



Sacred Heart Catholic Primary School

Cnr Waratah & Keenan Street, Mona Vale NSW 2103

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Term 2 Week 5 - 29 May 2019

Term 1 Core Value:	Compassion
School Rule:	Show compassion with self, others and the environment
Expectation of Behaviour:	Return lost property to the owner

Dear Parents

Congratulations to Fr Broniek and to Fr Richard who celebrate milestones in their priesthood ministry. Fr Broniek has been ordained a priest for 30 years and Fr Richard has been ordained 20 years. Tonight our school and parish communities come together to celebrate their contribution to our faith community.

Our first “Learning Together” Playgroup commences tomorrow, Thursday 30 May. We are looking forward to welcoming the pre-schoolers and young children from our surrounding community to Sacred Heart. These families may be considering Sacred Heart for primary school or not. All are welcome. The playgroup will be held in the hall and is open to any family and any child under school age to attend, mums, dads, grandparents and carers welcome.

From time to time a more serious incident on the playground may result in a child needing significant First Aid. It is pleasing to note that our staff are well trained in First Aid, CPR, asthma and anaphylaxis management. There are crisis management plans and emergency procedures that are regularly updated as well as individual health management plans for some students. Our First Aid room is also stocked with a defibrillator.

Year 5 and Year 6 are excited to be participating in an overnight excursion to Canberra next week. This excursion compliments their History study of our nation. Mrs Ngamu, Mrs McBryde, Mrs Nolan-Brown, Mrs Wood and Miss Perry will be accompanying the students. Parents are asked to review the expectations of behaviour that will be sent home for signing. Any student who is unable to display appropriate behaviour to meet the expectations will be asked to leave the excursion.

Sacred Heart hosted the Northern Beaches Maths Challenge on Monday. Year 6 students from Maria Regina, Avalon, St Rose Collaroy Plateau and St Joseph’s Narrabeen were challenged to work collaboratively to problem solve questions and to develop higher order thinking. Building on each other’s ideas and lateral thinking were a feature of the morning. For the next session students will visit Mater Maria, to work mathematically with the senior students.

Kind regards

Mrs Suellen Garey

PRINCIPAL

Like and follow us at: [facebook.com/sacredheartmonavale](https://www.facebook.com/sacredheartmonavale)

Like and follow us at: twitter.com/SHMV16



Religious Education

Year 5 Soul Mass – Sunday 2 June at 6pm, Sacred Heart Church

Year 5 are joining with Stage 3 from Maria Regina to celebrate mass on Sunday evening at 6pm. All families are welcome to join us.



Dates to Remember

Sunday 2 June at 6pm - Year 5 Soul Mass with Maria Regina at Sacred Heart Church
Wednesday 5 June at 9:15am - Year 3 Class Mass at Sacred Heart Church
Wednesday 12 June at 9:15am - Yr 4 Class Mass at Sacred Heart Church
Saturday 15 June at 5pm - Kindergarten Family Mass at Sacred Heart Church
Wednesday 19 June at 9:15am - Year 1 Class Mass at Sacred Heart Church
Friday 28 June at 9:15am - Feast of Sacred Heart Whole School at Sacred Heart Church
Sat/Sun 29 and 30 June at 5pm Sat, Sun 10am,11:30 and 6pm - First Communion at Sacred Heart Church
Wednesday 3 July at 9:15am - Year 5 Class Mass at Sacred Heart Church

Prayers

If you have any Good News or if you need our prayers, please see me at school, contact me by phone.

Chris McBryde, Religious Education Coordinator

PARISH WEEKLY BULLETIN can be found [here](#)

Wellbeing

Healthy Balanced Lunchboxes

Last week's newsletter talked about the need to pack the Core Food groups every day to help kids *Go, Grow and Glow*. These foods were sandwiches, protein foods such as dairy, meat and other alternative as well as Fruit and Vegetables. This week during Crunch and Sip, I saw so many great lunchboxes who were packed by families that had little to no packaging, as well as the use of reusable containers and Bees Wax paper. Also so many yummy pieces of fruit and Vegetables.



