



Sacred Heart Catholic Primary School

Cnr Waratah & Keenan Street, Mona Vale NSW 2103

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Term 2 Week 6 - 26 May 2021

Term 1 Core Value:	Respect
School Rule:	Show compassion for ourself, others and the environment
Expectation of Behaviour:	Listen to someone who is sad

Dear Parents

The school had a lovely Mass on Monday to celebrate 200 years of Catholic Education in Australia. Mass was celebrated around the country at 10:30am and was a beautiful reminder of the traditions and history of Catholic education.

Tonight parents are invited to the hall at 7:00pm if they are interested in their child joining the training band in Term 3. Miss Hopf will speak regarding suitability of instruments and requirements for children who wish to join the band.

SACRED HEART MONA VALE BAND

BE IN THE BAND

Congratulations to the huge team from Sacred Heart who represented the Catholic schools on the northern beaches at the Diocesan Cross Country at Fagan Park yesterday. Congratulations to Jay C who was placed fourth in the Diocese and will now represent the Diocese at Easton Creek in the Polding Carnival.

The 'Fit Fun Color Run' is on tomorrow! It is suggested, but not essential, that children wear old white clothing and their swim goggles or sunglasses to school. The powder is non toxic and will not be sprayed above the shoulders. Thank you to the Year 5 parents, especially Mrs A Lytham and Mrs. K McCamey and the team of helpers who have worked filling bottles with colored powder in preparation for the event.

Children who attend Sacred Heart are required to wear a school uniform. Parents are asked to check their student's attire to ensure that it is the correct school uniform. Children are to wear white shoes for sport and black school shoes. The girls winter uniform does have a green tie, from a safety perspective girls are reminded that the only earrings that are acceptable are small gold or silver studs or sleepers. Hair ribbons should be the color of the uniform. Boys shirts are white for every day or green for sport. The school sports uniform is not a white shirt it is a green shirt that has been available for a number of years from Cowan and Lewis. The only company approved to provide our school uniform is Cowan and Lewis. Jewellery is not permitted except for a watch. Some students are wearing hats that are tattered and torn, these also do need to be replaced. Thank you for enabling our students to be the best they can be and to present themselves for school in the neatest way possible!

Mrs Suellen Garey
PRINCIPAL

Like and follow us at: [facebook.com/sacredheartmonavale](https://www.facebook.com/sacredheartmonavale)

Like and follow us at: twitter.com/SHMV16



Respect



Compassion



Justice



Service

Religious Education



Confirmation

This weekend our Confirmation candidates participate in the third ritual at any of the weekend masses.

Contact Suzy or Angela at the Parish office for further information: 9157 0999

Weekday Class Masses for Term 2

Classes are rostered to attend the Wednesday Morning Parish Mass at 9:30am in the church.

Wednesday 2 June @ 9:30am - Year 3 Class Mass, Sacred Heart Church

Wednesday 9 June @ 9:30am - Kindergarten Class Mass, Sacred Heart Church

Wednesday 23 June @ 9:30am - Year 1 Class Mass, Sacred Heart Church

Parents and family are very welcome to attend weekday masses.

Prayers

Please keep in your prayers all of our students who are preparing to make their Confirmation.

If you have any Good News or if you need our prayers, please, contact me by email.



PARISH WEEKLY BULLETIN can be found [here](#)

Chris McBryde

Religious Education Coordinator

chris.mcbride@dbb.catholic.edu.au

Wellbeing

Wellbeing Week (31 May – 4 June)

Next week is Wellbeing Week, the theme is **Be Kind**. The children will be learning about Kindness and how it means **being friendly, generous and considerate to the environment, yourself and others**. When we are kind to others, ourselves and the environment. We make the world a better place.

During Wellbeing Week, the children will be encouraged to look for and participate in acts of kindness. Each class will have the Kindness Pledge up in their rooms. They will be encouraged to write or draw about their own and other's acts of kindness.



