



Sacred Heart Catholic Primary School

Cnr Waratah & Keenan Street, Mona Vale NSW 2103

T: (02) 9999 3264

W: www.shmvdcb.catholic.edu.au • E: shmv@dbb.catholic.edu.au

Term 4 Week 7 - 25 November 2020

Term 2 Core Value:

School Rule:

Expectation of Behaviour:

Service

Are of service to others and in the environment

Clean up an area of the playground

Dear Parents



This Sunday marks the beginning of Advent. Advent is a period of spiritual preparation in which many Christians make themselves ready for the birth of the Lord. Celebrating Advent typically involves a season of prayer, fasting and repentance followed by anticipation hope and joy.

Thank you for being mindful of safety when you enter the foyer. It's great to see the work happening in the foyer for the renovation of a lift, we certainly need the lift to be operational for access to the library and the upper level in 2021.

Any parent who would like to be the "Class Parent" for 2021 is asked to email Mrs. Garey. The purpose of the class parent is to develop and support a partnership between the school and parents. Class parents provide a welcoming environment for parents to meet, socialize and develop a sense of belonging to our school. It is an important role in supporting the work of the P&F Hub team.

This is a reminder that outstanding school fees are due before the end of term. The school would really appreciate these final payments to be made on time and if you have any difficulty making these payments please contact Mrs. Garey.

Yours Sincerely`

Mrs Suellen Garey

PRINCIPAL

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Like and follow us at: twitter.com/SHMV16



Religious Education

Advent

This coming Sunday is the beginning of Advent. Advent is a season of expectant waiting and hope as we prepare our hearts for the Christ-child. There are four Sundays in Advent.

Waiting in line can be one of two experiences. See if you identify with the examples below:

First Example: Waiting in Dread

You're standing in line at the post office or the grocery store, waiting for your turn. You're tapping your foot and keep looking at your watch. You don't want to be in this line. Before long, you begin to think, "Oh, I can't wait for this to be over!" Often times, the other people in line with you feel the same way! No one speaks to anyone else. Clearly few are enjoying the experience; the impatience or irritability you feel might even be visible on your face. Such an experience of waiting in line can seem isolating, almost lonely.

Second Example: Waiting in Excitement

Now think about the times when you waited in line at an amusement park, to buy tickets to see your favorite baseball team, or to hear your favorite band. In these instances, the waiting is much different. People are excited and you might even be talking to some of them about the ride you're getting ready to experience, the sports team that you love, or the band you're about to hear.

This second example is the kind of waiting we are called to in Advent.

Waiting in Joyful Hope

At Mass, after praying the Lord's Prayer, we hear "... as we await the blessed hope and the coming of our Savior, Jesus Christ." This prayer reminds us that during Advent, we wait in joy, in hope, and in anticipation for the wonderful event we are about to experience—the feast of Christmas, the coming of Christ into our lives in new ways, the return of Christ in glory at the end of time. As the Church, we wait during Advent and look forward to celebrating the fact that God loves us so much that he sent his Son into the world to save us. This waiting is far from empty; rather, it is full of the hope that God promises us as we prepare for Christ in the feast of Christmas.

Prayer for Advent

God of Love,

Your son, Jesus, is your greatest gift to us.

He is a sign of your love.

Help us walk in that love during the weeks of Advent,

As we wait and prepare for his coming.

We pray in the name of Jesus, our Savior.

Amen.



St Vincent de Paul – Christmas Hamper Appeal

Thankyou to the many families who have supported our St Vincent De Paul Christmas Appeal. Students are asked to donate goods to families and people in need, so that they too may enjoy the delights that Christmas brings. Each class has been given the following items to collect and place in a basket in their classroom by **Friday 27 November**. (Please do not leave items at the office).

These items will be collated by Year 4 students to make 25 Christmas Hampers that will be collected by St Vincent De Paul.

K Blue – 2 Box of Tea Bags	3Green – 2 cans of tinned vegetables
K Green – 3 packets of jelly crystals	3-6S – 2 packets of lollies (no chocolate please)
1 Blue– Christmas Decorations eg bon bons, tablecloth, candles, Christmas stocking	4 Blue– 1 Christmas cake/pudding
1Green– 1 jar of spread (jam, vegemite etc	4 Green – 1 can of ham
2Blue – 2 packets of lollies (no chocolate please)	5 Blue – 1 jar of pasta sauce and 1 packet pasta
2Green -2 packet of biscuits	5Green- 1 can of tinned fruit and1 packet of long-life custard
3Blue – Christmas Decorations eg bon bons, tablecloth, candles, Christmas stocking	6Blue – Tin of milo/chocolate drink
	6 Green –1 jar of coffee

Dates for Class Masses in Term 4

Wednesday 2 December **4 Blue** @ 9:30 Sacred Heart Church

Wednesday 9 December **4 Green** @ 9:30 Sacred Heart Church

Wednesday 16 December Last Day of Term

All parents and family members are very welcome to attend class masses. Covid restrictions apply. You will be asked to sign the attendance register.

Weekend Mass

Sacred Heart Church welcomes all families to attend mass on the weekend. Due to Covid restrictions parishioners are being asked to book in via Trybooking.

To book for our Masses at Sacred Heart Church, Mona Vale, please visit <https://www.trybooking.com/BJPSE>

Please do not hesitate to contact the Parish office 9157 0999 if you need any assistance.

