



Sacred Heart Catholic Primary School

Cnr Waratah & Keenan Street, Mona Vale NSW 2103

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Term 1 Week 3 - 19 February 2020

Term 1 Core Value:	Respect
School Rule:	Respect yourself, others and the environment
Expectation of Behaviour:	Have safe and caring hands and feet

Dear Parents

The man crosses the street in rain, stepping gently, looking to times north and south, because his son is asleep on his shoulder.

No car must splash him, no car drive too near to his shadow.

This man carries the world's most sensitive cargo but he's not marked.

Nowhere does his jacket say ... FRAGILE HANDLE WITH CARE.

His ears fill up with breathing, He hears the hum of a boy's dream deep inside him.

We are not going to be able to live in this world if you're not willing to do what he's doing with one another.

Naomi Shihab Nye

State Cup Touch Football was held in Port Macquarie over the weekend and congratulations to Tilly L in Year 5, Tate W and Noah in Year 3 who represented at State level and made it into the quarter finals.

Swimming Carnival - Friday 21 February. The program of events is included with this newsletter. Hopefully the weather will be fine, please note that even if the weather is raining the carnival will proceed. Only if there is severe thunderstorms will the carnival be cancelled.

The representative team for the Northern Beaches Catholic Primary Schools Swimming Carnival will be chosen on the times recorded at the school carnival. There will be no finals. This representative carnival is to be held at Warringah Aquatic Centre on Monday 2 March 2020. Only children turning 8 years and above and swimming 50m are eligible to qualify. All children need to arrive at school by 8:45am and will travel by bus to the Swim Centre. Children are to wear their sport uniform. They may wear a plain coloured t-shirt representing their colour house. Thank you to everyone who has volunteered. Please meet at the recording table at 9.40am.

Open Morning for new families is on Thursday 30 April. Open Morning is a great way to showcase how our school is small enough to care and yet large enough for many opportunities. Visitors will see learning in action, a contemporary learning environment, a community that values each and every child. Our many families proudly belong to the Sacred Heart school community and we look forward to welcoming many visitors to Open Morning.

Calling all 2-5 year olds! Playgroup dates have been set this term. These playgroups on Thursday 12 and 26 March are an opportunity for mums, dads or grandparents to chat, get to know each other and to introduce 2-5 year olds to our school community. Not only are the playgroups for siblings of students already at Sacred Heart but for new families to get to know our community.

Our **Welcome BBQ and Bushdance** will be held on Friday 6 March. "The Ducks" will once again be playing under the Peppercorn tree on the oval and the Year 6 students will be holding some fun games and stalls on the playground. The Year 6 games and stalls will open at **4.30pm - 6pm** and the bushdancing will begin at **5.30pm - 8pm**. Parents are invited to bring a blanket and sit on the oval for the bushdance. The Hub will provide one sausage sandwich per person attending, so register through <https://trybooking.com/BIIQF>. Bring a gold coin

or two to entertain the children on the playground before the bushdancing commences. Please note the Year 6 games and stalls will conclude at 6pm so all children will then be able to join in the bushdancing. The funds raised by Year 6 will go towards the playground equipment.

School Advisory Council. Parents interested in hearing about the School Advisory Council at Sacred Heart are invited to attend an information session with Mike Gaffney next Tuesday 25 February at 9am.

Mrs Suellen Garey

PRINCIPAL

Like and follow us at: facebook.com/sacredheartmonavale

Like and follow us at: twitter.com/SHMV16

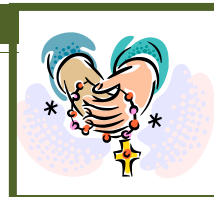


Religious Education

First Reconciliation

A reminder that there will be a parent information meeting at Sacred Heart Church on Wednesday 19 February at 7pm for parents who would like their child to receive the Sacrament of Reconciliation.