Kindness Pledge

I pledge to myself on this day
To be kind in every way.
To everyone, both big and small,
I will help them if they fall.
When I love myself and others too,
That is the best that I can do.

The children will take part in Respectful Relationship Groups which is led by our Year 6 students. The children will be completing a See, Think, Wonder about what they think 'Be Kind' means. **Respectful Relationships builds on creating authentic student participation through Student Voice**. When children are taught the explicit social and emotional skills to appreciate others, they become more socially aware and build their relationship skills.

Wellbeing Week creates meaningful opportunities for the whole school to focus on their social and emotional learning. Research suggests that a positive sense of self, strong sense of belonging and the ability to practise the

Respect



Compassion



Justice



Service

skills of social, emotional learning enhance a person’s overall wellbeing when it happens in a safe and supportive school environment (Teacher Magazine).

Wellbeing Ideas for at home- No Homework-

Monday	Tuesday	Wednesday	Thursday	Friday
Be Kind to a family member that does not live with you. Ring, Facetime, message or email them with a kind message	Be Kind to your family- play games, chill out together	Be Kind to Mum and Dad- Help around the house	Be Kind to a neighbour or close family- Write a letter/Card and drop it in their letterbox	Be Kind to yourself and watch your favourite movie and have an easy dinner



The Sacred Garden has been producing some beautiful lettuces and snow peas that have been delicious and tasty. Thank you to all the families who have supported as we their Woolworths Discovery Garden seeds.



SRC and ECO Leaders- Wonder Recycling Rewards: The SRC and Eco Leaders are calling on our school to collect all plastic bread wrappers and bread tags. Sacred Heart is taking part in collecting bread tags and the plastic bread tags. All the collected plastics will be used to create wonderful new things like school play equipment! If you would like to watch more about the recycling initiative look at the link: <https://youtu.be/H41axJzcrHE> . Please help the SRC and Eco Leaders to collect as many tags and bread bags (they can be bread bags from any bread)



Skye Nolan-Brown, Co-ordinator

Live Life Well @ School

MINDFULNESS MEDITATION

Mindfulness Meditation is a helpful tool to help children manage the heightened emotions they may be experiencing. It gives them time to breathe and imagine, be quiet and still and know that it is ok to have feelings.

Check out **Smiling Mind** for:

- Free meditations to use with your child & the family
- Digital care packs to support children through the current times and beyond

www.smilingmind.com.au

Developed by Northern Sydney Local Health District

NCCD – Student Inclusion in the NCCD



Nationally Consistent Collection of Data (NCCD) On School Students with Disability

*This information sheet is to provide information to parents and carers whose child or young person has been included in the National Consistent Collection of Data (NCCD) for **SCHOOL NAME's** Commonwealth census count in August 2021.*

What is the Nationally Consistent Collection of Data?

Schools must now complete the *Nationally Consistent Collection of Data on School Students with Disability (NCCD)* every year. It counts the number of students who receive additional adjustments or "help" at school because of a disability. The NCCD helps governments plan for the needs of students with disability.

Who is counted in the data collection?

To count a student in the NCCD, schools must think through some key questions:

1. Is your child getting help at school so that they can take part in education on the same basis as other students?
2. Is the help given because of a disability? The word 'disability' comes from the Disability Discrimination Act 1992 (DDA) and it can include many students (see below).
3. Has the school talked to you or your child about the help that they provide?
4. Has the school kept records about the help they provide, your child's needs and the reasons that your child needs this help? The school will need to keep copies of tests, student work, assessments, records of meetings, medical reports or other paperwork and information about how your child's learning is moving along over time.

Once the school decides that your child should be counted in the NCCD, they then choose a disability group and one of four levels of help that has been given to your child whilst they are at school.

What does the word 'disability' mean in the NCCD?

In the NCCD the word 'disability' comes from the *Disability Discrimination Act 1992 (DDA)*. There are four types of disability that the school can choose from; sensory, cognitive, social-emotional and physical.

