



## Sacred Heart Catholic Primary School

Cnr Waratah & Keenan Street, Mona Vale NSW 2103

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### Term 3 Week 4 - 12 August 2020

**Term 2 Core Value:**

Justice

**School Rule:**

Show Justice for Self, others and the environment

**Expectation of Behaviour:**

Say no if something is not right

Dear Parents

#### Icon of the Feast of the Assumption- Saturday 15 August



Earlier this week all families were sent a reminder about communication in the case of a Covid outbreak. If our school was to receive a notification from the Health Department:

- The school would call for an immediate lockdown
- Students will collect their bags, the roll will be checked
- Parents will be contacted regarding collecting their children from the Kiss and Ride Zone
- Parents must not enter the school buildings
- Staff will supervise pick up areas.
- The emergency contact will be phoned for students who are not collected.
- A deep clean of the school will take place.
- Notification to parents of the schools re-opening date will be sent.

If the school is closed for more than two days, the HBL program will be implemented. Please remember for the sake of all our school community, if your child is unwell or displaying symptoms of a cold or flu, keep them at home and get tested. Students should remain at home until their tests results are returned. This is usually for a day or so.

On Monday 17 August, parents of Year 6 students are invited to a “Zoom session with the Principal” to discuss ideas for Graduation. Parents will receive an invitation to the zoom session. This year’s Graduation will need to look different to previous years, considering the circumstances, social distancing, Catholic Schools New South

Wales and NSW Government advice. Hopefully together we will be able to decide upon a joyous celebration for our Year 6 children.

Even though we have limitations placed upon us we have been endeavouring to plan some fun activities for the students. Next week 15 - 23 of August, is National Science week, the theme of the week is “Deep Blue- Innovation for the future of our oceans”. All classes will be focused on quality outcomes to encourage students to want to investigate scientifically. Also Manly Warringah basketball will take sessions for all classes K-6 in Terms 3 & 4 and we hope to have a small basketball comp for our Year 5 and Year 6 students. Another fun activity will be coaching from the NRL, who will provide eagle tag /NRL for K-6.

All classes are beginning to work on their public speaking skills. Our whole school public speaking event will be held on Wednesday 19 August. Students presenting the speeches will be zoomed from the hall into the classrooms as there will not be an audience in the hall this year.

Yours Sincerely

*Mrs Suellen Garey*  
**PRINCIPAL**

Like and follow us at: [facebook.com/sacredheartmonavale](https://facebook.com/sacredheartmonavale)  
Like and follow us at: [twitter.com/SHMV16](https://twitter.com/SHMV16)



## Religious Education

### Feast Day for the Assumption.

On Saturday 15 August we celebrate the Feast of the Assumption. On this special day we celebrate the life of Mary, the Mother of Jesus. We remember our belief that after her death Mary went straight to heaven.



The Feast of the Assumption is a Holy Day of Obligation.

Masses will be said in honour of this special feast day at Sacred Heart Church on:

Friday 14 August 7.00pm (Vigil)

Saturday 15 August 10.00am

### Father's Day Photos for class liturgies

We are asking all families/ children to select a treasured photo they have with their Dad and email to Mrs McBryde by no later than Tuesday 18 August.

We will use these photos to create a beautiful slideshow that will be included in a special Father's Day Liturgy that each class will hold in honour of their Dads on Friday 4 September.

The slideshow will be included in a post on our school Facebook Page over the Father's Day weekend - 5/6 September.

Email photos to : [chris.mcbryde@dbb.catholic.edu.au](mailto:chris.mcbryde@dbb.catholic.edu.au)

Subject: Father's Day

Include in your email child/ren's names and their class.

### Class Masses

We are very pleased to have recommenced classes attending Wednesday Morning Mass at 9:30.

5 Green attended mass this morning with social distancing practises being observed. Parents are welcome to attend.

### Dates for Class Masses in Term 3

Wednesday 19 August @ 9:30 - 4 Blue, Sacred Heart Church

Wednesday 26 August @ 9:30 - 4 Green, Sacred Heart Church

Wednesday 2 September @ 9:30 - Kinder Blue, Sacred Heart Church

Wednesday 16 September @ 9:30 - Kinder Green, Sacred Heart Church

Wednesday 23 September @ 9:30 - 2 Blue, Sacred Heart Church

### Weekend Mass

Sacred Heart Church welcomes all families to attend mass on the week end. Due to Covid restrictions parishioners are being asked to book in via Trybooking.

