



Sacred Heart Catholic Primary School

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Term 4 Week 3 - 28 October 2020

Term 2 Core Value:

Service

School Rule:

Are of service to others and in the environment

Expectation of Behaviour:

Help to carry a heavy load

Dear Parents

Bishop Anthony Randazzo and Director of Schools Mr Danny Casey have launched a new logo and name for our schools in Broken Bay. Formerly the Catholic Schools Office (CSO) Broken Bay, we are now known as Catholic Schools Broken Bay (CSBB). The cross in the new logo symbolises the Barrenjoey Lighthouse and the beams of light the five values of Faith Joy Witness Compassion and Courage. The boat shaped waves relates so much to the movement of waters surrounding all our schools in the diocese.



Last night at the AGM for the Hub we celebrated the many positives from 2020. Despite the Covid pandemic the learning, resilience and the passion for life that is a part of the Sacred Heart community was evident throughout the year and we sincerely thank the Hub team, all parents and staff for their contributions. Considering this year was a little quieter than usual from a parent's perspective, this is what we have been up to!

- | | | | |
|------------------------------|-----------------------------|------------------------------------|---------------------|
| ★Tea and Tissues social | ★Welcome BBQ Bushdance | ★Mother's Day- Flower Theme | |
| ★Father's Day -Tomato plants | ★Grandparent's Day- liturgy | ★K-6 Public Speaking | |
| ★Debating | ★Band | ★Snack Packs for Homeless | ★Bounce for Battens |
| ★Bracelets for East Timor | ★Bishop's Art Prize | ★Science Week & Expo | |
| ★Spring Poetry Comp | ★Book Week Parade | ★Curious Creatures Wild Minds Expo | |
| ★A-Z Bookweek Challenge | ★Night of Notables | ★Sacred Garden | |

Online excursions Northern Beaches Council Coastal , NRMA Road Safety & Transport, Oz Grid Electricity, Swimming Carnival, Athletics Carnival, Specialist coaching for Basketball, NRL, Soccer & Cricket, Gala Days to come in Tennis & NRL, Little Einstein's research groups, Maths Olympiad, Maths Challenge and writing groups, Talent Quest to come!

P&F Hub Team 2021

All positions have been declared vacant as members have completed their 3 year term. We sincerely thank them for their contribution to our school. The legacy they leave is substantial and includes air conditioning, purchase of technology, fans for hall, renovation of class room spaces & bathrooms, community building gala events at RMYC Bayview, wellbeing workshops for parents, memorable Mother's Days, Father's Days and Grandparent's days and the discos! I sincerely thank all the team finishing their terms here at SHMV. After 1 year break the Diocese of Broken Bay Constitution permits a person may be re-elected to serve for another 3 years.

We have a strong tradition of volunteering at Sacred Heart and are asking for Expressions of Interest for the positions below. Please advise Mrs Garey of your interest, encourage your friends to join. If parents would like to know more about the position please email or phone Mrs Garey or a past member of the Hub team. We will be holding a Zoom meeting for interested persons on Monday 16 November 7 pm.

P&F Hub Positions Vacant

President: provides leadership and direction for the P&F Hub, presides at all the meetings, prepares an annual report.

Vice president: a supportive role for the president.

Secretary: manages communications, records minutes.

Treasurer: Receives monies, keeps appropriate financial records, presents statement of accounts, organizes annual audit.

Catholic Schools Parent (CSP) rep: provides information about Diocesan Parent Council activities and attends CSP meetings.

School Advisory Team: assists the school community make more informed decisions, meets once a term.

Communications: assists the school with a communications strategy.

Environment: attends school environment meetings each term offering parent perspective.

Wellbeing: attends school wellbeing meetings each term to provide a parent perspective.

Class parents: liaises between school and class parent cohort, organizing community building activities.

Our canteen is gradually returning to normal service and we require some canteen volunteers, especially on a Thursday from 11-1.30pm. Can you help?

