



Sacred Heart Catholic Primary School

Cnr Waratah & Keenan Street, Mona Vale NSW 2103

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Term 1 Week 8 - 17 March 2021

Term 1 Core Value:	Respect
School Rule:	Respect our self, others and the environment
Expectation of Behaviour:	Listen to other people's opinion

Dear Parents

A very Happy St Patricks Day to all our families with Irish backgrounds.

May the road rise up to meet you

May the wind always be at your back

*Until we meet again may God hold you
in the palm of his hand.*

Parent literacy session K-2 Monday 29 March 9 am

Parents of children in Kindergarten, Year 1 and Year 2 are invited to a workshop with Mrs Browne on Early Years Literacy in the school hall on Monday 29 March commencing at 9am. Please register your attendance through the school office. Topics covered will include how to help your child with reading and spelling at home.

The great news is that spectators are permitted to the Cricket and Soccer Gala Days on 23 March & 25 March. Spectators however are limited to one spectator per child.

- Parents MUST register using the QR codes that teachers will have and will be on display at the venues
- Spectators must adhere to the physical distancing requirements
- Spectators must comply with the directions of the Covid safety marshalls present on the day
- Spectators should not attend if they have symptoms or are unwell

School Sport Australia have announced the decision that there will not be any interstate school events in 2021. NSW PSSA state carnivals and championships will proceed as programmed in 2021 but will not lead to the selection of state teams. The decision was made given the uncertainty that still remains with regard to possible COVID-19 outbreaks and possible travel restrictions.

Our school Cross Country will take place on Thursday 18 March at Kitchener Oval. Nominated students from year 2-6 will walk to the oval to participate. Thank you for the marvellous response to assist at the Cross Country. As required in our Covid safety plan volunteers will need to **register through the QR code** in the school foyer before walking with students to the oval. If you are meeting students at the Cross Country, a QR code will be placed on the front of the club house and teachers will also have the QR code for use.

In the NEWS - The newly appointed Federal Education Minister this week set an ambitious 10-year turnaround goal for Australian students to once again be among the world's highest performers. In his first major address on schooling, Alan Tudge announced reforming teaching quality, curriculum and assessment as his priorities in delivering improvement. He's flagged a new review to help chart the course. The steadfast commitment to retaining, while refining, NAPLAN is welcome, but must be matched with how higher standards will translate to classrooms. A recent review of NAPLAN, and another of the supporting MySchool website, show they broadly work as resources to educators and parents, but there can be a disconnect with student outcomes.

Students in Years 3, 5 will take part in this year's National Assessment Program – Literacy and Numeracy (NAPLAN) on the following dates:

- NAPLAN 2021: **11–21 May**

Over 70% of schools will participate in NAPLAN Online in 2021.

Forms for students with disability and students with diverse learning needs will be sent home. Parents may contact Mrs Ngamu or Mrs Browne if they have any questions about Naplan adjustments or needs.

Mrs Suellen Garey
PRINCIPAL

Like and follow us at: facebook.com/sacredheartmonavale
Like and follow us at: twitter.com/SHMV16



Religious Education

Altar Server Training



Congratulations to our Altar Servers:
Paige, Sophia, Maia and Braeden -
who have just completed their training.

A big thankyou to Ray our acolyte from the parish who has trained them.
These students will be inducted officially as Altar Servers at one of our
parish masses.



Family Masses

Family Masses are held at Sacred Heart Church on Saturday Evenings at 5pm. This week we look forward to welcoming Year 5 Green to the 5pm Mass on Saturday.

Class Masses for Term 1

Wednesday 24 March @ 9:30am - Year 1 and Kindergarten Class Mass, Sacred Heart Church
Parents are welcome to attend their child's class mass.

Prayers

If you have any Good News or if you need our prayers, please contact me by email.

PARISH WEEKLY BULLETIN can be found [here](#)

Chris McBryde
Religious Education Coordinator.
chris.mcbride@dbb.catholic.edu.au

Wellbeing

Wellbeing Week

Last week was Wellbeing Week the theme was Be More....

