

**ONLINE LUNCH ORDERS THROUGH QKR ONLY**

Canteen is open Monday, Thursday & Friday

Morning Tea: 11-11:30 am Lunch: 12:50-1:30pm

Canteen co-ordinator- Kay Neale

Email: [shmvcanteen@dbb.org.au](mailto:shmvcanteen@dbb.org.au)

**E Everyday ¾ menu**

**O Occassional ¼ menu**

**GF Gluten Free**

**CANTEEN MENU 2020**

**LUNCH HOT**

**Butter Chicken and Rice (E)** Small$3.50 Large $5.50

**Garlic Roll (E)** $1.20

**Hamburger (E) (MONDAYS ONLY)** $4.50

(Beef patty, Lettuce, Tomato, Beetroot, with choice of BBQ or tomato sauce

With Cheese $5.00

**Meat Pie (O)**  Small$2.00 Large $3.50

Sauce $0.30

**Pasta (E)** with Napolitana sauce Small $3.20 Large $4.80

**Pizza (E)** Sauce, ham, pineapple & cheese $2.00

**Rice (E) (GF)** with honey soy sauce Small $2.50Large$3.50

**Sweet Chilli Chicken Wrap (E)** $4.50

(Lettuce, Mayo and choice of sweet chilli sauce, BBQ or tomato sauce)

**Sausage Roll (O)** $2.80

Sauce $0.30

**DRINKS**

**Chill J Sparkling mineral juice (E)** $2.20

Blackcurrant or Raspberry

**Emma & Toms (E)** $2.80

Green Power Smoothie

**Juice (E)** $2.20

Apple, Paradise Punch

**Milk (E)** Chocolate or Strawberry $2.40

Plain $1.80

**ICEBLOCKS-Avail lunch service only**

**Frozen Yoghurt Twisted (E)** $2.00

Strawberry or Mango

**Ice Sticks(E)** Sour Grape, Raspberry $1.00

**Chocolate Gelato(O)** $1.80

**Lemonade Icy Twists (O) (GF)** $1.20

**Quelch Fruit Sticks (E) (GF)** $0.50

**MORNING TEA**

**Arrowroot biscuits (O)** $0.10

**Banana Bread (E)** $1.00

**Choc Chip Muffins (O)**  $1.00

**Corn Chips (E) (GF) with Salsa**  $0.80

**Fruit Cups (E) (GF)** $0.80

**Jelly Cups (E)**  $0.80

**Piranha Chips (E) (GF)**  $1.40

(Honey Soy, Salt & Vinegar,light n tangy, BBQ

**Pikelets (E)** $0.30

**Popcorn (O) (GF)** $1.20

**Pretzels**  $1.00

**Rice Cups (E) (GF)** $1.00

With option of honey soy sauce (Not GF)

**Custard & Strawb cup (E) (GF)** $0.80

**LUNCH COLD**

**Fruit Salad (E) (GF)** Small $3.40

Large $4.40

(Watermelon, Rockmelon, Strawberry, Kiwi, Orange, Grapes and Pineapple

**Salad (E) (GF)** Small $3.40

Large $4.40

(Carrot, Cucumber, Lettuce, Tomato & Beetroot)

**Add:Chicken, Ham, Egg or Tuna (each)**$0.50

**Sushi (E) (FRIDAYS ONLY)**  $3.50

Avacado (GF) Teriyaki Chicken, Tuna , Chicken Katsu, Avacado or Tuna Baby Box

**Rice Paper Roll (E)** $3.50

(Teriyaki chicken, Carrot, avocado, Capsicum & mixed salad

leaves

**SANDWICHES**

**Cheese (E)** $3.00

**Chicken (E)** (Roast Chicken) $3.50

**Egg (E)** $3.00

**Ham (O)** $3.00

**Ham and Cheese (O)** $3.50

**Ham Cheese and Tomato (O)** $4.00

**Salad (E)** $3.50

(Carrot, Cucumber, Lettuce, Tomato, & Beetroot)

**Tuna (E)** $3.00

**Vegemite (E)** $2.50

Wraps & extra fillings add each $0.50

**Extra Options:** Toasted

**Condiments available:** Butter, Salt, Pepper, Mayonnaise, BBQ, Tomato & Sweet Chilli sauce

**Breads available:** White, wholemeal, Wraps

(Gluten free- please see canteen)