

Term 3 Week 7 - 2 September 2020

Term 2 Core Value: School Rule: Expectation of Behaviour: Justice Show Justice for Self, others and the environment Let others learn

Dear Parents

Congratulations to Presley F and Addison D who represented Sacred Heart at the Peninsula Public Speaking finals this morning. The event was hosted by Sacred Heart and zoomed to five other Catholic schools along the beaches. This year, placings were not given however Addison and Presley were a credit to our school and their families.

Coffee and conversation with the Principal will again be held next Monday 7 September. This session is for parents of students in Year 4, Year 5 and Year 6. In these chats Mrs Garey explains the Covid Action Plan for the school as well as answering any questions parents may have generally about what is happening at Sacred Heart. Parents should have received an invitation to the zoom session via email. Please send topics to be discussed to the office by Friday.

Thank you to Mrs. Munro who has organized NRL coaching and tennis coaching for the students at Sacred Heart over the last two weeks. The sun has been shining and the children have definitely enjoyed these special, fun coaching sessions on the oval.

Staff News - Welcome to Candice Barnes who has joined our Diverse Learning Team at Sacred Heart.

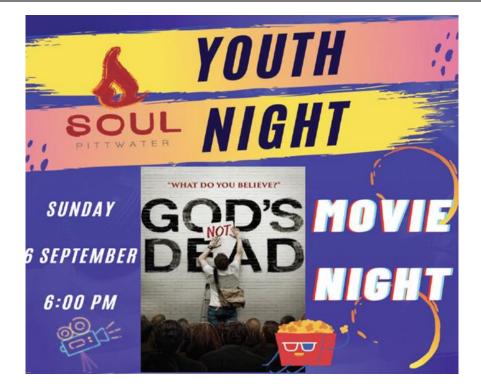
A very happy Father's Day to all of the special fathers, grandfathers and father figures in our extended Sacred Heart Community. We hope you have a lovely day this Sunday.

Yours Sincerely

Mrs Suellen Garey PRINCIPAL

Like and follow us at: <u>facebook.com/sacredheartmonavale</u> Like and follow us at: <u>twitter.com/SHMV16</u>





Religious Education

Sacramental Program Update

The Sacraments of First Reconciliation and First Holy Communion will be completed in October and November this year.



Due to the current pandemic situation, there needs to be many changes to the way we celebrate these Sacraments. Although different to previous years, the Parish aims to facilitate the preparation of the children so that they are well prepared and to celebrate the Sacraments in a meaningful way.

The parent information evenings will take place on:

Tuesday 13 October 2020 at Maria Regina Church, Avalon at 7pm Wednesday 14 October 2020 at Sacred Heart Church, Mona Vale at 7pm **The Sacrament of First Reconciliation will be celebrated on:** Tuesday 3 November 2020 at Maria Regina Church, Avalon Wednesday 4 November 2020 at Sacred Heart Church, Mona Vale

The Rituals for the Sacrament of First Eucharist will be held at all Masses in both Churches over the following weekends:

24 and 25 October 2020 31 October and 1 November 2020 7 and 8 November 2020

The four Preparation Sessions for the Sacrament of First Eucharist for the small groups of parent/child will take place between 19 October and 13 November.

The Sacrament of First Eucharist will be celebrated on:

Saturday 14 November 2020 at Sacred Heart Church, Mona Vale at 5pm Saturday 14 November 2020 at Maria Regina Church, Avalon at 6pm Sunday 15 November 2020 at Sacred Heart Church, Mona Vale at 8am Sunday 15 November 2020 at Maria Regina Church, Avalon at 9am Sunday 15 November 2020 at Sacred Heart Church, Mona Vale at 10am Sunday 15 November 2020 at Sacred Heart Church, Mona Vale at 6pm

Saturday 21 November 2020 at Sacred Heart Church, Mona Vale at 5pm Saturday 21 November 2020 at Maria Regina Church, Avalon at 6pm

Sunday 22 November 2020 at Sacred Heart Church, Mona Vale at 8am Sunday 22 November 2020 at Maria Regina Church, Avalon at 9am Sunday 22 November 2020 at Sacred Heart Church, Mona Vale at 10am Sunday 22 November 2020 at Sacred Heart Church, Mona Vale at 6pm

There will be a maximum of 10 children at each Mass and we ask that only the child, parents and siblings attend. We hope to be able to livestream these Masses so that extended family can participate also. More details will be given at the parent information evening.

