



Sacred Heart Catholic Primary School

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Term 4 Week 9 – 2 December 2021

Term 4 Core Value:

Service

School Rule:

We are of Service to others and in the environment

Expectation of Behaviour:

Bake a treat or make a gift for someone

Dear Parents

Advent is upon us. In our school and parish community we have so many people giving of their best so that the rest of us can be nourished and inspired. We see some of our young people giving their talents enthusiastically to social work, to helping with liturgies and sharing their gifts in various school situations.

We see adults giving a lead in so many areas of our school life, preparing and organizing Hub events, assisting at school, reading at Masses, cleaning the church when no one's looking, looking out for the poor and needy in our local area.



We see people giving of their best in their families, caring for elderly parents, fostering their children's growth.

We hear and see wonderful musicians and singers giving of themselves for major celebrations and during our regular Masses especially around this time of year.

It doesn't have to take much or to be a burden. It can be and mostly is a great joy to serve each other and show the face of God's love through our marvellous variety of gifts. What have you got to share during Advent or in the new year, that would bring a bit more life and vitality to our school and parish community?

Heartfelt 
THANKS
TO OUR VOLUNTEERS!

Thank you to the 26 parents who have already volunteered to be class parents for 2022. Hopefully it will be a year full of our usual celebrations of life and love and learnings. Thank you to those who supported our school with the Gingerbread House fundraiser. The \$1040 raised will go towards resources for the library.

Next week (December 6-12) is international Computer Science Education Week some of our students will join over 100 million students around the world taking part in an Hour of Code!

On Tuesday children will meet their teacher for 2022 as well as their classmates. Parents can assist this process encouraging a positive attitude with their children towards change. Making new friends is an essential life skill, learning to get on with different students and teachers is another life skill. We are fortunate to have 2 classes per grade to sort students for the best learning and social outcomes.

Next week's newsletter will be the last newsletter for the year

Mrs Suellen Garey

PRINCIPAL

Like and follow us at: [facebook.com/sacredheartmonavale](https://www.facebook.com/sacredheartmonavale)

Like and follow us at: twitter.com/SHMV16



Respect



Compassion



Justice



Service

Religious Education

Advent

This week is the 2nd Week of Advent. During the second week of Advent we listen to the call of John the Baptist to make the way for the Lord. We are called in Sunday's Gospel reading to listen to the Old Testament and the Book of Isaiah. This week, let's aim to hear the voice of Jesus in our lives.



*A voice cries in the wilderness:
Prepare a way for the Lord,
make his paths straight.
Every valley will be filled in,
every mountain and hill be laid low,
winding ways will be straightened
and rough roads made smooth.
And all mankind shall see the salvation of God.*

The second candle is the candle of peace, a sign that God's promise to his chosen people will be the Prince of Peace.

Why not bring Advent into your home and create your own Advent Wreath?

Create your own Advent Wreath



- 1 Purchase some cardboard, scrapbooking paper or cardstock (2 different greens and red)
2. Trace your child's hand to make a template. Cut out template and then trace about 24 hands. 12 in each green coloured cardboard.
3. Cut the hands out
4. Draw a 25cm donut shape as a base for your wreath. From the green cardboard. Cut this out.
5. Glue the cut out hands as shown on the donut shape to form a wreath.
6. Trace and cut out berry shapes from the red cardstock
7. Now you have a wreath for you advent candles you made in week 1.

Religious Education Curriculum

Next year the Catholic School's Broken Bay will be introducing a new Religious Education Curriculum for Kindergarten with the hope of introducing a new approach for K-2 in the following year. This is part of the Towards 2025 Goal 2 of 'To Know Christ and Grow in Faith' .

*'A new curriculum for Broken Bay to support students to 'fall in love with Jesus'
Bishop Anthony Randazzo*

This week the Kindergarten teachers and myself have been learning about the new K-2 Religious Education Curriculum. The new curriculum will be tactile, sensory and hands on. It will invite each child to continue their journey of faith in an environment that warms the heart to experience the wonder and awe.

