



Sacred Heart Catholic Primary School

Cnr Waratah & Keenan Street, Mona Vale NSW 2103

T: (02) 9999 3264

W: www.shmvdbb.catholic.edu.au • E: shmv@dbb.catholic.edu.au

Term 4 Week 8 - 25 November 2021

Term 4 Core Value:

Service

School Rule:

We are of Service to others and in the environment

Expectation of Behaviour:

Visit or call a grand-friend

Dear Parents

Advent is upon us.

It's possible that complacency can allow us to move through life comfortable with our quality of life and the fact that "we don't hurt anyone". We appear to be doing the right thing. But, when we look at Jesus whom we are preparing to welcome, are we as good as we think?

"Jesus journeyed from one town and village to another preaching and proclaiming the good news of the Kingdom." Luke 8:1

His companions were his quarrelsome apostles as well as some women who were friends or had been healed or had been "sinners".

Advent offers an opportunity for us to have a good look at how we are journeying: what's the state of repair of our Freeway? In what direction is it headed? Is it simply stretching off into the distance or is it going somewhere significant that indicates true purpose in our life.

*"Lord, thank You for Advent and its insights into Your way of loving and for helping me to examine my own patterns.
Help me to support Your work, Your way with those with whom You invite me to journey.
Amen."*

Congratulations to the 38 children from Year 5 who presented themselves so eloquently and confidently for student leadership in 2022. Due to a last minute, we needed to zoom speeches to classrooms where the children from year 2-5 voted for their preferred candidate. School Captains and Vice Captains, Colour House and Liturgy Captains will be announced at the Thanksgiving Liturgy in Week 11. Unfortunately parents are unable to attend this liturgy at this stage of Covid restrictions.

The SRC leaders as well as the Environment, Tech and Library leaders will be announced next year. Leadership badges will be presented to all students at the Welcome Mass 2022.

Thankyou to the parents who advised the school of a covid outbreak in a nearby school. If there was any need for our school to respond to any Covid situation we will be advised by NSW Health. At Sacred Heart we are continuing to follow NSW Health advice regarding restrictions and will notify parents immediately if the advice changes.

Mrs Suellen Garey

PRINCIPAL

Like and follow us at: [facebook.com/sacredheartmonavale](https://www.facebook.com/sacredheartmonavale)

Like and follow us at: twitter.com/SHMV16



Respect



Compassion



Justice

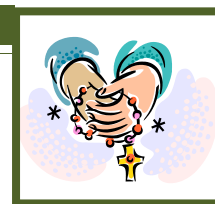


Service

Religious Education

Advent

This Sunday it is the start of Advent. The word advent comes from the Latin *adventus* meaning coming: we wait and watch for the arrival of Christ. Advent is a time to reflect on how we are welcoming Jesus into our lives. We often hear the song *O’ Emmanuel* meaning God is with us. Have you ever thought why do we use the word Emmanuel? It comes from the Old Testament Book of Isaiah and then in Matthew’s Gospel we then hear the word again with the word Jesus Christ.



On Friday the children will have a class liturgy to mark the Advent Season. Each class will have a purple cloth and candles to signify the advent wreath.



An Advent Wreath is a useful symbol of the season. The progressive lighting of the candles over the four weeks of Advent is a way to mark the passing of the time while we watch and wait for the advent of Christ at Christmas. This symbol comes from the Northern Hemisphere where Advent is celebrated during winter. In the dead of winter, the nights are long and the sun is too far away to give warmth to the earth. So it is appropriate to use candle light as a symbol of hope.

The use of light also reflects what Luke’s gospel says about the advent of Christ: ‘By the tender mercy of our God, the dawn from on high will break upon us, to give light to those who sit in darkness and in the shadow of death, to guide our feet into the way of peace.’ (Luke 1:78-79) (Brisbane Catholic Education 2010)

Why not bring Advent into your home and create your own Advent Candles?



