

Sacred Heart Catholic Primary School

Cnr Waratah & Keenan Street, Mona Vale NSW 2103

T: (02) 9999 3264
W: www.shmvdbb.catholic.edu.au

• E: shmv@dbb.catholic.edu.au

Term 1 Week 2 - 4 February 2021

Term 1 Core Value: Respect

School Rule: Respect our self, others and the environment

Expectation of Behaviour: Wear our uniform with pride

Dear Parents

Welcome and congratulations to all the kindergartens, their families and the new children in other classes who joined our learning community this week. There were many, many smiles as mums and dads dropped off confident happy children to their classroom doors.

This year Catholic Education is celebrating 200 years in Australia, marking the bicentenary of the first Catholic school established in Parramatta in October 1820. The first Catholic school in Australia was founded in October 1820 by Irish Catholic priest Fr John Therry and run by convict and lay person George Marley. The school, which Catholic historians believe was in Hunter Street, Parramatta, taught 31 students. By 1833, there were 10 Catholic schools in the colony. Over 200 years, Catholic schools have grown to become the largest provider of schooling in Australia (outside government) with one in five school age students attending a Catholic school. Our school and diocese will be marking this important milestone this year.



Regulations from NSW Health and CSNSW continue to change. Currently we are delighted we can resume some contact with our parents. It appears we will still need to be making adjustments to planned school events.

Covid Update

- Do parents need masks to enter school grounds? No
- Do children need temp checks? No.
- Are parents allowed on site? Kinder, Year 1 and Year 2 parents may escort children to and from the playground. Parents may attend a pre-booked meeting.
- Is canteen open? Yes on Monday, Thursday and Friday.
- Do schools still need to quarantine returned library books? No
- Are bubblers open? Yes and we do encourage the use of drink bottles.
- Do adults need to social distance? Yes, from all other adults on site, including teachers.
- Can parents attend the swimming carnival? Spectators for the school carnival are not permitted. If a parent has a designated volunteer role they may attend.
- Will the "Meet the Teacher" evening proceed on Tuesday 9 February? No, we will reschedule to fit existing regulations.
- When will Term 1 Hub meeting be held? This will also be rescheduled.
- When will the second hand uniform shop be open? Week 3 as advertised at the end of this newsletter under "The Hub Second Hand Uniform Shop".
- Can I visit the second hand uniform shop? Yes, visitors to uniform shop need to sign in at kiosk in the foyer and only one visitor at a time in the uniform shop.

Student Leaders

Congratulations to our year 6 students who received their Senior's Badges and Leadership Badges this morning at the Opening School Mass.

Our school captains and sports captains for 2021 are:

School Captains: Patrick H and Anna B
Vice Captains: Jack B and Abby D
Sport: Keenan: Emma H and Charlie S
Sport: Crawford: Olivia F and Saxon L
Sport: Polding: Tilly L and Josh G
Sport: Gilroy: Abi C and Will C

Canteen News

• Volunteers needed for morning tea service.

World Safer Internet Day on Tuesday 9 February 2021

You are invited to attend the parents and carers free webinar on Cyberbullying & Online Drama. Register to attend here.

Teachers for 2021

Kindangartan Misa Halm Q Misa Danni
Kindergarten Miss Helm & Miss Perry
Year 1Mrs Satchell & Mrs Russell
Year 2
Year 3
Year 4
Year 5
Year 6
Executive releaseMrs Pitcher
PEMrs Richmond
Learning SupportMrs Browne, Mrs Wood
Creative Arts Ms Rudd
LibraryMrs Harrison
Diverse LearningMrs Ngamu (AP)
Teacher assistantsMrs Wainwright, Mrs Lhuede, Mrs Davidson, Mrs Doyle

Parent teams!

We are in need of Class Parents for all grades except Kindergarten. Please contact the office if you can help.

- The purpose of a Class Parent is to develop and support a partnership between teachers/school and parents.
- Class parents provide a welcoming environment for parents to meet, socialise and develop a sense of belonging to the school
- The class parent also has an important role in supporting the work of Hub Team
- Liaises with teachers and parents to build a friendly, welcoming community engaging all school members, supporting the teacher in developing class/ parent partnerships
- Supports the school staff in the pastoral care of the school community
- Supports the DPC representative with distributing parental engagement information and seminar information

We look forward to working with our parents as we strive to ensure that our students develop their relationship with God through prayer, their potential as learners and develop and maintain positive relationships with each other to be the best they can be.