Great Work Sacred Heart Parents!!!!

Return and Earn

Well done to all the students who are supporting the Return and Earn initiative at Sacred Heart. By returning and earning all our containers such as the drinks from the Canteen as well as drinks that children bring to school, the children have raised \$30.

Did you know that by sending your child to school with a Re-usable Drink Bottle.....?

You are helping to save around 129 single use bottles from landfill every year- Litter Free Oceans Taronga Zoo.

Lost Property

It's that time of the year when the season changes and many children come to school with jumpers on and our school lost property containers start to overflow. Each class has a Blue Tub which the children are taught to put their belongings in whilst playing on the playground. At Sacred Heart in the change of weather, we see a rise in Lost Property.

Please check that your child's name is in their clothing. It's great to see so many families recycling and buying clothes from the clothing pool- just remember to update your child's name.

Also here are strategies you can help your child with if they are losing their equipment or clothing:

1. Help your child remember - *'Where did you last have your...?'*
2. Growth mindset- *'Am I modelling that I care for my things....?'*
3. Teach your child to be accountable for their things- *'Let's write your name on all your belongings?'*
4. Problem Solve- Instead of replacing straight away, have your child go to the Lost Property and look for their belongings.

Skye Nolan-Brown, Co-ordinator

Sport News

Cross Country

It was another beautiful, sunny day for Cross Country at Fagan Park, Galston on Tuesday. Our team of 18 students from Sacred Heart, representing the Northern Beaches, are congratulated for their efforts and achievements in making this level of competition.



Congratulations to Macy B who was selected in the Broken Bay team to compete at the Polding carnival in June. Macy was awarded a silver medal for placing second in the 12 year girls.

Special mention also to Addison D (9th) and Jack S (10th) who made the reserve list for the Broken Bay team.

Megan Mitford, Year 3 Teacher and Cross Country Co-ordinator

Birthdays

Happy Birthday from all at Sacred Heart to the following students who have their birthday this week:

William P, Leira W, Angelina Z, Alexandra T, Neive M,
Thomas B, Mikele D, Izzy A, Juliette N



“Learning Together” Playgroups



CHILDREN creating and connecting...
 FAMILIES helping and learning...
 TEACHERS listening and supporting...
“LEARNING TOGETHER” PLAYGROUPS
 ✓ FACILITATED BY EARLY LEARNING EDUCATORS
 ✓ STIMULATING PLAY AND LEARNING ACTIVITIES
 ✓ FRIENDLY AND INCLUSIVE - ALL WELCOME
 COMMUNITIES growing and collaborating...

The first of our Learning Together Playgroups is on tomorrow, Thursday 30 May from 9am – 10:30am - held in the school hall. All pre-school children, their families and carers are welcome. Open to all members of the community, not just Sacred Heart families, so spread the word and bring your friends. No bookings required, no cost involved – we’d just love to see you and all your little ones having fun and meeting new friends.

SACRED HEART CATHOLIC PRIMARY SCHOOL, MONA VALE

ALL SESSIONS: 9.00 - 10.30AM

Term 2: Thursday 30th May and Wednesday 12th June

MEET IN THE SCHOOL HALL:
 Cnr Waratah and Keenan Streets,
 Mona Vale 2103

Term 3: Tuesday 13th August, and Friday 6th September

Morning tea provided

ALL PRE-SCHOOL CHILDREN,
 FAMILIES AND CARERS
 WELCOME - NO RSVP REQUIRED

Like more information?
 Phone: 9999 3264 or email:
shmv@dbb.catholic.edu.au



Kiss & Drop Morning Volunteers



Monday	Tuesday	Wednesday	Thursday	Friday
		29 May	30 May	31 May
3 June	4 June	5 June	6 June	7 June
Karissa M	Leonie S	Tatiana N	Rebecca M	Georgina D
10 June	11 June	12 June	13 June	14 June
PUBLIC HOLIDAY	Rebecca M	Tatiana N	Melinda B	Eloise C
17 June	18 June	19 June	20 June	21 June
Amber L	Leonie S	Tatiana N	Rebecca M	Julie F
24 June	25 June	26 June	27 June	28 June
Karissa M	Rebecca M	Tatiana N	Melinda B	Georgina D

If you would like to volunteer for the Kiss and Drop Roster please contact Rebecca Molinaro at becmolinaro@outlook.com. Volunteers are always needed.