Create your own Advent Candles

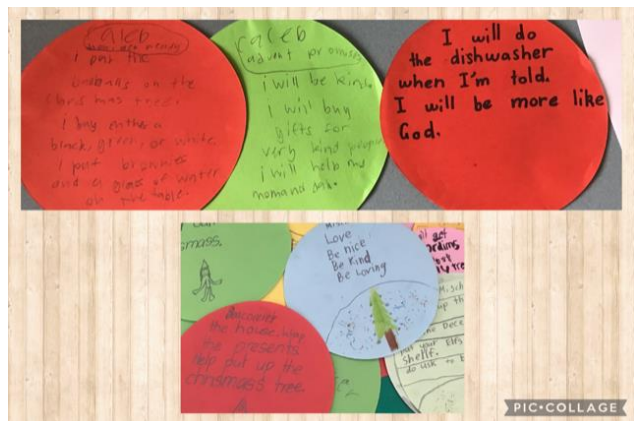
1. Purchase 4 white pillar candles or 3 purple and 1 pink
2. Cut out 3 Purple Ribbons and write Hope, Love and Peace
Then cut out one Pink Ribbon and write Joy
3. Glue around the Candles
4. To protect you can cut pieces of contact plastic and place around the whole candle.

Religious Education Curriculum

Year 2 have been learning about: **How we are made in the image of God?**

They have been looking at the questions:

- What is God Like?
- Who in your life reflects the face of God?
- How does prayer help us?



The children in Year 2 have been reflecting on how a Good Friend can be the image of God and what can they do to help others during Advent to Christmas.



Respect



Compassion



Justice



Service

Christmas Eve Masses

Helpers for Christmas Eve Mass!

Pittwater Parish is renowned for its 5pm Children's Mass on Christmas Eve and of course we need lots of helpers and children to participate.

Would you be able to spare one hour of your time on Christmas Eve to help set up the chairs for Christmas Eve Mass?

We are calling on a team of people to help with setting up for the Christmas Eve Mass. We will be doing this at 10:00am on Christmas Eve. If you could come and help, I would greatly appreciate your time. skye.nolan-brown@dbb.catholic.edu.au

Calling for all Angels, Shepherds, Wise Men, Innkeepers, Donkey, Mary and Joseph?

Christmas Eve Liturgy/Play Participation (Children)

Children participation in our Christmas Eve Mass is part of the magic of this special occasion. I would like to include the children from our school who will be attending the Christmas Eve Liturgy/Play to take on roles.

We will need readers, dancers, singers etc. If you know that you will be attending the mass and would like your child/children to be involved, Please email your reply, skye.nolan-brown@dbb.catholic.edu.au

Class Masses: Unfortunately, we have had to cancel class masses at 9:30 due to restrictions.

Religious Education Dates

Friday 3 December –	Suellen's Thanksgiving Mass @ 5:30pm (Parents Only)
Thursday 9 December-	Year 6 Graduation @ 1:30pm
Wednesday 15 December	Thanksgiving Mass Years 4-6 Thanksgiving Liturgy in the Hall Kindergarten to Year 3

Prayers

If you have any Good News or if you need our prayers, please, contact me by email: skye.nolanbrown@dbb.catholic.edu.au

PARISH WEEKLY BULLETIN can be found at <https://www.bbcatholic.org.au/pittwater/news-events/bulletins>

Skye Nolan-Brown

Acting Religious Education Co-ordinator

Wellbeing

Last week was wellbeing week and students participated in a range of activities relating to our theme of "Reconnection". It was a fun week filled with team building, making new connections and reigniting past connections.





The Eco Warriors are keenly promoting Waste Free Wednesday in their classrooms. Students are awarded a star point or reason to smile for their waste free lunch box each Wednesday.

Suzy Driscoll, Co-Ordinator

From the Office

2022 DATES FOR YOUR CALENDAR

Friday 28 January	Staff Development Day
Monday 31 January	Assessment Day for Kinder – Yr 6
Tuesday 1 February	Years 1-6 Commence
Tuesday 1 February	Assessment Day for Kinder (continues)
Wednesday 2 February	Kinder Commence

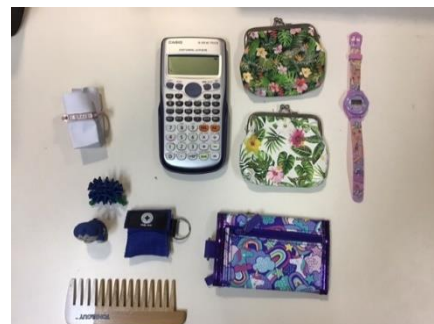


Assessment Booking information will follow once the teachers have been allocated to their 2022 classes.

