



Sacred Heart Catholic Primary School

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Term 3 Week 1 – 24 July 2019

Term 1 Core Value:	Justice
School Rule:	Show Justice with self, others and the environment
Expectation of Behaviour:	Treat others the way you want to be treated

Dear Parents

*Lord, as we begin Term 3,
give us insight to see realistically "what is";
but make us dreamers and give us vision of all the possibilities for "what can be."
Grace us and grace our students with global vision in our mission to spread your love.
May we be trailblazers as we bring that "touch of magic,"
that touch of your love, to those we meet each day.
We make this prayer in your name, Jesus Christ.
Amen*

The beginning of a new term is a time of renewal and regeneration. The term promises to be filled with exciting learning opportunities and experiences for students and staff alike. Yesterday we welcomed Mrs Margo Gikas to Year 1S whilst Mrs Satchell is on maternity leave and Ms Edwina Ovens in Year 5 whilst Mrs McBryde is on LSL. We also welcomed the Jarvis family, Ethan in joining year 4 and Isabelle year 5.

Planning is underway for a celebration for Kindergarten who have achieved their 100-day milestone of schooling. To celebrate, a 'bike-and-scooter day' is being organised for students in Kindergarten on Wednesday 7 August. These students will be allowed to wear casual clothing on that day. Parents will be notified of the finer details of this celebration by the Kindergarten classroom teachers.

Facilities have been improved over the holidays with the exterior of the eastern block and the walkway/bridge being painted, the electrician installing some flood lights and the fans for the hall were delivered. Next school holidays the remaining of the exterior painting including the western block of classrooms and Wonderworld area will be painted.

Also during the school holidays, our website has undergone an upgrade. The url for the website will remain the same: www.shmvdbb.catholic.edu.au. The school App has been updated so please re load the school App from the App store for the latest information about our school. *The old school App will be decommissioned at the end of this week.*

A major event for the school this term is the school musical "Aladdin". All students will be involved in performances to be held in September, Week 9, 17-19 September.

Sacred Heart is holding a "Showcase" on Friday 16 August. The showcase is to promote our school to new families in the area who may be considering Sacred Heart for enrolment. The morning will showcase STEM, Sport, Technology and musical theatre commencing at 9am-11am. Please encourage any new family or neighbour who may be interested in looking around Sacred Heart to come along.

A great opportunity has arisen for us to host "The Resilient Child" workshop here at Sacred Heart. This free workshop is aimed at parents of children from Pre-school to year 6. Presented by Jeannie McDonnell you will learn how to shift from a reactive approach to a proactive approach with your child, to resist the urge to jump in and fix their problems by creating an opportunity where children have the opportunity to make mistakes, learn from them and flourish! Please RSVP the school.

Respect



Compassion



Justice



Service

As always, many thanks for your support of the school and feel free to contact me on any matter you wish to discuss at any time.

Kind regards

Mrs Suellen Garey
PRINCIPAL

Like and follow us at: facebook.com/sacredheartmonavale

Like and follow us at: twitter.com/SHMV16



Religious Education



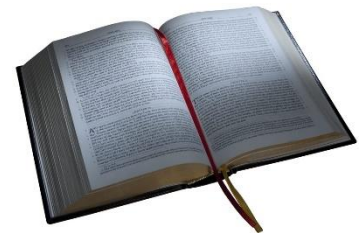
Welcome back to Term 3, it is an exciting term with many beautiful liturgical events planned.

This term we will see our children who are ready to enter the Sacramental program for Confirmation undertake these lessons and make their Confirmation. We will celebrate as a School community Saint Mary of the Cross (Saint Mary Mackillop) the Assumption of Mary and our wonderful fathers, grandfathers and special men in the children's lives with our Father's Day celebration and Mass.



The children across Kindergarten to Year 6 will be taking part in the Bishop's Religious Visual Arts Prize 2019 - Film competition. They will be undertaking a wide range of learning experiences where they will be challenged to think deeply. The children in Year 6 will be challenged to reach out to others in their Religious Education Unit - Missioning Rite.