The sacrament is usually received by our Year 3 students. Older students who have not made their First Reconciliation are most welcome to join the program.



School Visit from Fr Bronek

Fr Bronek visited each classroom to meet and bless the children and their classrooms. The children were extremely welcoming and excited to have him visit and bless them.

Ash Wednesday

All families are welcome to join us at our Ash Wednesday Mass next week on Wednesday 26 February at 11:30. Ash Wednesday is the beginning of Lent and is a holy day of obligation in the Catholic Church. Mass will also be celebrated at 9:30 am and 7pm.

Dates to Remember

Wednesday 26 February @ 11:30am - Ash Wednesday Mass Whole School, Sacred Heart Church

Saturday 29 February @ 5 pm - Year 3 Family Mass, Sacred Heart Church

Wednesday 4 March @ 9:30am - Year 1 and Year 5 Class Mass, Sacred Heart Church

Tuesday 17 March @ 9am - St Patrick's Day Liturgy, School Hall

Wednesday 18 March @ 9:30am - Year 2 and Year 3 Class Mass, Sacred Heart Church

Wednesday 25 March @ 9:30am - Year 4 Class Mass, Sacred Heart Church

Saturday 28 March @ 5pm - Year 5 Family Mass, Sacred Heart Church

Wednesday 1 April @ 9:30am - Kinder and Year 6 Class Mass, Sacred Heart Church

Thursday 9 April @ 9am Holy Week Liturgy, Sacred Heart Church

Prayers

If you have any Good News or if you need our prayers, please, contact me by email.

Chris McBryde, Religious Education Coordinator

chris.mcbryde@dbb.catholic.edu.au

PARISH WEEKLY BULLETIN can be found [here](#)

From the Office

Kindergarten Enrolment 2021

Enrolment packages will be sent home to families that have indicated they have a sibling commencing Kindergarten 2021.



If you have not received your enrolment package by next week, please let the office know.

Carol Bartlett, Senior Admin Officer

Wellbeing

At Sacred Heart we are aiming to teach the children about caring for our environment. Pope Francis calls us as a school community to '*Care for our Common Home*' in *Laudato Si*. This Papal encyclical is 180 pages that each class at Sacred Heart has as part of their prayer table and is referred to across the school in our actions. The children are taught about the call to care for our environment and what a better way can we teach this at Sacred Heart but through our everyday activities as well as in our practices.



One way our school will be caring for our common home is by taking part in **Clean Up Australia Day** on **Friday 28 February**. We will be having a school clean up. The aim is for the children to realise that you start at the place where you are at. This year we will be undertaking a variety of activities and consolidating practices that we have in place that teach our students to care for their environment.

The SRC have been promoting our recycling, reusing and reducing at our morning assemblies. They have been surveying and having their voices heard in many ways across the school. Student Voice was clearly demonstrated this week when our Year 6 Sports Captains prepared and led 'Cheer Practice'. Cheer Practice is a student led task for students in Years 2-6. The Sports Captains wrote out team cheers and practised their cheers for this Friday's Swimming Carnival. This wonderful opportunity created a sense of community and the feeling associated with belonging to a team. These opportunities help children's wellbeing- as they feel that they are actively participating in the community as well as having their voices heard.

Have you ever asked your child about their Maths Lessons? At Sacred Heart we are fostering the love of learning. Our Mathematic lessons are designed to engage and challenge our students. Year 6 this week played a collaborative game where they were working on their addition and subtraction skills. The game involved movement, collaborative problem solving and discussing the different strategies the children used. These types of games help develop Mathematical thinking as well as create opportunities for children to connect and develop their working relationships in a positive way.

Skye Nolan-Brown, Co-ordinator



Sports News

School Swimming Carnival

Our School Swimming Carnival is this Friday. We look forward to a great day at Manly Andrew “Boy” Charlton Swim Centre.