Wellbeing Week is an important week for the children as many children enjoy the 'No Homework and the opportunity to spend time with their families without the pressure of Homework!' This was a common comment when I surveyed children across K-6 about what they liked about Wellbeing Week last week. Some of the other comments were related to what the children were doing in their classroom around Bucket Filling and wellbeing learning activities.



Children enjoyed:

- 😊 Writing ways to fill a bucket and reading their comments to the class
- 😊 Mindfulness drawing or colouring
- 😊 Gratitude Diaries
- 😊 Choice of sport activities or choice posted task with the focus on co-operation and bucket filling
- 😊 Making and constructing using lego or art/craft and the Library Lunch Club
- 😊 Helping others by bringing a gold coin to school (thank you!!!)
- 😊 Wearing a touch of orange and yellow
- 😊 Using the class reward system to then work as a group to receive free time



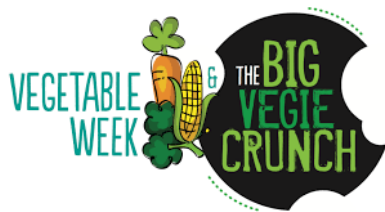
National Day against Bullying

This week our students took part in the National Day against Bullying and Violence. At Sacred Heart the children have been learning to be an Upstander.

If as a parent, you are after information on how to talk to your child about being safe on the Internet or around cybersafety. The eSafety Commissioner have some wonderful parent webinars you can always sign up for:

[Webinars for parents and carers](#) | [eSafety Commissioner](#)

On **Thursday 18 March at 10 am** our school will be joining hundreds of schools across NSW to break the record for the most students crunching vegetables simultaneously.



On Thursday 18 March, please pack your child a container of vegetables (**not fruit this time**) for them to crunch on.

Need some ideas?

- carrot, celery, cucumber – cut into sticks or left whole
- capsicum – cut into sticks or wedges
- corn – raw baby corn spears or a cooked corn cob
- broccoli or cauliflower florets - raw or lightly cooked to keep their crunch
- tomatoes – small cherry tomatoes or a large tomato that can be eaten like an apple
- beans or snow peas - raw or lightly cooked to keep their crunch
- mushrooms – sliced or left whole
- if fresh veg isn't possible, try canned or frozen vegetables instead



Ride 2 School Day- On **Friday 19 March** at Sacred Heart we are supporting the Ride 2 School Day. We have bike racks at Sacred Heart and several children ride to and from school. It is wonderful to see the children parking their bikes and taking part in this healthy way of coming to school.

If you are passionate about Gardening or you would like to help with the Sacred Garden, please email skye.nolan-brown@dbb.catholic.edu.au or come to Sacred Heart at lunchtimes 12:10-12:50 (Years 4-6) 12:50- 1:30 (Kindergarten- Year 3) to help with our school garden.

Skye Nolan-Brown, Co-ordinator

From the Office

COMPASS

A reminder on when to enter absences using Compass:

1. **Partial day absences (arrive late / depart early). Use the Compass Kiosk located at the Office front desk only (not via the compass parent portal at home).**
2. **Full day absences. Use the Compass parent portal at home to advise of whole day absences.**



Entering partial absences creates a 'conflict' on the system which results in the office deleting the data you have entered. Students who arrive late or depart early should be accompanied by a parent or carer to the office and signed in/out at the Kiosk accordingly.

Carol Bartlett, Senior Admin Officer

Kiss and Drop Volunteer Request 2021

We are pleased that we can now have volunteers at Kiss and Drop in the Morning again!

To be a volunteer at Kiss and Drop is to help students get safely out of the cars and assist them by opening and closing car doors and to help them getting their school bags out.

Volunteer would help from 8:20am to 8:50am, there is a safety vest at the school office to wear.

It's a great way to start the morning greeting students and parents.

A Roster will go out in the newsletter and will also be emailed to you. You can help once a week, fortnightly or monthly.

If you are interested in becoming a volunteer please contact Rebecca Molinaro 0414 416 874 or email becmolinaro@outlook.com

Sports News



Sacred Heart Swimming Carnival Results

Congratulations to our age champions and runners up for our 2021 Swimming Carnival.