Yours Sincerely

Mrs Suellen Garey

PRINCIPAL

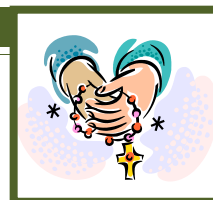
Like and follow us at: facebook.com/sacredheartmonavale

Like and follow us at: twitter.com/SHMV16



Religious Education

All Saints Day Sunday 1 November (All Hallows Day) and All Souls Day Monday 2 November.



Students will be participating in a classroom liturgy on Friday to celebrate All Saints Day which is on Sunday 1 November.

On the Feast of All Saints and the Commemoration of All Souls (Nov 1 & 2) we celebrate our belonging to a great family of faith, reaching across heaven and earth. Some saints are famous; they have been officially recognised (canonised) by the Church. Others are known only to a few – perhaps they are among your family circles. We look to the saints to inspire us, to shake us out of our earthbound way of seeing things, to lift our sights to the 'more' we are capable of in following Jesus. On All Souls Day we remember and pray for all the deceased, knowing that, through the love of Christ, our prayers reach beyond the grave.



Below are some suggestions as to how families can celebrate All Saints Day and All Souls Day at home

Celebrate

This week, set aside some 'family time' to share photos and precious memories of the special people who have passed on their love and faith to you.

Pray

Living and eternal God, thank you for the special people who love us and love you [*Name your favourite saints*]. May we be inspired by their example, and live courageous lives as they did. Amen.

Remember

Through baptism we become members of a Christian family. Not even death can separate us from this family of faith.

Praying the Rosary

During the month of October which is traditionally a month devoted to Mary students have been stopping each day at 2:30pm to pray a decade of the rosary. The students have been led in prayer confidently over the PA system by our capable liturgy team.

We will continue saying the rosary until the end of Week 4 (6 November).

The Awareness Examen

From Week 5 students will be led in prayer by the Liturgy team to say the “Awareness Examen.”

The “Awareness Examen” is a contemplative style of prayer. A daily examen (or an examen of consciousness) is a prayerful method of “checking in” on how well we are living out our Christian faith on a daily basis. Developed by St. Ignatius of Loyola more than four hundred years ago, the Examen invites us to reflect on how God has been present in our day, how we have responded to that presence, and how we might grow in holiness.

Class Masses.

Year 1 Green will be attending Wednesday morning mass next week. Parents and family are welcome to attend.

Dates for Class Masses in Term 4

Wednesday 28 October -Priests Away

Wednesday 4 November **1 Green** @ 9:30 Sacred Heart Church

Wednesday 11 November **3 Blue** @ 9:30 Sacred Heart Church

Wednesday 18 November Priests Away

Wednesday 25 November **3 Green** @ 9:30 Sacred Heart Church

Wednesday 2 December **4 Blue** @ 9:30 Sacred Heart Church

Wednesday 9 December **4 Green** @ 9:30 Sacred Heart Church

Wednesday 16 December Last Day of Term

All parents and family members are very welcome to attend class masses. Covid restrictions apply. You will be asked to sign the attendance register.

Weekend Mass

Sacred Heart Church welcomes all families to attend mass on the week end. Due to covid restrictions parishioners are being asked to book in via Trybooking.

To book for our Masses at Sacred Heart Church, Mona Vale, please visit <https://www.trybooking.com/BJPSE>

Please do not hesitate to contact the Parish office 9157 0999 if you need any assistance.

Sacred Heart Mass times are as follows: Saturday 5pm, Sunday 8am,10am and 6pm.

Prayers

If you have any Good News or if you need our prayers, please, contact me by email.

PARISH WEEKLY BULLETIN can be found [here](#)

Chris McBryde, Religious Education Coordinator

chris.mcbryde@dbb.catholic.edu.au

October Broken Bay News

The October Broken Bay issue celebrates one year since Bishop Anthony Randazzo's appointment as the fourth Bishop of Broken Bay, as well as testimonies from our seminarians on their next steps in their journey to priesthood, CatholicCare's services for domestic violence and the Social Justice Statement for 2020-21 on Mental Health. There is also an update on Towards 2025 in our Catholic Schools, new building projects at St Brendan's and much more!