Many students that need help at school can be counted in the NCCD. For example, students with learning problems, e.g. specific learning disability or reading difficulty (sometimes called dyslexia), health problems (e.g. epilepsy or diabetes), physical disability (e.g. cerebral palsy), vision/hearing loss and social-emotional problems (e.g. selective mutism, Autism Spectrum Disorder, anxiety).

Letters from doctors or specialists can be very helpful for schools as they plan how to support students with their learning. Schools do not need to have these letters before they can count a student in the NCCD. Teachers can use all that they know about your child's learning and the records that they have collected over time to decide if a student can be counted in the NCCD.

Catholic Schools Broken Bay

Caroline Chisholm Centre Building 2, 423 Pennant Hills Road, Pennant Hills, NSW 2120 | PO BOX 967 Pennant Hills NSW 1715
02 9847 0000 | csoddb.catholic.edu.au | cso@dbb.catholic.edu.au



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What sort of help does the school give students?

Students need different types of help at school. Some students need a little help sometimes while other students need a lot of help nearly all the time. The type of help given depends on the needs of the student. The help can include changes to the school buildings or grounds (e.g. ramps or things like special desks or chairs), extra teacher help in classes, special learning programs, changes to the work they give the student or extra adult help.

What will the school need to know about my child for the NCCD?

Schools work together with families to understand the needs of each child. It is helpful if families give their child's teacher a copy of any letters or reports they have. The letters or reports will help the school understand the child and the help that they might need. Letters from doctors, psychologists, speech pathologists, doctor, and occupational therapists etc. can be very helpful for schools. These reports along with information that the teacher has (i.e. school based tests, your child's work and learning plans) helps the school to understand and meet your child's needs.

What happens to the NCCD data? Who will have the NCCD information?

Each school principal must check the NCCD data in August of each year. The school will give the information to the Catholic Education Office. The school will work with the Catholic Education Office to make sure that the NCCD data is OK before they give the data to the Commonwealth government as part of its annual census process. The government will not be given the names of any students or any letters or records. Please ask your school for their privacy policy if you need to know more.

Does the school need me to agree with them about counting my child in the NCCD?

Changes were made to the law (*Australian Education Act 2013* and *Australian Education Regulation 2013*). Schools do not need you to agree to let them count a child in the NCCD. You cannot ask the school not to count your child. The school does however need to discuss with you the help that your child needs and the help that is being put in place for your child at school to access, engage and participate in learning on the same basis as other students.

Where can I find out more?

If you have questions, you can ask your child's school for help. The person to contact at your child's school is:

- Name:
- Role/Position:
- Contact Email:
- Contact Phone Number:

You can also find out more by looking at:

- ✓ The National NCCD portal – www.nccd.edu.au there is a specific section for parents regarding information about the NCCD
- ✓ 2020 National NCCD Guidelines - https://www.nccd.edu.au/sites/default/files/2020_nccd_guidelines.pdf
- ✓ The Disability Standards for Education - <https://docs.education.gov.au/documents/fact-sheet-2-disability-standards-education-2005>
- ✓ The Disability Discrimination Act 1992 - <https://docs.education.gov.au/documents/fact-sheet-1-disability-discrimination-act-1992>



Fit Fun Colour Run



FIT FUN COLOUR RUN

THURSDAY MAY 27



**Flying Fox Park and
on the School Grounds**

Children to wear old
white clothing and
swimming goggles
for eye protection

Pledge Forms for donations
to be returned to school
for great prizes!

**ALL DONATIONS
TO BE PLACED
ON QKR**

LOADS OF PRIZES UP FOR GRABS

Tomorrow is our Fit Fun Colour Run.

Excitement levels are high amongst the children and the weather is looking great for the day.

A reminder to submit your sponsorship donations into QKR.

The silent auction closes at 9pm tomorrow night (Thursday 27 May) and there are over 50 items on there and many bargains.

Click here.....

