



Sacred Heart Catholic Primary School

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Term 4 Week 10 – 8 December 2021

Term 4 Core Value:

Service

School Rule:

We are of Service to others and in the environment

Expectation of Behaviour:

Give a helping hand at home

Dear Parents

*“...The sight of the star filled them with delight,
and going into the house they saw the child with his mother Mary,
and falling to their news they did him homage.*

Then opening their treasures they offered him gifts of gold and frankincense and myrrh....”

It is with great honour, excitement and a little sadness that I write my final newsletter as Principal for Sacred Heart Mona Vale. As you would be aware, I am retiring after 33 years in Catholic Education and 17 years as a Catholic School Principal, 7 years here at Sacred Heart. I have had an amazing professional career and have had the privilege of working with the most beautiful children, families and staff doing the most rewarding work, educating for the future and sharing my faith so others come to know and love Christ.

I have been so fortunate to have worked with some amazing religious people. I must mention in particular the Salvatorians from the Parish of Pittwater who are inspirational in their ministry - in particular Fr Richard, Fr Broniek and Fr George and their wonderful admin Suzy and Laura.

As I reflect on the years here at Sacred Heart I have wonderful memories having worked with the most passionate Assistant Principals, Mrs McBryde, Mrs Ngamu and Mrs Wheen, loyal leadership teams including Mrs Nolan-Brown, Mrs Driscoll, Mrs Williams, the hard working Admin staff Mrs Bartlett, Mrs Calleia and Mrs Andrews, supportive P & F teams led by Mrs J Johnston, Mrs A Lewis and Mr G Howard, Mrs K Warner-Smith, many hard working teachers and finally hundreds of beautiful children and their families. To all of you I would like to say thankyou for supporting me in my role as Principal of Sacred Heart. Thankyou for your friendship.

Last Friday evening the school and parish hosted a beautiful retirement celebration in the Parish centre. I was so humbled with the attendance of many Principals, teachers and parents as Fr Richard, Mr G Howard representing the Sacred Heart parent body and A Duncan representing the Diocesan Director, with my family recognised my contribution to Catholic education. Thankyou for the beautiful gift and to the liturgical dancers and singers who impressed all who attended.

What a fabulous community we have here at Mona Vale. We have many blessings here at Sacred Heart but we also have our challenges. Our enrolment numbers have increased showing the demand for our school in the local area, our Naplan results improved thanks to the dedicated commitment of our teaching staff and our children's wellbeing a primary focus. We have been challenged over the years by the Catholic Schools funding crisis, scandal and corruption within the Catholic Church and two years of a worldwide pandemic. We have celebrated and cried together always with our children being first and foremost at the heart of all we do.

The Covid-19 pandemic and consequent restrictions on schools in the past 2 years resulted in restrictions on the learning programs and our usual community celebrations. I am immensely proud of the way the teaching staff approached the home learning challenges and of the way our student and families embraced the challenges. There was much learning particularly around technology, independence, flexibility and resilience. I hope and pray that 2022 will be a year of new beginnings for the school and a return to the full and wonderful celebrations of community including whole school Masses.

Respect



Compassion



Justice



Service

We farewell Mr O'Brien, Mrs Curgenvin, Mrs Firman and thank them for their contributions to Sacred Heart over the years. We wish them all the best as they take on new directions. We wish Mrs Mitford all the very best for the birth of her second child as she commences Maternity leave.

We farewell our Year 6 students and families who are leaving our school, some of these families have had long associations with Sacred Heart and we thank them for their many contributions to our school community: Biok, Capell, Caruso, Cheeseman, Clarke-Bruce, Colver, Cook, Driscoll, Fabbro, Godley, Horty, Jarvis, Lloyd, Lund, Pricken, Quigley, Raso, Roberts (Jacinta), Roberts (Kayla), Rulli, Schellens, Seaglove, Shanahan, Sleight, Smyth, Sullivan-Bunt, Van Kilian, Wearne, Zofrea Families.

Class teachers for 2022

KindergartenMiss Perry, Miss Helm
Year 1..... Mrs Russell, Mrs Pitcher & Mrs Satchell
Year 2..... Mrs De Bressac & Ms Cahill
Year 3..... Mrs McBryde, Mrs Osborn and TBC
Year 4..... Mrs Driscoll and Mrs Thornton
Year 5..... Mrs Nolan Brown (REC) , Mrs Gibson
Year 6..... Mrs Wallace, Miss Paul



This week all students who were awarded the “Principal Award” throughout terms 3 & 4 celebrated at the Principal’s Morning Tea. This is a prestigious award given to only four children per year from each class. The recipients of this term’s core value award of Service are also to be congratulated for their exceptional behaviour.

