



Sacred Heart Catholic Primary School

Cnr Waratah & Keenan Street, Mona Vale NSW 2103

T: (02) 9999 3264

W: www.shmvdbb.catholic.edu.au • E: shmv@dbb.catholic.edu.au

Term 3 Week 4 – 14 August 2019

Term 1 Core Value:	Justice
School Rule:	Show Justice with self, others and the environment
Expectation of Behaviour:	So no if something is not right

Dear Parents

There where you are, you will find God- Mary McKillop 1874
God in the ordinary moments each day,
The breath of our living and dying we face,
God in our dreaming the light ever near,
The hope in our brokenness, hardness and fear,
God in the rising from every pain,
There in the arms that reach out to embrace.
There where you are you will find God.
Our good God
-Jen Charadia

The new format for our school athletics carnival was very well received. The aim was to have maximum participation by students and we achieved that goal. Many children attempted field and track events that previously they had bypassed. We were still able to highlight our champion athletes for track and field and they will represent Sacred Heart at the Northern Beaches Carnival on Thursday 22 August at Narrabeen. Thank you to the many parents who assisted on the day, our wonderful teachers and especially our sports teacher Mrs S Munro for her organisation.

We were so proud of our two teams of students who presented at the Northern Beaches STEM Challenge Fair at Mater Maria College this morning. Our teams presented on Biodiversity and The Sacred Garden. Our students were awesome! Great scientific thinking and planning was evident.

The students also enjoyed a presentation by Dr Anne Forbes from Macquarie University, as well as presentations from senior Mater Maria students, Dr Mark Askew Assistant Director CSO presented students certificates. An engaging activity for Science week!



It was lovely to have some new parents in our community visit our school for Playgroup this week. Whilst the mums chatted the children explored Tash's Corner. For each session Playgroup has a different theme and this week the café and shops were the basis for imaginative play.

Don't forget to mention to your friends that our school has a SHOWCASE happening on Friday. From 9am new families will explore the contemporary learning environment, visit sport lessons on the oval and rehearsal for Aladdin in the hall, as well as view progress of our Stem project, the Sacred Garden.

Respect



Compassion



Justice



Service

Even though attendance was low at the term 3 Hub general meeting, there was an excellent sharing of ideas on how to be more sustainable at home. Our parents Leonie, Bec and Eloise entertained us with how to make Beeswax wrappers, reusable containers for school lunches and other sustainable ideas. Thankyou!

Kind regards

Mrs Suellen Garey

PRINCIPAL

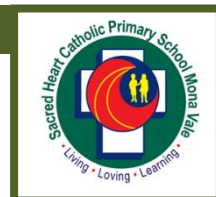
Like and follow us at: [facebook.com/sacredheartmonavale](https://www.facebook.com/sacredheartmonavale)

Like and follow us at: twitter.com/SHMV16



Sacred Heart Showcase – Friday 16 August

Sacred Heart will be holding our School Showcase this Friday, 16 August 2019. Feel free to pop in and witness Sacred Heart in action. Students will be highlighting aspects such as STEM, Sport, Technology and Musical Theatre. We look forward to welcoming current and new families. All details are outlined below.



SACRED HEART CATHOLIC SCHOOL

SCHOOL SHOWCASE

FRIDAY 16 AUGUST 2019

Join us for an Open Morning showcasing our
STEM, Sport, Technology and Musical Theatre.

9:00am Expo
10:00am Principal's Address
10:15am Q&A
10.30am Morning Tea

A Catholic School for Everyone! All Welcome

SACRED HEART CATHOLIC PRIMARY SCHOOL Cnr Waratah St & Keenan St
Mona Vale NSW 2103 TEL 02 9999 3264 EMAIL shmv@dbb.catholic.edu.au

shmvdbb.catholic.edu.au



Religious Education

Feast of the Assumption

Tomorrow is the Feast of the Assumption. As this feast is a holy day of obligation all students will be attending mass in the church at 11:30. All members of our community are welcome to join us.



Year 2 Family Mass

Year 2 are participating in their family mass this week end on Saturday at 5pm. All families are welcome to join us and stay for the sausage sizzle afterwards.