All children need to arrive at school by 8:45am and will travel by bus to the Swim Centre. Children are to wear their sport uniform. They may wear a plain coloured tshirt representing their colour house.

Thank you to everyone who has volunteered. Please meet at the recording table at 9:40am.

There will be no finals. The representative team for the Northern Beaches Catholic Primary Schools Swimming Carnival will be chosen on the times recorded at the school carnival. This representative carnival is to be held at Warringah Aquatic Centre on Monday 2 March 2020. Only children turning 8 years and above and swimming 50m are eligible to qualify.

The event programme and records are at the end of this newsletter for your information. Please note, programmes **will not** be available on the day at the carnival. If you require a hard copy, you might like to print this at home beforehand.

I look forward to lots of cheering, swimming, smiling and participating and seeing you there.

Steph Munro – PE Teacher

Birthdays

Happy Birthday from all at Sacred Heart to the following students who have had their birthday this week:



Lily C	Jasmine S	Campbell T	Felix T	Jack D
Lucas H	Grace W	Zara W	Sara A	Catalina P

Canteen News

Important:

Due to the swimming carnival this Friday 21 February, the canteen will be closed for on line lunch orders and over the counter sales.



Class updates: Thank you to all the parents that have updated their child's class details on QKR!. However, there are still quite a few that haven't and this is still affecting the lunch order distribution. Please double check that your QKR information is correct e.g: It must read the name of the child then the year, the year again along with the colour. example (yr6 /6Green)

CANTEEN ROSTER (start 9.30am - finish 1.45pm)	
Mon24 Feb	Christine H, Kylie M
Thurs 27 Feb	Angie K, Kate H
Fri 28 Feb	Andy D, Margaret C, Charlotte C (11-1:30pm)

Kay Neale – Canteen Co-ordinator

Please feel free to contact me via email at: sshmv.canteen@dbb.catholic.edu.au

Kiss & Drop Morning Volunteers

Monday	Tuesday	Wednesday	Thursday	Friday
		19 February	20 February	21 February
		Rebecca M	Tatiana N	VACANT
24 February	25 February	26 February	27 February	28 February
Amber L	VACANT	Rebecca M	Melinda B	Julie F

STUDENT
DROP-OFF
AND
PICK-UP
AREA

Rebecca Molinaro, Kiss and Drop Co-ordinator

becmolinaro@outlook.com

The Hub

The Welcome BBQ & Bush Dance - this is a free event for families.

Just a reminder to please register your attendance via the link below for catering purposes:

<https://www.trybooking.com/BIIQF>

Parents Golf Day - tickets on sale from Friday 21 February via QKR!

*The
Hub*

Regards

Kate Warner-Smith

Tel: 0410 11 44 11

Email: admin@shmvparents.com

Website: www.shmvparents.com

AN INVITATION TO OUR ANNUAL

Sacred Heart School

PARENTS GOLF DAY **13**

Friday 13th March
From 11.30am
Tee off @ 1pm
Bayview Golf Club

\$125pp

Includes - welcome drink, burger & chips, 18 holes of golf & golf cart

PAYMENT VIA QKR

Following golf @ 5pm

We have organised a family movie night at Bayview Golf Club - this is a free event for families to join the golfers, there will be food (kids meals & limited adults menu) available to purchase until 6.45pm from the club.

ALL WELCOME

Community News



FRIDAY FEBRUARY 28, 2020

OPEN DAY

3:45PM - 7:00PM



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MERCY CATHOLIC COLLEGE

OPEN DAY

SUNDAY, 1 MARCH 2020 11AM-2PM

TOUR OUR COLLEGE GROUNDS INCLUDING OUR NEW
GILCHRIST CAMPUS DESIGNED TO CATER
FOR 21ST CENTURY LEARNING.

