



Sacred Heart Catholic Primary School

Cnr Waratah & Keenan Street, Mona Vale NSW 2103

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Term 2 Week 8 - 17 June 2020

Term 2 Core Value:

Compassion

School Rule:

Show Compassion for ourself, others and the environment

Expectation of Behaviour:

Offer to help someone else

Dear Parents



Sacred Heart of Jesus

Created by Jen Norton

Take time to explore this art work “seeing with the eye of the heart”. Linger upon this biblical image at your own pace as the Holy Spirit leads. See and perceive what might otherwise escape your attention. Let your initial impression lead to a deeper ‘seeing’ perhaps a feeling, a question and gradually to a greater understanding of our God who is never limited by an image.

Friday 19 June is the Feast of Sacred Heart. Children are invited to wear a splash of red to school. Each class will celebrate with a liturgy in their classroom. Hearts will be hung in the playground and frisbees provided to play a fun game called the Sacred Heart Frisbee Toss!

Thank you to all our wonderful parents for their co-operation collecting children in the afternoons. Parents are reminded unfortunately they are still unable to come on site, hopefully next term this restriction will be lifted.

Gradually we are returning to normal!

- Mrs Nelson will recommence the School Band next week in week 8.
- School photos will take place on Monday 3 August Week 3 Term 3. Parents will receive an email with information on how to order. Photos can be ordered through the COMPASS portal. Children wear full winter uniform.

Parents of Kinder 2021 will have received an email to collect a “We’re getting ready” bag from the office. We look forward to offering Playgroup and Orientation for pre-schoolers next term.

Even though all students have returned to school we have noticed that a number of children are still struggling with the return to school. If your child is not wanting to come to school, feeling unhappy about coming in to school or struggling with the school work please do not hesitate to notify the class teacher or Principal.

At Sacred Heart we continue to:

- Clean and disinfect classrooms, bathrooms and common areas twice a day.
- Limit close physical contact between adults and where possible students. We have staggered recess and lunch times, no counter service at canteen, no assembly, no uniform shop.
- Request parents wait outside the school grounds.
- Regularly screen visitors.
- Take temperature of children attending sick bay.
- Encourage the use of water bottles as bubblers remain closed.
- Complete a COVID-19 tests **register** of students, teachers and parents who have tested negative (confidential to Principal).
- Remind students with posters of **healthy hygiene**, cough into elbow, wash hands.
- Hold **meditation** exercises in class to quieten minds.

Mrs Suellen Garey

PRINCIPAL

Like and follow us at: facebook.com/sacredheartmonavale

Like and follow us at: twitter.com/SHMV16



Religious Education



Sacred Heart Feast Day

On Friday 19 June we will be celebrating The Feast Day of the Sacred Heart of Jesus.

We will be celebrating our Special Name Day with a classroom liturgy and some fun activities at school. We will be asking students to wear a “Touch of Red”.

The Feast of Sacred Heart reminds us to think about the deep love and compassion that Jesus has for all people, especially the poor and the suffering in our world. It is a time for us to ask God to help us to love like Jesus; to be more generous and kind.

Parish Sacramental Program - Reconciliation and First Communion Update

After much thought and discussion, the Parish have decided to complete the Sacrament of Reconciliation for the children during the preparation for First Holy Communion which is due to commence in October this year.

The plan is to combine the reflection afternoon that was missed for the Sacrament of Reconciliation with the reflection afternoon that is planned for the Sacrament of First Holy Communion. This will be an opportunity for the children to review the Sacrament of Reconciliation whilst preparing for the Sacrament of First Holy Communion. The children will then participate in the Sacrament of Reconciliation one afternoon prior to them receiving the Sacrament of First Holy Communion, placing them in a state of grace to receive the Eucharist.

As a result, some of the preparation dates previously set for the Sacrament of First Holy Communion may change. The parish sacramental team will endeavour to advise you of all the dates that you will need as soon as the restrictions are eased, the Diocese has advised us that we can proceed and we can confirm that the programme will go ahead.