Each year group has a Religious Education Core Scripture focus in their unit of work. This means that the children focus on a particular Bible Story or passage. A helpful hint for you as parents is find out what your child is focusing on and maybe share this Bible story or passage together. Maybe write a few words down and display at home.



Dates to Remember

Wednesday 31 July @ 9:15am - Kindergarten and Year 6 Class Mass and 5P reconciliation, Sacred Heart Church
Saturday 3 August/ Sunday 4 August - Ritual 1 for Confirmation at all Masses
Thursday 8 August @ 9:15am - St Mary of the Cross led by Year 4, Sacred Heart School Hall
Saturday 10 August @ 1:30-4:00pm - Confirmation Reflection Afternoon at Mater Maria and Ritual 2 at all Masses
Wednesday 14 August @ 10:00 am - 5M Reconciliation
Thursday 15 August @ 11:30-12:30 - The Assumption of the Blessed Virgin Mary, Sacred Heart Church
Saturday 17 August @ 5:00pm - Year 2 Family Mass, Sacred Heart Church
Saturday 17 August/ Sunday 18 August - Ritual 3 for Confirmation at all Masses
Wednesday 21 August @ 9:15am - Year 3 Class Mass, Sacred Heart Church
Saturday 24 August/ Sunday 25 August - Ritual 4 for Confirmation at all Masses
Wednesday 28 August @ 9:15 - Father's Day Mass, Sacred Heart Church
Saturday 31 August @ 12:00 - Confirmation, Sacred Heart Church

Prayers

Please keep in your prayers Preston B (3L) and his family. Preston's grandmother sadly passed away during the school holidays.

If you have any Good News or if you need our prayers, please see me at school or contact me by phone.

Skye Nolan-Brown, Religious Education Coordinator

PARISH WEEKLY BULLETIN can be found [here](#)



PUBLIC SPEAKING COMPETITION

This term Sacred Heart Catholic Primary School will be holding a Whole School Public Speaking competition. All students will be required to prepare and present in their classroom a 2-3 minute speech on a topic chosen from the list below. A timetable will be provided by each class teacher. A finalist will then be selected from each class to compete in the Whole School competition. Parents are most welcome to attend this event.



The Whole School competition will be held in Week 5 on Monday 19 August in the school hall. Finalists from Years 3 – 6 will also present an impromptu speech. The impromptu speech will have a preparation time of ten minutes. Topics will be drawn out of a hat and provided on the day. The order for this day will be: Years 3-6 children will present their 3 minute speeches at 10 am with Morning Tea at 11:00-11:30. Then after Recess children in Kindergarten to Year 2 will present their speeches whilst the students in Years 3-6 prepare their impromptu speeches. At the conclusion of the Kindergarten to Year 2 children's speeches the Year 3-6 children will present their impromptu speeches.

Preparing and presenting a speech is a part of the Speaking and Listening Curriculum. During the coming weeks the students will have speech writing included in their homework school wide. There will be a junior division and senior division. The junior division will consist of Years K-2 and the senior division will consist of Years 3-6.

Please see the following links for topics and helpful hints:

[Kindergarten Topic Choices](#)

[Years 1 – 6 Topic Choices](#)

[Helpful Hints](#)

We look forward to this exciting whole school annual event. If you have any questions, please do not hesitate to contact your child's class teacher.

Megan Mitford and Skye Nolan-Brown, Class Teachers

From the Office

Census – Friday 2 August

The Government requires that schools conduct a census of students as at Friday 2 August 2019. The information provided is used as the basis for the payment of the State Government and Commonwealth Government recurrent funding. The CSO also will also collect data from schools for anticipated student numbers to assist with the review of staffing and facilities requirements for 2020.



If you have a **CHILD NOT RETURNING** to Sacred Heart School in 2020 could you **please complete the form** in the following link and return to the school office **by Monday 29 July 2019**. This form is also found on the school website under Parent Information, Forms and Links – Permission and Information Notes.

[Census 2019 - Attendance Letter to Families](#)

Please note: If you **do not** have a child leaving Sacred Heart at the end of 2019, **you do not need to complete this form.**

Carol Bartlett, Senior Admin Officer



Wellbeing

Positive Behaviours for Learning Term 3

This term's Core Value is Justice. Below are the expectations that we will be focusing on weekly.