Girls Junior Champion: 1st Alice W 2nd Emily W
Boys Junior Champion: 1st Aden N 2nd Alfredo C
Girls Senior Champion: 1st Abigail C 2nd Ella McC
Senior Boys Champion: 1st Patrick H 2nd Lewis C

Congratulations to the 2021 winning house Polding!

House Points

1st Place: Polding 293
2nd Place: Gilroy 264
3rd Place: Crawford 255
4th Place: Keenan 243

Congratulations to the winning Spirit house for 2021 Gilroy!

House Spirit Points

1st Place: Gilroy 310
2nd Place: Keenan 290
3rd Place: Polding & Crawford 250

Northern Beaches Cluster Swimming Carnival

On Tuesday 2 March Mrs Kate Richmond, Mr Damien O'Brien and Mrs Megan Mitford took a team of 35 Sacred Heart students to the Northern Beaches Cluster Swimming Carnival. The students and staff had a great day and it was fantastic to watch our amazing swimmers in action. A lot of our students swam personal bests on the day and a special mention to some of our younger swimmers who didn't receive a place overall but swam extremely well and placed in their heats.

Congratulations to the following students for their outstanding effort and results on the day:

- Elias B: 4th place 11yr Butterfly, 4th place 11yr Backstroke, 4th place 11yr Breaststroke, 4th place Senior Freestyle Relay.
- Abigail C: 4th place 12-13yr Butterfly, 4th place Senior Freestyle Relay
- Patrick H: 2nd place 12-13yr Butterfly, 4th place Senior Freestyle Relay
- Tasman C: 3rd place Jnr Breaststroke
- Ella M: 2nd place Breaststroke, 4th place Senior Freestyle Relay
- Aleana A: 3rd place Junior Freestyle Relay
- Camilla H: 3rd place Junior Freestyle Relay
- Maggie D: 3rd place Junior Freestyle Relay
- Lola M: 3rd place Junior Freestyle Relay
- Ava W: 4th place Senior Freestyle Relay
- Isabelle A: 4th place Senior Freestyle Relay
- Byron B: 4th place Senior Freestyle Relay
- Samuel J: 4th Place Senior Freestyle Relay

One of the highlights at the end of the day is when Mr O'Brien rescued an injured pigeon who was flying around the stands. The children were very worried about the bird as it appeared to have its legs tangled in a lot of hair and string. The children named the bird "Fearless Hairy legs" as it was very calm and relaxed when we captured him with a towel. Mr O'Brien took the bird to the vet and the vet contacted WIRES! An eventful day had by all!



Finally, a huge congratulations to **Ella M** and **Patrick H** who went on to swim in the Regional Swimming Carnival on Tuesday 9 March. Patrick came 3rd in the 50m Butterfly and goes through to the next carnival. Ella came a very close 4th in her 50m Breaststroke.

Good luck, Patrick, who will represent the Broken Bay team at the Polding Swimming Championships on Monday 22 March.

Kate Richmond, PE Teacher

Birthdays

Happy Birthday from all at Sacred Heart to the following students who have had their birthday to the end of this week:



Jaydon C

Beatrice A

Aisling M

Leanne B

Jaxon L

The Hub

*The
Hub*

SACRED HEART
PARENTS GOLF DAY
FRIDAY 23RD APRIL FROM 12:00 PM
BAYVIEW GOLF CLUB
ALL WELCOME

\$130pp
includes 18 holes of golf, golf cart, meal +
beverage prior to tee off
LUNCH SERVED AT 12PM - TEE
OFF AT 1PM
**TO BOOK YOUR SPOT EMAIL
DAMIAN.LEEHANG@ALLIANZ.COM.AU**

Second Hand Uniform Shop Opening Hours

Our second hand Uniform Shop will be reopening from Week 3. All items \$3.00, payable via QKR! only (no cash).

One visitor at a time, and please sign in at the Compass Kiosk at the office window.



