

MORNING TEA

Arrowroot biscuits (O)	\$0.10
Banana Bread (E)	\$1.00
Choc Chip Muffins (O)	\$1.00
Corn Chips (E) (GF) with Salsa	\$1.00
Fruit Cups (E) (GF)	\$1.00
Jelly Cups (E)	\$1.00
Piranha Chips (E) (GF)	\$1.40
(Honey Soy, Salt & Vinegar, BBQ)	
Pikelets (E)	\$0.50
Popcorn (O) (GF)	\$1.20
Pretzels	\$1.00
Rice Cups (E) (GF)	\$1.00
With option of honey soy sauce (Not GF)	
Custard & Strawb cup (E) (GF)	\$1.00
Red Rock Chips(O) Sea Salt	\$1.40

DRINKS

Chill J Sparkling mineral juice (E)	\$2.40
Blackcurrant or Raspberry	
Juice (E)	\$2.20
Apple, Paradise Punch	
Milk (E) Chocolate or Strawberry	\$2.40
Water 350ml	\$1.50

ICEBLOCKS-Avail lunch service only

Twisted Frozen Yoghurt (E)(GF)	\$2.00
Mango/ W melon, vanilla & chocolate	
Lemonade Icy Twists (O) (GF)	\$1.20
TNT Red berry blast (E)	\$1.00
Quelch Fruit Sticks (E) (GF)	\$0.50

CANTEEN MENU 2022



LUNCH HOT

Butter Chicken and Rice (E) GF Small \$3.50
MONDAYS & FRIDAYS Large \$5.50

Garlic Roll (E) \$1.20
Hamburger (E) MONDAYS \$4.90
 (Beef patty, Lettuce, Tomato, Beetroot, with choice of
 BBQ or tomato sauce With Cheese \$5.40

Meat Pie (O) MONDAY & FRIDAYS
 Small \$2.50
 Large \$3.50
 Sauce \$0.30

Beef Nachos (E) GF THURSDAY Large \$5.50
 cheese and sour cream

Pasta (E) with Napolitana sauce Small \$3.80
MONDAYS & THURSDAYS Large \$5.00

Pizza (E) Sauce, ham, pineapple & cheese \$2.00

Rice (E) (GF) with honey soy sauce Small \$2.80
 Large \$4.00

Sweet Chilli Chicken Wrap (E)
THURSDAY & FRIDAYS ONLY \$4.90
 (Lettuce, Mayo and choice of sweet chilli sauce, BBQ or
 tomato sauce)

Sausage Roll (O) THURSDAYS ONLY \$3.50
 Sauce \$0.30

LUNCH COLD

Fruit Salad (E) (GF) Small \$3.50
 Large \$4.50

(Watermelon, Strawberry, Kiwi, Orange, Grapes, Pineapple)

Salad (E) (GF) Small \$3.50
 Large \$4.50

(Carrot, Cucumber, Lettuce, Tomato & Beetroot)

Add: Chicken, Ham, Egg or Tuna (each) \$0.50

Sushi (E) (FRIDAYS ONLY) \$3.50
 Avacado (GF) Teriyaki Chicken, Tuna, Chicken Katsu,
 Avacado or Tuna Baby Box

Rice Paper Roll (E) \$3.50
 (Teriyaki chicken, Carrot, avocado, Capsicum & mixed salad
 leaves)

SANDWICHES

Cheese (E) \$3.00

Chicken (E) (Roast Chicken) \$3.80

Egg (E) \$3.00

Ham (O) \$3.00

Ham and Cheese (O) \$3.50

Ham Cheese and Tomato (O) \$4.00

Salad (E) \$4.00

(Carrot, Cucumber, Lettuce, Tomato, & Beetroot)

Tuna (E) \$3.00

Vegemite (E) \$2.80

Wraps & extra fillings add each \$0.50

Extra Options: Toasted

Condiments available: Butter, Salt, Pepper, Mayonnaise,
 BBQ, Tomato & Sweet Chilli sauce

Breads available: White, wholemeal, Wraps

ONLINE LUNCH ORDERS THROUGH QKR ONLY

Canteen is open Monday, Thursday & Friday
 Morning Tea: 11-11:30 am Lunch: 12:50-1:30pm

Canteen co-ordinator- Kay Neale

Email: shmvcanteen@dbb.org.au

E Everyday $\frac{3}{4}$ menu

O Occasional $\frac{1}{4}$ menu

GF Gluten Free