



## Sacred Heart Catholic Primary School

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### Term 4 Week 6 - 18 November 2020

**Term 2 Core Value:**

Service

**School Rule:**

Are of service to others and in the environment

**Expectation of Behaviour:**

Offer to help a neighbour

Dear Parents

This week it is Wellbeing Week at Sacred Heart and we do hope that you have had a chance to take it easy and enjoy some of the sunshine in the company of family and friends without homework and meetings. The theme of Wellbeing week is inclusivity. At Sacred Heart we are one but many! We belong to different groups come from different backgrounds. On Friday children may wear some clothes that show groups to which they belong – sporting clubs, cultural groups.

Kinder orientation continued with visits to the classroom this week. The final orientation visit for kindergarten 2021 will be on Tuesday 24 November. On this day they will meet their Year 5 buddy. Unfortunately the Blessing Mass for kinder 2021 is cancelled due to the restrictions that are still on numbers attending churches.

As we were unable to hold our annual Gala Dinner fundraising event the P&F Hub have been working hard to organise a silent auction and children's raffle. As the school is now cashless we ask that tickets and payments for silent auction items be made through QKR!. The raffle prizes for the children are fabulous and many a child has sat at the window and gazed inside.

The P&F Hub planning meeting for 2021 was held this week in the library and a number of parents also joined us through Zoom. All parent teams are filling up we are so grateful for the wonderful volunteer spirit at Sacred Heart. There are one or two places available on the Gala Dinner team and Fun Run team. If you are interested in being a class parent could you notify Mrs. Garey by email. The environment team, the wellbeing team and advisory teams are all full, thank you for joining these teams. Thankyou also to Jo Reid who has volunteered to be our treasurer and take over from Diana Siddall who has completed her term. Thank you to Diana for a wonderful job as treasurer over 3 years.

Classes for 2021 will be announced in Week 9 on Tuesday 8 December. At present, staffing is not complete and if there is confirmation of all staff this will also be announced on this day.

Semester reports will be available to parents on Compass from Thursday 10 December.

The Year 6 parents and students were surveyed regarding the possibilities for a Graduation Mass and celebration, taking into consideration the restrictions imposed on gatherings, spaces and churches. The survey results were that the Graduation Mass will be held on 9 December at 11am and will be live streamed to the parents. The graduation celebration will be held at Pittwater RSL on the same evening.

Last day for teachers and students will be Wed 16 December.

Year 5 Leadership speeches will take place on Thursday 26 November. Students interested in having a leadership position for 2021 will present their speech by zoom to students for election. The students are encouraged to write their option for leadership positions in order of preference.

The Lift in the school foyer will undergo renovation commencing Monday 23 November. Apologies for any disruption whilst this work is undertaken.

Sacred Heart Has Talent , yes it does! Auditions are beginning and some acts will be selected for a showcase to students probably via zoom on Thursday 10 December and Friday 11 December.

Enjoy a week of Wellbeing.

Yours Sincerely

Mrs Suellen Garey

**PRINCIPAL**

Like and follow us at: [facebook.com/sacredheartmonavale](https://facebook.com/sacredheartmonavale)

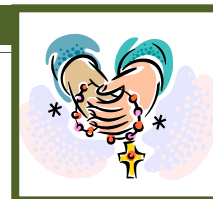
Like and follow us at: [twitter.com/SHMV16](https://twitter.com/SHMV16)



## Religious Education

### The Sacrament of First Communion

The final Mass for our First Communicants will be celebrated on Sunday 22 November at 11:30am. We keep all of our students in our prayers.



#### A Prayer for our Communion Candidates

*Lord Jesus,*

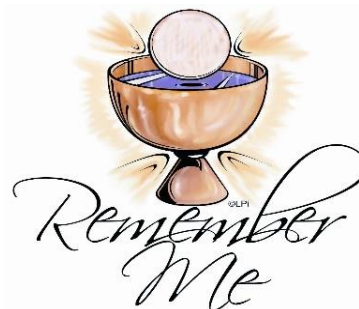
*Bless the children receiving the Sacrament of Holy Communion for the first time.*

*May this day be an initial step into a life-long love of the Eucharist.*

*Give them a hunger for this Sacred food so that they turn to you for comfort, guidance and wisdom as they grow into full discipleship.*

*Thank you for their innocence and goodness.*

*May their hands, extended in anticipation of Your Body and Blood, inspire all of us to cherish this Sacred Sacrament.*



### St Vincent de Paul – Christmas Hamper Appeal

We are beginning our Christmas Hamper Appeal collecting of non-perishable food which will be distributed to families through the St Vincent de Paul Society.