Read it now online:

https://issuu.com/bbcatholic/docs/broken_bay_news_october_2020_issue_207



Wellbeing @ Sacred Heart



At Sacred Heart it was so wonderful to see how many children got excited and dressed up for Book Week. Last Friday saw an array of different characters and creative thinking from children and their families to make this day a huge celebration of books. Having whole school events like Book Week creates school spirit and a sense of belonging and community. These are all important attributes for Social and Emotional Learning. Events like Book Week create in children a feeling of optimism, positive attitudes and an awareness of self in community. It allows for students to celebrate their different interests and take healthy risks in a safe environment. Thank you to all the children and families for the wonderful effort and work that went into making Book Week a huge success. If you would like to see more photos - please look at our Facebook page for the montage of all students across the school- something to share with the Grandparents!





Live Life Well @ School

HEALTHY HALLOWEEN



Use Halloween to conjure up some spooky (and healthy) fruit and veg platters.

Trick *and* Treat the family!

Handy tip:
Decorate fruit with yoghurt writing or currants or sultanas



For more ideas, search 'Halloween' at healthy-kids.com.au

NSW GOVERNMENT

Developed by Northern Sydney Local Health District

Skye Nolan-Brown, Co-ordinator

Garden Club

Vegetable Garden Sales

Keep an eye out at Kiss and Ride from 3:00pm for Year 3 selling their school grown produce! We have had some wonderful varieties of spinach on sale and zucchinis. Tomatoes are starting to appear and hopefully we can harvest our beetroot soon. Year 3 definitely have green thumbs!

Madison Paul,



From the Office



Year 6 2020 Yearbooks

Yearbooks are on sale now via Qkr! @ \$35.00.

Closing dates for orders is Monday 16 November.



Student Transport

Another update from Transport NSW. Transport NSW have advised some changes to the Northern Beaches and Lower North Shore routes., Whilst we do not anticipate these changes to affect our school bus routes, the information may relate to other members of your family.

There will be new services, route changes and some cancelled routes. Signs will be installed at bus stops before these changes take place to inform our customers, along with trip planning information on transportnsw.info.

For more information, please visit <https://transportnsw.info/news/2020/northern-beaches-lower-north-shore-bus-service-improvements>.

The full letter and tables are attached at the end of this newsletter.



The Hub

*The
Hub*

Can you help?

This year the HUB are organising an online raffle and auction to replace our Annual Gala Fundraising Night - this will be a fun and different experience with lots of great prizes!



- Do you have a business that would like to sponsor the event?
- Can you donate a prize?
- Do you have any local connections that would like to donate?

If yes please contact your class parents ASAP.

Uniform Shop Opening Hours

Our Second Hand Uniform Shop currently is not open.



However, should you require items from the uniform shop, please email the school office (shmv@dbb.catholic.edu.au) with size and type. The office staff will arrange a selection (if available) for you to look at via the office. Collection is by arrangement only.

All items \$3 and paid via Qkr!

We have several packets of Size 2-8 white school socks –3pairs in a pack for \$3. Please contact the office.

We welcome uniform donations **in good condition**. In particular, we would like any size 8, 10 or 12 uniform items as we have had many enquiries and we are unable to assist at the moment.

Unfortunately, we can no longer take white sports shirts as donations.

SHMV HUB (P&F) admin@shmvparents.com

Community News



Stella Maris
COLLEGE MANLY

Start *your Stella* story

Enrolling now for Year 7 2022
Limited places for Year 7 2021

See website for details and
to download the enrolment form
www.stellamaris.nsw.edu.au



MERCY CATHOLIC COLLEGE ACCEPTING APPLICATIONS FOR YEAR 7, 2022 NOW



We understand that some families are currently unable to submit enrolment forms in person, so we are now accepting enrolments via email. Send your scanned application form along with copies of your daughter's Birth Certificate*, Sacramental Certificates*, Immunisation Statement, last School Report and NAPLAN Report to

smccc.registrar@dbb.catholic.edu.au

The deadline for applications has been extended to Friday 29 May
*Original copies will need to be sighted prior to the interview process

CATHOLIC GIRLS SECONDARY COLLEGE, YEARS 7 - 12
MERCYCHATSWOOD.NSW.EDU.AU



A COVID-19
COMPLIANT EVENT!
REGISTER
NOW!