To book for our Masses at Sacred Heart Church, Mona Vale, please visit <https://www.trybooking.com/BJPSE>

Please do not hesitate to contact the Parish office 9157 0999 if you need any assistance.

Sacred Heart Mass times are as follows: Saturday 5pm, Sunday 8am, 10am and 6pm.

### Prayers

If you have any Good News or if you need our prayers, please, contact me by email.

**PARISH WEEKLY BULLETIN** can be found [here](#)

**Chris McBryde, Religious Education Co-ordinator**

## Wellbeing @ Sacred Heart



### Athletics Carnival



*Sacred Heart Mona Vale is a Be You School. This means that our school is a learning community that is committed to Mental Health and*

*Wellbeing. We have a Wellbeing Team that meets twice termly to discuss how our school is travelling in regard to Positive Behaviours for Learning; planning for Wellbeing Week and reviewing Wellbeing initiatives. The school aims to create opportunities for school connectedness and to engage in activities that foster positive relationships and*

shared learning. We value and teach all members of our community to use a range of daily strategies to keep ourselves mentally healthy. These are broadly related to having a healthy lifestyle - because there's no health without mental health. We encourage all to eat well, sleep well, keep active, strengthen our social and emotional skills through supporting each other in a caring Catholic environment.

Last Friday's Athletics Carnival was a day when children demonstrated all their Social and Emotional Learning (SEL). They were able to practise their skills around self-awareness, self-management, responsible decision making, social awareness and relationship skills.

How was this possible?

The children were taken off site and it rained, they had to self-manage in a different environment to the school; they had to work with others to have fun and participate in the day. They had to deal with the disappointment of rain and the return to school earlier.

The Athletics' Carnival was not only a sporting event but an opportunity to develop the children's sense of belonging and community. The carnival created an opportunity to feel they belong through school spirit and create a sense of identity, a positive sense of self and others in community. Events like this have been restricted due to COVID-19 though by having this day the school community was able to reinforce that the children belong to a mentally healthy thriving community that seeks to support the children in developing them physically, socially, emotionally and cognitively.



# Student Voice



### **SRC and ECO Leaders**

The student representatives of Sacred Heart have been busily informing the school community about how to care for each other's wellbeing at the daily assembly. They have been teaching pointers and tips from the Altruistic August Calendar about how they can look out for others.

This week's pointers were: Give someone a smile; Be thankful for your food and the people who made it possible; share a good news story; be kind and try to bring a smile to as many people as you can; Cook some yummy food and share it with someone you love; be kind to yourself so you can be kind to others. Hopefully at home you are also seeing these acts of kindness and giving to others to support their wellbeing.

### **National Science Week**



Next week is National Science Week, the theme is *Deep Blue Innovations for the future of our Oceans*. At Sacred Heart the children have been actively encouraged to participate in Genius Hour and Curiosity time to enhance all the diverse learning opportunities that are offered. Science is a great tool for creating inquiry and deep thinking. I look forward to sharing some learning that the children took part in during Science Week.

### **Whole School Public Speaking Competition**

Week 5 is fast approaching, and we will be having our annual Sacred Heart Public Speaking Competition. It has been lovely to hear children talking about their speech and their classmate's speeches that have occurred in each classroom. *Thank you to all parents who have worked tirelessly with their children to prepare such well-presented speeches.* The finalist will present at the Whole School Public Speaking Competition on Wednesday 19 August each class will be active audiences through Zoom in their classrooms.

***Skye Nolan-Brown, Co-ordinator***

## **Sports News**

### **Athletics Carnival News**

We were so fortunate to attend the School Athletics Carnival last Friday. Despite the weather and an early finish, the children had a fabulous day participating in the many events with their peers. A huge thank you goes to all the staff who assisted at the Sacred Heart Athletics Carnival.

All children represented their colour houses and collected points for their team throughout the day. We still have some events to finalise. We will announce the students who broke records, our champion athletes, colour house and Spirit Cup Awards in our next newsletter.