Dates to Remember

Thursday 15 August @ 11:30-12:30- The Assumption of the Blessed Virgin Mary, Sacred Heart Church

Saturday 17 August @ 5:00pm- Year 2 Family Mass, Sacred Heart Church

Saturday 17 August / Sunday 18 August- Ritual 3 for Confirmation at all Masses

Wednesday 21 August @ 9:15am- Year 3 Class Mass, Sacred Heart Church

Saturday 24 August / Sunday 25 August- Ritual 4 for Confirmation at all Masses

Wednesday 28 August @ 9:15am – Father's Day Mass, Sacred Heart Church

Saturday 31 August @ 12:00- Confirmation, Sacred Heart Church

Saturday 7 September @ 5:00- Year 4 Family Mass, Sacred Heart Church

Wednesday 11 September @ 9:15am - Year 1 and 4 Class Mass, 6N Reconciliation, Sacred Heart Church

Wednesday 25 September @ 9:15am - Year 2 and 5 Class Mass, 6F Reconciliation, Sacred Heart Church

Prayers

If you have any Good News or if you need our prayers, please see me at school or contact me by phone.

Chris McBryde, Religious Education Coordinator

PARISH WEEKLY BULLETIN can be found [here](#)

From the Assistant Principal

A new student information system, Compass, is on the way ...

I am excited to let you know that our school community will shortly start using a new student information system called Compass. It is expected that Compass will be rolled out to all systemic Catholic schools in our diocese over the next six months.



What is Compass?

Compass is a whole school administration system. It will streamline many school operations such as attendance, reporting and communication.

How will this impact you?

Later this term you will receive details about a Parent Portal and App which will enable you to access information online about your child/ren, anytime, anywhere, from any modern web-enabled device.

Initially you will be able to –

- View information on your child/ren's attendance
- Enter explanations for absences
- Receive school communications
- Update your contact details

watch
this
space

More functionality will become available over time – we will keep you updated!



National Science Week 2019

In 2019, the world celebrates the 50th anniversary of the Apollo 11 lunar landing and first moonwalk. Australia's space tracking stations played a vital supporting role, relaying to the world the first televised images of Neil Armstrong stepping onto the Moon's surface. In fact, Australia has been an integral part of NASA's deep space missions since 1957... and now we have our own space agency. Sacred Heart were extremely grateful to receive a grant from the National Science Week organisation, 460 schools applied for this grant, and only 219 were successful. The grant will contribute to our ongoing sustainable practices.

At Sacred Heart, Science and Technology have been integral aspects of our STEM (Science, Technology, Engineering and Mathematics) Community Garden Project. Today, several Stage 3 students represented Sacred Heart at the Mater Maria STEM Fair. Our focus has been to create a sustainable community garden that will benefit the entire school community and encourage our native wildlife, such as the Feather-tail Glider, to flourish. We have appreciated the support of the Northern Beaches Council throughout this process.