Mrs Suellen Garey
PRINCIPAL



Like and follow us at: facebook.com/sacredheartmonavale

Like and follow us at: twitter.com/SHMV16



Religious Education

Beginning of Year Whole School Mass

On Wednesday, we celebrated the beginning of our school year with our Year 6 students attending Mass. Our Year 6 leaders very proudly received their badges and recited their leadership pledge.



After Mass Fr Bonek visited each classroom to bless our students and introduce the parish focus for this year which is "The Year of the Family."

All classes received a candle and poster for their classroom to remind us of our parish focus this year.

Sacred Heart Year 6 Leadership Pledge

We the Year 6 Student Leaders of Sacred Heart Catholic School make the following pledge to our school community:

We will strive to lead as Jesus' disciples, following in his footsteps and living our school values of respect, compassion, justice and service.

We will:

- Care about and do something about the needs of others
- Reach out to those who are left out
- Continue our journey as disciples through prayer, Eucharist and liturgy
- Be courageous
- Be positive
- Think outside the square. Challenge behaviours that disadvantage others.
- We will be exemplary role models in our living, loving and learning and uphold the name of our school.

It is with great pride that we accept our leadership positions.

Class Masses for Term 1

Classes will resume attending the Wednesday Morning Parish Mass at 9:30 in the church.

Wednesday 10 February @ 9:30am- Year 5 Class Mass, Sacred Heart Church

Wednesday 17 February @ 11:30 am- Year 4 (Ash Wednesday) Class Mass, Sacred Heart Church

Wednesday 24 February @ 9:30am- Year 3 Class Mass, Sacred Heart Church

Wednesday 3 March @ 9:30am- Year 2 Class Mass, Sacred Heart Church

Wednesday 10 March @ 9:30am- Year 1 Class Mass, Sacred Heart Church

Wednesday 17 March @ 9:30am- Kindergarten Class Mass, Sacred Heart Church

Wednesday 24 March @ 9:30am- Year 6 Class Mass, Sacred Heart Church

Parents are welcome to attend their child's class Mass.

Sacramental Program for 2021

Bishop Randazzo announced last year that the timing for our students to receive their sacraments will change as of 2021.

Students in Year 3 will now make their Confirmation. The dates for Confirmation this year in our parish are:

Saturday 19 June 2021 - 10am 12pm and 3pm and

Sunday 20 June 2021 12pm - 2.30pm and 4.30pm.

Year 3 parents will be emailed an information sheet with further information.

The Sacraments of First Reconciliation and First Communion will not be taking place this year and the full program will resume in 2022.

Suzy Caruso will continue in the role of Sacramental Coordinator this year. Angela Smit will also be working in the parish office with Laura Ee.

Please contact Suzy at the parish if you require further information

T: 9157 0999 | E: sacraments@pittwaterparish.org

Prayers

Congratulations and blessings to Josh and Caroline Willard on the birth of their beautiful baby daughter. Josh leads the music ministry within our parish and Caroline teaches at Maria Regina Avalon.

If you have any Good News or if you need our prayers, please contact me by email.

PARISH WEEKLY BULLETIN can be found here

Chris McBryde Religious Education Coordinator. chris.mcbryde@dbb.catholic.edu.au

From the Assistant Principal

Communication with staff

Communication - There are a number of ways to access school information for parents and our school wants to ensure effective communication between parents and the school.



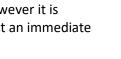
- School website and APP
- **Twitter and Facebook**
- **Email**
- Weekly Newsletter
- SMS
- Phone

Email is our preferred channel of communication. Staff members may be contacted by email however it is essential that parents understand that due to the nature of their work parents should not expect an immediate response. A response will be made within 48 hours.

Please do not email through to your class teacher change of going home plans or any matter that needs immediate attention regarding your child, these matters need to be communicated to the office by telephone. The school administration is open from 8.30am-3.30pm during term time.

For urgent matters phone or visit the school office. Please note it is very difficult to ensure that students receive last minute change of home arrangements if phoned through after 2pm.

Teachers are interested in communicating with parents to discuss their child's progress or behaviour. Appointments are necessary so that teachers can give the necessary time to parents for discussion. Appointments



can be made directly with teachers via email. Appointments with the Principal or Assistant Principal can be arranged via telephone with the school office.