Students are asked to donate goods to families and people in need, so that they too may enjoy the delights that Christmas brings. Each class has been given the following items to collect and place in a basket in their classroom by **Friday 27 November**. (Please do not leave items at the office).

These items will be collated by Year 4 students to make 25 Christmas Hampers that will be collected by St Vincent De Paul.

K Blue – 2 Box of Tea Bags	3Green – 2 cans of tinned vegetables
K Green – 3 packets of jelly crystals	3-6S – 2 packets of lollies (no chocolate please)
1 Blue– Christmas Decorations eg bon bons, tablecloth, candles, Christmas stocking	4 Blue– 1 Christmas cake/pudding
1Green– 1 jar of spread (jam, vegemite etc)	4 Green – 1 can of ham
2Blue – 2 packets of lollies (no chocolate please)	5 Blue – 1 jar of pasta sauce and 1 packet pasta
2Green -2 packet of biscuits	5Green- 1 can of tinned fruit and1 packet of long-life custard
3Blue – Christmas Decorations eg bon bons, tablecloth, candles, Christmas stocking	6Blue – Tin of milo/chocolate drink
	6 Green –1 jar of coffee

### Dates for Class Masses in Term 4

Wednesday 25 November **3 Green** @ 9:30 Sacred Heart Church  
Wednesday 2 December **4 Blue** @ 9:30 Sacred Heart Church  
Wednesday 9 December **4 Green** @ 9:30 Sacred Heart Church  
Wednesday 16 December Last Day of Term

All parents and family members are very welcome to attend class masses. Covid restrictions apply. You will be asked to sign the attendance register.

### Weekend Mass

Sacred Heart Church welcomes all families to attend mass on the weekend. Due to Covid restrictions parishioners are being asked to book in via Trybooking.

To book for our Masses at Sacred Heart Church, Mona Vale, please visit <https://www.trybooking.com/BJPSE>  
Please do not hesitate to contact the Parish office 9157 0999 if you need any assistance.  
Sacred Heart Mass times are as follows: Saturday 5pm, Sunday 8am, 10am and 6pm.

### Prayers

If you have any Good News or if you need our prayers, please, contact me by email.

**PARISH WEEKLY BULLETIN** can be found [here](#). (NB. this link has been updated)

**Chris McBryde, Religious Education Coordinator**  
[chris.mcbryde@dbb.catholic.edu.au](mailto:chris.mcbryde@dbb.catholic.edu.au)

## Wellbeing

### POSITIVE Behaviours for Learning

At Sacred Heart we are always working at **Growing the Green** through Positive Behaviours for Learning. **Growing the Green** refers to the PBL Tier 1 Behaviour Management Systems that we have in place.



#### *What are the Tier 1 Management Universals?*

The Tier 1 Universals are the Core Values and Expectations, Reteaching, Redirecting and Responding to behaviour areas, Procedures and Routines, Classroom Environments, Active Supervision by staff and Student Voice.

The emphasis on having Positive Behaviours for Learning happens in all areas of school life. At Sacred Heart the physical environment is organised so that there is a variety of choice and different learning and playing spaces that are well organised and cater for different student's needs. One example of how this is achieved at Sacred Heart is through the variety of playground experiences and student voice in learning tasks provided from Kindergarten to Year 6.

Positive Behaviours for Learning occur through all our initiatives to create Wellbeing and Belonging. This is more than evident this week when you walked around the school to see our new Kindergartens for 2021 having their orientation day




and our Year 6’s participating in Cricket Skills Clinics. All the staff are explicitly teaching the behaviours and expectations that are needed for a safe and supportive learning environment.

*Did you know we survey children to see how they are feeling about school and their experiences in the classroom and playground? The children across K-6 are currently completing the ‘School Life Survey’ and the Year 4- 6 children are completing the ‘Tell them from Me’ survey.*

### Wellbeing Week- Week 6

This week is Wellbeing Week at Sacred Heart -Monday 16 to Friday 20 November. The theme for Wellbeing Week is ‘Inclusivity’. Inclusivity is an important theme as it means that everyone in the community feels valued and respected. It means that we should celebrate everyone’s culture, special talent and interests.