A special congratulations to our Year 6 students and our House Colour Captains. Their enthusiasm, positive attitude and leadership on the day is to be commended.



Thank you to Addison D and Presley B for their prayer that 'opened' the carnival. I would love to share it with you..

*Dear God*

*We thank you for this opportunity to gather together this day in competition.*

*We ask that we can all show sportsmanship despite the outcomes.*

*We are thankful that we can still be active and blessed with our physical strength.*

*We hope that today we can all have fun and be grateful that we can all enjoy today together.*

*As Sacred Heart we will persist through challenges and will come out of a struggle with a smile. May we all do well but all play fairly.*

*We ask this through Christ our Lord.*

*Amen*

Stay tuned for more exciting Sport opportunities happening at Sacred Heart this Term.

**Steph Munro, PE Teacher**

### Kinder 2021 Enrolments – Screening

A reminder that the **Screening Sessions** on 24 and 25 August for Kinder 2021 have been cancelled. You may have noted your diary in advance so please remove these accordingly.

An updated Orientation Program for Kindergarten 2021 will be sent to families next week.

**Carol Bartlett, Senior Admin Officer**



### COMPASS

A reminder for parents:

#### Student Partial Absences:

- Please use the Compass Kiosk at the office when you sign in/out your child on the day.
- Please do not use the Compass Parent Portal for partial absences.

#### Student Whole Day Absences:

- Please enter via the Compass Parent Portal.

We have uploaded the most recent Compass Parent User Guide on to the school website:

<https://www.shmvdbb.catholic.edu.au/parent-information1/compass/>

Or go to our Sacred Heart website to Parent Information/Compass Parent Portal section.



## Canteen News

The canteen continues to be open for on-line lunch orders this term each Monday, Thursday and Friday. Please place orders via Qkr!

Note the canteen will not be opened at Recess or Lunch for over the counter purchases. We are unable to have volunteers at this time.



### **Kay Neale – Canteen Co-ordinator**

Please feel free to contact me via email at: [shmv.canteen@dbb.catholic.edu.au](mailto:shmv.canteen@dbb.catholic.edu.au)

## The Hub



### **Uniform Shop Opening Hours**

Our Second Hand Uniform Shop currently is not open.

However, should you require items from the uniform shop, please email the school office ([shmv@dbb.catholic.edu.au](mailto:shmv@dbb.catholic.edu.au)) with size and type. The office staff will arrange a selection (if available) for you to look at via the office. Collection is by arrangement only.

All items \$3 and paid via Qkr!

Donations always welcome of any uniform items in good condition. Please note we can no longer take white sports shirts as donations.

**SHMV HUB (P&F)** [admin@shmvparents.com](mailto:admin@shmvparents.com)

*The Hub*



Community News



Start your *Stella* story



Stella Maris  
COLLEGE MANLY

**ENROLLING NOW for YEAR 7 2023**

If you wish to enrol your daughter for Year 7 2023 at Stella Maris College, the Registration form needs to be received by the Registrar no later than Friday 18 September 2020.

To download a Registration form, please visit our website [www.stellamaris.nsw.edu.au](http://www.stellamaris.nsw.edu.au)

Interviews for Year 7 2023 will be conducted early in Term 1 2021.

*Limited places still available for Year 7 2022.*

**MERCY CATHOLIC COLLEGE**  
**ACCEPTING APPLICATIONS FOR**  
**YEAR 7, 2022 NOW**



We understand that some families are currently unable to submit enrolment forms in person, so we are now accepting enrolments via email. Send your scanned application form along with copies of your daughter's Birth Certificate\*, Sacramental Certificates\*, Immunisation Statement, last School Report and NAPLAN Report to

[smccc.registrar@dbb.catholic.edu.au](mailto:smccc.registrar@dbb.catholic.edu.au)

The deadline for applications has been extended to Friday 29 May  
\*Original copies will need to be sighted prior to the interview process

CATHOLIC GIRLS SECONDARY COLLEGE, YEARS 7 - 12  
[MERCYCHATSWOOD.NSW.EDU.AU](http://MERCYCHATSWOOD.NSW.EDU.AU)