[Fit Fun Colour Run 's Auction | MyMiniAuction](#)

Band News



TERM 2 Band Fees are due and payable by QKR! (under school payments) - \$87.50

Concert Band

We are so excited to be performing at the **Northern Beaches Instrumental Festival at Pittwater High School on Monday, May 31 from 5pm-6:15pm!** Spectators are welcome! Purchase tickets at the door for \$5.00 per adult, \$3.00 concession or \$10.00 per family. These tickets are valid for the entire festival and entitle the holder to entry to the Gala Concert. Tickets are not available for pre-purchase.

For details, visit <http://www.nbswe.org.au/festival.htm>.

The Concert Band is for students who have been tutored to play a brass, woodwind or drums and percussion instrument for over 12 months. There is no age restriction. It is more about competence and experience. For enquiries, please email Maia Hopf, Band Director, at maiamorningstar@gmail.com.

Training Band

The Training Band is for students who have started learning an instrument this year or plan to later in the year.

We will be holding a Training Band information night at 7pm on 26 of May in the School Hall! Parents of any student, Year 2 or above, who are interested in learning an instrument (or has just started learning) are welcome. Come and meet Maia Hopf, our Band Director, and ask any questions you might have about your child joining the Training Band.

From Term 3, Training Band will be rehearsing at 7:30am on Friday mornings.

Maia Hopf, Band Director

Birthdays

Happy Birthday from all at Sacred Heart to the following students who have had their birthday this week:

Isaac C Leira W Angelina Z Alexandra T Zac M



Canteen

June/July Winter Special: Mondays only, commencing 7 June. Delicious Bolognese Pasta (220gms) – lean beef mince, cooked pasta, carrots, crushed tomatoes, onion, garlic and cheddar cheese. On-line lunch orders only through QKR! \$4.80. (This produce contains wheat and dairy)



Confirming this week’s canteen roster for Thursday 27 May and Friday 28 May:

CANTEEN ROSTER (start 9.30am - finish 1.45pm)	
Thurs 27 May	Nicole B, Naomi L
Fri 28 May	Kellie F, Emma W and Anastasia A (11am-1:30pm)

Next week’s canteen roster is:

CANTEEN ROSTER (start 9.30am - finish 1.45pm)	
Mon 31 May	Christine T, Daniel B
Thur 3 Jun	Julie H, Pam S, Robyn F
Fri 4 Jun	Andy D, Margaret C, Shanna H

Kay Neale, Canteen Co-ordinator

Kiss and Ride

If you are interested in becoming a volunteer please contact Rebecca Molinaro 0414 416 874 or email becmolinaro@outlook.com



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		26 May	27 May	28 May
		ALISON G	REBECCA M	TATIANA N
31 May	1 June	2 June	3 June	4 June
AMBER L	ALISON G	ALISON G	VACANT	TATIANA N
7 June	8 June	9 June	10 June	11 June
MELINDA B	ALISON G	ALISON G	REBECCA M	TATIANA N
14 June	15 June	16 June	17 June	18 June
PUBLIC HOLIDAY	JULIE F	KARISSA M	REBECCA M	TATIANA N
21 June	22 June	23 June	24 June	25 June
AMBER L	SALLY W	ALISON G	REBECCA M	PUPIL FREE DAY

The Hub



Second Hand Uniform Shop Opening Hours

Our second hand Uniform Shop is now open. All items \$3.00, payable via QKR! only (no cash).

We are in need of good quality second hand winter uniforms, especially shirts and jumpers/jackets.

Unfortunately, we can no longer take white sports shirts as donations.



Times:

- Tuesdays 8:30-9:00am (Nicole)
- Wednesdays 8:30-9:00am (Amy)
- Thursdays 8:30-9:00am (Nicole)
- Friday's 8:20-8:50am (Sam) and 2:30-3:00pm (Tanja)

SHMV HUB (P&F) admin@shmvparents.com

Or contact Nicole Kelsall on

Email: admin@shmvparents.com

Website: www.shmvparents.com

SACRED HEART MONA VALE BAND

BE IN THE BAND

Why join the band?