Show Justice for self, others and the environment

1. Treat others the way you want to be treated
2. Tell the truth
3. See a paper pick it up
4. Say no if something is not right
5. Take turns and play by the rules
6. Turn a negative thought about yourself into a positive
7. Let others learn
8. Stand up for someone you see being treated unfairly
9. Clean up after yourself
10. Thank others for a good game-shake hands

Social and Emotional Learning- Resilience

At Sacred Heart we are developing your child's Social and Emotional Learning (SEL) skills. The SEL skills have the core competencies areas of Self Awareness; Self-Management; Social Awareness; Relationship Skills and Responsible Decision Making. These core competency areas are essential for developing resilience and wellness.

At Sacred Heart we are offering a parent workshop on Resilience on the **27 August 2019 –The Resilient Child at 9am**. We have already had a number of parents showing interest in this event and it would great to see you come and learn about how to help your child.

PDHPE Staff Development Day

On Monday Teachers from Sacred Heart spent the day at St Rose Collaroy learning about the new PDHPE Syllabus that will be implemented into the teaching and learning programmes in 2020.

It was such an exciting day of learning and had a SEL focus with two of the three skill domains being: Self-Management and Interpersonal Skills with the third domain being Movement. The skills are what child need to live healthy, safe and active lives. The new syllabus affirms that most students are healthy, safe and well. It calls on all students, teachers and community members to focus on the question: *What keeps us healthy, safe, well and physically active?*

Skye Nolan-Brown, Co-ordinator

School Eco-Garden

School Eco-Garden

Two of our Year 5 boys have written about our garden and their newsletter can be found on our website under the School Community page or via this link [Sacred Heart School Garden](#).





How can we help children develop their resilience and cope better with the ups and downs of school life? What strategies develop “mental health fitness” in children and lifelong wellbeing skills?

Join us for a workshop that will provide you with:

- A better understanding of what is “wellbeing”
- Strategies for building resilience and coping skills
- Ideas to develop “mentally fit” children
- Building a growth mindset at home.



This is a FREE workshop
Brought to you by the
Parent Education Team,
Catholic Schools Office,
Diocese of Broken Bay.

27th August at 9am

Sacred Heart Mona Vale

RSVP to the **School Office** or email
skye.nolan-brown@dbb.catholic.edu.au by 26th August 2019

YES! I will be attending “The Resilient Child” workshop

Name(s) _____ Child's Class _____

Library News



Premier's Reading Challenge

Congratulations to the following students who have successfully completed the Challenge, what an amazing effort!

Amelia A, Celine C, Lily M, Aden N, Emma R, Jack S, Lewis C, Koda F, Kai A, Abi C, Joshua G and James C

The Premier's Reading Challenge **finishes Friday 30 August..** Students and Parents can find login details posted in the Library or in their classrooms. Children are welcome to borrow extra books if needed.



Save the Date:

Book Week beginning 4 November (TERM 4, Week 4)

The theme is "Reading is my Secret Power". More information in the coming weeks.

Sports News

Athletics Carnival

Our annual Athletics Carnival will be held on Friday 9 August at Sydney Academy of Sport, Wakehurst Park, North Narrabeen. Notes will be emailed home today and available on the school website under Parent Information, Forms and Links – Sports Notes or via the link below.

[School Athletics Carnival](#)



Earn and Learn Stickers

Woolies Earn and Learn programme has now ended. We are very pleased to say that we earned approximately 41,000 points. With these points we were able to purchase several STEM related items and we will be excitedly awaiting their arrival.



Thank you to all the families who collected stickers for our school. A special thank you to Jenni F and family and Amber L and family, who spent countless hours sticking your stickers onto the Woolies earn and learn sheets. This enabled us to more easily count our allocation of points. We couldn't have done this without you.

Carol and Karen

Respect



Compassion



Justice



Service

Birthdays

Happy Birthday from all at Sacred Heart to the following students who have their birthday this week:

Lilieta P, Harry W, Sophia K, Sophie M, Eaton B



Kiss & Drop Morning Volunteers

If you would like to volunteer for the Kiss and Drop Roster please contact Rebecca Molinaro at becmolinaro@outlook.com. Volunteers are always needed.