Fiona Ngamu – Assistant Principal

Wellbeing

Positive Behaviours for Learning and Social and Emotional Learning

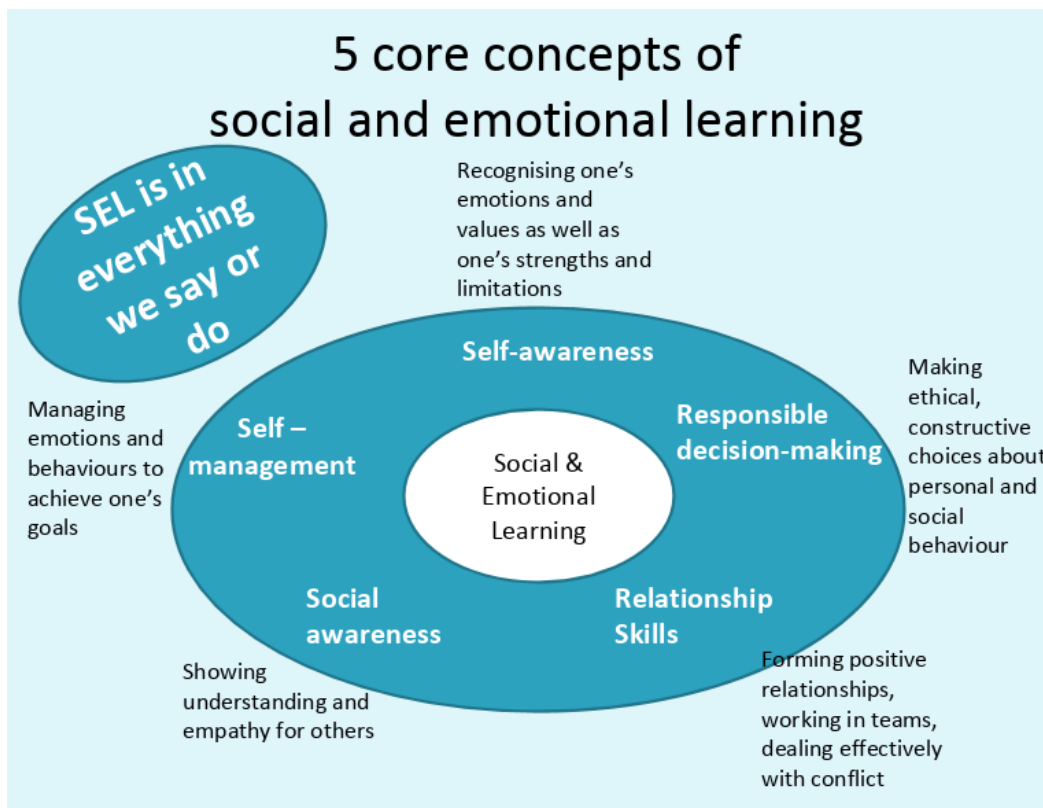
At Sacred Heart we have Positive Behaviours for Learning. We provide instructions and support to promote success across the entire school. This is demonstrated in our Reason to Smile Reward System. Children are acknowledged when they are following our school rules and expectations. Each child receives praise and Reason to Smile stickers frequently when teachers see they are doing the right thing. The children proudly display their Reasons to Smile and Green (10) and Gold (50) certificates for following our rules in their Reasons to Smile scrapbook. At Monday morning assembly we celebrate the children who have been receiving 10 Reason's to Smile and those who receive a Gold Award.



Last week all the classroom teachers met to plan and discuss the Social and Emotional Learning that is happening in the classrooms. There are five core concepts of Social and Emotional Learning that we are working on with all children at Sacred Heart. Each Monday afternoon your child's class teacher will be teaching a lesson that address one of the core competencies.

This week in 6N we focused on the core competencies of Self Awareness and the activity that the children did was to write Affirmations about the other members of the class. This tasks helps to recognise personal qualities and achievements.





At Sacred Heart we are offering a parent workshop on Resilience on the **27 August 2019 –The Resilient Child at 9am**. We have already had a number of parents showing interest in this event and it would be great to see you come and learn about how to help your child.

Skye Nolan-Brown, Co-ordinator



How can we help children develop their resilience and cope better with the ups and downs of school life? What strategies develop "mental health fitness" in children and lifelong wellbeing skills?

Join us for a workshop that will provide you with:

- A better understanding of what is "wellbeing"
- Strategies for building resilience and coping skills
- Ideas to develop "mentally fit" children
- Building a growth mindset at home.

This is a FREE workshop
Brought to you by the Parent Education Team, Catholic Schools Office, Diocese of Broken Bay.

27th August at 9am
Sacred Heart Mona Vale
RSVP to the School Office or email skye.nolan-brown@dbb.catholic.edu.au by 26th August 2019

YES! I will be attending "The Resilient Child" workshop

Name(s) _____ Child's Class _____

Sports News



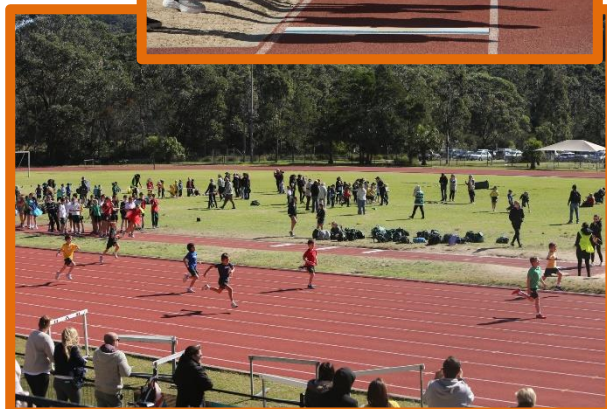
Athletics Carnival

Thank you to everyone who assisted at our Athletics Carnival last Friday. Your efforts, support and time is greatly appreciated and highly valued.