Our year 6 students graduate on Thursday evening, 9 December and after a beautiful liturgical celebration in our church will celebrate at Pittwater RSL. We wish them all the very best for the future and know that embracing the core values of respect, compassion, justice and service, they are well prepared for high school. Thank you to the parents who have organised the dinner celebration and Graduation book especially Mrs C Bridges and Mrs B Wearne. Thankyou to the year 6 teachers Mrs Nolan-Brown and Mr O’Brien for their organisation of the Graduation ceremony.

The Thanksgiving liturgy to be held on Wednesday 15 December will be limited to students and staff only due to restrictions on numbers in church and on school sites. During the liturgy we give thanks for the year we have shared. We will farewell children and staff who are leaving, recognise and thank various people from our community and finally announce School Captains, Vice Captains, Liturgy and Sports Captains for 2022. The SRC, Library and Environment leaders will be announced next year when badges are presented at the Beginning of the Year Mass.

Start dates 2022:

Friday 28 January - Teachers only commence
Monday 31 January - Assessment Day Years K-6, book online in COMPASS
Tuesday 1 February - Years 1-6 commence, Kindergarten Assessment Day
Wednesday 2 February - Kindergarten commence

And finally for all - a beautiful Irish Blessing...

*May the road rise up to meet you
May the wind always be at your back
Until we meet again
May God hold you in the palm of his hand.*

*Wishing you and your families a peaceful and joyous Christmas and
a New Year filled with hope and blessings.*

Mrs Suellen Garey
PRINCIPAL

Like and follow us at: [facebook.com/sacredheartmonavale](https://www.facebook.com/sacredheartmonavale)
Like and follow us at: twitter.com/SHMV16



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Religious Education

Advent

This week is the 3rd Week of Advent. During the third week of Advent, we hear about how John the Baptist proclaimed the Good News of the birth of Christ saying:



*I baptize you with water;
but one who is more powerful than I is coming;
I am not worthy to untie the thong of his sandals.
He will baptize you with the Holy Spirit and fire.*

Prayer for Advent

God of Love,
Your son, Jesus, is your greatest gift to us.
He is a sign of your love.
Help us walk in that love during the weeks of Advent,
As we wait and prepare for his coming.
We pray in the name of Jesus, our Saviour.
Amen.



The third candle is the candle of Joy. It signifies the joy that the world can experience. It is the Pink candle and the reason for it being rose/ pink is that is the liturgical colour of joy.



Why not bring Advent into your home and create your own Nativity Scene?

Create your own Nativity Scene

Materials:

- Contact paper
- Nativity Silhouette
- Colourful tissue paper cut into squares
- Scissors

Instructions :

- Print and cut out your nativity (search Nativity Silhouette- there are some excellent ones on Google)
- Lay out your contact paper sticky side up.
- Centre your nativity silhouette on top of the contact paper.
- Begin placing squares of tissue paper inside the activity silhouette to create the look of stained glass.
- Once the nativity is filled with tissue paper, lay a second sheet of contact paper on top of the entire project. Be careful not to trap air bubbles.
- Trim the excess contact paper with scissors.
- You can either tape your stained-glass nativity to your window or use a hole punch and hang it from a string. Either way, it will look great.

Christmas Eve Masses

Helpers for Christmas Eve Mass!

Pittwater Parish is renowned for its 5pm Children's Mass on Christmas Eve and of course we need lots of helpers and children to participate.



Would you be able to spare one hour of your time on Christmas Eve to help set up the chairs for Christmas Eve Mass?

We are calling on a team of people to help with setting up for the Christmas Eve Mass. We will be doing this at 10 am on Christmas Eve. If you could come and help. I would greatly appreciate your time.

skye.nolan-brown@dbb.catholic.edu.au

Calling all children who would like to take part in the Christmas Eve Mass?

Christmas Eve Liturgy/Play Participation (Children)

Children participation in our Christmas Eve Mass is part of the magic of this special occasion. I would like to include the children from our school who will be attending the Christmas Eve Liturgy/Play to take on roles. We will need readers, dancers, singers etc. If you know that you will be attending the mass and would like your child/children to be involved.

Please email your reply, skye.nolan-brown@dbb.catholic.edu.au

Class Masses: Unfortunately, we have had to cancel class masses at 9:30 due to restrictions.

Religious Education Dates

Thursday 9 December- Year 6 Graduation @ 1:30pm
Wednesday 15 December Thanksgiving Mass @ 12:00 for Years 4-6
Thanksgiving Liturgy in the Hall Kindergarten to Year 3

Prayers

If you have any Good News or if you need our prayers, please, contact me by email:

skye.nolanbrown@dbb.catholic.edu.au

PARISH WEEKLY BULLETIN can be found at <https://www.bbcatholic.org.au/pittwater/news-events/bulletins>

Skye Nolan-Brown

Acting Religious Education Co-ordinator

Class Awards



Congratulations to the following students who received the Principal's Award in Term 4.