LOST PROPERTY

We have a number of school jumpers, jackets and hats which do not have a name label. They are of various sizes. If you know your child has lost an item, please email the office with the size and style of clothing (eg. zip jacket or jumper) and we will try to identify the item and return it to you. All left over items at the end of November will be given to the uniform shop for resale.

It may be timely to check if you have someone else’s item to be returned to the school and ensure each item has a name label, as occasionally the pen washes off over time. We appreciate you ensuring items are labelled.



Carol Bartlett
Senior Administration Officer

Class Parents

We are still looking for **class parents for Year 5** please.

We are also seeking another volunteer for Year 4 to support the parent who has already volunteered for this year group.

If you can spare just a small amount of your time for a few occasions throughout the year it would be very much appreciated.

Please contact the office at shmv@dbb.catholic.edu.au if you can help.



New Uniform Orders

Cowan & Lewis Pty Ltd

A.C.N 000412779



1315 Pacific Highway
Turramurra NSW 2074
Phone 9449 9777
Web: www.cowanlewis.com.au

PO Box 119
Turramurra NSW 2074
Fax 9440 8931
Email: sales@cowanlewis.com.au

Dear Parents,

Due to the international shipping delays of the like never seen before, stock deliveries are running 8 weeks minimum behind schedule and are expected to continue into next year. These delays are also affecting our local wholesalers with fabric availability, which is impacting our local manufacturing at Kingswood and in Fiji.

We would encourage all new students to purchase or order uniform if out of stock prior to the end of the year to ensure they are catered for prior to the new school year.

Appointments are required to maintain instore social distancing of 1 person per 2 square metres. We also ask that customers QR check in and provide proof of Vaccination certificate on entry to staff members as required under the Governments COVID restrictions.

The Turramurra retail store located at 1315 Pacific Highway Turramurra is open Monday to Friday from 9am – 5pm and Saturday 9am to 12 noon and will be closed from 22 December.

Cowan & Lewis are very mindful of the inconvenience this may cause with restricted accessibility whilst avoiding unnecessary queuing and delays to ensure the safety of our Staff, Parents and students.

Appointments can be made on the Cowan & Lewis website www.cowanlewis.com.au. Select shop online, locate your schools crest, and click on the booking link and select the appropriate date and time.

- Each appointment will have a 20-minute duration.
- 1 Adult and 1 Child per booking
- For each additional sibling a booking will be required
- We ask that you arrive 10 minutes prior to your appointment
- If you arrive more than 5 minutes late to your appointment, we will unfortunately ask that another time be made to ensure the next appointment is not delayed

Alternatively online orders can be made and delivered to school twice a week on Tuesdays and Fridays during the school term. Exchanges can be arranged back through the school office by contacting Cowan & Lewis or leaving an exchange form in the bag to be collected, the exchange form can be located on the Cowan & Lewis website on your school's page.

Please note the appointment system above may change at any time as the State Government provides further advice. Changes will be notified on our website.

We thank you for your understanding and cooperation as we work through this challenging time and look forward to welcoming you to our store. Please feel free to contact our staff via email sales@cowanlewis.com.au or phone 9449 9777 should you require any further information.

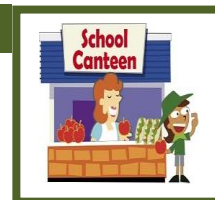
Staff and Management
Cowan & Lewis Pty Ltd

Canteen

Unfortunately, flavoured milks are unavailable this week but will be back in from 29 November.

If you are placing a large order, please remember to add a second bag.

HELP NEEDED: Friday 26 November, flexible time either 9.30am-1.45pm or 11am-1.30pm, please contact Kay.