Sacred Heart Mass times are as follows: Saturday 5pm, Sunday 8am, 10am and 6pm.

Prayers

If you have any Good News or if you need our prayers, please, contact me by email.

PARISH WEEKLY BULLETIN can be found [here](#). (NB. this link has been updated)

Chris McBryde, Religious Education Coordinator

chris.mcbryde@dbb.catholic.edu.au

Wellbeing

Wellbeing Week at Sacred Heart

Wellbeing Week was held last week at Sacred Heart and the theme for Wellbeing Week was 'Inclusivity'. Inclusivity is an important theme as it means that everyone in the community feels valued and respected. It means that we should celebrate everyone's culture, special talent and interests. On Friday students across the school shared their cultures, special interest and talents by wearing clothes to represent this. Thank you to all the parents who organised their children for this special day. It was great to see so many different children dressed in an array of clothes.





Gala Days

At Sacred Heart we have been taking part in a variety of Gala Days. This week Stage 3 (Year 5 and 6) had an NRL Gala Day at Kitchener Park. The children played a round robin of Eagle Tag games. The boys and girls demonstrated all the skills that they have learnt over the NRL skills sessions. They showed their Social and Emotional Learning with playing fair and making Responsible Decisions. The children all showed resilience when the weather turned to showers and we unfortunately had to return to school early. Thank you to Mrs Munro and Mr O'Brien for organising such a wonderful day for our Stage 3 students. Next week Stage 2 and 3 will take part in the Cricket Gala Day.





Nutrition Snippet

WAR ON WASTE.

Did you know that the average household throws out 1 in 5 bags of groceries they buy?



Want to know how you can reduce your food waste?

Check out our [blog](https://healthylunchbox.com.au) at healthylunchbox.com.au for more tips that will save you money, time and our planet!

healthylunchbox.com.au

Skye Nolan-Brown, Co-ordinator

From the Office

Yellow 2021 Family Registration forms were sent home earlier with your eldest child for a return date **13 November**.



PLEASE NOTE :

ALL Families at the school must complete the form.

We need to know the following

- if your child is returning to Sacred Heart in 2021
- if your child is leaving Sacred Heart and the destination school (this is a government requirement)
- Other children in the family, and the school they are attending (there may be a discount given)
- **No discounts** will be given unless this form is completed, signed by both parents.

Canteen

Reminder: The canteen will be closed on Friday 27 November.

NEW: Delicious Chobani greek yogurt in Strawberry flavour 100gms \$1.80 available for online lunch orders.



Kay Neale – Canteen Co-ordinator

Please feel free to contact me via email at: sshmv.canteen@dbb.catholic.edu.au

The Hub

This year, due to Covid-19, the P&F Hub fundraising is being held differently to previous years. This year, the Hub is holding a Kid's Raffle and a Silent Auction (more on the Silent Auction to come). As we cannot take cash or hand out books of tickets, tickets will be sold by purchasing them on Qkr!.

*The
Hub*

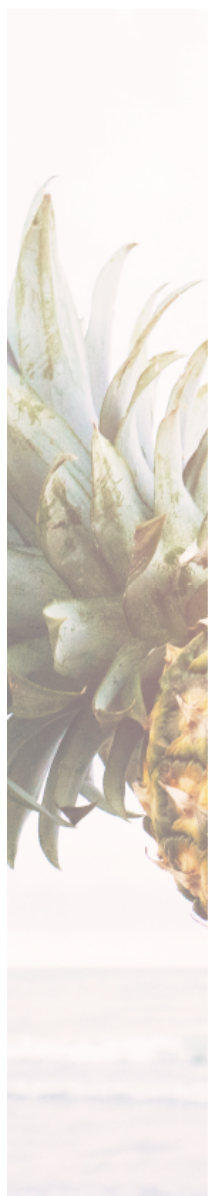
**Kid's Raffle tickets available on Qkr! from
Monday 30 November to Thursday 10 December (closes at 3:30pm)**

1 Ticket for \$5.00

5 Tickets for \$20.00

12 Tickets for \$40.00

Raffle Drawn on Friday 11 December



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KIDS RAFFLE

1st Prize

Almost brand skateboard,
187 Killer Pads set &
Triple Eight helmet

2nd Prize

Wildcat V3 Pro Scooter

3rd Prize

Manta Bodyboard package

4th Prize

Spalding basketball & Lakers hat

5th Prize

5 x \$10 Boost Juice vouchers

Uniform Shop Opening Hours

Our Second Hand Uniform Shop currently is not open.



However, should you require items from the uniform shop, please email the school office (shmv@dbb.catholic.edu.au) with size and type. The office staff will arrange a selection (if available) for you to look at via the office. Collection is by arrangement only.

All items \$3 and paid via Qkr!

We welcome uniform donations **in good condition**. In particular, we would like any size 8, 10 or 12 uniform items as we have had many enquiries and we are unable to assist at the moment.

Unfortunately, we can no longer take white sports shirts as donations.

SHMV HUB (P&F) admin@shmvparents.com

Community News



ACCEPTING APPLICATIONS FOR YEAR 7, 2023

LIMITED AVAILABILITY FOR YEAR 7, 2022



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MERCYCHATSWOOD.NSW.EDU.AU