The focus of our 2019 carnival was embracing participation, spirit, opportunity and fun and encouraging all competitors to do their best. It was pleasing that the majority of students participated in all events and those that could not cheered on their fellow team mates. A special congratulation goes to Year 6 and especially our Colour House Captains who lead the enthusiastic "cheers" and assisted throughout the day.

We will announce the major awards at this Friday's morning assembly. Congratulations to the students who have been selected to represent Sacred Heart in Track and Field Events at the Northern Beaches Cluster Carnival next Thursday at Sydney Academy Narrabeen. We wish them well and look forward to sharing their results with you.

Once again, Thank you to everyone involved. Without your support, we would not be able to run days like Friday.



Respect



Compassion



Justice



Service



If you ever have any questions regarding School Sport opportunities and pathways, please see me at any time.

Other News

Recently Lacey was selected to represent Polding for netball and competed at Orange at the PSSA Championships, Lacey was named Captain and voted Players' Players.

In August Lacey will head to Mudgee to represent Polding for Touch Football we wish her all the best with the selections into the NSW Team. Further to this Lacey has just been selected in the Polding Rugby 7's team and will compete in a two day tournament in September in Penrith, we wish Lacey all the best with this event.

Steph Munro, PE Teacher

School Photos - Wednesday 21 August

“say cheese”



- Photo envelopes have been **sent home** with all children.
- Family envelopes have also been given to the **eldest** child.
- **We would like photo envelopes by Friday 16 August for administration purposes** .
- Don't seal envelopes inside each other. You can pay for all children in one envelope, however each child needs to have their own envelope on photo day.
- Sport/Specialty Photo orders will be organised after photo day on a separate form.
- **Credit Card payments** can be made **online** (please follow instructions on envelope). If paying by **cash** please ensure correct money is enclosed as change cannot be given. Please note: **NO CHEQUES ACCEPTED.**
- All enquiries can be directed to MSP Photography: 9499 6555



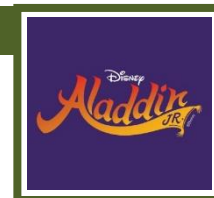
Carol Bartlett, Senior Admin Officer

Class Awards



KQ	Anna T, Koby Y, Owen M	KT	Jesse C, Rio K, Joshua N
1RP	Oliver L, Sienna F	1S	Flynn W, Reilly K
2C	Frankie M, Jack D	2D	Tate W, April B
3L	Joshua N, Braeden T	3M	Sophia K, Solomon P
4C	William C, Charlie S	4S	Matisse F, Archie L, Olli P
5M	Allegra L, Ted E	5P	James C, Claire B
6F	Chloe H, Henry B	6N	Eliza G, Summer P, Arianna F, Molly M
Principal's Awards		Alessandro C, Isabella C, Sarah G	

School Musical Update – Aladdin Jr



Costume Requirements

A note detailing costume requirements for all children can be viewed on our website here:

[Aladdin Jr – Parent Information](#)

Ticket Sales

All ticket sales will be via TryBooking. Bookings will open on Monday 2 September at 9:30am.

A link will be published closer to the date.

Matinee ticket - 18 September, 10am: \$15.00

Evening tickets - 18 and 19 September, 7pm: \$20.00 (children 3+ require a seat)

Susan Rudd, Creative Arts Teacher

Kiss & Drop Morning Volunteers

If you would like to volunteer for the Kiss and Drop Roster please contact Rebecca Molinaro at becmolinaro@outlook.com. Volunteers are always needed.