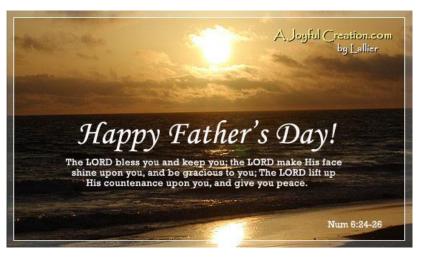
If you have any questions or queries regarding the programs please contact Angela or Suzy at the Parish office. 1 Keenan Street Mona Vale NSW 2103 - 02 9157 0999 - <u>www.pittwaterparish.org</u>

Father's Day

Wishing all of our dads, grandads and father figures a very happy Father's Day on Sunday.

On Friday all of our students will participate in a special "Father's Day Liturgy" in their classroom.

Make sure you visit our school facebook page on the weekend to view the beautiful tribute to our wonderful Sacred Heart Dads.



Dates for Class Masses in Term 3

Wednesday 9 September (No Parish Mass) Wednesdy 16 September @ 9:30 KGreen, Sacred Heart Church Wednesday 23 September @ 9:30 2Blue, Sacred Heart Church

Weekend Mass

Sacred Heart Church welcomes all families to attend mass on the week end. Due to covid restrictions parishioners are being asked to book in via Trybooking.

To book for our Masses at Sacred Heart Church, Mona Vale, please visit https://www.trybooking.com/BJPSE

Please do not hesitate to contact the Parish office 9157 0999 if you need any assistance. Sacred Heart Mass times are as follows: Saturday 5pm, Sunday 8am,10am and 6pm.

Class Masses

We are very pleased to have recommenced classes attending Wednesday Morning Mass at 9:30. Kinder Blue attended Mass this morning with social distancing practices being observed. Thank you so much to the parents who attended Mass this morning. The children loved having their mums, dads and grandparents in attendance.

Prayers

If you have any Good News or if you need our prayers, please, contact me by email.

PARISH WEEKLY BULLETIN can be found <u>here</u> Chris McBryde, Religious Education Co-ordinator

Wellbeing @ Sacred Heart

Last week was Wellbeing Week at Sacred Heart. Children took part in a variety of activities such as mindfulness meditation after reading and learning about having a Growth Mindset. The children across different classes learnt about how sometimes you have to take risks, give it a go and be resilient.





SRC & Eco Leaders - Fruit and Vegetable Month

Did you know that eating a diet high in plant foods such as fruit and vegetables is good for us – and good for the planet?

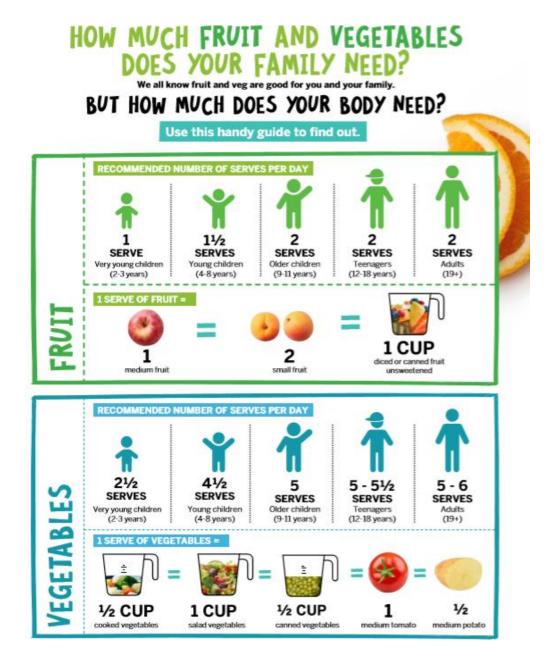
The SRC and Eco Leaders started Fruit and Veg Month on Wednesday 2 September coinciding with our Waste Free Wednesday.