CATHOLIC GIRLS SECONDARY COLLEGE, YEARS 7 - 12
MERCYCHATSWOOD.NSW.EDU.AU





Swimming Carnival 2020

Friday 21 February

Manly Andrew “Boy” Charlton Swim Centre



Carnival Guidelines

- All students are to remain in their house or class area and cheer for their team.
- Listen for your race to be called and go straight to the marshalling area.
- Ask permission to go to the toilet and go with a buddy.
- Ask your House Captains and the teacher in charge of your house for help if needed.
- The canteen and other pools are out of bounds for students.
- Remember to apply and reapply sunscreen and wear a t-shirt and hat at all times.
- Also remember to drink plenty of water.

Swimming Rules

To be considered for the Northern Beaches team students must perform the stroke correctly during the whole race. Breaststroke and Butterfly must be finished with 2 hands on the wall and during Backstroke swimmers must stay on their back for the whole race including the finish.

Ribbons

Championship Events will be timed. Ribbons awarded for 1st to 4th place overall. 1st to 4th place will need to go to the recording table and will be given a marker indicating their place.

Non Championship participation ribbons will be handed out at the end of each race as swimmers leave the pool. Swimmers then need to go directly back to their house area.

House Points

1 house point will be awarded for each student swimming a race. House points will be awarded in Championship Events depending on the place (4,3,2,1 points).

Extra house points will be awarded for House Spirit, cheering and clean house areas.

Representative team

Students will be chosen from Championship Events to represent Sacred Heart at the Northern Beaches Swimming Carnival which will be held at Warringah Aquatic Centre on Monday 2nd March.

Three students per age (8-12) are chosen for 50m Freestyle. For the other strokes, two students are chosen for Junior, 11yrs and Senior age groups. The 100m freestyle is an Open event and the Individual Medley has Junior and Senior age groups. Both of these events have two entrants.

Students will be chosen on times as there may be more than one heat in each event.

The representative team will be announced at school as will Jnr/Snr champions and any records that are broken at the carnival.

End of Day Procedure

Please mark your name off with the colour house teacher if you are leaving with your parents or remain in your house area if you are going back to school on the bus.

Order of Events - Swimming Carnival 2020

CHAMPIONSHIP 100m FREESTYLE

OPEN 100m FREESTYLE BOYS
OPEN 100m FREESTYLE GIRLS

NON-CHAMPIONSHIP FREESTYLE

15m FREESTYLE BOYS/GIRLS
25m FREESTYLE BOYS/GIRLS

CHAMPIONSHIP 50m FREESTYLE

8 YEARS 50m FREESTYLE BOYS
8 YEARS 50m FREESTYLE GIRLS
9 YEARS 50m FREESTYLE BOYS
9 YEARS 50m FREESTYLE GIRLS
10 YEARS 50m FREESTYLE BOYS
10 YEARS 50m FREESTYLE GIRLS
11 YEARS 50m FREESTYLE BOYS
11 YEARS 50m FREESTYLE GIRLS
12 YEARS 50m FREESTYLE BOYS
12 YEARS 50m FREESTYLE GIRLS

NON -CHAMPIONSHIP BREASTSTROKE

15m BREASTSTROKE BOYS/GIRLS
25m BREASTSTROKE BOYS/GIRLS

CHAMPIONSHIP 50m BREASTSTROKE

8 YEARS 50m BS BOYS
8 YEARS 50m BS GIRLS
9 YEARS 50m BS BOYS
9 YEARS 50m BS GIRLS
10 YEARS 50m BS BOYS
10 YEARS 50m BS GIRLS
11 YEARS 50m BS BOYS
11 YEARS 50m BS GIRLS
12 YEARS 50m BS BOYS
12 YEARS 50m BS GIRLS

CHAMPIONSHIP 50m BACKSTROKE

8 YEARS 50m BK BOYS
8 YEARS 50m BK GIRLS
9 YEARS 50m BK BOYS
9 YEARS 50m BK GIRLS
10 YEARS 50m BK BOYS
10 YEARS 50m BK GIRLS
11 YEARS 50m BK BOYS
11 YEARS 50m BK GIRLS
12 YEARS 50m BK BOYS
12 YEARS 50m BK GIRLS