Monday	Tuesday	Wednesday	Thursday	Friday
12 August	13 August	14 August	15 August	16 August
Karissa M	Rebecca M	Tatiana N	Melinda B	Georgina D
19 August	20 August	21 August	22 August	23 August
Amber L	Leonie S	Tatiana N	Rebecca M	Julie F
26 August	27 August	28 August	29 August	30 August
Karissa M	Rebecca M	Tatiana N	Melinda B	Eloise C

Rebecca Molinaro – Kiss and Drop Co-ordinator

Birthdays

Happy Birthday from all at Sacred Heart to the following students who have their birthday this week:

Sophia R, Axel C, Eden W, Hamish M, Niko T, William C
 Thomas G, Elise S



Canteen News

CANTEEN ROSTER (start 9.30am - finish 1.45pm)	
Mon 19 Aug	Jess M, Christine H
Thur 22 Aug	Angie K, Pieta R
Fri 23 Aug	Katrina S, Melanie S, Sally T



Help needed: this Friday either 9.30-1.45 or 11- 1.30

New: We now have on offer “Gingerbread Men” available over the counter at a price of \$2 each. These are made by a company called Gingerbread Folk located in the Blue Mountains. The gingerbread men are Vegan, Gluten free, nut free, palm oil free, no added colours, flavours or preservatives and the wrapper is compostable.

A gentle reminder to check that your child’s details eg: class, names are up to date for all on-line orders.

Kay Neale – Canteen Co-ordinator

The Hub



Father’s Day Breakfast

This term we have our annual Father’s Day Breakfast planned for Wednesday 28 August.

Breakfast will commence at 7:30am, with the band performing at 7:45am and classrooms being opened at 8:15am. A mass, which starts at 9:15am will conclude the Father’s Day event.

Tickets to the breakfast will need to be purchased on QKR!, with orders closing on 28 August. Father’s Day gifts will also be available for purchase on QKR!.

Ticket prices - Adult \$8.00 / Child \$2.50 / Gift \$7.00

Helpers required

Gift Stall and Breakfast Helpers – If you are able to assist with either the Father’s Day gift stall and/or the breakfast, please contact your class parents.

*Amanda Lewis / Grant Howard
 (Co-Presidents)*

Email: sacredhearthub@gmail.com

Website: www.shmvparents.com



Gala Night Fundraiser





thExhibition 2019



Next week at Brigidine College is our HSC Exhibition which showcases HSC Bodies of Work in Visual Arts and Major Projects in Textiles and Design, Design and Technology, English Extension 2, History Extension, Science Extension, Society and Culture.

This is a wonderful opportunity for the local community to come and see some of the talent at Brigidine College and we would welcome the opportunity for you to include our e-flyer in your newsletter.

[Click here to view the event flyer](#)

Opening night is 7pm Tuesday 20 August - Bowie Hall, Brigidine College St Ives.

thExhibition is also open for viewing from Wednesday 21 August to Thursday 22 August between school hours (8.30am to 3.30pm).

Kind regards

Kate Gray
Marketing Coordinator

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inclusive innovative inspiring



Currently Interviewing for Year 7 2020 and 2021. Email registrar@stellamaris.nsw.edu.au

- 88 years of Good Samaritan Education in the Benedictine Tradition
- Strong focus on pastoral care and personal development needs
- Magnificent location just steps from Manly Beach
- Extra-curricular activities focused on the needs and interests of girls
- Diverse curriculum allowing students to work towards their academic goals
- Classroom experiences which are entirely tailored to girls' learning

 **Stella Maris**
COLLEGE MANLY

9977 5144 52 Eurobin Avenue, Manly
f smcmanly www.stellamaris.nsw.edu.au

Lifeline Northern Beaches Giant Book Fair: 23rd to 25th August 2019


Venue: Ted Blackwood Hall
Cnr Jacksons & Boondah Rds
Warriewood

Dates/Times: Friday 23rd August 12pm -- 8pm
Saturday 24th August 9am -- 5pm
Sunday 25th August 9am -- 2pm

At the Book Fair there will be thousands of good quality books, at bargain prices, in many categories, including a wide range of children's books suited to all ages plus puzzles, games DVDs, CDs & vinyls.

All funds raised support the activities of Lifeline Northern Beaches which, in addition to the crisis line (13 11 14) with a focus on suicide prevention, provides a lot of other services to our community.

Catch us on Facebook at: Lifeline Northern Beaches – book life.



Crisis Support. Suicide Prevention.

GIANT BOOK FAIR

Warriewood

Ted Blackwood Hall
Jacksons Road

August 23-25

Friday 12-8
Saturday 9-5
Sunday 9-2