BARE CREEK TRAIL RUN

Our kids deserve a celebration this year so we're inviting our school communities to join us for this fantastic event in our beautiful Aussie Bushland. Just 30 minutes from Sydney CBD, Garigal National Park offers the perfect opportunity for kids of all ages to enjoy some freedom in a natural adventure playground. Form a school team or just spread the word to your school community. From the 2km Dash and 6km family walk/run to the challenging 12 and 20km courses, there's an event that's perfect for everyone.



Sunday 8th November 2020 • www.barecreektrailrun.com
f facebook.com/barecreektrailrun

2km Dash • 6km Family Walk / Run • 12km Run • 20km Run

Student Transport

Good morning Principals

In the coming months changes will be made to some bus and school routes and timetables in Sydney's Northern Beaches and Lower North Shore to improve travel times and frequency of services on key routes and to give customers more choice around how they travel.

These changes have been led by Transport for NSW, who are working closely with State Transit to ensure we are delivering services where and when they are needed. We have also used Opal data and feedback from customers and stakeholders to inform the changes.

There may be some changes to your local school services and students may need to change their current travel patterns. These changes are listed below to inform parents and students for the new school year.

As part of these changes, customers on Sydney's Northern Beaches and Lower North Shore will benefit from more than 2,000 additional weekly services starting later this year, including a 24/7 B-Line service and buses every 10 minutes between Dee Why and Chatswood throughout the day, seven days a week.

The new Dee Why to Chatswood service delivers on a commitment from the NSW Government, and forms part of an all-day frequent network that will give customers more choice around when they travel.

This will include new all-day frequent services operating every 10 minutes, seven days a week, on selected routes across the region, including:

- Dee Why to Chatswood via Frenchs Forest (limited stops)
- Palm Beach to Manly via Mona Vale and Dee Why
- Manly to Chatswood via St Leonards
- Mosman to the city

To support the new frequent services, there will be some changes to existing local and city express services, including Avalon, Warriewood Valley, Cromer, Narrabeena and Balgowlah Heights, where higher frequency local services will connect to new frequent routes at key transport hubs for travel to the Sydney CBD and major local centres.

To reduce duplication on the network and improve efficiency, some routes will be replaced by new or extra services on other routes. Other services may have a change of route number only.

Signs will be installed at bus stops before these changes take place to inform our customers, along with trip planning information on transportnsw.info.

If you would like to provide feedback on the proposed changes, please email buschanges@transport.nsw.gov.au. We are planning to implement the proposed changes in December.

For more information, please visit <https://transportnsw.info/news/2020/northern-beaches-lower-north-shore-bus-service-improvements>