Rebecca Molinaro – Kiss and Drop Co-ordinator

Canteen News



CANTEEN ROSTER (start 9.30am - finish 1.45pm)	
Mon 3 June	Linda D, Christine H
Thur 6 June	Kate H
Fri 7 June	Emma M, Beth G

HELP NEEDED: Thursday 6 June 11am-1:30pm and Thursday 4 July 9:30am – 1:45pm

Kay Neale – Canteen Co-ordinator

Sacred Heart End of Year Fundraiser



Looking for arty/crafty parents!

Each year, the students produce an artwork which will be auctioned off at the fundraiser at the end of the year.



Kindy 2018 Artwork

We are looking for parents from each year who might be interested in putting one of these artworks together.

You will be required to go into the classroom and help the students with their art pieces and glue these pieces onto board in preparation for framing.

Ideally there would be a few parents from each year (and a team leader) willing to get involved in this project. You may have some ideas of your own or I can guide you if you need help.

I look forward to seeing what beautiful artworks our children will make!

Please contact me directly if you are interested in getting involved in this project.

Julie Lindfield
0413085083
Julie@lindfields.com

The Hub

*The
Hub*

Fun Run - Help wanted.

We have rescheduled our Family Fun Run for Sunday 8 September. We are looking for volunteers to help us organise and prepare for this event. Please contact your class parents if you are able to help out.



We need assistance in the following areas:

- Overall organisation, set up and pack up
- Marshalls and check point helpers
- First aid attendants
- Promotion and advertising
- Sponsorship procurement

School Disco – Friday 28 June

Our Sacred Heart Feast Day Disco is this term - Friday 28 June

Years K - 2 at 5pm - 6pm

Years 3 – 6 at 6:15pm - 7:30pm



There will be a sausage sizzle between sessions. We need parent volunteers to help with security and the BBQ. Please contact your class parents if you are able to assist.

Uniform shop

Now is a great time to pop in and grab some winter uniform bargains. Thank you to everyone who has so kindly donated uniforms. We are desperate for size 8 boys winter shirts and size 8 winter dresses. Don't forget you can now pay via QKR so no cash no worries.



Volunteers needed - If you can spare half an hour one morning or afternoon a week and want to help in the uniform shop please contact your class parents or the Hub.

Uniform Shop Hours:

Monday, Tuesday, Wednesday, Friday – 8:20am to 8:50am and Friday afternoons – 2:30 to 3:00pm

Annual Parents Golf Day (rescheduled!)

Amanda Lewis / Grant Howard

(Co-Presidents)

Email: sacredhearthub@gmail.com

Website: www.shmvparents.com

**PARENTS
GOLF
DAY**

Friday the 14th June From 12pm
MONA VALE GOLF CLUB

ALL WELCOME

The annual Sacred Heart Parents Golf Day
is on again & you're invited!

\$130pp

Includes 18 holes of golf, golf cart, burger and salad + a complimentary beverage prior to tee off

Meet at the Golf Club at 12pm
Lunch served at 12.30pm - Tee off at 1pm

Following golf...

We have reserved a function space for golfers and guests at the Park House Hotel (a short walk from the Golf Club). The Park House has kindly donated hot food + 1 complimentary drink to kick start the celebrations.

EMAIL GRANT.HOWARD@LIONCO.COM TO RESERVE YOUR SPOT

If you have a business and you would like to be the official sponsor
please contact Grant on email or on 0408 706 312