Times:

Tuesdays 8:30-9:15am (Nicole)

Wednesdays 8:30-9:15am (Amy)

Thursdays 8:30-9:15am (Nicole)

Friday's 8:20-8:50am (Sam) and 2:30-3:00pm (Tanja)

We welcome uniform donations **in good condition.**

Unfortunately, we can no longer take white sports shirts as donations.

SHMV HUB (P&F) admin@shmvparents.com

Or contact Nicole Kelsall on

Email: admin@shmvparents.com

Website: www.shmvparents.com

Enrolling now for 2022

Open Days
Thursday 22nd April & Wednesday 21st July

School Tours: 9:00-11:00am
Principal's Address: 9:30am

INSPIRING YOUR CHILD TO LOVE LEARNING AND BE THE BEST THEY CAN BE

At Sacred Heart Mona Vale, our community is what makes us different. Community is an essential part of our school as teachers, families and students care for and support each other throughout their time at the school. The wellbeing of all children in our care is pivotal to everything we do and plays a vital part in their academic success. We offer a dynamic learning environment featuring modern facilities, extensive outreach programs and many sporting opportunities. Principal, Suellen Garey, leads a dedicated and professional team, proud of the academic results they have achieved for their students and committed to guiding them to be the best they can be.

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Phone: (02) 9999 3264 Email: shmv@dbb.catholic.edu.au Web: www.shmvdhb.catholic.edu.au
All families looking for a faith-based education for their child are welcome to apply

Community News

Community
news



DATES: 14, 15 & 16TH APRIL, 2021

TIME: 5 to 9 Yrs old 9:00 to 12:00pm

10 to 14 Yrs old 1:00 to 4:00pm

VENUE: Northern Beaches Indoor Sports Centre

AGES: broken into age groups

COST: \$105 (if camp is cancelled, total refund)

NO SINGLE DAYS MUST PAY FOR 3 DAYS

PLEASE BRING LIGHT SNACK & WATER

Due to Covid-19 restrictions there will be limited numbers, & No spectators. MWBA Will provide sanitised balls on the day. No balls to enter the stadium.

[HTTPS://WWW.TRYBOOKING.COM/BPNDR](https://www.trybooking.com/BPNDR)

MWBA PINK BALL

TERM 2 2021

FOR GIRLS 7-12 YRS WHO WOULD LIKE TO LEARN BASKETBALL SKILLS WITH FEMALE COACHES.

DATES: SAT 1st May to 19th June, 2021

TIME: 1:20-2:20 PM

VENUE: NORTHERN BEACHES INDOOR SPORTS CENTRE

COST: \$100 INCLUDED A PINK BALL

Only 40 tickets available due to covid restrictions.

Active kids vouchers welcome.

Please email voucher to: www@manlybasketball.com.au with your child's DOB and a code will be sent to you to void payment.

To Book: <https://www.trybooking.com/BPNEB>

BASKETBALL AUSTRALIA'S OFFICIAL JUNIOR GAME DEVELOPMENT PROGRAM FOR 5-10 YEAR OLDS AND THEIR FAMILIES

Victory Centres Aussie Hoops is all about learning to play basketball in a fun and safe environment. Our national coaching curriculum and sequentially developed program consists of warm-up games, skill activities and modified games all delivered by accredited coaches. We invite you to explore our website and welcome you to the Australian basketball community.

REGISTER NOW

**No Spectators
Limited Numbers**

Dates: Sunday 1st May to 19th June, 2021

Time: 9:00-10 am

Ages: 5-10 years old, boys & girls

Cost: \$160 New Participant (includes \$45 starter pack + \$110)

\$110 Returning Participant

Venue: NBISC, Jacksons Rd, Warriewood

Head Coach: Jerome Lee

Booking: <https://ausiehoops.com.au/find-a-program>

Learn the skills of Basketball in a fun learning environment with qualified coaches.

Ages: 5-12 yrs 2:30-3:20pm

Broken into groups according to age and ability.

Venue: Northern Beaches Indoors Sports Centre

Cost: \$100 for 9 weeks..

Active Kids Vouchers Welcome

Saturday Learn To Play

TERM 2 2021: 24TH APRIL TO 19TH JUNE 2021

To Book: <https://www.trybooking.com/BPNEQ>