



## Sacred Heart Catholic Primary School

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### Term 3 Week 9 - 16 September 2020

**Term 2 Core Value:**

Justice

**School Rule:**

Show Justice for Self, others and the environment

**Expectation of Behaviour:**

Clean up after yourself

Dear Parents

#### September 2020



The Holy Family with St. Elizabeth, St. John the Baptist and Three Noblewomen, c.1557 (vellum), Clovio, Giorgio Giulio (1498-1578) Musée Marmottan Monet, Paris, France/Bridgeman Images

**The Holy Family with St Elizabeth,  
St John the Baptist and Three Noblewomen**  
Illumination on vellum, c.1557 by Clovio, Giorgio Giulio (1498-1578)

Congratulations and wishing all the best to our Sacred Heart ex-pupils who are graduating Year 12 next week. Mater Maria students will graduate via Zoom on Tuesday. We are delighted that restrictions have lightened to allow Year 12 to hold a School Formal with Covid safety plans, ensuring a safe environment to celebrate. We are awaiting CSNSW advice for Year 6 celebrations.

It is wonderful to see students riding their bicycles to school. We are planning a more extensive area for bike storage. It is recommended that students have a chain and bike lock for not only the bike but for securing their bike helmets.

Monday in week 10 has been declared iceblock day at Sacred Heart. Parents can order iceblocks through Qkr, orders close Friday 5 pm. Iceblocks will be delivered to the classroom so children do not line up or gather at the canteen window.

Yours Sincerely

*Mrs Suellen Garey*

**PRINCIPAL**

Like and follow us at: [facebook.com/sacredheartmonavale](https://facebook.com/sacredheartmonavale)

Like and follow us at: [twitter.com/SHMV16](https://twitter.com/SHMV16)



## Religious Education



### Class Masses

We are very pleased to have recommenced classes attending Wednesday Morning Mass at 9:30am. Social distancing practices are observed. All parents and grandparents are very welcome to attend. You will be asked to sign the attendance register on arrival.

### Dates for Class Masses in Term 3

Wednesday 23 September @ 9:30am- 2 Blue, Sacred Heart Church

### Weekend Mass

Sacred Heart Church welcomes all families to attend Mass on the weekend. Due to Covid restrictions parishioners are being asked to book in via Trybooking. To book for our Masses at Sacred Heart Church, Mona Vale, please visit <https://www.trybooking.com/BJPSE>

Please do not hesitate to contact the Parish office tel: 9157 0999 if you need any assistance.

Sacred Heart Mass times are as follows: Saturday 5pm, Sunday 8am, 10am and 6pm.

### Sacramental Program Date Reminders

The parent information evenings will take place on:

Tuesday 13 October 2020 at Maria Regina Church, Avalon at 7pm

Wednesday 14 October 2020 at Sacred Heart Church, Mona Vale at 7pm.

The Sacrament of First Reconciliation will be celebrated on:

Tuesday 3 November 2020 at Maria Regina Church, Avalon

Wednesday 4 November 2020 at Sacred Heart Church, Mona Vale

The Rituals for the Sacrament of First Eucharist will be held at all Masses in both Churches over the following weekends:

24 and 25 October 2020

31 October and 1 November 2020

7 and 8 November 2020

The four Preparation Sessions for the Sacrament of First Eucharist for the small groups of parent/child will take place between 19 October and the 13 November.

The Sacrament of First Eucharist will be celebrated on:

Saturday 14 November 2020 at Sacred Heart Church, Mona Vale at 5pm

Saturday 14 November 2020 at Maria Regina Church, Avalon at 6pm

Sunday 15 November 2020 at Sacred Heart Church, Mona Vale at 8am

Sunday 15 November 2020 at Maria Regina Church, Avalon at 9am

Sunday 15 November 2020 at Sacred Heart Church, Mona Vale at 10am

Sunday 15 November 2020 at Sacred Heart Church, Mona Vale at 6pm

Saturday 21 November 2020 at Sacred Heart Church, Mona Vale at 5pm

Saturday 21 November 2020 at Maria Regina Church, Avalon at 6pm

Sunday 22 November 2020 at Sacred Heart Church, Mona Vale at 8am

Sunday 22 November 2020 at Maria Regina Church, Avalon at 9am

Sunday 22 November 2020 at Sacred Heart Church, Mona Vale at 10am

Sunday 22 November 2020 at Sacred Heart Church, Mona Vale at 6pm

## Prayers

If you have any Good News or if you need our prayers, please, contact me by email.

**PARISH WEEKLY BULLETIN** can be found [here](#)

**Chris McBryde, Religious Education Co-ordinator**

## Wellbeing @ Sacred Heart

This week the Wellbeing Team will be meeting to discuss and review our Wellbeing Initiatives. The Wellbeing Team is made up of staff, parents and a PBL Coach from St Mary's Manly. The Wellbeing Team meets twice a term to celebrate, review and look at the PBL (Positive Behaviours for Learning) data.



This week will see children in our school be acknowledged for their demonstration of living the *Core Value of Justice for Self, Others and the Environment*. Each term a child from each class will receive this Core Value. This is a very important award as it teaches and reinforces the importance of Justice.

### Electricity Safety Week

Last week was Electricity Safety Week. The main message was that Electricity is an important part of our life and we need to keep ourselves safe. This could be outside when playing near electrical poles, towers and powerlines. Whilst also inside the home when using electrical household appliances such as a toaster, hair dryer and hair straightener. The children were taught to stay 8 metres away from fallen powerlines and to tell an adult and call triple zero (000).