CLASS	TEACHER	EMAIL		
KBlue	Taylor Helm	taylor.helm1@dbb.catholic.edu.au		
KGreen	Brooke Perry	brooke.perry@dbb.catholic.edu.au		
1Blue	Jemma Satchell	Jemma.satchell@dbb.catholic.edu.au		
1Green	Sarah Russell	sarah.russell@dbb.catholic.edu.au		
2Blue	Sam Cahill	samantha.cahill@dbb.catholic.edu.au		
2Green	Louise De	louise.debressac@dbb.catholic.edu.au		
3Blue	Suzy Driscoll	suzy.driscoll@dbb.catholic.edu.au		
	Janelle Pitcher (alt Thu)	janelle.pitcher@dbb.catholic.edu.au		
3Green	Madison Paul	madison.paul@dbb.catholic.edu.au		
4Blue	Lisa Firman/Alison Thornton	lisa.firman@dbb.catholic.edu.au		
		alison.thornton@dbb.catholic.edu.au		
4Green	Chris McBryde	chris.mcbryde@dbb.catholic.edu.au		
	Janelle Pitcher (Wed/alt Thu)	janelle.pitcher@dbb.catholic.edu.au		
5Blue	Megan Mitford	megan.mitford@dbb.catholic.edu.au		
	Martha Butler (Fri)	martha.butler@dbb.catholic.edu.au		
5Green	Trish Gibson	trish.gibson@dbb.catholic.edu.au		
6Blue	Skye Nolan-Brown	skye.nolan-brown@dbb.catholic.edu.au		
	Janelle Pitcher (Tue)	janelle.pitcher@dbb.catholic.edu.au		
6Green	Damien O'Brien	damien.obrien@dbb.catholic.edu.au		
Sport	Kate Richmond	kate.richmond@dbb.catholic.edu.au		
Creative Arts	Susan Rudd	susan.rudd@dbb.catholic.edu.au		
Library	Melonie Harrison	melonie.harrison@dbb.catholic.edu.au		
Learning Support	Michaela Browne	michaela.browne@dbb.catholic.edu.au		
	Leanne Wood	leanne.wood@dbb.catholic.edu.au		
Administration	Carol Bartlett/Karen Calleia	shmv@dbb.catholic.edu.au		

Volunteers

At Sacred Heart we appreciate and value the partnership we have with our parents and caregivers. For the safety of our students, all Parent volunteers require a current Working with Children Declaration and will not be able to volunteer at school without one. This will include canteen, excursions, library, sport days, incursions and helping in classrooms. If you do not have a declaration on file, please see the school office or you can download a Parent Volunteer Declaration Form from our school website here. Thank you for your invaluable support throughout the year.

Curriculum News

Maths Online

Maths Online is an online learning resource, which is aligned to curriculum standards. Students in Year 2-6 sign in with their school username and password using any compatible computer or mobile device. www.mathsonline.com.au



Learning tasks will be assigned by the teachers for homework on a weekly basis for students in Year 2-6 and will be differentiated according to ability levels.

From the Office





Late Arrivals or Early Absences are to be entered only via the kiosk at the front office.

Students must be accompanied by a parent/carer for late arrivals or early departures. This is not only a compliance obligation, but an important safety measure in the event of a school emergency and allows us to know whether your child is on the school grounds.

10+ days leave or scheduled absences in advance

10+ days leave or scheduled absences (in advance) – please complete the Application for Extended Leave (Form A1), include a valid itinerary and hand into the office. The form can be located in the <u>Admin Notes and Apps</u> page of our school website.

Security:

Please use the breezeway entrances to enter and exit the school (not via the admin office foyer door). If the door is locked, we can "buzz" you through.

Access to the school grounds is not permitted via the staff carpark driveway for safety reasons - please use the kiss and drop gate or the main entrance gate near the school crossing, thank you.

After School: When collecting your child from after school care, please ensure the breezeway doors are closed.

QKR! – Just a reminder to update your child's new class details to ensure payments are correct – especially for canteen orders.

Carol Bartlett, Senior Admin Officer

WHS

Now that we are back to school and the season is warm and humid, it may be timely to check your child for head lice as there have been a couple of reports of head lice to the school. A preventative shampoo after checking would be useful.



It is important that each child is checked in order to eradicate the lice, and to ensure that children don't become reinfected. You may want to check all family members.

For information on how to treat head lice you should refer to the NSW Health Website for the most up to date treatment. This can be found at:

http://www.health.nsw.gov.au/environment/headlice/Pages/default.aspx

Karen Calleia, WHS officer

Wellbeing

Welcome back to our existing and new families!!! We hope to have a wonderful year of learning and creating opportunities for living, loving and learning together.

At Sacred Heart we strongly believe in supporting our communities Wellbeing. We have a number of initiatives to help all community members feel that they have a sense of belonging and place. These programs are in place to ensure that each child is physically safe, cared for and nurtured.