Christmas Eve Masses

Helpers for Christmas Eve Mass!



Pittwater Parish is renowned for its 5pm Children's Mass on Christmas Eve and of course we need lots of helpers and children to participate.

Would you be able to spare one hour of your time on Christmas Eve to help set up the chairs for Christmas Eve Mass?

We are calling on a team of people to help with setting up for the Christmas Eve Mass. We will be doing this at 10 am on Christmas Eve. If you could come and help. I would greatly appreciate your time. skye.nolan-brown@dbb.catholic.edu.au

Calling all children who would like to take part in the Christmas Eve Mass?

Christmas Eve Liturgy/Play Participation (Children)

Children participation in our Christmas Eve Mass is part of the magic of this special occasion. I would like to include the children from our school who will be attending the Christmas Eve Liturgy/Play to take on roles.

We will need readers, dancers, singers etc. If you know that you will be attending the mass and would like your child/children to be involved, Please email your reply, skye.nolan-brown@dbb.catholic.edu.au



Class Masses: Unfortunately, we have had to cancel class masses at 9:30 due to restrictions.

Religious Education Dates

Friday 3 December –	Suellen's Thanksgiving Mass @ 5:30pm (Parents Only)
Thursday 9 December-	Year 6 Graduation @ 1:30pm
Wednesday 15 December	Thanksgiving Mass @ 12:00 for Year's 4-6
	Thanksgiving Liturgy in the Hall Kindergarten to Year 3

Prayers

If you have any Good News or if you need our prayers, please, contact me by email.

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PARISH WEEKLY BULLETIN can be found at <https://www.bbcatholic.org.au/pittwater/news-events/bulletins>

Skye Nolan-Brown

Acting Religious Education Co-ordinator



Wellbeing





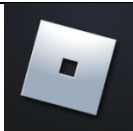




eSafety- Keeping yourself safe online

At Sacred Heart we teach children about cyber safety as part of our Personal Development and Health Curriculum. The Summer break is often a time when new devices are purchased, and it is always a good idea to sit down as a family and go over your family rules and expectations around technology use.

Here are some excellent resources to help you navigate this:

- [Parent resources | eSafety Commissioner](#): This website contains a wealth of information including facts sheets on setting up parental controls, app checklists, tips to keep your family safe online, family tech agreements and conversation starters.
- [Blog | Parents - Dr Kristy Goodwin](#): Digital wellbeing and neuroproductivity author and researcher Dr Kristy Goodwin provides up-to-date information about topics such as setting digital boundaries, smartphones and social media.
- [Home | The Cyber Safety Lady](#): Leonie Smith is a leading digital parent coach and eSafety educator. Her website and podcast give insights to the online world and offers practical solutions to help keep families happy and safe online.

Did you know the age restrictions around the following online Apps?

						
Instagram 13 years +	Snap Chat 13 years +	Roblox 8+ Turn on safety features and check privacy settings	10+ years (private mode recommended)	Tiktok/ Musically/ Lively 13 years plus <i>(this app has been in the media lately with warnings for parents)</i>	Facebook 13 years +	Fortnite 13 years +

[The eSafety Guide | eSafety Commissioner](#): Lists commonly used apps, age restrictions and information about privacy setting and parental controls.

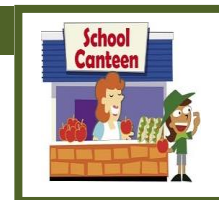


Did you know there is a YouTube for Kids? (This is a safer option for your children as Youtube really is for people over 17)

*Parents can create an account according to age group:
pre-school (4 and under), younger (5 to 7), and older (8 to 12).*

Suzy Driscoll, Co-Ordinator

Canteen



Reminder: For all large on line lunch orders please add an extra bag. This will eliminate the issue of items going astray as they don't fit in one bag.