The four key safety messages were:

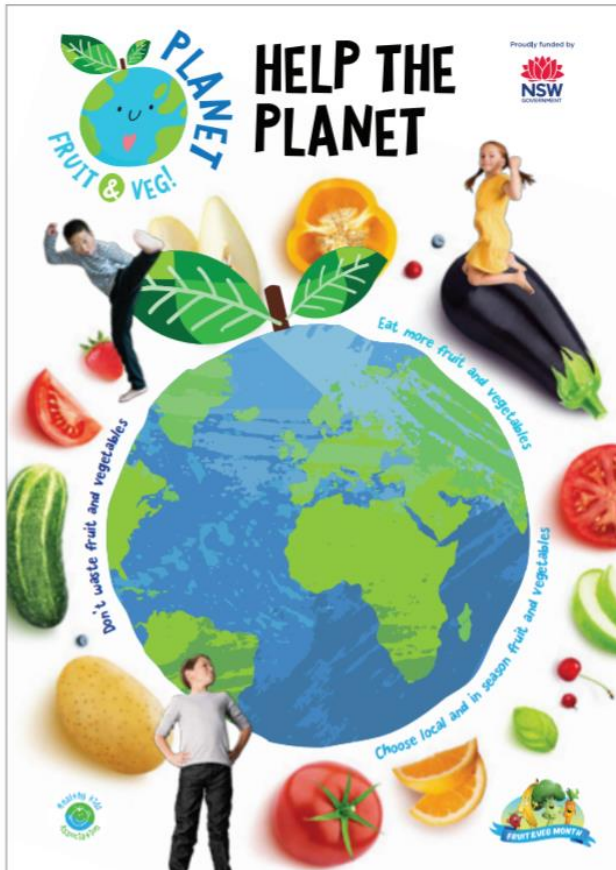
- Be careful when you play around poles and wires
- If you see a dangerous situation, tell an adult
- Know what to do in an electrical emergency
- Be Safe





### SRC & Eco Leaders- Fruit and Vegetable Month

The SRC and Eco Leaders have been encouraging all students in our school to eat more Fruit and Vegetables. Mrs Garey has been having Fruit and Vegetable mystery fruits- Who am I's? at the morning assemblies. Thank you to all the parents who have been supporting this initiative. It is a delightful time of the day to see all your children eating their sweet, delicious fruit and sipping water.



## Live Life Well @ School

### STAY SAFE ONLINE

Help your children safely navigate their digital world and educate them to avoid harmful online experiences.

**Stay safe online**

For online safety:

- Use an internet filter
- Activate the parental control function on devices
- Supervise internet use
- Let children know that they should tell you if they have any problems online, see something that they know is wrong, or anything that upsets them.

**Cyber safety is everyone's business!**

For more information:  
[esafety.gov.au/iparent](https://esafety.gov.au/iparent)

NSW GOVERNMENT

Developed by Northern Sydney Local Health District

**Skye Nolan-Brown, Co-ordinator**

### Canteen News

#### Ice Block Day!

The weather is warming up and although we cannot have over the counter service we have decided to have an ice block day on Monday 21 September. We have 2 options available, Quelch fruit stick 50c or Snap Stix \$1.00.

Please place your orders through QKR before Friday 18th Sep, 5pm.

All on line lunch orders will still be available on this day.

**Kay Neale – Canteen Co-ordinator**

Please feel free to contact me via email at: [sshmv.canteen@dbb.catholic.edu.au](mailto:sshmv.canteen@dbb.catholic.edu.au)



## The Hub

*The  
Hub*

### Uniform Shop Opening Hours

Our Second Hand Uniform Shop currently is not open.



However, should you require items from the uniform shop, please email the school office ([shmv@dbb.catholic.edu.au](mailto:shmv@dbb.catholic.edu.au)) with size and type. The office staff will arrange a selection (if available) for you to look at via the office. Collection is by arrangement only.

All items \$3 and paid via Qkr! (no cash). The admin office will be contacting those who have outstanding payments.

Donations always welcome of any uniform items in good condition. Please note we can no longer take white sports shirts as donations.

SHMV HUB (P&F) [admin@shmvpayers.com](mailto:admin@shmvpayers.com)

## Community News

*Community  
news*



### ENROLLING NOW for YEAR 7 2023

If you wish to enrol your daughter for Year 7 2023 at Stella Maris College, the Registration form needs to be received by the Registrar no later than Friday 18 September 2020.

To download a Registration form, please visit our website [www.stellamaris.nsw.edu.au](http://www.stellamaris.nsw.edu.au)

Interviews for Year 7 2023 will be conducted early in Term 1 2021.

*Limited places still available for Year 7 2022.*

## MERCY CATHOLIC COLLEGE ACCEPTING APPLICATIONS FOR YEAR 7, 2022 NOW



We understand that some families are currently unable to submit enrolment forms in person, so we are now accepting enrolments via email. Send your scanned application form along with copies of your daughter's Birth Certificate\*, Sacramental Certificates\*, Immunisation Statement, last School Report and NAPLAN Report to

**[smccc.registrar@dbb.catholic.edu.au](mailto:smccc.registrar@dbb.catholic.edu.au)**

The deadline for applications has been extended to Friday 29 May

\*Original copies will need to be sighted prior to the interview process

CATHOLIC GIRLS SECONDARY COLLEGE, YEARS 7 - 12  
**MERCYCHATSWOOD.NSW.EDU.AU**