PRINCIPAL'S AWARD	KBlue	Annabelle G	KGreen	Bella H
	1Blue	Hayley C	1Green	Olivia P
	2Blue	Jack C	2Green	Maria V
	3Blue	Cayleigh S	3Green	Cara H
	4Blue	Jay C	4Green	Indi W
	5Blue	Ciara Q	5Green	Hamish M
	6Blue	Matisse F	6Green	Emily C

Congratulations to the following students who received the Core Value Award for "Service" in Term 4.

Core Value Awards "Service"	KBlue	Lexine B	KGreen	Ruby L
	1Blue	Ethan S	1Green	Harper M
	2Blue	Olivia W	2Green	Marli D
	3Blue	Ines G	3Green	Raema W
	4Blue	Lola M	4Green	Sofia M
	5Blue	Florrie B	5Green	Taylor M
	6Blue	Zac S	6Green	William C

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From the AP

Congratulations to the following Students who achieved a Merit, Credit, Distinction or High Distinction in the NSW ICAS Competitions for 2021.

Certificates for writing will be distributed at Assembly on Friday.

We are awaiting delivery of certificates for English, Spelling, Maths and Digital Technologies.

These will be distributed next year.



Writing ICAS 2021		
Name	Class	Result
Lucas W	Yr 3	Credit
Noah S	Yr 4	Merit
Liam W	Yr 4	Merit
Elias B	Yr 5	Merit
Preston B	Yr 5	Credit
Lucas D	Yr 5	Distinction
Lucas H	Yr 5	Credit
Camila H	Yr 5	Credit
Byron S	Yr 5	Credit
Anna B	Yr 6	Credit
Will C	Yr 6	Credit
Patrick H	Yr 6	Credit
Jacinta R	Yr 6	Credit
Paige S	Yr 6	Credit

English ICAS2021		
Name	Class	Result
Celine C	Yr 2	Credit
Aden N	Yr 2	Credit
Jack S	Yr 2	Credit
Dusty T	Yr 2	Distinction
Benji J	Yr 3	Merit
Rowan S	Yr 3	Credit
Oli P	Yr 4	Merit
Elias B	Yr 5	Credit
Byron S	Yr 5	Credit
Josh G	Yr 6	Credit
Jacinta R	Yr 6	Credit

Maths ICAS 2021		
Name	Class	Result
Celine C	Yr 2	Credit
Cara H	Yr 3	Merit
Freya S	Yr 3	Merit
Oli P	Yr 4	Merit
Cheyenne T	Yr 4	Merit
Liam W	Yr 4	Merit
Elias B	Yr 5	Distinction
Preston B	Yr 5	Credit
Lewis C	Yr 5	High Distinction
Jesse H	Yr 5	Credit
Thomas M	Yr 5	Credit
Joshua N	Yr 5	Credit
Kai R	Yr 5	High Distinction
Byron S	Yr 5	Distinction
Braeden T	Yr 5	Merit
Will C	Yr 6	Merit

SCIENCE ICAS 2021		
Name	Class	Result
Celine C	Yr 2	Merit
Jack S	Yr 2	Distinction
Dusty T	Yr 2	Credit
Rowan W	Yr 2	Credit
Liam W	Yr 4	Credit
Thomas M	Yr 5	Merit
Will C	Yr 6	Merit

Spelling ICAS 2021		
Name	Class	Grade
Aden N	Yr 2	Credit
Elena T	Yr 2	Credit
Dusty T	Yr 2	Credit
Kali H	Yr 3	Merit
Liam W	Yr 4	Credit
Elias B	Yr 5	Credit
Lewis C	Yr 5	Credit
Jesse H	Yr 5	Credit
Byron S	Yr 5	Merit

Chris McBryde, Acting Assistant Principal



Wellbeing

The Brave Program: <https://brave4you.psy.uq.edu.au/>

The BRAVE program is a free Australian online self-help program that contains both resources and information for children, teenagers and their parents. It is designed specifically to help young people with anxiety overcome their worries and improve the quality of their lives.



No matter how old or young you are, everyone experiences anxiety at times. The BRAVE program was developed to help young people and their parents develop skills and coping strategies so that your worries and anxiety don't stop young people from doing the things you want or need to do.

The BRAVE Team also know how hard it can be to make the time to fit everything in! The BRAVE program is an online program that you can work through at your own speed in the privacy of your own home.

Suzy Driscoll, Co-ordinator

Technology



We live in a world surrounded by technology. And we know that whatever field our students choose to go into as adults, their ability to succeed will increasingly depend on understanding how technology works.



That's why our school is joining in on the largest learning event in history: The Hour of Code, during Computer Science Education Week (December 6-12). More than 100 million students worldwide have already tried an Hour of Code. Each student will engage in a hands-on coding activity specifically designed for their age and skill level.