The main programs and frameworks in place at Sacred Heart are as follows:

Our **Core Values** system based on the Good Samaritan values of Respect, Compassion, Justice and Service. This term our Core Value Focus is *Respect*. Each week we have a focus and this week's focus is *'Wear our uniform with pride'*.



Sacred Heart School Values, Rules and Expectations



WK	Term 1	WK	Term 2	WK	Term 3	WK	Term 4
Value	Respect		Compassion		Justice		Service (Respectful Relationships Groups)
Rule	We respect our self, others and the environment when we		We show compassion for our self, others and the environment when we		We show justice towards our self, others and the environment when we		We are of service to others and in the environment when we
1	Be Cyber Safe and use the internet appropriately	1	Be a bucket filler	1	Treat others the way you want to be treated	1	Offer to do someone else's job
2	Wear our uniform with pride	2	Speak and act with kindness	2	Tell the truth	2	Lend a listening ear to someone who needs it
3	Speak politely to others	3	Include someone who is alone on the playground	3	See a paper pick it up	3	Help to carry a heavy load
4	Have safe and caring hands and feet	4	Include someone who is alone in the classroom	4	Say no if something is not right	4	Help another student at school
5	Listen when others are speaking	5	Return lost property to the owner	5	Take turns and play by the rules	5	Give to the poor
6	Use the Internet appropriately	6	Listen to someone who is sad	6	Turn a negative thought about yourself into a positive	6	Offer to help a neighbour
7	Wash your hands regularly at school	7	Remind yourself when you are doing ok	7	Let others learn	7	Clean up an area of the playground
8	Listen to other people's opinion	8	Offer help to someone else	8	Stand-up for someone you see being treated unfairly	8	Visit or call a grand friend
9	Sit and kneel quietly when in church	9	Help a classmate with a difficult task	9	Clean up after yourself	9	Bake a treat or make a gift for someone
10	Put rubbish in the bin	10	Give a meaningful apology	10	Thank others for a good game-shake hands	10	Give a helping hand at home

Our **Tier 1, 2 and 3 Behaviour Managemen**t system based on the Positive Behaviour for Learning framework, which is a whole school approach to behaviour management, and

The **BEYOU** framework, formerly known as KidsMatter, is a mental health and wellbeing initiative for primary schools. The focus of this framework is to create a positive school community. This Framework supports and develops:

- teaching children skills for good social and emotional development (SEL).
- Working together with families
- recognising and getting help for children with mental health problems.

Some ways we implement our programs and frameworks is by having a Wellbeing Team made up of staff and parents. Having learning experiences that cater for all students' Social and Emotional Learning. This includes specific lessons that have an SEL (Social and Emotional Learning) focus in PDH programs cross the school. We also set time each term to celebrate *Wellbeing Week*. This term it will be in Week 7, 8 - 12 March 2021.

One example of Social and Emotional Learning in context is our Buddy System. This is evident early in 2021 with the Buddy System that occurs for our Kindergarten children and our new families. The Buddy System is to help our Kindergarten children to settle into school and learn about life at 'Big School' with an experienced older child. Our Year 6 students look forward to this responsibility and leadership role. The Buddy System programme creates positive experiences for both Year 6 and Kindergartens.

Student Voice

Sacred Heart actively engages our student's in hearing their voices. This week the Year 6 student leaders have been meeting with different teachers to have their say in the daily running of the school. Our Year 6 Leaders have roles that help with the Library, Technology, Eco Leaders, SRC, Sport Leaders, Liturgy Captains and student

leadership- School and Vice Captains. Classes from Kindergarten to Year 5 also elect a class representative to be an Environmental Leader and SRC class representative.



CyberSafety

Next week on Tuesday 9 February it is Safer Internet Day 2021. Classes across K-6 will take part in different activities to promote safe internet usage.

As a Sacred Heart Parent you may be interested in the handout from the eSafety Commissioner for Parents Back-to-school: top tips for parents | eSafety Commissioner or maybe you in the Cybersafety Parent Free Webinar about how to have safe and respectful relationships online- at home, school and the community Webinars for parents and carers | eSafety Commissioner

Skye Nolan-Brown, Co-ordinator



Sports News

Term 1 sports days for your diary:

Sport with the Class Teacher for Term 1

Mondays: KBlue, KGreen, 2Blue, 2Green

Tuesdays: 4Blue, 4Green, 5Blue, 5Green, 6Blue, 6Green

Wednesdays: 1Blue, 1Green, 3Blue, 3Green



Thursdays: 1Blue, 1Green, 2 Blue, 2Green, 4Blue, 5Blue, 5Green Fridays: KBlue, KGreen, 3Green, 3Blue, 4Green, 6Blue, 6Green



School Swimming Carnival

Our school swimming carnival will be held on Friday 19 February (week 4) at the Manly Andrew "Boy" Charlton Aquatic Centre.