Monday	Tuesday	Wednesday	Thursday	Friday
TERM 3		24 July	25 July	26 July
		Tatiana N	Rebecca M	Julie F
29 July	30 July	31 July	1 August	2 August
Karissa M	Rebecca M	Tatiana N	Melinda B	Georgina D
5 August	6 August	7 August	8 August	9 August
Amber L	Leonie S	Tatiana N	Rebecca M	Eloise C
12 August	13 August	14 August	15 August	16 August
Karissa M	Rebecca M	Tatiana N	Melinda B	Georgina D

Rebecca Molinaro – Kiss and Drop Co-ordinator

Canteen News



CANTEEN ROSTER (start 9.30am - finish 1.45pm)	
Thur 25 July	Julie F, Claire W
Fri 26 July	Bec B, Leonie S
Mon 29 July	Christine H, Meegan H
Thur 1 Aug	Vanessa F, Jackie B
Fri 2 Aug	Maite N, Theresa G, Alana M

[Term 3 2019 Roster](#)

The canteen will be open for all on line lunch orders and counter service this Thursday 25th July.

A reminder that we have a few new lunch additions to the menu: Sausage rolls (lite) 125gm, 3.5 star rating, available Thursdays only \$2.80. Sushi Katsu or Vegetarian flavour available Fridays only \$3.50

If you are a regular volunteer and did not receive your roster information or you would like to volunteer, please contact myself anytime to arrange.

Kay Neale – Canteen Co-ordinator

The Hub

*The
Hub*

Welcome to Term 3.

Gala Night Fundraiser



Uniform shop

Thank you for all the generous donations of second hand clothing. For the uniform shop to keep operating, we are in desperate need of volunteers. If you can spare 20 minutes to half an hour one morning or afternoon a week and want to help in the uniform shop please contact your class parents or the Hub.

Amanda Lewis / Grant Howard
(Co-Presidents)

Email: sacredhearthub@gmail.com

Website: www.shmvparents.com



Community News



MERCY CATHOLIC COLLEGE

CATHOLIC GIRLS SECONDARY COLLEGE YEARS 7 – 12

- Providing excellence in teaching and learning since 1890.
- Recognising our students needs are diverse, we constantly aim to develop courses and apply teaching strategies that accommodate different learning styles.
- Offering a comprehensive range of electives in addition to mandatory studies from Year 7, leading to the award of the Higher School Certificate credential in Year 12.
- Achieved outstanding results in the Higher School Certificate.
- Interested in the development of the whole person, we offer numerous opportunities for students to participate in co-curricular activities. Over 30 programs including a variety of Sport, Creative Arts and special interest clubs.
- Based on a framework of positive psychology the College's well developed pastoral care structure supports student wellbeing. With specialised staff including the Director of Student Wellbeing and the Youth Minister who work with students on a variety of projects including faith development, social justice and wellbeing.
- The College enjoys modern facilities and state of the art technology in classrooms designed to cater for 21st century learning.
- Located in the heart of Chatswood the College is a short walk to Chatswood Interchange where there are connecting buses and trains.

OPEN MORNING
TUESDAY 13th AUGUST
9:00am - 11:00am

MERCY CATHOLIC COLLEGE, CHATSWOOD
TEL 02 9419 2890 EMAIL mercy@dbb.catholic.edu.au WEB mercychatswood.nsw.edu.au

inclusive innovative inspiring



Currently Interviewing for Year 7 2020 and 2021. Email registrar@stellamaris.nsw.edu.au

- 88 years of Good Samaritan Education in the Benedictine Tradition
- Strong focus on pastoral care and personal development needs
- Magnificent location just steps from Manly Beach
- Extra-curricular activities focused on the needs and interests of girls
- Diverse curriculum allowing students to work towards their academic goals
- Classroom experiences which are entirely tailored to girls' learning



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f [smcmanly](https://www.facebook.com/smcmanly) www.stellamaris.nsw.edu.au

Respect † Compassion † Justice † Service