Kind regards

Patrick Wu
Customer Operations Manager
State Transit

Region 8 - Northern Beaches and Lower North Shore School bus changes

School Route	Change
Route Withdrawn	
575n Wynyard to Queenwood Junior	Route replaced with additional capacity on routes 100, 114, 228 and 230.
576n Mosman to Queenwood	Route replaced with school deviation on route 114.
577n Lane Cove Shops to Queenwood	Route replaced with school deviation on route 114.
599n St Leonard Station to Spit Junction	Route replaced with additional capacity on route 114.
623n Avalon to Mackellar Girls High	Route replaced with school extension on route 199.
654n St Augustine's to Manly Wharf	Route replaced with school extension on route 167.
663n Avalon to St. Pauls High, Manly	AM trip replaced with school extension on route 199. No change to PM trip.
689n Balgowlah Boys HS to Avalon	Route replaced with school extension on route 199.
694n War Veterans Home to St. Pauls High, Manly	Route replaced with school extension on route 199 and increased frequency on routes 179 and 180X.
697n Carrawa Rd to St Pauls	Route replaced with school extension on route 199 and increased frequency on routes 178, 179 and 180X.
703n Avalon to Brookvale Shops	Route replaced with school extension on route 199.
765n Manly Wharf to Milsons Point	Route replaced by route 162 which will continue as route 150X from Seaforth Shops to Milsons Point.
766n Avalon to Milsons Point	Route replaced with additional capacity on route 154X and 199.
767n Avalon to Milsons Point	Route replaced with additional capacity on route 154X and 199.
773n Bilgola Plateau Primary to Avalon	An additional short working trip will operate on route 191 instead.
788n Manly to Milsons Point	Route replaced by route 162 which will continue as route 150X from Seaforth Shops to Milsons Point.
Routes Changes	
597n The Spit Bridge to North Sydney Station	Route adjusted to operate between The Spit Bridge and Seaforth Shops only. Continues as route 150X from Seaforth Shops to Milsons Point.
687n Harbord to Milsons Point	Route adjusted to operate between North Curl Curl and Manly Wharf only. Both trips continue as route 150X from Manly Wharf to Milsons Point.
709n Balmoral to Milsons Point	Route adjusted to operate between Balmoral and Mosman High School only. Continues as route 230 from Mosman High School to Milsons Point.
723n Manly Wharf to Oxford Falls Grammar School	Route adjusted to operate between Seaforth Shops and Oxford Falls Grammar School in the AM only. An AM additional trip provided and additional capacity also provided on route 162.

Route Renumbered	
655w North Sydney Boys High to Taronga Park Zoo	Route renumbered 792n
660w North Sydney Girls High to Manly Wharf	Route renumbered 793n
661w North Sydney Girls to Manly Wharf	Route renumbered 794n
Timetable Changes	
579n Chatswood Station to Queenwood	AM trip now departs 5 minutes earlier.
589n Spit Junction to Milsons Point	AM trip now departs 5 minutes earlier.
601n Manly Wharf to Cromer Primary	AM trip now departs 4 minutes earlier.
611n Howard Ave, Dee Why to Mackellar Girls High	0748 trip now departs at 0743. 0819 trip now departs at 0821.
637n Beacon Hill (Warringah Rd & Ellis St) to Pittwater High	AM trip now departs 5 minutes earlier.
660n Frenchs Forest to St Augustine	AM trip now departs 4 mins earlier. Simultaneous change to route 193 to deviate via NBSC Manly and NBSC Freshwater Senior Campuses.
661n Rabbett St & Forest Way to St. Augustine's Brookvale	AM trip now departs 1 minute later.
668n Balgowlah Heights to St Luke's, Dee Why	AM trip now departs 5 minutes earlier.
673n Careel Head Road to St. Luke's Dee Why	AM trip at 0729 now departs at 0725.
675n Balgowlah Heights to St. Luke's Dee Why	AM trip now departs 5 minutes earlier.
677n Warriewood Square to St. Luke's Dee Why	AM trip now departs 7 minutes earlier.
684n Collaroy Plateau to Balgowlah Boys High	AM additional trip will operate (to free up an artic).
693n Narraweena to St. Pauls High, Manly	AM trip at 0738 now departs at 0729. AM trip at 0759 now departs at 0756.
695n Frenchs Forest to St Pauls	AM trip now departs 8 minutes earlier.
696n Frenchs Forest to St Pauls	AM trip now departs 5 minutes earlier.
702n French Forest to St Pauls	AM trip now departs 8 minutes earlier.
712n Pittwater House to Pittwater High	AM trip now departs 4 minutes earlier.
720n Wyuna Ave & Oliver sts to Rabbett St & Forest Way	AM trip now departs 2 minutes earlier.
725n Wheeler Heights Shops to Manly High School	AM trip now departs 4 minutes later.
730n Seaforth to Manly High School	AM trip now departs 1 minute earlier.

732n Allambie & Rodborough Rds. to Manly High School	AM trip now departs 1 minute earlier.
746n Rabbett St & Forest Way to Manly High School	AM trip now departs 6 minutes earlier.
747n Frenchs Forest to Stella Maris	AM trip now departs 3 minutes earlier.
776n Brookvale to Frenchs Forest	AM trip now departs 2 minutes earlier.
785n Seaforth to Cromer High School	AM trip now departs 6 minutes earlier.