If you have further questions regarding the Sacramental Program please contact Suzy or Angela via the Parish: 02 9157 0999 - www.pittwaterparish.org



In regards to the Sacrament of Confirmation, the Parish is waiting to hear from the Bishop’s Office regarding future plans.

Prayers

If you have any Good News or if you need our prayers, please, contact me by email.

PARISH WEEKLY BULLETIN can be found [here](#)

Chris McBryde, Religious Education Coordinator
chris.mcbride@dbb.catholic.edu.au

From the Assistant Principal

ICAS 2020

Sacred Heart School will be participating in the ICAS Assessments this year. Competitions are held at school. Specific dates of assessments will be communicated closer to the time, however the table below gives an indication of the week they will be held.



YEAR GROUP	SUBJECT	WEEK BEGINNING	COST
Years 2-6	Science	Monday, 17 August 2020	\$14.50
Years 3-6 only	Digital Technologies	Monday, 24 August 2020	\$14.50
Years 2-6	English	Monday, 24 August 2020	\$14.50
Years 2-6	Mathematics	Monday, 31 August 2020	\$14.50
Years 2-6	Spelling Bee	Monday, 31 August 2020	\$14.50

Please find information regarding the Assessments and the Privacy Collection Notice [here](#).
All purchases are to be made via the QKR! App.

Entry & payment to be made by Monday 29 June 2020 (start of Week 10).

Unfortunately no late entries can be accepted.

Fiona Ngamu, Assistant Principal

Wellbeing

Wellbeing @ Sacred Heart

At Sacred Heart we value the voices of our students to give direction and feedback about their learning and wellbeing. Each year we survey children to ask them about their experiences at school. These surveys are conducted twice yearly in Term 2 and Term 4.



Live Life Well @ School

ACTION: BUILDING WELLBEING

ACTION CALENDAR:

MONDAY TUESDAY WEDNESDAY THURSDAY

"Start Where You Are. Use What You Have.
Do What You Can" ~ Arthur Ashe

4 Focus on what you can do rather than what you can't do	5 Send friends a photo of a time you all enjoyed together	6 Take a step towards one of your life goals, however small	7 Let someone you love know how much they mean to you
11 What are your most important values? Use them today	12 Be grateful for the little things, even in difficult times	13 Today do something to care for the natural world	14 Show your gratitude to people who are helping to make things better

Are you looking for ways to build happiness, mindfulness, purpose, kindness and self-care into your everyday practice at home?

Download the action for happiness calendars today. They provide simple and practical tips for the family to do together to help build a culture of wellbeing.

Check out:
www.actionforhappiness.org/calendars

NSW GOVERNMENT

Developed by Northern Sydney Local Health District

Over the next week children in Kindergarten to Year 6 will complete the *School Life Survey*. The School Life Survey for students in Kindergarten to Year 2 is a paper survey which asks the children questions in five domains. These domains are: Liking School, Feeling Safe at School, Social Skills, Friends and Me. The Year 3-6 School Life Survey is completed on a Google Form. This form asks the children to reflect on the 3 domains - Learning in the Classroom, the playground and how happy and safe they feel at school.

These surveys are crucial for capturing students voice and to find out the students thinking and feelings around the experiences at school. The surveys give valuable data that the staff and Wellbeing Team can reflect on and create opportunities to discuss and implement practises that reflect the childrens voice. The School Life Survey gives voice to all students and develops a positive partnership between staff and students. It creates opportunities for the Wellbeing Team to reflect and pause on what is working well and what could be put in place or give voice to further possibilities.

A MINDFUL MINUTE

What can I hear?
What can I smell?
What can I feel?
What can I see?
What can I taste?

Take one minute, concentrate and fill your mind with what is happening right now. All your worries will disappear and you will feel calm and relaxed.

