



## Sacred Heart Catholic Primary School

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### Term 3 Week 8 - 9 September 2020

**Term 2 Core Value:**

Justice

**School Rule:**

Show Justice for Self, others and the environment

**Expectation of Behaviour:**

Stand up for someone you see being treated unfairly

Dear Parents

Yesterday was celebrated as The Birth of the Blessed Virgin Mary. Feast day: September 08. The Catholic Church celebrates the birth of the Blessed Virgin Mary on its traditional fixed date of September 8, nine months after the December 8 celebration of her Immaculate Conception as the child of Saints Joachim and Anne. The circumstances of the Virgin Mary's infancy and early life are not directly recorded in the Bible, but other documents and traditions describing the circumstances of her birth are cited by some of the earliest Christian writers from the first centuries of the Church.

Last night many parents from the class of Kindergarten 2021 gathered on zoom. We have 53 very excited young pre-schoolers for 2021 and we can't wait to meet and greet them in our playground, hopefully in Term 4! Parents were provided with some information about our school and given the opportunity to speak to other parents in breakout rooms regarding why they chose a Catholic school for their child as well as asking some of those important questions about starting at Sacred Heart. The *second session for parents of kinder 2021* will be held via ZOOM on *Tuesday evening, 22 September at 7:00pm*. Parents will receive an invitation to attend.



Thank you to our parent community The HUB, who sourced, wrapped and delivered to school tomato and basil plants for the children to take home to celebrate Spring. Locally grown on northern beaches farms, the children were excited to give these little gifts to their family and we hope they grow well!

Yesterday our parents were informed about a very disturbing and graphic video that has been widely circulated on social media sites. This video did not involve students from Sacred Heart school in any way. Students at Sacred Heart were kept off line once alerted to this incident. Resources to support parents in speaking with the child about this content were also emailed to parents. If you have any further concerns please contact the school leadership team.

There has been some exciting developments at the Catholic schools office throughout a restructuring program titled "Towards 2025" led by the Director of Schools, Mr Danny Casey. Towards 2025 workshops have been occurring over the last few weeks in Evangelisation and Catechesis, Student Achievement, Governance, Capability and Enablement, Financial Viability and Infrastructure and Facilities. The best and brightest have been sort to be innovative leaders in our Diocese and encouraged to have their say in the future of Catholic education in Broken Bay. The restructuring process will continue over the next 6 months and we look forward to the outcomes for all Catholic schools in Broken Bay.

Congratulations to Ciara Q who was awarded first place in the Northern Beaches library book review competition. Ciara won a gift voucher for Harry Hartog bookshop and her review has been published on a bookmark!

Yours Sincerely

*Mrs Suellen Garey*

**PRINCIPAL**

Like and follow us at: [facebook.com/sacredheartmonavale](https://facebook.com/sacredheartmonavale)

Like and follow us at: [twitter.com/SHMV16](https://twitter.com/SHMV16)



## Religious Education



# SEASON OF CREATION

Pope Francis has declared the month of September as the The Season of Creation. It is a time to renew our relationship with our Creator and all creation through repenting, repairing and rejoicing together. During the season of Creation, we join our sisters and brothers in prayer and action for our common home.



This year, amid crises that have shaken our world, we're awakened to the urgent need to heal our relationships with creation and each other. During the season this year, we enter a time of restoration and hope, a jubilee for our Earth, that requires radically new ways of living with creation.

The Season of Creation unites the world's 2.2 billion Christians around one shared purpose. With so much injustice all around us, now is the time for Christians everywhere to come together and show the world how to love each other and creation.

Click on the link <https://docs.google.com/presentation/d/1xyKRDkrOwfiAtaayB3kELZh9Xf-kjoBh/edit#slide=id.p1> that will take you to the "Creation Calendar" which offers some simple reflections on how we are caring for creation.

### Class Masses

We are very pleased to have recommenced classes attending Wednesday Morning Mass at 9:30. Social distancing practices are observed. All parents and grandparents are very welcome to attend. You will be asked to sign the attendance register on arrival.

### Dates for Class Masses in Term 3

Wednesday 9 September (No Parish Mass)

Wednesday 16 September @ 9:30 Kinder Green, Sacred Heart Church

Wednesday 23 September @ 9:30 2 Blue, Sacred Heart Church

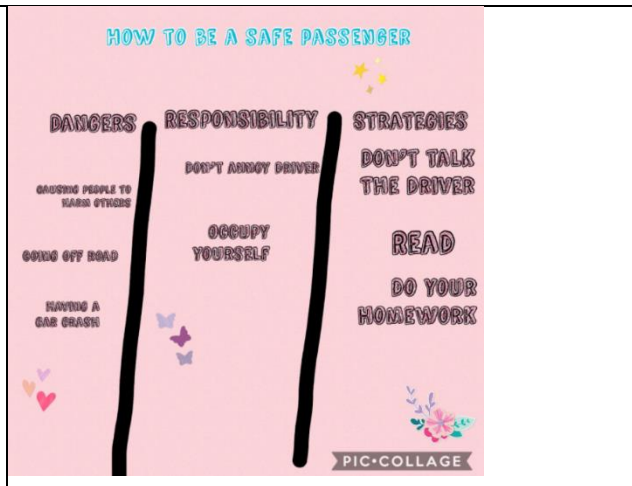
### Weekend Mass

Sacred Heart Church welcomes all families to attend mass on the weekend. Due to Covid restrictions parishioners are being asked to book in via Trybooking. To book for our Masses at Sacred Heart Church, Mona Vale, please visit <https://www.trybooking.com/BJPSE>

Please do not hesitate to contact the Parish office 9157 0999 if you need any assistance. Sacred Heart Mass times are as follows: Saturday 5pm, Sunday 8am, 10am and 6pm.