Each class received a bunch of stickers, a poster with the slogan 'Help the Planet'

- Don't waste fruit and vegetables
- Choose local and in season fruit and vegetables
- Eat more fruit and vegetables.

In order to support this initiative each class is recording how many vegetables and fruit are eaten each day. Did you know that only 5-6% of Australian adults and children are actually eating the recommended serves of fruit and vegetables each day. This year's Fruit & Veg Month is all about looking at fruit and vegetables through the lens of sustainability.

Skye Nolan-Brown, Co-ordinator



From the Office

Kinder 2021 Enrolment

You should have received your invitation to the Parent Information Zoom Session with the Principal on Tuesday 8 September from 7 - 8 pm. Please contact the office if you do not have the zoom details.



Book Club

Unfortunately, during this period, we are unable to accept cash at the office for book club orders. Please see the information below

regarding how to order and how to make payment for all book club orders.

The EASIEST way for parents

MSCHOLASTIC

to order and pay for Book Club!

Linked Online Ordering & Payment platform

It's easy to order and pay online for your child's **Book Club** order using your credit card. Your order will electronically be linked to your school when you order and pay by **LOOP**.



Canteen News

As there are no volunteer helpers allowed at the moment and time is very restrictive, may I ask that when placing on-line lunch orders to make sure you press 'check out' and confirm that your order has been processed. This will help limit the amount of kids at the window with no lunch! Also, if your child does have a large lunch order, please add an extra bag.



Kay Neale – Canteen Co-ordinator

Please feel free to contact me via email at: sshmv.canteen@dbb.catholic.edu.au

The Hub

After much consideration, the HUB have decided that the Father's Day complimentary gifts will now be a Spring gift for families. With Covid 19 meaning we missed Mother's Day this year, we thought rather than a gift specific to Father's Day we would make it a gift for families to enjoy together. The Spring gifts will be coming home this week with the children.

Jhe Hub

Uniform Shop Opening Hours

Our Second Hand Uniform Shop currently is not open.



However, should you require items from the uniform shop, please email the school office (<u>shmv@dbb.catholic.edu.au</u>) with size and type. The office staff will arrange a selection (if available) for you to look at via the office. Collection is by arrangement only.

All items \$3 and paid via Qkr! (no cash). The admin office will be contacting those who have outstanding payments.

Donations always welcome of any uniform items in good condition. Please note we can no longer take white sports shirts as donations.

SHMV HUB (P&F) admin@shmvparents.com

Community News







ENROLLING NOW for YEAR 7 2023

If you wish to enrol your daughter for Year 7 2023 at Stella Maris College, the Registration form needs to be received by the Registrar no later than Friday 18 September 2020.

To download a Registration form, please visit our website www.stellamaris.nsw.edu.au

Interviews for Year 7 2023 will be conducted early in Term 1 2021. Limited places still available for Year 7 2022.

MERCY CATHOLIC COLLEGE ACCEPTING APPLICATIONS FOR YEAR 7, 2022 NOW



We understand that some families are currently unable to submit enrolment forms in person, so we are now accepting enrolments via email. Send your scanned application form along with copies of your daughter's Birth Certificate², Sacramental Certificates^{*}, Immunisation Statement, last School Report and NAPLAN Report to

smccc.registrar@dbb.catholic.edu.au

The deadline for applications has been extended to Friday 29 May



CATHOLIC GIRLS SECONDARY COLLEGE, YEARS 7 - 12 MERCYCHATSWOOD.NSW.EDU.AU