CHAMPIONSHIP 50m BUTTERFLY

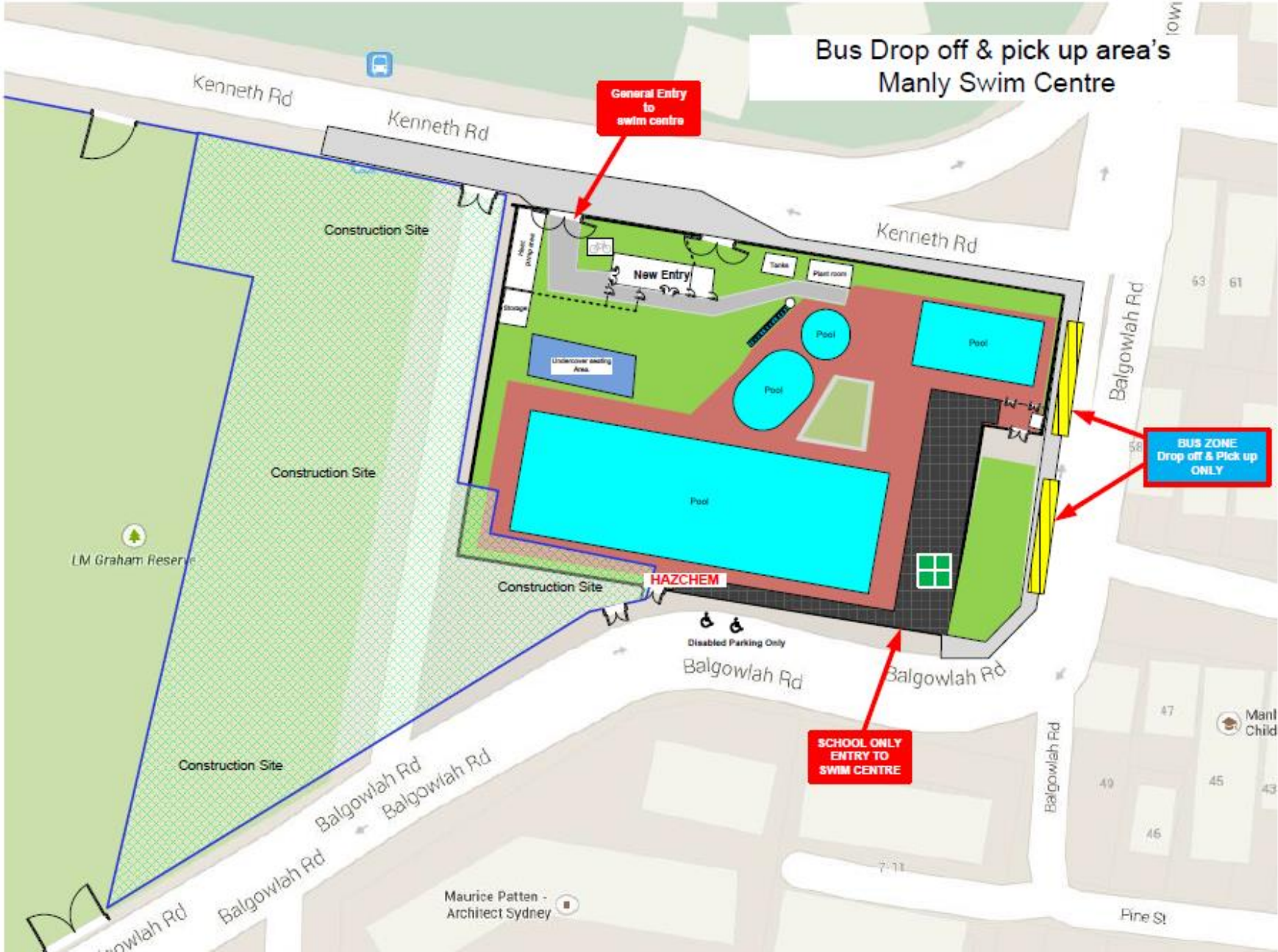
8 YEARS 50m BF BOYS/GIRLS
9 YEARS 50m BF BOYS/GIRLS
10 YEARS 50m BF BOYS/GIRLS
11 YEARS 50m BF BOYS/GIRLS
12 YEARS 50m BF BOYS/GIRLS