The 'Hour of Code™' is a global initiative by Computer Science Education Week [csedweek.org] and Code.org [code.org] to introduce millions of students to one hour of computer science and computer programming.

Suzy Driscoll, Co-Ordinator

Canteen

The canteen will be open on Monday 13 December, for all online lunch orders and over the counter service.



Volunteers: Unfortunately, I am unable to put a roster together until I have confirmation from volunteers next year! If you would like to volunteer in 2022, may I ask that you either complete the attached slip or email me direct asap. If you are a little time poor and cannot commit to the full hours of 9:30am-1:45pm, the other option is 11am-1:30pm.

Any help is appreciated so that we can continue to provide canteen for the children.

Wishing all families a very Happy Christmas and safe holiday! I look forward to seeing you all again in the New Year.

Next Week's Roster:

CANTEEN ROSTER (start 9.30am - finish 1.45pm)	
Mon 13 Dec	Christine H, Leanne K (11am-1:30pm)
2022 – First week back	
Thur 3 Feb	Sally W,
Fri 4 Feb	Alana M, Lisa B

Kay Neale, Canteen Co-ordinator , SSHMV.canteen@dbb.catholic.edu.au

Respect



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APPLICATION FOR CANTEEN VOLUNTEERS @ SACRED HEART, MONA VALE

- WHERE:** Sacred Heart School Canteen
- HOURS:** 9.30am and finish at 1.45pm, however if you are unable to commit to these hours, please contact Kay to discuss options (eg.10:50 to 1:30pm). I will be happy to accommodate you.
- WHEN:** The canteen is open 3 days a week - Mondays, Thursdays and Fridays.
- SALARY:** A light lunch. Plenty of tea and coffee. New friendships.
- BONUS:** Your children/grandchildren are happy to see you.
You get to meet their friends and classmates.
You meet new people and make good friends within the school community.
You get to spoil your children by spending a little extra money.
- BENEFITS:** Supporting school activities.
Being part of your children’s educational environment.
Meeting other parents and families.
Hearing and keeping up to date with school news.
Experience in the hospitality industry.

** All canteen volunteers must complete the necessary volunteer paperwork and be inducted**

If you are able to assist, please tick your preferred options and return to the office. If you have any questions, contact Kay on 0416 262 458.

Kind Regards

Kay Neale - Canteen Co-ordinator

.....✂.....

CANTEEN ROSTER 2022

Name: _____ Eldest Child’s name: _____
 (Please print)

Email: _____ Mobile Number: _____

I am able to help in the canteen on a:

DAY

- Monday Thursday Friday

I would like to be rostered on:

- Once a month (2-3 times a term) Once a term
- As an emergency contact for Mondays Thursdays Fridays

Dates that I cannot volunteer: _____

Kiss and Ride

KISS and RIDE ROSTER – TERM 4

Volunteers: Please ensure you pick up a Hi Vis vest from the office foyer

Monday	Tuesday	Wednesday	Thursday	Friday
		8 December	9 December	10 December
		Tatiana N	Melinda B	VACANT
13 December	14 December	15 December		
Kylie T	Rebecca M	Tatiana N		



If you are able to assist on the VACANT days, please contact Rebecca Molinaro on 0414 416 874.

Rebecca Molinaro, Kiss and Ride Co-ordinator

The Hub

Second Hand Uniform Shop

Our second hand Uniform Shop is, unfortunately, currently closed to parents to visit.

If you are looking for second hand items, please email the office with size and type of uniform and we will do our best to help you out. It may take a few days to fill your order. All items \$3.00, payable via QKR! only (no cash).

*The
Hub*

Communication at Sacred Heart

COMMUNICATION at Sacred Heart



COMPASS



Official school portal to receive notifications, record absences and book/approve events and view school reports

SCHOOL NEWSLETTER via email & school website

Weekly newsletter sent out via email. A must read.

SCHOOL WEBSITE www.shmvdbb.catholic.edu.au

Comprehensive website full of information

SCHOOL EMAIL shmv@dbb.catholic.edu.au

You will also receive the email address of your teachers

SCHOOL FACEBOOK www.facebook.com/SacredHeartMonaVale

Official Facebook page for the school (public page)

You can engage and comment.



THE HUB (P&F) FACEBOOK www.facebook.com/shmvhub

Facebook page run by the HUB (public page)

You can engage and comment.

KINDY 2022 FACEBOOK GROUP (SHMV Kindy 2022)

Private Facebook group for parents of Kindy 2022 students (closed group)

You can engage, comment and post.



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Lifeline Saving Lives

Crisis Support. Suicide Prevention.

GIANT BOOK FAIR

Brookvale

St Augustine's College
Federal Parade

December 9-12

Thursday 11-7, Friday 9-7,
Saturday 9-5, Sunday 9-3