**On Friday the 20 November children are invited to wear to school clothes that celebrate who they are such as their culture, special talents and interest. Your child may like to wear a sporting group uniform that they belong to or colours that represent your family’s culture.**

Wellbeing Week 6 Monday 16- Friday 20 November					
	Monday	Tuesday	Wednesday	Thursday	Friday
Home 	You may want to watch a show that everyone likes... Talk about why you liked... What made it worth watching... <i>Being inclusive means being accepting of all</i>	Play a game outside together as a family <i>How do we play fairly and how do we work as a team for the game to be successful?</i>	Go for a walk in nature- collect different natural things e.g shells, sticks, leaves. <i>Look at how they are all different but belong</i>	Make a card or write a letter to someone you haven’t seen due to Covid 19 <i>Inclusivity includes connecting with people who may feel out of the loop!</i>	Have your favourite dinner or desert and celebrate your family <i>Everyone loves different food – celebrate your families inclusivity</i>

**Nutrition Snippet**

**WAR ON WASTE.**

Did you know that the average household throws out 1 in 5 bags of groceries they buy?



Want to know how you can reduce your food waste?  
 Check out our [blog](http://healthylunchbox.com.au) at [healthylunchbox.com.au](http://healthylunchbox.com.au) for more tips that will save you money, time and our planet!

[healthylunchbox.com.au](http://healthylunchbox.com.au) 

**Skye Nolan-Brown, Co-ordinator**

## Canteen

**NEW:** Delicious summertime snack (100ml) Chobani greek yogurt in Strawberry flavour is now available for purchase on line only for \$1.80.

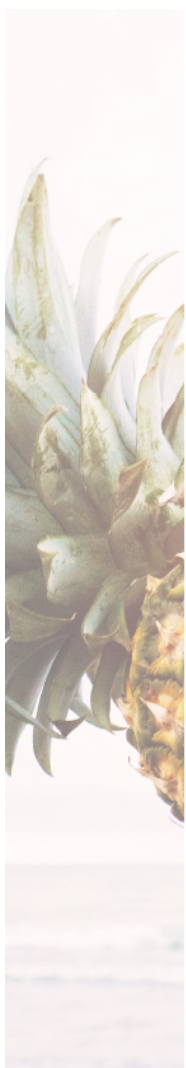
*Reminder:* The canteen will be **closed on Friday 27 November.**

**Kay Neale – Canteen Co-ordinator**

Please feel free to contact me via email at: [shmv.canteen@dbb.catholic.edu.au](mailto:shmv.canteen@dbb.catholic.edu.au)



## The Hub



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*The  
Hub*

## KIDS RAFFLE

The HUB (P&F) have organised a Kids Raffle, with amazing prizes to be won!

The prizes have been displayed in the school office window. Tickets will be available soon, more details to follow.

### 1st Prize

Almost brand skateboard,  
187 Killer Pads set &  
Triple Eight helmet

### 2nd Prize

Wildcat V3 Pro Scooter

### 3rd Prize

Manta Bodyboard package

### 4th Prize

Spalding basketball & Lakers hat

### 5th Prize

5 x \$10 Boost Juice vouchers

### Uniform Shop Opening Hours

Our Second Hand Uniform Shop currently is not open.



However, should you require items from the uniform shop, please email the school office ([shmv@dbb.catholic.edu.au](mailto:shmv@dbb.catholic.edu.au)) with size and type. The office staff will arrange a selection (if available) for you to look at via the office. Collection is by arrangement only.

All items \$3 and paid via Qkr!

We welcome uniform donations **in good condition**. In particular, we would like any size 8, 10 or 12 uniform items as we have had many enquiries and we are unable to assist at the moment.

Unfortunately, we can no longer take white sports shirts as donations.

SHMV HUB (P&F) [admin@shmvparents.com](mailto:admin@shmvparents.com)

### Community News



#### Australian Girls Choir Open Day

Look no further than the Australian Girls Choir (AGC) because we encourage, challenge and inspire girls as they learn to sing, dance and perform.

School aged girls are invited to come along to our Open Day on Saturday November 21 or Saturday November 28 to try our fun and inclusive classes and learn more about being part of the AGC!

Please visit our website to register to attend our free Open Day: <https://ausgirlschoir.com.au/openday2020/>