Volunteers: If you would like to volunteer for 2022 please complete the slip in the newsletter and send back to the office asap. Alternatively, please email me with your details.

Next Week's Roster:

CANTEEN ROSTER (start 9.30am - finish 1.45pm)	
Mon 6 Dec	Amber L, Christine H
Thur 9 Dec	Michelle N, Julie F
Fri 10 Dec	Andy D, Margaret C, Shana H

Kay Neale, Canteen Co-ordinator , SSHMV.canteen@dbb.catholic.edu.au

APPLICATION FOR CANTEEN VOLUNTEERS @ SACRED HEART, MONA VALE

- WHERE:** Sacred Heart School Canteen
- HOURS:** 9.30am and finish at 1.45pm, however if you are unable to commit to these hours, please contact Kay to discuss options (eg.10:50 to 1:30pm). I will be happy to accommodate you.
- WHEN:** The canteen is open 3 days a week - Mondays, Thursdays and Fridays.
- SALARY:** A light lunch. Plenty of tea and coffee. New friendships.
- BONUS:** Your children/grandchildren are happy to see you.
You get to meet their friends and classmates.
You meet new people and make good friends within the school community.
You get to spoil your children by spending a little extra money.
- BENEFITS:** Supporting school activities.
Being part of your children's educational environment.
Meeting other parents and families.
Hearing and keeping up to date with school news.
Experience in the hospitality industry.

** All canteen volunteers must complete the necessary volunteer paperwork and be inducted**

If you are able to assist, please tick your preferred options and return to the office.

If you have any questions, contact Kay on 0416 262 458.

Kind Regards

Kay Neale - Canteen Co-ordinator

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CANTEEN ROSTER 2022

Name: _____ Eldest Child's name: _____
 (Please print)

Email: _____ Mobile Number: _____

I am able to help in the canteen on a:

DAY

Monday Thursday Friday

I would like to be rostered on:

Once a month (2-3 times a term) Once a term
 As an emergency contact for Mondays Thursdays Fridays

Dates that I cannot volunteer: _____

Kiss and Ride



KISS and RIDE ROSTER – TERM 4

Volunteers: Please ensure you pick up a Hi Vis vest from the office foyer

Monday	Tuesday	Wednesday	Thursday	Friday
			2 December	3 December
			Melinda B	VACANT
6 December	7 December	8 December	9 December	10 December
Kylie T	Rebecca M	Tatiana N	Melinda B	VACANT
13 December	14 December	15 December		
Kylie T	Rebecca M	Tatiana N		

If you are able to assist on the VACANT days, please contact Rebecca Molinaro on 0414 416 874.

Rebecca Molinaro
Kiss and Ride Co-ordinator

The Hub



Second Hand Uniform Shop

Our second hand Uniform Shop is, unfortunately, currently closed to parents to visit.

If you are looking for second hand items, please email the office with size and type of uniform and we will do our best to help you out. It may take a few days to fill your order. All items \$3.00, payable via QKR! only (no cash).



Communication at Sacred Heart



COMMUNICATION at Sacred Heart

COMPASS



Official school portal to receive notifications, record absences and book/approve events and view school reports

SCHOOL NEWSLETTER via email & school website

Weekly newsletter sent out via email. A must read.

SCHOOL WEBSITE www.shmvdbb.catholic.edu.au

Comprehensive website full of information

SCHOOL EMAIL shmv@dbb.catholic.edu.au

You will also receive the email address of your teachers

SCHOOL FACEBOOK www.facebook.com/SacredHeartMonaVale

Official Facebook page for the school (public page)

You can engage and comment.



THE HUB (P&F) FACEBOOK www.facebook.com/shmvhub

Facebook page run by the HUB (public page)

You can engage and comment.

KINDY 2022 FACEBOOK GROUP (SHMV Kindy 2022)

Private Facebook group for parents of Kindy

Co 2022 students (closed group)

You can engage, comment and post.

