tatiana N	Melinda B	Rebecca M
18 March	19 March	20 March	21 March	22 March
Amber L	Leonie S	Tatiana N	Rebecca M	Karissa M
25 March	26 March	27 March	28 March	29 March
Rebecca M	Georgina D	Tatiana N	Melinda B	Eloise C

Rebecca Molinaro – Kiss and Drop Co-ordinator

Canteen News

CANTEEN ROSTER (start 9.30am - finish 1.45pm)	
Mon 25 Mar	Charlotte C, Jacqui C, Emma W
Thurs 28 Mar	Lydia N,
Fri 22 Mar	Margaret C, Kellie F, Andy D (11am)



Help needed: Friday 29 March, Monday 8 April, Thursday 11 April either 9.30am-1.45pm or 11am-1.30pm please contact Kay.

Please feel free to contact me via email at: sshmv.canteen@dbb.catholic.edu.au

[Term 1 2019 Roster](#)

Kay Neale – Canteen Co-ordinator