Clipart from My cute Graphics
©ELSA Support 2016

Mindfulness: During Wellbeing Week each class practised the skills of being mindful and meditation. The students explored the digital recordings from Mrs Rudd. The children were given tools to focus on their breathing, body scanning and moments of gratitude. Each class was given a poster about how to take a mindful minute. These skills are about developing Self-awareness and Self-management which help children to develop these Social and Emotional Learning competencies that are critical skills for everyday life.

Skye Nolan-Brown, Co-ordinator

Canteen News

The Canteen is open for lunch orders on this Thursday 18 June and Friday 19 June and will be open Monday, Thursday and Friday next week. Please place orders via Qkr!. Note the canteen will not be opened at Recess or Lunch for over the counter purchases. We are unable to have volunteers at this time.



Kay Neale – Canteen Co-ordinator

Please feel free to contact me via email at: shmv.canteen@dbb.catholic.edu.au

The Hub



Uniform Shop Opening Hours

Our Second Hand Uniform Shop currently is not open.

However, should you require items from the uniform shop, please email the school office (shmv@dbb.catholic.edu.au) with size and type. The office staff will arrange a selection (if available) for you to look at via the office. Collection is by arrangement only.

All items \$3 and paid via Qkr!

Currently, there are monies still owing from Term 1 and Term 2, so we would appreciate your prompt payment so we can reconcile this asap. If you are unsure if this is you, please call the office who will look this up for you.

Donations always welcome of any uniform items in good condition. Please note we can no longer take white sports shirts as donations.

SHMV HUB (P&F) admin@shmvparents.com

Community News



M.W.B.A. BOUNCE CAMP

Be Game Ready

- Focus on the next level basketball skills and game situations.
- For players who are serious about improving their game.
- Will be pushed to get the results

Ages: 12 to 16 years
Dates: 14th & 15th July, 2020, 10-2:00pm
Cost: \$50 per day or 2 day for \$90
Head Coach: Steve Shortland
Venue: N.B.I.S.C, Jacksons Rd, Warriewood
To Book: <https://www.trybooking.com/BJWFJ>

MANLY WARRINGAH BASKETBALL

JULY HOLIDAY CAMP

COME ALONG AND LEARN BASIC, FUN SKILLS

DATES: 6TH, 7TH & 8TH JULY, 2020
TIME: 5 to 9 Yrs old 9:00 to 11:30am
10 to 14 Yrs old 12:30 to 3:00pm
VENUE: Northern Beaches Indoor Sports Centre
AGES: broken into age groups
COST: \$99 (If camp is cancelled, total refund)

PROFESSIONAL COACHES & PRIZES
NO SINGLE DAYS MUST PAY FOR 3 DAYS
PLEASE BRING LIGHT SNACK & WATER

Due to Covid-19 restrictions there will be limited numbers, & No spectators. MWBA Will provide sanitised balls on the day. No balls to enter the stadium.

[HTTPS://WWW.TRYBOOKING.COM/BJTZZ](https://www.trybooking.com/BJTZZ)



Stella Maris
COLLEGE MANLY

Start *your Stella* story

Enrolling now for Year 7 2022
Limited places for Year 7 2021

See website for details and
to download the enrolment form
www.stellamaris.nsw.edu.au




MERCY CATHOLIC COLLEGE
ACCEPTING APPLICATIONS FOR
YEAR 7, 2022 NOW



We understand that some families are currently unable to submit enrolment forms in person, so we are now accepting enrolments via email. Send your scanned application form along with copies of your daughter's Birth Certificate*, Sacramental Certificates*, Immunisation Statement, last School Report and NAPLAN Report to

smccc.registrar@dbb.catholic.edu.au

The deadline for applications has been extended to Friday 29 May
*Original copies will need to be sighted prior to the interview process



Lifeline Saving Lives
Crisis Support. Suicide Prevention.

**GIANT
BOOK FAIR**

Brookvale
St Augustine's College
Federal Parade

JULY 2-5

Thursday 11-6
Friday 9-6
Saturday 9-5
Sunday 9-3