INDIVIDUAL MEDLEY

OPEN MEDLEY 200m IM BOYS JNR
OPEN MEDLEY 200m IM BOYS SNR
OPEN MEDLEY 200m IM GIRLS JNR
OPEN MEDLEY 200m IM GIRLS SNR

CHAMPIONSHIP 50m FREESTYLE (time permitting) **(Fastest 8 Boys and Girls from the Carnival)**

CHAMPIONSHIP 50m FS BOYS
CHAMPIONSHIP 50m FS GIRL



Sacred Heart Mona Vale: Swimming Records (Updated February 2019)

Boys					Girls				
100m FS	Open	Harrison Dene	1.13.05	2019	100m FS	Open	Hannah Smith	1.10.83 Gilroy	2018
200m IM	Open	Tom McBryde	2.55.05 Yellow	2008	200m IM	Open	Macy Beuzeville	2.55.37 Keenan	2019
50m FS	U8	Luka Monnock	48.26 Crawford	2012	50m FS	U8	Alana Reddy	44.53 Keenan	2014
	U9	Tobias Woolnough	35.80	2019		U9	Sophie Grieve	39.37 Red	2006
	U10	Patrick Davies	37.17 Keenan	2011		U10	Janice Quinn	38.58 Crawford	2009
	U11	Nathan Smith	36.36 Gilroy	2013		U11	Macy Beuzeville	34.97 Keenan	2018
	U12+	Harrison Dene	33.61	2019		U12+	Hannah Smith	32.87 Gilroy	2018
50m BK	U8	Toby Woolnough	58:94	2018	50m BK	U8	Janice Quinn	52.28 Red	2007
	U9	Tobias Woolnough	44.58	2019		U9	Isabella Reddy	54.84 Keenan	2010
	U10	Kalem Norris	48.57 Green	2007		U10	Janice Quinn	47.83 Crawford	2009
	U11	Luka Monnock	47.56 Crawford	2015		U11	Macy Beuzeville	42.79 Keenan	2018
	U12+	Patrick Davies	43.74 Keenan	2018		U12+	Macy Beuzeville	38.87 Keenan	2019
50m BS	U8	Tate Wooldridge	1.03.09	2019	50m BS	U8	Janice Quinn	57.03 Red	2007
	U9	Tobias Woolnough	51.30	2019		U9	Janice Quinn	56.51 Red	2008
	U10	Kalem Norris	52.59 Green	2007		U10	Janice Quinn	50.99 Crawford	2009
	U11	Samuel Lock	50.85 Crawford	2011		U11	Janice Quinn	49.71 Crawford	2010
	U12+	Harrison Dene	48.20	2019		U12+	Georgia Quinn	45.85 Red	2007
50m BF	U8	Myles Nicholas	1.08.58 Polding	2015	50m BF	U8	Isabella Reddy	1.04.46 Keenan	2009
	U9	Tobias Woolnough	43.72	2019		U9	Janice Quinn	54.28 Red	2008
	U10	Lachlan Reid	50.66 Red	2006		U10	Janice Quinn	42.94 Crawford	2009
	U11	Corey Duke	50.20 Crawford	2014		U11	Macy Beuzeville	40.34 Keenan	2018
	U12+	Harrison Dene	42:02	2019		U12+	Macy Beuzeville	36.28 Keenan	2019