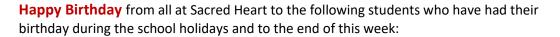
A reminder to logon to the **COMPASS** dashboard to complete your child/rens permission form and to indicate the races they wish to swim in. The emphasis of this carnival is about fun, participation and Sacred Heart Spirit. For this reason we have catered for all abilities. We encourage all students from Years 2 – 6 to participate in at least one race.

Unfortunately we are unable to have spectators attend this year's carnival, however there are limited volunteer positions. If you wish to volunteer, please complete the section on the form and you will be advised if you have been allocated a task. Regrettably, we will not be able to cater for all those who have nominated to volunteer.

Kinder and Year 1 will enjoy a lovely fun filled "watersport" day at school on the day of the carnival. More information will follow closer to the time for these two year groups.

Kate Richmond, PE Teacher

Birthdays





Noah S	Noa B	Jessica C	Byron S	Aria S
Hayden S	Tate W	Emily C	Jai Q	Tilly L
Connor W	Lucinda L	Julieta M	Billy P	Florrie B
Erin C	Zac S	Elena T	Marie-Claire T	Christian K
Cara H	Filippo P	Celine C	Aden N	Billy V
Lily M	Flynn W	Juaquin V	Emily C	Рорру N
Maria V	David B	Matthew G	Rogi S	
Indeanna R	Rogi S	Madeline C	Rio K	Sarah-Ann G
Abby D	Claire D	Holly W	Cooper L	Charlotte C
Mia W	Isabelle M	Charlotte S	Amelia E	

Canteen News

Hello and welcome all families!

I am looking forward to finally welcoming back volunteers as well as meeting new ones!

The canteen is still working under the split lunch order system until further notice. Morning tea service is still not available at this stage but, from this week I am able to offer a lunch time counter service on Thursdays (Kindy-Yr2) and Fridays (Y3-Yr6) only for ice blocks and snack items. For all our new families, may Isuggest that you have a chat to your children about what they may like to purchase from the canteen menu (on the school website) and send either the correct or only a small amount of money.

New items: TNT frozen sour berry blast ice block (65ml) \$1.00. 5 star rating. Twisted frozen yoghurts are back! Watermelon/Mango and new flavour Blueberry cookie dough (both gluten free) (100ml) \$2.00.

February Special: CHICKEN CAESAR SALAD! This months special on **MONDAYS ONLY**. Cos lettuce, Fresh chicken pieces, Bacon, Croutons, cheese and special Caesar dressing \$5.50, all orders through QKR!.

If your child is gluten free or has an allergy and would like to still order from the canteen please contact me for options. Please do not order GF menu items if your child is not GF.

Birthdays! If your child is celebrating a birthday and you would like to purchase ice blocks from the canteen, please contact me at least 24 hours prior to the canteen day required.

Volunteers: It will be so nice to put a roster together again but I will need some more volunteers please to make a full roster for term 2. If you are able to help on a Monday, Thursday or Friday either once a month, once a term or even once a year then I would love your support. Canteen duty times are 9.30am -1.45pm but can be flexible. If you haven't completed a form for this year, please send one back to the office at your earliest convenience.

Kay Neale - Canteen Co-ordinator

Please feel free to contact me via email at: sshmv.canteen@dbb.catholic.edu.au

The Hub

Second Hand Uniform Shop Opening Hours

Great News!!!

Our second hand Uniform Shop will be reopening from Week 3. All items \$3.00, payable via QKR! only (no cash).

One visitor at a time, and please sign in at the Compass Kiosk at the office window.



Times:

Tuesdays 8:30-9:15am (Nicole)

Wednesdays 8:30-9:15am (Amy)

Thursdays 8:30-9:15am (Nicole)

Friday's 8:20-8:50am (Sam) and 2:30-3:00pm (Tanja)

We welcome uniform donations in good condition.

Unfortunately, we can no longer take white sports shirts as donations.

SHMV HUB (P&F) admin@shmvparents.com

Or contact Nicole Kelsall on

Email: <u>admin@shmvparents.com</u> Website: <u>www.shmvparents.com</u>

Community News