- learn to read music and play an instrument;
- be part of a music "team";
- gain a skill for life that will progress in high school
- gain confidence, discipline, teamwork skills, a sense of achievement, and great relationships with their peers!

What's involved?

- have weekly 30 minute lessons with a specialised tutor on their instrument;
- practice three times a week at home;
- attend weekly rehearsals, concerts and workshops for the whole year.

Contact

Maia Hopf, **Band Director**
maiamorningstar@gmail.com



What can I play?

Flute
Oboe
Clarinet
Bass Clarinet
Alto Saxophone
Tenor Saxophone
Baritone Saxophone
Trumpet
French Horn
Trombone
Euphonium
Bass guitar
Percussion
Keyboard



InterSchools Snowsports Championships

Calling all Skiers and Snowboarders!

We would like you to join our Sacred Heart snow sports team this season at the The SUBARU Northern NSW & QLD Interschools Snowsport Championships in the June/July School Holidays at Perisher Valley from Monday 28th June to Friday 2nd July.

The cost to enter is \$49.00 per race plus \$30.00 registration per child. Please note that the entire fees do not include your lift ticket. You will have to arrange your own accommodation and transport to and from the event.

There are three divisions, boys and girls compete separately.

Division 4 - Years 5 & 6

Division 5 - Year 4 to Kindy

Division 6 - Year 2 to Kindy (Please note Division 6 is only offered in Alpine & Ski Cross)

Race options are:

Alpine GS – Skiers are timed on a modified giant slalom course.

Ski Cross – Skiers are timed individually on a course including jumps and high-banked turns.

Freestyle Moguls – Skiers are scored on a bumps/jumps course.

Snowboard GS – Snowboarders are timed on a modified giant slalom course.

Snowboard Cross – Snowboarders are timed individually on a course including jumps and high-banked turns.

This event is **not** organised by Sacred Heart School. Please direct any questions to **Belinda Wearne** on **0415 205 227**. **Entries close w/c 7th June.**



SACRED HEART FIT FUN COLOUR RUN - SPONSORS

The Fit Fun, Colour Run committee would like to thank the following companies who have so generously donated prizes to our event and silent auction.



Respect † Compassion † Justice † Service



School Holiday Camps

NORTHERN BEACHES FUTBOL ACADEMY



5 & 6 July

Pittwater RSL Futsal, Mona Vale

Monday & Tuesday

09.00 - 12.30 hours
(drop off from 08.45 hours)

Price \$55 per day

28 & 29 June

German International School,
Terrey Hills

Monday & Tuesday

09.00 - 12.30 hours
(drop off from 08.45 hours)

Price \$55 per day



To Book:

Scan QR code for
booking form!

Phone:
0452 014 597

Email:
info@nbfutbolacademy.com.au



Winter Holiday Camps

28th June 2021 – 12th July 2021



Join our Holiday Camps and play soccer indoors on grass

CAMPS FILL FAST, SO BOOK NOW!

Here at the Football Factory we acknowledge the necessity to focus on the development of an individual's skills. It is important that children have fun whilst they learn new skills, and that's why we've tailor made our school holiday camps to be both fun and engaging!

- Professionally qualified & engaging FFA & AFC coaches.
- Learn new tricks, skills and techniques to improve your overall ball mastery and game play. We will teach you how to execute a 'Zidane Turn', 'The Socrates', 'Rabona', 'Maradona Spin', 'Cryuff Cut', 'Ronaldo Chop', or learn how to do a 'Rainbow Flick'!
- Each day has a different 'Football Focus'. Tricks, skills and moves relevant to the daily focus will be taught.
- Build your child's confidence and self-belief in a nurturing, and fun environment where they can improve their skillset. This leads to more creative players on the football field.
- Play football, no matter what the weather, in your boots!
- Finish the day with Laser football!
- Clean and safe environment where individual needs are catered to.

Check it Out!



The Football Factory | Unit 2, 8 Aquatic Drive, Frenchs Forest | (02) 9972 7766 | thefootballfactory.com.au

