

CANTEEN MENU 2025

MORNING TEA

Arrowroot Biscuit (O)	\$0.10
Banana Bread (E)	\$1.50
Choc Chip Muffin (O)	\$1.00
Corn Chips (E) (GF) with salsa	\$1.00
Fruit Cup (E) (GF)	\$1.00
Jelly Cup (E)	\$1.00
Piranha Chips (E) (GF) (Honey Soy, Salt & Vinegar, BBQ)	\$1.50
Popcorn (O) (GF)	\$1.50
Pretzels	\$1.20
Rice Cup (E) (GF)	\$1.00
With option of honey soy sauce (not GF)	
Custard Cup (E) (GF)	\$1.00
Red Rock Chips Sea Salt (O)	\$1.50

DRINKS

Chill J Sparkling Mineral Juice (E)	\$2.50
Blackcurrant or Raspberry	
Juice (E)	\$2.20
Apple, Paradise Punch	
Water 350ml	\$1.50

ICE BLOCKS - LUNCH TIME ONLY

Twisted Frozen Yoghurt (E) (GF)	\$2.50
Mango/ W Melon, Vanilla & Chocolate	
Lemonade Icy Twist (O) (GF)	\$1.50
Quelch Fruit Sticks (E) (GF)	\$0.50
Moosies Chocolate Milk Freeze	\$1.50
Gelato	\$2.00
Chocolate or Bubbleyum	

LUNCH (HOT)

Butter Chicken & Rice (E) (GF)	\$ \$4.20
<u>MONDAYS & FRIDAYS</u>	L \$5.90
Garlic Roll (E)	\$1.50
Hamburger (E) <u>MONDAYS</u>	\$4.90
Beef patty, lettuce, tomato, beetroot, with choice of BBQ or tomato sauce	
With cheese	\$5.40
Meat Pie (O) <u>MONDAYS & FRIDAYS</u>	\$ \$2.60
Sauce \$0.30	L \$3.60
Beef Nachos (E) (GF) <u>THURSDAYS</u>	\$5.40
Cheese and sour cream	
Pasta (E) with Napolitana sauce	\$ \$4.10
<u>MONDAY & THURSDAY</u>	L \$5.50
Pizza (E)	\$2.20
Sauce, ham, pineapple & cheese	
Rice (E) (GF)	\$ \$3.20
with Honey Soy Sauce	L \$4.20
Sweet Chilli Chicken Wrap (E)	\$4.90
THURSDAY & FRIDAYS	
Lettuce, mayo and choice of sweet chilli, BBQ or tomato sauce	
Sausage Roll (O) <u>THURSDAYS</u>	\$3.60
Sauce \$0.30	

ONLINE LUNCH ORDERS

Open Monday, Thursday & Friday
Morning Tea: 10:45 - 11:15am
Lunch: 1:10 - 1:50pm
Canteen Co-ordinator: Kay Neale
Email: shmvccanteen@dbb.org.au

LUNCH (COLD)

Fruit salad (E) (GF)	\$ \$3.90
Watermelon, Strawberry, Kiwi Orange, Grapes, Pineapple	L \$4.90
Salad (E) (GF)	\$ \$3.90
Carrot, Cucumber, Lettuce Tomato & Beetroot	L \$4.90
Add: Chicken, Ham, Egg or Tuna each	\$0.50
Sushi (E) <u>FRIDAYS ONLY</u>	\$4-\$4.50
Avo (GF) Teriyaki Chicken, Tuna, Chicken Katsu, Salmon, Avo or Tuna Baby Box	
Rice Paper Roll	\$4.50
Tuna, Carrot, Avo, Capsicum & Mixed Salad	

SANDWICHES - FRESH OR TOASTED

Cheese (E)	\$3.30
Chicken (E) (Roast Chicken)	\$4.20
Egg (E)	\$3.30
Ham (O)	\$3.30
Ham and Cheese (O)	\$4.00
Ham Cheese and Tomato (O)	\$4.50
Salad (E)	\$4.50
Carrot, Cucumber, Lettuce Tomato & Beetroot	
Tuna (E)	\$3.30
Vegemite (E)	\$3.30
Wrap option & Extra Fillings \$0.50 each	

Condiments Available:

Butter, Salt, Pepper, Mayonnaise, BBQ,
Tomato & Sweet Chilli Sauce

E - EVERYDAY 3/4 MENU
O - OCCASIONAL 1/4 MENU
GF - GLUTEN FREE