### Electricity Safety Week

This week is Electricity Safety Week our students will be taking part in a Virtual Classroom with an Ausgrid Representative on Thursday afternoon. During this lesson children across K-6 will be learning about how to keep themselves safe around electricity.



The main message is that Electricity is an important part of our life. The children will learn about how to keep themselves safe outside when playing near electrical poles, towers and powerlines. They will be taught if you see a fallen powerline to stay at least 8 metres away and to tell an adult and call triple zero (000).

They will explore how to stay safe around metal and water, also the risks of electrical storms and dangerous situations.

The four key safety messages that you as a parent can do to support this learning is to discuss:

- Be careful when you play around poles and wires
- If you see a dangerous situation, tell an adult
- Know what to do in an electrical emergency
- Be Safe

### SRC & Eco Leaders- Fruit and Vegetable Month

*Did you know that eating a diet high in plant foods such as fruit and vegetables is good for us – and good for the planet?*

The SRC and Eco Leaders started Fruit and Veg Month on Wednesday, 2 September co-inciding with our Waste Free Wednesday.

Each class received a bunch of stickers, a poster with the slogan:

*'Help the Planet'*

- Don't waste fruit and vegetables
- Choose local and in season fruit and vegetables
- Eat more fruit and vegetables.



In order to support this initiative each class is recording how many vegetables and fruit are eaten each day. Did you know that only 5-6% of Australian adults and children are actually eating the recommended serves of fruit and vegetables each day. This year's Fruit & Veg Month is all about looking at fruit and vegetables through the lens of sustainability. Mrs Garey has been having Fruit and Vegetable mystery fruits- Who am I's? at the morning assemblies.

### Spring Gifts

The children were very excited to take home such a beautiful gift for their families, to grow Tomato or Basil plants. Thank you to the Hub and the Eco Parent Group for organising such a wonderful initiative for our families. This supported all the work that Sacred Heart has done in recent years with creating our Sacred Garden and the work of our SRC and Eco Leaders. We can't wait to see the produce and delicious food you grow and share with us in coming weeks.

**Skye Nolan-Brown, Co-ordinator**

## Live Life Well @ School

### MEAL TIME CONVERSATIONS MATTER

Meal time conversations can be a time to develop healthy eating behaviours and encourage food exploration.



Child centred nutrition phrases and repeated exposure to foods can develop kids willingness to try healthy foods.

**Try some of these:**

- Eating your greens will help you run faster
- Whole grains help you jump higher
- Broccoli trees help you be stronger

Search 'Making mealtimes positive' at: [health.gov.au](http://health.gov.au)

Developed by Northern Sydney Local Health District



## From the Office



### Book Club

Unfortunately, during this period, we are unable to accept cash at the office for book club orders. Please see the information below regarding how to order and how to make payment for all book club orders.

### The **EASIEST** way for parents to order and pay for Book Club!

Linked Online Ordering & Payment platform

It's easy to order and pay online for your child's **Book Club** order using your credit card. Your order will electronically be linked to your school when you order and pay by **LOOP**.

Also available as an app:



## Canteen News

As there are no volunteer helpers allowed at the moment and time is very restrictive, may I ask that when placing on-line lunch orders to make sure you press 'check out' and confirm that your order has been processed. This will help limit the amount of kids at the window with no lunch! Also, if your child does have a large lunch order, please add an extra bag.

**Kay Neale – Canteen Co-ordinator**

Please feel free to contact me via email at: [sshmv.canteen@dbb.catholic.edu.au](mailto:sshmv.canteen@dbb.catholic.edu.au)



## The Hub

*The  
Hub*



Spring 2020 - We hope you received your seedlings last week and they are going well!

Update - Week 1

## Uniform Shop Opening Hours

Our Second Hand Uniform Shop currently is not open.



However, should you require items from the uniform shop, please email the school office ([shmv@dbb.catholic.edu.au](mailto:shmv@dbb.catholic.edu.au)) with size and type. The office staff will arrange a selection (if available) for you to look at via the office. Collection is by arrangement only.

All items \$3 and paid via Qkr! (no cash). The admin office will be contacting those who have outstanding payments.

Donations always welcome of any uniform items in good condition. Please note we can no longer take white sports shirts as donations.

**SHMV HUB (P&F)** [admin@shmvparents.com](mailto:admin@shmvparents.com)



Community News

Community  
news



**ENROLLING NOW for YEAR 7 2023**

If you wish to enrol your daughter for Year 7 2023 at Stella Maris College, the Registration form needs to be received by the Registrar no later than Friday 18 September 2020.

To download a Registration form, please visit our website [www.stellamaris.nsw.edu.au](http://www.stellamaris.nsw.edu.au)

Interviews for Year 7 2023 will be conducted early in Term 1 2021.

*Limited places still available for Year 7 2022.*

**MERCY CATHOLIC COLLEGE**  
**ACCEPTING APPLICATIONS FOR**  
**YEAR 7, 2022 NOW**



We understand that some families are currently unable to submit enrolment forms in person, so we are now accepting enrolments via email. Send your scanned application form along with copies of your daughter's Birth Certificate\*, Sacramental Certificates\*, Immunisation Statement, last School Report and NAPLAN Report to

**[smccc.registrar@dbb.catholic.edu.au](mailto:smccc.registrar@dbb.catholic.edu.au)**

The deadline for applications has been extended to Friday 29 May

\*Original copies will need to be sighted prior to the interview process

CATHOLIC GIRLS SECONDARY COLLEGE, YEARS 7 - 12  
[MERCYCHATSWOOD.NSW.EDU.AU](http://MERCYCHATSWOOD.NSW.EDU.AU)

