

CANTEEN MENU 2026

MORNING TEA

Arrowroot Biscuit (O)	\$0.10
Banana Bread (E)	\$1.50
Choc Chip Muffin (O)	\$1.00
Corn Chips (E) (GF) with salsa	\$1.00
Fruit Cup (E) (GF)	\$1.00
Jelly Cup (E)	\$1.00
Piranha Chips (E) (GF) (Honey Soy, Salt & Vinegar, BBQ)	\$1.50
Popcorn (O) (GF)	\$1.50
Pretzels	\$1.50
Rice Cup (E) (GF) With option of honey soy sauce (not GF)	\$1.00
Custard Cup (E) (GF)	\$1.00
Red Rock Chips Sea Salt (O)	\$1.50

DRINKS

Chill J Sparkling Mineral Juice (E) Blackcurrant, Watermelon or Raspberry	\$2.50
Juice (E) Apple, Paradise Punch	\$2.20
Water 350ml	\$1.50

ICE BLOCKS - LUNCH TIME ONLY

TNT's (E) (GF)	\$1.00
Lemonade Icy Twist (O) (GF)	\$1.50
Quelch Fruit Sticks (E) (GF)	\$1.00
Moosies Milk Freeze Chocolate or Strawberry	\$1.50
Gelato Chocolate, Vanilla or Bubbleyum	\$2.00

LUNCH (HOT)

Butter Chicken & Rice (E) (GF)	\$ \$4.50
<u>MONDAYS & FRIDAYS</u>	L \$5.90
Garlic Roll (E)	\$1.50
Hamburger (E) <u>MONDAYS</u> Beef patty, lettuce, tomato, beetroot, with choice of BBQ or tomato sauce	\$5.00
With cheese	\$5.50
Meat Pie (O) <u>MONDAYS & FRIDAYS</u>	\$ \$2.90
Sauce \$0.30	L \$3.90
Beef Nachos (E) (GF) <u>THURSDAYS</u> Cheese and sour cream	\$5.90
Pasta (E) with Napolitana sauce	\$ \$4.20
<u>MONDAY & THURSDAY</u>	L \$5.50
Pizza (E) Sauce, ham, pineapple & cheese	\$2.20
Rice (E) (GF) with Honey Soy Sauce	\$ \$3.50
	L \$4.50
Sweet Chilli Chicken Wrap (E) THURSDAY & FRIDAYS Lettuce, mayo and choice of sweet chilli, BBQ or tomato sauce	\$5.00
Sausage Roll (O) <u>THURSDAYS</u> Sauce \$0.30	\$3.80

ONLINE LUNCH ORDERS

Open Monday, Thursday & Friday
Morning Tea: 10:45 - 11:15am
Lunch: 1:10 - 1:50pm
Canteen Co-ordinator: Kay Neale
Email: shmvccanteen@dbb.org.au

LUNCH (COLD)

Fruit salad (E) (GF) Watermelon, Strawberry, Kiwi Orange, Grapes, Pineapple	\$ \$3.90 L \$5.00
Salad (E) (GF) Carrot, Cucumber, Lettuce Tomato & Beetroot	\$ \$3.90 L \$4.90
Add: Chicken, Ham, Egg or Tuna each	\$0.50
Sushi (E) <u>FRIDAYS ONLY</u> Avo (GF) Teriyaki Chicken, Tuna, Chicken Katsu, Salmon, Avo or Tuna Baby Box	\$4-\$4.50
Rice Paper Roll Tuna, Carrot, Avo, Capsicum & Mixed Salad	\$4.50

SANDWICHES - FRESH OR TOASTED

Cheese (E)	\$3.30
Chicken (E) (Roast Chicken)	\$4.20
Egg (E)	\$3.30
Ham (O)	\$3.30
Ham and Cheese (O)	\$4.00
Ham Cheese and Tomato (O)	\$4.50
Salad (E) Carrot, Cucumber, Lettuce Tomato & Beetroot	\$4.50
Tuna (E)	\$3.30
Vegemite (E)	\$3.30
Wrap option & Extra Fillings \$0.50 each	
Condiments Available: Butter, Salt, Pepper, Mayonnaise, BBQ, Tomato & Sweet Chilli Sauce	
E - EVERYDAY 3/4 MENU	
O - OCCASSIONAL 1/4 MENU	
GF - GLUTEN FREE	

MORNING TEA

Arrowroot Biscuit (O)	\$0.10
Banana Bread (E)	\$1.50
Choc Chip Muffin (O)	\$1.00
Corn Chips (E) (GF) with salsa	\$1.00
Fruit Cup (E) (GF)	\$1.00
Jelly Cup (E)	\$1.00
Piranha Chips (E) (GF)	\$1.50
(Honey Soy, Salt & Vinegar, BBQ)	
Popcorn (O) (GF)	\$1.50
Pretzels	\$1.50
Rice Cup (E) (GF)	\$1.00
With option of honey soy sauce (not GF)	
Custard Cup (E) (GF)	\$1.00
Red Rock Chips Sea Salt (O)	\$1.50

DRINKS

Chill J Sparkling Mineral Juice (E)	\$2.50
Blackcurrant, Raspberry or Watermelon	
Juice (E)	\$2.20
Apple, Paradise Punch	
Water 350ml	\$1.50

ICE BLOCKS - LUNCH TIME ONLY

TNT's (E) (GF)	\$1.00
Lemonade Icy Twist (O) (GF)	\$1.50
Quech Fruit Sticks (E) (GF)	\$1.00
Moosies Milk Freeze	\$1.50
Chocolate or Strawberry	
Gelato	\$2.00
Chocolate, Vanilla or Bubbleyum	

MORNING TEA

Arrowroot Biscuit (O)	\$0.10
Banana Bread (E)	\$1.50
Choc Chip Muffin (O)	\$1.00
Corn Chips (E) (GF) with salsa	\$1.00
Fruit Cup (E) (GF)	\$1.00
Jelly Cup (E)	\$1.00
Piranha Chips (E) (GF)	\$1.50
(Honey Soy, Salt & Vinegar, BBQ)	
Popcorn (O) (GF)	\$1.50
Pretzels	\$1.50
Rice Cup (E) (GF)	\$1.00
With option of honey soy sauce (not GF)	
Custard Cup (E) (GF)	\$1.00
Red Rock Chips Sea Salt (O)	\$1.50

DRINKS

Chill J Sparkling Mineral Juice (E)	\$2.50
Blackcurrant, Raspberry or Watermelon	
Juice (E)	\$2.20
Apple, Paradise Punch	
Water 350ml	\$1.50

ICE BLOCKS - LUNCH TIME ONLY

TNT's (E) (GF)	\$1.00
Lemonade Icy Twist (O) (GF)	\$1.50
Quech Fruit Sticks (E) (GF)	\$1.00
Moosies Milk Freeze	\$1.50
Chocolate or Strawberry	
Gelato	\$2.00
Chocolate, Vanilla or Bubbleyum	