Next Week's Roster:

CANTEEN ROSTER (start 9.30am - finish 1.45pm)	
Mon 29Nov	Leanne K (11am-1:45pm)
Thur 2 Dec	Nikki G (11am – 1:45pm), Mel S (9:30am-1:45pm)
Fri 3 Dec	Alana M, Kirsten W, Bec B

Kay Neale, Canteen Co-ordinator

SSHMV.canteen@dbb.catholic.edu.au

Kiss and Ride

KISS and RIDE ROSTER – TERM 4

STUDENT
DROP-OFF
AND
PICK-UP
AREA

Monday	Tuesday	Wednesday	Thursday	Friday
		24 November	25 November	26 November
		Tatiana N	Melinda B	VACANT
29 November	30 November	1 December	2 December	3 December
Amber L	Rebecca M	Tatiana N	Melinda B	VACANT
6 December	7 December	8 December	9 December	10 December
Kylie T	Rebecca M	Tatiana N	Melinda B	VACANT
13 December	14 December	15 December		
Kylie T	Rebecca M	Tatiana N		

If you are able to assist on the VACANT days, please contact Rebecca Molinaro on 0414 416 874.

Rebecca Molinaro
Kiss and Ride Co-ordinator

Christmas Gingerbread House Fundraiser

Sacred Heart Primary School has organised a festive Christmas Fundraiser the whole family will enjoy, selling 'Gingerbread Folks' kits straight to your door. All money raised will go directly to the school library to purchase new books.



Families can purchase kits through a dedicated webpage, then kits are sent directly to your doorstep! You can buy for yourself, or send a gift to a loved one. Link below to purchase and contactless delivery.

Choose from original, gluten free and chocolate gingerbread house kits. Generous 350g lollies available as an extra for a one-stop-shop! The online fundraiser closes on Nov 30.

https://rebrand.ly/SacredHeartCatholicPSMonaVale_gingerbrd_fundraiser



Second Hand Uniform Shop

Our second hand Uniform Shop is, unfortunately, currently closed to parents to visit.

If you are looking for second hand items, please email the office with size and type of uniform and we will do our best to help you out. It may take a few days to fill your order. All items \$3.00, payable via QKR! only (no cash).



COMMUNICATION *at Sacred Heart*

COMPASS



Official school portal to receive notifications, record absences and book/approve events and view school reports

SCHOOL NEWSLETTER via email & school website

Weekly newsletter sent out via email. A must read.

SCHOOL WEBSITE www.shmvdbb.catholic.edu.au

Comprehensive website full of information

SCHOOL EMAIL shmv@dbb.catholic.edu.au

You will also receive the email address of your teachers

SCHOOL FACEBOOK www.facebook.com/SacredHeartMonaVale

Official Facebook page for the school (public page)

You can engage and comment.



THE HUB (P&F) FACEBOOK www.facebook.com/shmvhub

Facebook page run by the HUB (public page)

You can engage and comment.

KINDY 2022 FACEBOOK GROUP (SHMV Kindy 2022)

Private Facebook group for parents of Kindy 2022 students (closed group)

You can engage, comment and post.



Community News



Summer Holiday Clinics

20th December 2021 – 28th January 2022



New Summer School Holiday Clinics outdoors!

CLINICS FILL FAST, SO BOOK NOW!

Here at The Football Factory we acknowledge the necessity to focus on the development of an individual's skills. It is important that children have fun whilst they learn new skills, and that's why we've tailor made our school holiday clinics to be both fun and engaging!

- Our morning coaching clinic focuses on skill and technique development with a daily *Football Focus*. Your child will learn tricks, skills and moves surrounding this focus.
- Full days include an afternoon of fun games and activities following our coaching clinic
- Learn new tricks, skills and techniques to improve your overall ball mastery and game play. We will teach you how to execute a 'Zidane Turn', 'The Socrates', 'Rabona', 'Maradona Spin', 'Cryuff Cut', 'Ronaldo Chop', or learn how to do a 'Rainbow Flick'!
- Professionally qualified & engaging FFA & AFC coaches.
- Build your child's confidence and self-belief in a nurturing, and fun environment where they can improve their skillset.
- Enhance player creativity with freedom to play joyful and expressive football.

Morning Coaching Clinic 9.00am-12:00pm | Full Days 9.00am-3.00pm

For 5-14 year olds

Book from 2 days to 10 days

Check it Out!





The Football Factory | thefootballfactory.com.au | (02) 9972 7766



TEEBALL

Come and Try Days!

Abbott Road Softball Fields, North Curl Curl
 Wednesday Dec 1, 4:30-6pm
 Saturday Dec 4, 10am-12pm







Register your interest now!
come-and-try.com



FREE & FUN